







AUGUST 2023

LEVEL 3- HOUSE 7 & 8



SUN	MON	TUE	WED	THU	FRI	SAT
 <p>Aged Care Employee Day Thanks for caring</p> <p>Saturday 7th August agedcareday.com.au #ThanksforCaring</p>		1 SWISS NATIONAL DAY  <p>9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S EXERCISES (H9) 10:00 AM NEWS AND VIEWS 10:30 AM WORD GAMES & QUIZZES 11:00 AM 9 LETTER WORD GAMES (L4) 1PM PET THERAPY 1:30 PM SWISS NATIONAL DAY ARMCHAIR TRAVEL & NIBBLES (L3) 2 PM DANCE /DRAMA THERAPY 3:30 PM YOGA 4 PM 1-1 ROOM VISITS</p>	2 <p>9:30 AM LIFESTYLE HUDDLE MEETING 10:AM NEWS AND VIEWS 10:30 AM WORD GAMES & QUIZZES 11:00 AM MUSIC & MOVEMENT 11:00 AM 9 LETTER WORD GAME (L4) 1:30 PM CREATIVE ART THERAPY (LM) 1:30 PM RACHAEL'S BUS TRIP (RICKETTS POINT CAFE) 1:30 PM COMMUNITY VISITORS 1:30 PM TOMMY'S SINGALONGS & HIGH TEA (L1) 2 PM MUSICAL CONCERT (VIA YOUTUBE) 3:30 PM INDOOR /OUTDOOR WALKING 3 PM 1-1 ROOM VISITS</p>	3 <p>9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS AND VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR 10:30 AM WORD GAMES & QUIZZES 11:00 AM CHIOR 11:00 AM PUPPETS ALIVE (H3) 1 PM INTERGENERATIONAL PROGRAM WITH PRE- SCHOOL CHILDREN 2 PM POETRY 1:30 PM MENS GROUP 2:45 PM ZUMBA GOLD 4 PM 1-1 ROOM VISITS</p>	4 <p>9:30 AM WELCOME TO THE DAY 10:00AM NEWS & VIEWS 10:30 AM ANGLICAN MASS (CINEMA) 11 :00AM 9 LETTER WORD GAMES (L4) 1 :30 PM ANDREW'S BUS TRIP 2 PM TRIVIA (L4) 2 PM BINGO 3:15 PM LIONSHARE CAFE TIME 3 PM LOCHLAN'S FRIDAY FIESTA 4 PM 1-1 ROOM VISITS</p>	5 <p>10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE & CHAT 1 PM TOOLBOX ACTIVITY NETFLIX AVAILABLE ALL DAY 2 PM AFTERNOON MOVIE MATINEE 4 PM HAPPY HOUR</p>
6 <p>LIVESTREAM CHURCH (BY REQUEST) 11:00AM MEMORY LANE 1 PM PAMPERING OR AROMATHERAPY NETFLIX (AVAILABLE ALL DAY) 2 PM TOOLBOX ACTIVITIES 3 PM FOOTY MATCH OF DAY 4 PM 1- 1 ROOM VISITS</p>	7 AGED CARE EMPLOYEE DAY <p>9 :30 AM WELCOME TO DAY 10:00 AM NEWS AND VIEWS 10:30 AM FOOTY TIPPING 11 :00 AM DANCE /DRAMA THERAPY 11:00 AM 9 LETTER WORD GAMES (L4) 1:30 PM AGED CARE EMPLOYEE DAY CELEBRATIONS (L3) 1:30 PM MEDITATION (CINEMA) 1:30 PM ARMCHAIR TO SINGAPORE 3 PM PAMPERING 4 PM 1-1 ROOM VISITS</p>	8 <p>9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S EXERCISES (H9) 10:00 AM NEWS AND VIEWS 10:30 AM WORD GAMES & QUIZZES 11:00 AM 9 LETTER WORD GAMES (L4) 1:30 PM GREEK GROUP (H3) 2 PM DANCE /DRAMA THERAPY 3:30 PM YOGA 4 PM 1-1 ROOM VISITS</p>	9 INDIGENOUS DAY NATIONAL DAY OF SINGAPORE <p>9:30 AM WELCOME TO THE DAY 10: 30 AM NEWS AND VIEWS 11 AM WORD GAMES & QUIZZES 11:00AM