

# July 2023 level 3- house 7 & 8

# SUN Vive La France!

## MON TUE

Happy 4th of JULY INDEPENDENCE DAY

10:00 am Morning Tv shows 10:30 am Laughter and Lattes 2 pm Toolbox activities

SAT

3 pm Movie matinee 4 pm Happy Hour

Netflix available all dav

## **NAIDOC WEEK**

Livestream church (By request) 11:00 am Memory lane 1 pm Pampering or aromatherapy Netflix (available all day) 2 pm toolbox activities 3 pm Footy match of the dav 4 pm 1-1 room visits

9:30 am Welcome to the day 10:00 am News and views 10:30 am Footy tipping 11:00 am Dance / Drama **Therapy** 11:00 am 9 Letter words (L4) 1:30 pm Meditation

(Cinema) 1:30 pm Armchair travel / documentary 3 pm pampering 4 pm 1-1 room visits

9:30 am Welcome to the day 9:30 am Pastoral care visits 9:30 am Gessy's physio Exercises (H9)

10:00 am news and views 10:30 am word games /quizzes 11:00 am 9 letter word game

1:30 pm Greek Group (H3) 1:30 pm American Independence **Powerpoint** 

2 pm Dance /Drama Therapy 3:30 pm Yoga 4 pm 1-1 Room visits

9:30 am Lifestyle Huddle meeting

10:30 am News and views 11:00 am Music and movement

1:30 pm Community visits 1:30 pm Rachael's Bus trip 1:30 pm Creative art therapy (LM)

1:30 pm Community visitor 1:30 pm Musical Concert (via voutube)

3: 30 pm Gardening / outdoor /indoor walking 4 pm 1-1 room visits

9:30 am Welcome to day 9:30 am Gessy's physio exercises

10:00 am news and views 10:30 am Catholic volunteer Visitor

11:00 am 9 letter word game (L4)

11:00 am Puppets alive 11:00 am Chior

1:30 pm Men's Group (Cinema) 1:30 pm Ladies Group 2:45 pm Zumba Gold

3:15 pm NAIDOC WEEK Presentation 4 pm 1-1 room visits

### Star Festival

9:30 am Welcome to the day 10:00 am news and views 10:30 am Word games and quizzes

11:00 am 9 Letter word game (L4)

1:30 pm Andrew's bus trip 1:30 pm armchair travel 2 pm Trivia (L4)

3 pm Lochlan's Friday fiesta

3pm Star festival **Tanabata presentation** 4 pm 1-1 room visits

10:00 am Morning Tv shows 10:30 am Laughter

and Lattes 2 pm Toolbox activities

Netflix available all day

3 pm Movie matinee 4 pm Happy Hour

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9:30 am Welcome to the day 10:00 am News and views 10:30 am Footy tipping 11:00 am Dance /drama

Therapy 11:00 am 9 Letter words (L4)

1:30 pm Meditation (Cinema)

1:30 pm Armchair travel / documentary 2 pm Omega's violinist (L2)

3 pm pampering 4 pm 1-1 room visits 9:30 am Welcome to the day 9:30 am Pastoral care visits 9:30 am Gessy's physio **Exercises** (H9)

10:00 am news and views 10:30 am word games /quizzes 11:00 am 9 letter word game

(L4) 2 pm Dance /Drama Therapy 3:30 pm Yoga 4 pm 1-1 Room visits

9:30 am Welcome to the day

10:30 am News and views 11:00 am Music and movement

1:30 pm Community visits 1:30 pm Lochlan's Bus trip 1:30 pm Catholic volunteer visitor

1:30 pm Creative art therapy (LM) 1:30 pm floor games 2:30 pm Cafe visits 4 pm 1-1 room visits

9:30 am Welcome to day 9:30 am Gessy's physio exercises

10:00 am news and views 10:30 am Catholic volunteer visitor

11:00 am 9 Letter word games (L4)

11:00 am Chior 1 pm Intergenerational Program (L2) 1:30 pm Bingo 1:30 pm Men's Group

