

### **JUNE 2023** LEVEL 4 House 9 & 10



SAT

# SUN

#### MON

# Queen's Birthday procession

#### WED



#### THU

9:30 am Welcome to the day 9:30 am Gessy's physio exercises 10:30 am news and views 11:00 am 9 letter word games 11:00 am puppets Alive (H3) 11:00 am choir (L3) 12: 00 pm Ladies Group Luncheon **HOST Theresa Fifth avenue** Jewellery (BOARDROOM) 1:30 pm Mens Group 2 pm Zumba Gold 2:30 pm Footy tipping 3:30 pm CAFE TIME 4 pm 1-1 room visits

#### FRI

**3** 10:30 am Musical 9:30 am Welcome to the moments 10:30 am news and views 11:00 am coffee and 10:30 am Anglican church chat (Cinema) 11:00 am 9 Letter words 1 pm Tool box activities 1:30 pm Andrew's bus trip 2 pm Afternoon 2 pm Afternoon trivia movie matinee 3 pm Lochlan's Friday 3 pm Garden walks 4 pm Happy hour 4 pm 1-1 room visits

9:30 am Livestream church (by request) 10:30 am coffee and chat 1 pm musical moments Netflix available all day Footy match of the Day **Toolbox activities Garden Walks** 

National Flag

9:30 am Welcome to day 10:30 am News and views 11:00 am 9 Letter word game 11:00 am Shopping trolley

(all levels) 1:30 pm Meditation (cinema)

2 pm Auntie Gwen's scones 2pm Omega violinist (L2) 3 pm Resident choice of artist

> via (youtube) 4 pm 1-1 room visits

**Sweden Independence** day

TUE

9:30 am welcome to the day 9:30 am Gessy's physio exercises 9:30 am Pastoral care visits 10:30 am news and views 11:00 am 9 letter word games 1 pm pet therapy

1:30 pm Greek Group (H3) 2 pm Bingo 3 pm Armchair travel 4 pm 1-1 room visits

9:30 am Lifestyle huddle meeting

10:30 am news and views 11:00 am 9 letter word

1:30 pm Community visits 1:30 pm Rachael's bus trips

**Dandenong Ranges** 1:30 pm Creative art therapy (LM) 1:30 pm masterchef

3 pm Classical composer 4 pm 1-1 room visits

9:30 am Welcome to the

9:30 am Gessy's physio exercises

10:30 am news and views 11:00 am 9 letter word games

11:00 am choir (L3) 1:30 pm Mens Group 2:30 pm Footy tipping

2 pm Zumba gold 3:30 pm poetry

4 pm 1-1 room visits

(L4)

fiesta

9:30 am Welcome to the day 10:30 am news and views 10:30 am Catholic church (Cinema) 11:00 am 9 Letter words

1:30 pm Andrew's bus trip 2 pm Afternoon trivia

(L4) 3 pm Lochlan's Friday

fiesta 4 pm 1-1 room visits 10

10:30 am Musical moments 11:00 am coffee and chat 1 pm Tool box activities 2 pm Afternoon movie matinee 3 pm Garden walks 4 pm Happy hour

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9:30 am Livestream church (by request) 10:30 am coffee and chat 1 pm musical moments Netflix available all day Footy match of the Day **Toolbox activities Garden Walks** 

**PUBLIC HOLIDAY** 12 Philippines independence

10:30 am Musical moments 11:00 am coffee and chat 1 pm Tool box activities 2 pm Afternoon movie matinee 3 pm Garden walks

9:30 am welcome to the day 9:30 am Gessy's physio exercises 9:30 am Pastoral care visits 10:30 am news and views 11:00 am 9 letter word games 1 pm Pet therapy 2 pm Bingo 3 pm Armchair travel 4 pm 1-1 room visits

14 9:30 am Welcome to the day 10:00 am in chair exercises

> 10:30 am news and views 11:00 am 9 letter word game

1:30 pm Community visits 1:30 pm Lochlan's bus trip 1:30 pm creative art therapy (LM) 2 pm Philip in concert (L3

2 pm Remembering the queens Elizabeths life via (you tube)

4 pm 1-1 room visits

15 9:30 am Welcome to the day 9:30 am Gessy's physio exercises 10:30 am news and views 11:00 am 9 letter word games 11:00 am choir (L3) 1 pm Intergenerational program with preschool children (L2) 1:30 pm Mens Group 2:30 pm Footy tipping 2 pm Zumba gold 3:30 pm CAFE TIME

