








# AUGUST 2023

## LEVEL 2- HOUSE 4, 5 & 6



| SUN   | MON   | TUE   | WED   | THU  | FRI   | SAT   |
|---|---|---|---|--|---|---|
|  <p><b>Aged Care Employee Day</b><br/>Thanks for caring</p> <p><b>Saturday 7th August</b><br/>agedcareday.com.au<br/>#ThanksforCaring</p> |    | <p><b>1 SWISS NATIONAL DAY</b> </p> <p>9:30 AM WELCOME TO THE DAY<br/>10:00 AM GESSY'S PHYSIO EXERCISES<br/>10:30 AM NEWS &amp; VIEWS<br/>11:00 AM 9 LETTER WORD GAMES<br/>1PM PET THERAPY<br/>1:30 PM SWISS ARMCHAIR TRAVEL WITH MUSIC &amp; NIBBLES<br/>2:45 PM YOGA (L1)<br/>3:15 PM DANCE &amp; DRAMA THERAPY<br/>4 PM 1-1 ROOM VISITS</p>       | <p><b>2 CHEESE &amp; WINE TEA PARTY</b> </p> <p>9:30 AM LIFESTYLE HUDDLE MEETING<br/>10:30 AM ZUMBA GOLD<br/>11:00 AM NEWS &amp; VIEWS<br/>11:30 AM WORD GAMES / QUIZZES<br/>1:30 PM RACHAEL'S BUS TRIP<br/>1:30 PM CREATIVE ART THERAPY (LM)<br/>1:30 PM COMMUNITY VISITORS<br/>1:30 PM TOMMY'S SINGALONG &amp; HIGH TEA (L1)<br/>2 PM CHEESE &amp; WINE TEA PARTY<br/>3 PM SINGALONGS<br/>4 PM 1-1 ROOM VISITS</p> | <p><b>3</b></p> <p>9:30 AM WELCOME TO THE DAY<br/>10:00 AM GESSY'S PHYSIO EXERCISES<br/>10:30 AM CATHOLIC VOLUNTEER VISITOR<br/>10:30 AM WORD GAMES &amp; QUIZZES<br/>11:00 AM 9 LETTER WORD GAMES (L4)<br/>11:00 AM PUPPETS ALIVE (H3)<br/>11:00 AM CHOIR (L3)<br/>1 PM INTERGENERATIONAL PROGRAM (L3)<br/>1:30 PM MENS'S GROUP (CINEMA)<br/>2 PM FLOOR GAMES<br/>3 PM PAMPERING<br/>4 PM 1-1 ROOM VISITS</p> | <p><b>4</b></p> <p>9:30 AM WELCOME TO DAY<br/>10:00 AM NEWS &amp; VIEWS<br/>10:30 AM WORD GAMES &amp; QUIZZES<br/>10:30 AM ANGLICAN MASS (CINEMA)<br/>11:00 AM MUSIC &amp; MOVEMENT<br/>11:00 AM PUPPETS<br/>11:00 AM CHOIR (L3)<br/>1:30 PM MEDITATION (CINEMA)<br/>1:30 PM FOOTY TIPPING<br/>1:30 PM ANDREW'S BUS TRIP<br/>2 PM ZUMBA GOLD (H6)<br/>2 PM TRIVIA (L4)<br/>2 PM RESIDENT CHOICE OF LATEST MOVIE VIA NETFLIX<br/>3:15 PM LIONSHARE CAFE TIME<br/>3 PM LOCHLAN'S FRIDAY FIESTA<br/>4 PM 1-1 ROOM VISITS</p> | <p><b>5</b></p> <p>10:30 AM MUSICAL MOMENTS<br/>11:00 AM LAUGHTER &amp; LATTES<br/>1PM GARDEN WALKS<br/>2 PM AFTERNOON MOVIE MATINEE<br/>3 PM TOOLBOX ACTIVITIES<br/>4 PM HAPPY HOUR</p>  |
| <p><b>6</b></p> <p>LIVESTREAM CHURCH (BY REQUEST)<br/>10:00 AM COFFEE AND CHAT<br/>1 PM MUSICAL MOMENTS<br/>NETFLIX AVAILABLE ALL DAY<br/>FOOTY MATCH OF THE DAY<br/>TOOLBOX ACTIVITIES<br/>GARDEN WALKS</p>              | <p><b>7 AGED CARE EMPLOYEE DAY</b></p> <p>9:30 AM WELCOME TO THE DAY<br/>10:00 AM NEWS &amp; VIEWS<br/>11:00 AM 9 LETTER WORD GAME (L4)<br/>1:30 PM MEDITATION (CINEMA)<br/>1:30 PM AGED CARE EMPLOYEE