(Cinema) 2:45 pm Zumba Gold 3:30 pm Armchair travel 4 pm 1-1 room visits

## **Bastille Day**

9:30 am Welcome to the day 10:00 am news and views 10:30 am Word games and quizzes 10:30 am Catholic Mass (Cinema) 11:00 am 9 Letter word game (L4) 1:30 pm Andrew's bus trip 2 pm Christmas in July concert (L3) 2 pm Trivia (L4)

3 pm Lochlan's Friday fiesta (L4) 3pm Bastille day french music and treats 4 pm 1-1 room visits

10:00 am Morning Tv shows 10:30 am Laughter and Lattes 2 pm Toolbox activities Netflix available all day

3 pm Movie matinee

4 pm Happy Hour



# July 2023 level 3- house 7 & 8

SUN

MON

TUE

WED

THU

FRI

1:30 pm Armchair travel

4 pm 1-1 room visits

SAT

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10:00 am News and views 10:30 am Footy tipping 11:00 am Dance/drama

**Therapy** 11:00 am 9 Letter words (L4)

1:30 pm Meditation (Cinema)

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3 pm pampering 4 pm 1-1 room visits

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(H9) 10:00 am news and views

10:30 am word games /auizzes

11:00 am 9 letter word game (L4)

1:30 pm Greek Group (H3) 2 pm Dance /Drama Therapy

> 3:30 pm Yoga 4 pm 1-1 Room visits

9:30 am Lifestyle Huddle meeting 10:30 am News and views

11:00 am Music and movement 11:30 am Islamic

presentation 1:30 pm Community visits

1:30 pm Rachael's Bus trip 1:30 pm Creative art

therapy (LM) 1:30 pm Community visitors

1:30 pm Musical Concert (via youtube) 3: 30 pm Gardening /

outdoor /indoor walking 4 pm 1-1 room visits 9:30 am Gessy's physio exercises

10:00 am news and views 10:30 am Catholic volunteer visitor

9:30 am Welcome to day

11:00 am 9 letter word game (L4) 11:00 am Chior

1:30 pm Men's group (Cinema) 1:30 pm Ladies Group

2:45 pm Zumba Gold 3:15 pm poetry 4 pm 1-1 room visits

9:30 am Welcome to the day 10:00 am news and views 10:30 am Word games and quizzes

11:00 am 9 Letter word game (L4)

1:30 pm Andrew's bus trip

2 pm Trivia (L4) 3 pm Lochlan's Friday fiesta (L4)

3 pm cafe visits

10:00 am Morning Tv shows 10:30 am Laughter and Lattes 2 pm Toolbox activities

Netflix available all day 3 pm Movie matinee

4 pm Happy Hour

23

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 $\frac{24}{9}$  9:30 am Welcome to the  $\frac{25}{9}$ day

> 10:00 am News and views 10:30 am Footy tipping 11:00 am Dance / Drama

**Therapy** 

11:00 am 9 Letter words ( L4)

1:30 pm Meditation (Cinema)

1:30 pm Armchair travel / documentary 3 pm pampering

4 pm 1-1 room visits

9:30 am Welcome to the day 9:30 am Pastoral care 9:30 am Gessy's physio **Exercises** 

(H9) 10:00 am news and views 10:30 am word games

/quizzes 11:00 am 9 letter word game

(L4) 2 pm Dance /drama

**Therapy** 3:30 pm Yoga 4 pm 1-1 Room visits 9:30 am Welcome to the day

10:30 am News and views 11:00 am Music and movement

1:30 pm Community visits 1:30 pm Lochlan's Bus trip 1:30 pm U and I designer Woman's fashion clothing

(LM) 1:30 pm floor games 1:30 am Community visitors

2 pm Food appreciation meeting (Boardroom) 2:30 pm Cafe visits 4 pm 1-1 room visits

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10:00 am news and views 10:30 am Catholic volunteer visitor

exercises

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(L4) 3 pm cafe visits

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