

July 2023

level 2- house 4, 5 & 6

SUN

Vive La France!



MON



TUE

WED



THU

FRI



SAT

10:30 am Musical moments
11:00 am Laughter & Lattes
1 pm Garden Walks
2 pm Afternoon movie
3 pm Toolbox activities
4 pm Happy hour

2

NAIDOC WEEK

Livestream Church (By Request)
10:00 am coffee and chat
1 pm Musical moments
Netflix available all day
Footy match of the day
Toolbox activities
Garden walks

3

9:30 am Welcome to the day
10:00 am News and views
10:30 am word games
11:00 am 9 Letter word game (H4)
1:30 pm Meditation (cinema)
2 pm Dance /drama Therapy
3 pm community/indoor walking
4 pm 1-1 Room visits

4

American Independence day

9:30 am Welcome to the day
9:30 am Pastoral visits
10:00 am Gessy's physio exercises
10:30 am news & views
11:00 am 9 letter word game (L4)
1:30 pm American Independence day powerpoint presentation
1:30 pm Greek Group (H3)
2:45 pm yoga (L1)
3:15 pm Dance /drama therapy
4 pm 1-1 room visits

5

9:30 am Lifestyle huddle meeting
10:30 am Zumba Gold (H4 & 5)
11:00 am News and views (H4 & 5)
11:30 am Word games and quizzes
1:30 pm Rachael's Bus trip
1:30 pm Creative art therapy (LM)
1:30 pm community visitors
2 pm Bingo
3 pm Singalongs
4 pm 1-1 room visits

6

9:30 am Welcome to the day
9:40 am News and Views
10:00 am Gessy's Physio exercises
10:30 am Catholic volunteer Visitor
10:30 am Word games & quizzes
11:00 am 9 letter word game
11:00 am Chior (L3)
11:00 am Puppets alive (H3)
1:30 pm Men's Group (Cinema)
1:30 pm Ladies Group (L3)
2 pm NAIDOC week Powerpoint presentation
3 pm pampering
4 pm 1-1 room visits

7

Star Festival

9:30 am Welcome to day
10:00 am news and views
10:30 am word games and quizzes
11:00 am Music and movement
1:30 pm Footy tipping
1:30 pm Andrew's bus trip
2 pm Zumba Gold (H6)
2 pm Afternoon Trivia
3 pm Star festival Tanabata
powerpoint presentation
4 pm 1-1 room visits

8

10:30 am Musical moments
11:00 am Laughter & Lattes
1 pm Garden Walks
2 pm Afternoon movie
3 pm Toolbox activities
4 pm Happy hour

9

Livestream Church (By Request)
10:00 am coffee and chat
1 pm Musical moments
Netflix available all day
Footy match of the day
Toolbox activities
Garden walks

10

9:30 am Welcome to the day
10:00 am News and views
10:30 am word games
11:00 am 9 Letter word game (H4)
1:30 pm Meditation (cinema)
2 pm Omega the violinist
3 pm Dance /drama Therapy
4 pm 1-1 Room visits

11

9:30 am Welcome to the day
9:30 am Pastoral visits
10:00 am Gessy's physio exercises
10:30 am news & views
11:00 am 9 letter word game (L4)
1:30 pm Balloon therapy
2:45 pm yoga (L1)
3:15 pm Dance /drama Therapy
4 pm 1-1 room visits

12

9:30 am Welcome to the day
10:30 am Zumba Gold (H4 & 5)
11:00 am News and views (H4 & 5)
11:30 am Word games and quizzes
1:30 pm Lochlan's Bus trip
1:30 pm Creative art therapy (LM)
1:30 pm community visitors
2 pm Bingo
3 pm make and create
4 pm 1-1 room visits

13

9:30 am Welcome to the day
9:40 am News and Views
10:00 am Gessy's Physio exercises
10:30 am Catholic volunteer visitor
10:30 am Word games & quizzes
11:00 am 9 letter word game
11:00 am Chior (L3)
1pm Intergenerational Program (L2)
1:30 pm Men's Group (Cinema)
2 pm Floor games
3 pm pampering
4 pm 1-1 room visits

14

Bastille Day

9:30 am Welcome to day
10:00 am news and views
10:30 am word games and quizzes
10:30 am Catholic mass (Cinema)
11:00 am Music and movement
1:30 pm Footy tipping
1:30 pm Andrew's bus trip
2 pm Zumba Gold (H6)
2 pm Christmas in July Concert (L3)
3 pm Bastille treats while listening to French music
4 pm 1-1 room visits

15

10:30 am Musical moments
11:00 am Laughter & Lattes
1 pm Garden Walks
2 pm Afternoon movie
3 pm Toolbox activities
4 pm Happy hour