DAY (L3)<br/>2 PM DANCE &amp; DRAMA THERAPY<br/>3 PM BINGO<br/>4 PM 1-1 ROOM VISITS</p>  | <p><b>8</b></p> <p>9:30 AM WELCOME TO THE DAY<br/>10:00 AM GESSY'S PHYSIO EXERCISES<br/>10:30 AM NEWS &amp; VIEWS<br/>11:00 AM 9 LETTER WORD GAMES<br/>1:30 PM GREEK GROUP (H3)<br/>1:30 PM MASTERCHEF<br/>2:45 PM YOGA (L1)<br/>3:15 PM DANCE &amp; DRAMA THERAPY<br/>4 PM 1-1 ROOM VISITS</p>   | <p><b>9</b></p> <p>9:30 AM WELCOME TO THE DAY<br/>10:30 AM ZUMBA GOLD<br/>11:00 AM NEWS &amp; VIEWS<br/>11:30 AM WORD GAMES / QUIZZES<br/>1:30 PM LOCHLAN'S BUS TRIP<br/>1:30 PM CREATIVE ART THERAPY (LM)<br/>1:30 PM TOMMY'S SINGALONG &amp; HIGH TEA (L1)<br/>1:30 PM COMMUNITY VISITORS<br/>2 PM ROCK N ROLL MUSICAL SHOW VIA YOUTUBE<br/>3 PM HIGH TEA<br/>4 PM 1-1 ROOM VISITS</p>  | <p><b>10</b></p> <p>9:30 AM WELCOME TO THE DAY<br/>10:00 AM GESSY'S PHYSIO EXERCISES<br/>10:30 AM CATHOLIC VOLUNTEER VISITOR<br/>10:30 AM WORD GAMES &amp; QUIZZES<br/>11:00 AM 9 LETTER WORD GAMES (L4)<br/>11:00 AM CHOIR (L3)<br/>1:30 PM MENS'S GROUP (CINEMA)<br/>1:30 PM LADIES GROUP<br/>2 PM MASTERCHEF<br/>3 PM FLOOR GAMES<br/>4 PM 1-1 ROOM VISITS</p>  | <p><b>11</b></p> <p>9:30 AM WELCOME TO DAY<br/>10:00 AM NEWS &amp; VIEWS<br/>10:30 AM WORD GAMES &amp; QUIZZES<br/>10:30 AM CATHOLIC MASS (CINEMA)<br/>11:00 AM MUSIC &amp; MOVEMENT<br/>11:00 AM CHOIR (L3)<br/>1:30 PM FOOTY TIPPING<br/>1:30 PM ANDREW'S BUS TRIP<br/>2 PM ZUMBA GOLD (H6)<br/>2 PM TRIVIA (L4)<br/>2 PM RESIDENT CHOICE OF LATEST MOVIE VIA NETFLIX<br/>3:15 PM LIONSHARE CAFE TIME<br/>3 PM LOCHLAN'S FRIDAY FIESTA<br/>4 PM 1-1 ROOM VISITS</p>   | <p><b>12</b></p> <p>10:30 AM MUSICAL MOMENTS<br/>11:00 AM LAUGHTER &amp; LATTES<br/>1PM GARDEN WALKS<br/>2 PM AFTERNOON MOVIE MATINEE<br/>3 PM TOOLBOX ACTIVITIES<br/>4 PM HAPPY HOUR</p> |
| <p><b>13</b></p> <p>LIVESTREAM CHURCH (BY REQUEST)<br/>10:00 AM COFFEE AND CHAT<br/>1 PM MUSICAL MOMENTS<br/>NETFLIX AVAILABLE ALL DAY<br/>FOOTY MATCH OF THE DAY<br/>TOOLBOX ACTIVITIES<br/>GARDEN WALKS</p>             | <p><b>14 INDEPENDENCE DAY INDONESIA</b> </p> <p>9:30 AM WELCOME TO THE DAY<br/>10:00 AM NEWS &amp; VIEWS<br/>11:00 AM 9 LETTER WORD GAME (L4)<br/>11:00 AM SHOPPING TROLLEY<br/>1:30 PM MEDITATION (CINEMA)<br/>2 PM DANCE &amp; DRAMA THERAPY<br/>3 PM BINGO<br/>4 PM 1-1 ROOM VISITS</p> | <p><b>15 INDIAN INDEPENDENCE DAY</b> </p> <p>9:30 AM WELCOME TO THE DAY<br/>10:00 AM GESSY'S PHYSIO EXERCISES<br/>10:30 AM NEWS &amp; VIEWS<br/>11:00 AM 9 LETTER WORD GAMES<br/>1PM PET THERAPY<br/>1:30 PM INDIAN INDEPENDENCE DAY PARADE (VIA YOUTUBE)<br/>2:45 PM YOGA (L1)<br/>3:15 PM