MUSIC & MOVEMENT 11:00 AM 9 LETTER WORD GAME (L4) 1:30 PM CREATIVE ART THERAPY (LM) 1:30 PM LOCHLAN'S BUS TRIP 1:30 PM COMMUNITY VISITORS 1:30 PM TOMMY'S SINGALONG & HIGH TEA (L1) 1:30 PM MASTERCHEF 3 PM FLOOR GAMES 4 PM 1-1 ROOM VISITS</p>	10 <p>9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS AND VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR 10:30 AM WORD GAMES & QUIZZES 11:00 AM CHOIR 1:30 PM LADIES GROUP 1:30 PM MENS GROUP 2 :45 PM ZUMBA GOLD 4 PM 1-1 ROOM VISITS</p>	11 <p>9:30 AM WELCOME TO THE DAY 10:00AM NEWS & VIEWS 10:30 AM CATHOLIC MASS (CINEMA) 11 :00AM 9 LETTER WORD GAMES (L4) 1 :30 PM ANDREW'S BUS TRIP 2 PM TRIVIA (L4) 2 PM BINGO 3 :15 PM LIONSHARE CAFE TIME 3 PM LOCHLAN'S FRIDAY FIESTA 4 PM 1-1 ROOM VISITS</p>	12 <p>10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE & CHAT 1 PM TOOLBOX ACTIVITY NETFLIX AVAILABLE ALL DAY 2 PM AFTERNOON MOVIE MATINEE 4 PM HAPPY HOUR</p>
13 <p>LIVESTREAM CHURCH (BY REQUEST) 11:00AM MEMORY LANE 1 PM PAMPERING OR AROMATHERAPY NETFLIX (AVAILABLE ALL DAY) 2 PM TOOLBOX ACTIVITIES 3 PM FOOTY MATCH OF DAY 4 PM 1- 1 ROOM VISITS</p>	14 INDEPENDENCE DAY INDONESIA  <p>9 :30 AM WELCOME TO DAY 10:00 AM NEWS AND VIEWS 10:30 AM FOOTY TIPPING 11 :00 AM DANCE /DRAMA THERAPY 11:00 AM 9 LETTER WORD GAMES (L4) 1:30 PM MEDITATION (CINEMA) 1:30 PM RESIDENT CHOICE OF ARTIST (VIA YOUTUBE) 3 PM POETRY 4 PM 1-1 ROOM VISITS</p>	15 INDIAN INDEPENDENCE DAY  <p>9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S EXERCISES (H9) 10:00 AM NEWS AND VIEWS 10:30 AM WORD GAMES & QUIZZES 11:00 AM 9 LETTER WORD GAMES (L4) 1PM PET THERAPY 2 PM DANCE /DRAMA THERAPY 3:30 PM YOGA 4 PM 1-1 ROOM VISITS</p>	16 TEA DANCE PARTY  <p>9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWS AND VIEWS 11:00AM MUSIC & MOVEMENT 11:00 AM 9 LETTER WORD GAME (L4) 1:30 PM TEA DANCE PARTY (TEMPERANCE HALL) 1:30 PM COMMUNITY VISITORS 2 PM MUSICAL CONCERT (VIA YOUTUBE</p>	17 <p>9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS AND VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR 10:30 AM WORD GAMES & QUIZZES 11:00 AM CHIOR 1:30 PM ARTS & CRAFTS 1:30 PM MENS GROUP 2:45 PM ZUMBA GOLD 4 PM 1-1 ROOM VISITS</p>	18 <p>9:30 AM WELCOME TO THE DAY 10:00AM NEWS & VIEWS 11 :00AM 9 LETTER WORD GAMES (L4) 2 PM TRIVIA (L4) 2 PM BINGO 3 :15 PM LIONSHARE CAFE TIME 3 PM LOCHLAN'S FRIDAY FIESTA 4 PM 1-1 ROOM VISITS</p>	19 <p>10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE & CHAT 1 PM TOOLBOX ACTIVITY NETFLIX AVAILABLE ALL DAY 2 PM AFTERNOON MOVIE MATINEE 4 PM HAPPY HOUR</p>