4 pm 1-1 room visits

16 9:30 am Welcome to the day 10:30 am news and views 11:00 am 9 Letter words game 1:30 pm Andrew's bus trip 2 pm Philippines Independence day celebrations 3 pm Lochlan's Friday fiesta 4 pm 1-1 room visits

10:30 am Musical moments 11:00 am coffee and chat 1 pm Tool box

> activities 2 pm Afternoon movie matinee

3 pm Garden walks 4 pm Happy hour



## **JUNE 2023** LEVEL 4 House 9 & 10

WED



3011
18
9 :30 am Livestream church
( by request )
10:30 am coffee and
chat
1 pm musical
moments
Netflix available all
day
Footy match of the

Day

**Toolbox activities** 

**Garden Walks** 

SUN

19 9:30 am Welcome to day 10:30 am News and views 11:00 am 9 Letter word game 1:30 pm Meditation (cinema) 1:30 pm musical concerts 3 pm Active games

4 pm 1-1 room visits

26

27

MON

20 9:30 am welcome to the day 9:30 am Gessy's physio exercises 9:30 am Pastoral care visits 10:30 am news and views 11:00 am 9 letter word games 1:30 pm Greek Group (H3) 2 pm Bingo 3 pm Armchair travel 4 pm 1-1 room visits

TUE

21 9:30 am Lifestyle huddle meeting 10:30 am news and views 11:00 am 9 letter word game 1:30 pm Community visits 1:30 pm Racheal's bus trips 1:30 pm Creative art therapy (LM) 2 pm masterchef 3:30 pm Classical composer 4 pm 1-1 room visits

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22 9:30 am Welcome to the day 9:30 am Gessy's physio 10:30 am news and exercises 10:30 am news and views 11:00 am 9 letter word games 11:00 am choir (L3) 1:30 pm Mens Group 2:30 pm Footy tipping 2 pm Zumba gold 3:30 pm poetry 4 pm 1-1 room visits

THU

9:30 am Welcome to the day views 11:00 am 9 Letter words game 1:30 pm Andrew's bus trip 2 pm Afternoon trivia (L4) 3 pm Lochlan's Friday fiesta 4 pm 1-1 room visits

30

23

24 10:30 am Musical moments 11:00 am coffee and chat 1 pm Tool box activities pm Afternoon movie matinee 3 pm Garden walks 4 pm Happy hour 6 pm Saturday night at the movies (Cinema)

#### Independence day Croatia

9:30 am Livestream church (by request) 10:30 am coffee and chat 1 pm musical moments Netflix available all day Footy match of the Day **Toolbox activities Garden Walks** 

9:30 am Welcome to day 10:30 am News and views 11:00 am 9 Letter word game 1:30 pm Meditation (cinema) 2pm Musical concert (VIA) youtube 3 pm pampering 4 pm 1-1 room visits

9:30 am welcome to the day 9:30 am Gessy's physio exercises 9:30 am Pastoral care visits 10:30 am news and views 11:00 am 9 letter word games 2 pm Bingo 3 pm Armchair travel to Croatia celebrating Independence day 4 pm 1-1 room visits

9:30 am Welcome to the day 10:00 am in chair exercises 10:30 am news and views 11:00 am 9 letter word game 12:00 pm Lochlan's bus trip lunch outing 1:30 pm Community visits 1:30 pm Creative art therapy (LM) 2 pm Food Appreciation meeting (BOARDROOM) 2 pm sleeping beauty full **Performance** (via youtube) 4 pm 1-1 room visits

29<sub>9:30</sub> am Welcome to the day 9:30 am Gessy's physio exercises 10:30 am Greek mass (Cinema) 10:30 am news and views 11:00 am 9 letter word games 11:00 am choir (L3) 1:30 pm Mens Group 1:30 pm Ladies Group (L3) 2:30 pm Footy tipping 2 pm Zumba gold 3:30 pm CAFE TIME

4 pm 1-1 room visits

9:30 am Welcome to the day 10:30 am news and views 11:00 am 9 Letter words game 2 pm Lifestyle focus group (LM) 2 pm Afternoon trivia (L4) 3 pm Lochlan's Friday fiesta 4 pm 1-1 room visits