DANCE &amp; DRAMA THERAPY<br/>4 PM 1-1 ROOM VISITS</p> | <p><b>16 TEA DANCE PARTY</b> </p> <p>9:30 AM LIFESTYLE HUDDLE MEETING<br/>10:30 AM ZUMBA GOLD<br/>11:00 AM NEWS &amp; VIEWS<br/>11:30 AM WORD GAMES / QUIZZES<br/>1:30 PM TEA DANCE PARTY (TEMPERANCE HALL)<br/>1:30 PM COMMUNITY VISITORS<br/>2 PM AFTERNOON MOVIE MATINEE<br/>4 PM 1-1 ROOM VISITS</p>   | <p><b>17</b></p> <p>9:30 AM WELCOME TO THE DAY<br/>10:00 AM GESSY'S PHYSIO EXERCISES<br/>10:30 AM CATHOLIC VOLUNTEER VISITOR<br/>10:30 AM WORD GAMES &amp; QUIZZES<br/>11:00 AM 9 LETTER WORD GAMES (L4)<br/>11:00 AM CHOIR (L3)<br/>1:30 PM MENS'S GROUP (CINEMA)<br/>2 PM FLOOR GAMES<br/>3 PM PAMPERING<br/>4 PM 1-1 ROOM VISITS</p>  | <p><b>18</b></p> <p>9:30 AM WELCOME TO DAY<br/>10:00 AM NEWS &amp; VIEWS<br/>10:30 AM WORD GAMES &amp; QUIZZES<br/>11:00 AM MUSIC &amp; MOVEMENT<br/>11:00 AM CHOIR (L3)<br/>1:30 PM FOOTY TIPPING<br/>2 PM ZUMBA GOLD (H6)<br/>2 PM TRIVIA (L4)<br/>2 PM RESIDENT CHOICE OF LATEST MOVIE VIA NETFLIX<br/>3:15 PM LIONSHARE CAFE TIME<br/>3 PM LOCHLAN'S FRIDAY FIESTA<br/>4 PM 1-1 ROOM VISITS</p>   | <p><b>19</b></p> <p>10:30 AM MUSICAL MOMENTS<br/>11:00 AM LAUGHTER &amp; LATTES<br/>1PM GARDEN WALKS<br/>2 PM AFTERNOON MOVIE MATINEE<br/>3 PM TOOLBOX ACTIVITIES<br/>4 PM HAPPY HOUR</p> |



*\*subject to change*



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| SUN   | MON   | TUE  | WED  | THU   | FRI  | SAT  |
|---|---|--|--|---|--|--|
| <b>20</b><br>LIVESTREAM CHURCH<br>(BY REQUEST)<br>10:00 AM COFFEE AND<br>CHAT<br>1 PM MUSICAL MOMENTS<br>NETFLIX AVAILABLE ALL<br>DAY<br>FOOTY MATCH OF THE<br>DAY<br>TOOLBOX ACTIVITIES<br>GARDEN WALKS    | <b>21</b><br>9:30 AM WELCOME TO<br>THE DAY<br>10:00 AM NEWS &<br>VIEWS<br>11:00 AM 9 LETTER<br>WORD GAME (L4)<br>1:30 PM MEDITATION<br>(CINEMA)<br>2 PM OMEGA MUSIC<br>THERAPY<br>3 PM DANCE & DRAMA<br>THERAPY<br>4 PM 1-1 ROOM VISITS | <b>22</b><br>9:30 AM WELCOME TO<br>THE DAY<br>10:00 AM GESSY'S PHYSIO<br>EXERCISES<br>10:30 AM NEWS & VIEWS<br>11:00 AM 9 LETTER WORD<br>GAMES<br>1:30 PM GREEK GROUP<br>(H3)<br>1:30 PM KNITTING GROUP<br>2:45 PM YOGA (L1)<br>3:15 PM DANCE & DRAMA<br>THERAPY<br>4 PM 1-1 ROOM VISITS | <b>23 RON IN CONCERT</b><br>9:30 AM WELCOME TO THE<br>DAY<br>10:30 AM ZUMBA GOLD<br>11:00 AM NEWS & VIEWS<br>11:30 AM WORD GAMES<br>/QUIZZES<br>1:30 PM RACHAEL'S'S BUS<br>TRIP<br>1:30 PM CREATIVE ART<br>THERAPY<br>(LM)<br>1:30 PM COMMUNITY<br>VISITORS<br>1:30 PM RON IN CONCERT<br>(L3)<br>2 PM RESIDENT CHOICE OF<br>ARTIST<br>3 PM HIGH TEA<br>4 PM 1-1 ROOM VISITS  | <b>24</b><br>9:30 AM WELCOME TO