**subject to change*

AUGUST 2023

LEVEL 3- HOUSE 7 & 8

**subject to change*

SUN	MON	TUE	WED	THU	FRI	SAT
20	21	22	23	24	25	26
LIVESTREAM CHURCH (BY REQUEST) 11:00AM MEMORY LANE 1 PM PAMPERING OR AROMATHERAPY NETFLIX (AVAILABLE ALL DAY) 2 PM TOOLBOX ACTIVITIES 3 PM FOOTY MATCH OF DAY 4 PM 1- 1 ROOM VISITS	9:30 AM WELCOME TO DAY 10:00 AM NEWS AND VIEWS 10:30 AM FOOTY TIPPING 11:00 AM DANCE /DRAMA THERAPY 11:00 AM 9 LETTER WORD GAMES (L4) 1:30 PM MEDITATION (CINEMA) 1:30 PM DOCUMENTARY 2 PM OMEGA MUSIC THERAPY 3 PM PAMPERING 4 PM 1-1 ROOM VISITS	9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S EXERCISES (H9) 10:00 AM NEWS AND VIEWS 10:30 AM WORD GAMES & QUIZZES 11:00 AM 9 LETTER WORD GAMES (L4) 1:30 PM GREEK GROUP (H3) 2 PM DANCE /DRAMA THERAPY 3:30 PM YOGA 4 PM 1-1 ROOM VISITS	RON IN CONCERT 9:30 AM WELCOME TO THE DAY 10:00AM NEWS AND VIEWS 10:30 AM WORD GAMES & QUIZZES 11:00AM FLOWER ARRANGING (LM) 11:00 AM 9 LETTER WORD GAME (L4) 1:30 PM RON IN CONCERT (L3) 1:30 PM CREATIVE ART THERAPY (LM) 1:30 PM TOMMY'S SINGALONG & HIGH TEA (L1) 1:30 PM RACHAEL'S BUS TRIP 1:30 PM COMMUNITY VISITORS 3 PM ARMCHAIR TRAVEL TO INDIA 4 PM 1-1 ROOM VISITS	9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS AND VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR 10:30 AM WORD GAMES & QUIZZES 11:00 AM CHOIR 1:30 PM LADIES GROUP 1:30 PM MENS GROUP 2:45 PM ZUMBA GOLD 4 PM 1-1 ROOM VISITS	9:30 AM WELCOME TO THE DAY 10:00AM NEWS & VIEWS 11:00AM 9 LETTER WORD GAMES (L4) 1:30 PM LIFESTYLE FOCUS GROUP (LM) 2 PM TRIVIA (L4) 2 PM BINGO 3:15 PM LIONSHARE CAFE TIME 3 PM LOCHLAN'S FRIDAY FIESTA 4 PM 1-1 ROOM VISITS	10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE & CHAT 1 PM TOOLBOX ACTIVITY NETFLIX AVAILABLE ALL DAY 2 PM AFTERNOON MOVIE MATINEE 4 PM HAPPY HOUR

27	28	29	30	31
LIVESTREAM CHURCH (BY REQUEST) 11:00AM MEMORY LANE 1 PM PAMPERING OR AROMATHERAPY NETFLIX (AVAILABLE ALL DAY) 2 PM TOOLBOX ACTIVITIES 3 PM FOOTY MATCH OF DAY 4 PM 1- 1 ROOM VISITS	9:30 AM WELCOME TO DAY 10:00 AM NEWS AND VIEWS 10:30 AM FOOTY TIPPING 11:00 AM DANCE /DRAMA THERAPY 11:00 AM 9 LETTER WORD GAMES (L4) 1:30 PM MEDITATION (CINEMA) 1:30 PM RESIDENT CHOICE OF ARTIST (VIA YOUTUBE) 3 PM POETRY 4 PM 1-1 ROOM VISITS	9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S EXERCISES (H9) 10:00 AM NEWS AND VIEWS 10:30 AM WORD GAMES & QUIZZES 11:00 AM 9 LETTER WORD GAMES (L4) 1PM PET THERAPY 2 PM DANCE /DRAMA THERAPY 3:30 PM YOGA 4 PM 1-1 ROOM VISITS	9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWS AND VIEWS 11:00 AM WORD GAMES & QUIZZES 11:00 AM 9 LETTER WORD GAME (L4) 1:30 PM CREATIVE ART THERAPY (LM) 1:30 PM LOCHLAN'S BUS TRIP 1:30 PM COMMUNITY VISITORS 1:30 PM TOMMY'S SINGALONGS & HIGHT TEA (L1) 1:30 PM MASTERCHEF 2 PM FOOD APPRECIATION MEETING (BOARDROOM) 3 PM FLOOR GAMES 4 PM 1-1 ROOM VISITS	DAFFODIL DAY 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS AND VIEWS 10:30 AM GREEK MASS (CINEMA) 10:30 AM CATHOLIC VOLUNTEER VISITOR 10:30 AM WORD GAMES & QUIZZES 11:00 AM CHIOR 1 PM INTERGENERATIONAL PROGRAM WITH PRE-SCHOOL CHILDREN 1:30 PM MENS GROUP 2:45 PM ZUMBA GOLD 4 PM 1-1 ROOM VISITS