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SUN	MON	TUE	WED	THU	FRI	SAT
<div>16</div> <div>Livestream Church (By Request) 10:00 am coffee and chat 1 pm Musical moments Netflix available all day Footy match of the day Toolbox activities Garden walks</div>	<div>17</div> <div>9 :30 am Welcome to the day 10:00 am News and views 10:30 am word games 11:00 am 9 Letter word game (H4) 1:30 pm Meditation (cinema) 2 pm Dance / Drama Therapy 3 pm Resident's choice of artist 4 pm 1-1 Room visits</div>	<div>18</div> <div>9:30 am Welcome to the day 9:30 am Pastoral visits 10:00 am Gessy's physio exercises 10:30 am news & views 11:00 am 9 letter word game (L4) 1 :30 pm Greek group (H3) 1:30 pm floor games 2 :45 pm yoga (L1) 3 :15 pm Dance /Drama Therapy 4 pm 1-1 room visits</div>	<div>19</div> <div>Islamic new year 9:30 am Lifestyle huddle meeting 10:30 am Zumba Gold (H4 & 5) 11:00 am News and views (H4 & 5) 11:30 am Word games and quizzes 1:30 pm Rachael's Bus trip 1 :30 pm Creative art therapy (LM) 1:30 pm community visitors 2 pm Bingo 3 pm Islamic powerpoint presentation 4 pm 1-1 room visits</div>	<div>20</div> <div>9:30 am Welcome to the day 9:40 am News and Views 10:00 am Gessy's Physio exercises 10:30 am Word games & quizzes 10;30 am Catholic volunteer vistor 11:00 am 9 letter word game 11:00 am Chior (L3) 1:30 pm Men's Group (Cinema) 1:30 pm Ladies Group (L3) 2 pm Floor games 3 pm pampering 4 pm 1-1 room visits</div>	<div>21</div> <div>9:30 am Welcome to day 10:00 am news and views 10:30 am word games and quizzes 11:00 am Music and movement 1:30 pm Andrew's bus trip 1:30 pm Footy tipping 2 pm Zumba Gold (H 6) 2 pm Afternoon Trivia 3 pm Residents choice of movie 4 pm 1-1 room visits</div>	<div>22</div> <div>10:30 am Musical moments 11:00 am Laughter & Lattes 1 pm Garden Walks 2 pm Afternoon movie 3 pm Toolbox activities 4 pm Happy hour</div>
<div>23</div> <div>Livestream Church (By Request) 10:00 am coffee and chat 1 pm Musical moments Netflix available all day Footy match of the day Toolbox activities Garden walks</div>	<div>24</div> <div>9 :30 am Welcome to the day 10:00 am News and views 10:30 am word games 11:00 am 9 Letter word game (H4) 1:30 pm Meditation (cinema) 2 pm Dance /drama Therapy 3 pm Documentaries 4 pm 1-1 Room visits</div>	<div>25</div> <div>9:30 am Welcome to the day 9:30 am Pastoral visits 10:00 am Gessy's physio exercises 10:30 am news & views 11:00 am 9 letter word game (L4) 1:30 pm Masterchef 2 :45 pm yoga (L1) 3 :15 pm Dance /drama Therapy 4 pm 1-1 room visits</div>	<div>26</div> <div>9:30 am Welcome to the day 10:30 am Zumba Gold (H4 & 5) 11:00 am News and views (H4 & 5) 11:30 am Word games and quizzes 1:30 pm Lochlan's Bus trip 1 :30 pm U and I designers woman fashion clothing (LM) 1:30 pm community visitors 2 pm food appreciation meeting (Boardroom) 2 pm Bingo 3 pm Board /card games 4 pm 1-1 room visits</div>	<div>27</div> <div>9:30 am Welcome to the day 9:40 am News and Views 10:00 am Gessy's Physio exercises 10:30 am Word games & quizzes 10:30 am Catholic volunteer visitor 11:00 am 9 letter word game 11:00 am Chior (L3) 1:30 pm Men's Group (Cinema) 2 pm Floor games 3 pm pampering 4 pm 1-1 room visits</div>	<div>28</div> <div>9:30 am Welcome to day 10:00 am news and views 10:30 am word games and quizzes 11:00 am Music and movement 1:30 pm Footy Tipping 1:30 pm Andrew's bus trip 2 pm Zumba Gold (H 6) 2 pm Lifestyle Focus Group (LM) 2 pm Afternoon Trivia 3 pm Armchair travel 4 pm 1-1 room visits</div>	<div>29</div> <div>10:30 am Musical moments 11:00 am Laughter & Lattes 1 pm Garden Walks 2 pm Afternoon movie 3 pm Toolbox activities 4 pm Happy hour</div>
<div>30</div> <div>Livestream Church (By Request) 10:00 am coffee and chat 1 pm Musical moments Netflix available all day Footy match of the day Toolbox activities Garden walks</div>	<div>31</div> <div>9 :30 am Welcome to the day 10:00 am News and views 10:30 am word games 11:00 am 9 Letter word game (H4) 1:30 pm Meditation (cinema) 2 pm Drama /Dance Therapy 3 pm Armchair travel 4 pm 1-1 Room visits</div>	<div><p>For Our Elders</p><p>NAIDOC Week 2-9 JULY 2023</p><p>For Our Elders, Bobbi Lockyer Where there is knowledge there are our Elders. Our Elders paved the pathways for us, taught us our knowledge, our history, they passed down their art, stories and wisdom. Our Elders are the foundation of our communities and role models for our children. With this poster, I wanted to showcase how important our Elders are in passing down traditions and values to our children and future.</p></div>				<div></div>