THE<br>DAY<br>10:00 AM GESSY'S PHYSIO<br>EXERCISES<br>10:30 AM CATHOLIC<br>VOLUNTEER VISITOR<br>10:30 AM WORD GAMES &<br>QUIZZES<br>11:00 AM 9 LETTER WORD<br>GAMES<br>(L4)<br>11:00 AM CHOIR (L3)<br>1:30 PM MENS'S GROUP<br>(CINEMA)<br>1:30 PM LADIES GROUP (L3)<br>2 PM CREATIVE ARTS<br>3 PM FLOOR GAMES<br>4 PM 1-1 ROOM VISITS   | <b>25</b><br>9:30 AM WELCOME TO DAY<br>10:00 AM NEWS & VIEWS<br>10:30 AM WORD GAMES<br>& QUIZZES<br>11:00 AM MUSIC & MOVEMENT<br>11:00 AM CHOIR (L3)<br>1:30 PM FOOTY TIPPING<br>1:30 PM LIFESTYLE FOCUS<br>GROUP<br>(LM)<br>2 PM ZUMBA GOLD (H6)<br>2 PM TRIVIA (L4)<br>2 PM RESIDENT CHOICE OF<br>LATEST<br>MOVIE VIA NETFLIX<br>3:15 PM LIONSHARE CAFE<br>TIME<br>3 PM LOCHLAN'S FRIDAY<br>FIESTA<br>4 PM 1-1 ROOM VISITS | <b>26</b><br>10:30 AM MUSICAL<br>MOMENTS<br>11:00 AM LAUGHTER<br>& LATTES<br>1PM GARDEN<br>WALKS<br>2 PM AFTERNOON<br>MOVIE MATINEE<br>3 PM TOOLBOX<br>ACTIVITIES<br>4 PM HAPPY HOUR |
| <b>27</b><br>LIVESTREAM CHURCH<br>(BY REQUEST)<br>10:00 AM COFFEE AND<br>CHAT<br>1 PM MUSICAL<br>MOMENTS<br>NETFLIX AVAILABLE<br>ALL DAY<br>FOOTY MATCH OF THE<br>DAY<br>TOOLBOX ACTIVITIES<br>GARDEN WALKS | <b>28</b><br>9:30 AM WELCOME TO<br>THE DAY<br>10:00 AM NEWS &<br>VIEWS<br>11:00 AM 9 LETTER<br>WORD GAME (L4)<br>1:30 PM MEDITATION<br>(CINEMA)<br>2 PM DANCE & DRAMA<br>THERAPY<br>3 PM BINGO<br>4 PM 1-1 ROOM VISITS                  | <b>29</b><br>9:30 AM WELCOME TO<br>THE DAY<br>10:00 AM GESSY'S<br>PHYSIO EXERCISES<br>10:30 AM NEWS &<br>VIEWS<br>11:00 AM 9 LETTER<br>WORD GAMES<br>1PM PET THERAPY<br>1:30 PM ARTS /CRAFTS<br>2:45 PM YOGA (L1)<br>3:15 PM DANCE &<br>DRAMA THERAPY<br>4 PM 1-1 ROOM VISITS            | <b>30</b><br>9:30 AM WELCOME TO THE<br>DAY<br>10:30 AM ZUMBA GOLD<br>11:00 AM NEWS & VIEWS<br>11:30 AM WORD GAMES<br>/QUIZZES<br>1:30 PM LOCHLAN'S BUS TRIP<br>1:30 PM CREATIVE ART<br>THERAPY<br>(LM)<br>1 PM TOMMY'S SINGALONG &<br>HIGH TEA (L1)<br>1:30 PM COMMUNITY VISITORS<br>1:30 PM RESIDENT & RELATIVE<br>MEETING<br>2 PM FOOD APPRECIATION<br>MEETING<br>(BOARDROOM)<br>3 PM MUSICAL INSTRUMENTS<br>WITH SINGALONGS<br>4 PM 1-1 ROOM VISITS | <b>31 DAFFODIL DAY</b><br><br>9:30 AM WELCOME TO THE<br>DAY<br>10:00 AM GESSY'S PHYSIO<br>EXERCISES<br>10:30 AM CATHOLIC<br>VOLUNTEER VISITOR<br>10:30 AM GREEK MASS<br>(CINEMA)<br>10:30 AM WORD GAMES &<br>QUIZZES<br>11:00 AM 9 LETTER WORD<br>GAMES<br>(L4)<br>11:00 AM CHOIR (L3)<br>1 PM INTERGENERATIONAL<br>PROGRAM (L3)<br>1:30 PM MENS'S GROUP<br>(CINEMA)<br>1:30 PM LADIES GROUP<br>2 PM BALLOON /MUSIC<br>THERAPY<br>3 PM PAMPERING<br>4 PM 1-1 ROOM VISITS |   |  |