







AUGUST 2023

LEVEL 4- HOUSE 9 & 10



SUN	MON	TUE	WED	THU	FRI	SAT
 Aged Care Employee Day Thanks for caring Saturday 7th August agedcareday.com.au #ThanksforCaring		1 SWISS NATIONAL DAY  9:30 AM WELCOME TO THE DAY 9:30AM GESSY'S PHYSIO EXERCISES 10:00 AM DANCE /DRAMA THERAPY 11:00 AM 9 LETTER WORDS 1:30 PM PET THERAPY 2 PM BINGO 3:30 PM YOGA (L3) 3:15 PM ARMCHAIR TRAVEL 4 PM 1-1 ROOM VISITS	2 9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME 1:30 PM RACHAEL BUS TRIP 1:30 PM ART THERAPY (LM) 1:30 PM TOMMY'S SINGALONGS & HIGH TEA (L1) 1:30 PM COMMUNITY VISITORS 2 PM FLOOR GAMES 3 PM LIONSHARE CAFE TIME 4 PM 1-1 ROOM VISITS	3 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:30 AM NEWS AND VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR 11:00 AM PUPPETS ALIVE (H3) 11:00 AM CHOIR (L3) 11:00 AM 9 LETTER WORD GAMES 1 PM INTERGENERATIONAL PROGRAM (L3) 1:30 PM MEN'S GROUP (CINEMA) 2 PM ZUMBA 3 PM FOOTY TIPPING 4 PM 1-1 ROOM VISITS	4 9:30 AM WELCOME TO THE DAY 10:30 AM NEWS & VIEWS 10:30 AM ANGLICAN MASS (CINEMA) 11:00 AM 9 LETTER WORD GAME 1:30 PM MEDITATION (CINEMA) 1:30 PM ANDREW'S BUS TRIP 2 PM TRIVIA 3 PM LOCHLAN'S FRIDAY FIESTA 4 PM 1-1 ROOM VISITS	5 10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE AND CHAT 1PM TOOL BOX ACTIVITY 2 PM AFTERNOON MATINEE MOVIE 3 PM GARDEN WALKS 4 PM HAPPY HOUR
6 9:30 AM LIVESTREAM CHURCH (ON REQUEST) 10:30 AM COFFEE & CHAT 1 PM MUSICAL MOMENTS NETFLIX AVAILABLE ALL DAY FOOTY MATCH OF THE DAY GARDEN WALKS	7 AGED CARE EMPLOYEE DAY 9:30 AM WELCOME TO THE DAY 10:00 AM DANCE /DRAMA THERAPY 11:00 AM 9 LETTER WORD GAME 1:30 PM MEDITATION (CINEMA) 1:30 PM AGED CARE EMPLOYEE DAY CELEBRATIONS (L3) 2 PM CLASSICAL COMPOSER 3 PM AFTERNOON MOVIE MATINEE 4 PM 1-1 ROOM VISITS	8 9:30 AM WELCOME TO THE DAY 9:30AM GESSY'S PHYSIO EXERCISES 10:00 AM DANCE /DRAMA THERAPY 11:00 AM 9 LETTER WORDS 1:30 PM GREEK GROUP (H3) 2 PM BINGO 3:30 PM YOGA (L3) 3:15 PM DOCUMENTARY 4 PM 1-1 ROOM VISITS	9 INDIGENOUS DAY NATIONAL DAY OF SINGAPORE 9:30 AM WELCOME TO THE DAY 10:00 AM IN CHAIR EXERCISES 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORDS 1:30 PM ART THERAPY (LM) 1:30 PM LOCHLAN'S BUS TRIP 1:30 PM COMMUNITY VISITORS 1:30 PM TOMMY'S SINGALONGS & HIGH TEA (L1) 2 PM ARMCHAIR TRAVEL TO SINGAPORE 4 PM 1-1 ROOM VISITS	10 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:30 AM NEWS AND VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR 11:00 AM CHOIR (L3) 11:00 AM 9 LETTER WORD GAME 1:30 PM MEN'S GROUP (CINEMA) 1:30 PM LADIES GROUP (L3) 2 PM ZUMBA 3 PM FOOTY TIPPING 4 PM 1-1 ROOM VISITS	11 9:30 AM WELCOME TO THE DAY 10:30 AM NEWS & VIEWS 10:30 AM CATHOLIC MASS (CINEMA) 11:00 AM 9 LETTER WORD GAME 1:30 PM ANDREW'S BUS TRIP 2 PM TRIVIA 3 PM LOCHLAN'S FRIDAY FIESTA 4 PM 1-1 ROOM VISITS	12 10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE AND CHAT 1PM TOOL BOX ACTIVITY 2 PM AFTERNOON MATINEE MOVIE 3 PM GARDEN WALKS 4 PM HAPPY HOUR
13 9:30 AM LIVESTREAM CHURCH (ON REQUEST) 10:30 AM COFFEE & CHAT 1 PM MUSICAL MOMENTS NETFLIX AVAILABLE ALL DAY FOOTY MATCH OF THE DAY GARDEN WALKS	14 INDEPENDENCE DAY INDONESIA  9:30 AM WELCOME TO THE DAY 10:00 AM DANCE /DRAMA THERAPY 11:00 AM 9 LETTER WORD GAMES 1:30 PM MEDITATION (CINEMA) 1:30 PM POETRY 3 PM RESIDENT CHOICE OF LATEST MOVIE 4 PM 1-1 ROOM VISITS	15 INDIAN INDEPENDENCE DAY  9:30 AM WELCOME TO THE DAY 9:30AM GESSY'S PHYSIO EXERCISES 10:00 AM DANCE /DRAMA THERAPY 11:00 AM 9 LETTER WORDS 1:30 PM PET THERAPY 2 PM BINGO 3:30 PM YOGA (L3) 3:15 PM INDIAN INDEPENDENCE DAY PARADE *(VIA YOUTUBE) 4 PM 1-1 ROOM VISITS	16 TEA DANCE PARTY  9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME 1:30 PM TEA DANCE PARTY (TEMPERANCE HALL) 1:30 PM COMMUNITY VISITORS 2 PM AFTER MOVIE MATINEE 4 PM 1-1 ROOM VISITS	17 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:30 AM NEWS AND VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR 11:00 AM CHOIR (L3) 11:00 AM 9 LETTER WORD GAME 1:30 PM MEN'S GROUP (CINEMA) 2 PM ZUMBA 3 PM FOOTY TIPPING 4 PM 1-1 ROOM VISITS	18 9:30 AM WELCOME TO THE DAY 10:30 AM NEWS & VIEWS 11:00 AM 9 LETTER WORD GAME 2 PM TRIVIA 3 PM LOCHLAN'S FRIDAY FIESTA 4 PM 1-1 ROOM VISITS	19 10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE AND CHAT 1PM TOOL BOX ACTIVITY 2 PM AFTERNOON MATINEE MOVIE 3 PM GARDEN WALKS 4 PM HAPPY HOUR

**subject to change*

August 2023

LEVEL 4- HOUSE 9 & 10

**subject to change*

SUN	MON	TUE	WED	THU	FRI	SAT
20 9:30 AM LIVESTREAM CHURCH (ON REQUEST) 10:30 AM COFFEE & CHAT 1 PM MUSICAL MOMENTS NETFLIX AVAILABLE ALL DAY FOOTY MATCH OF THE DAY GARDEN WALKS	21 9:30 AM WELCOME TO THE DAY 10:00 AM DANCE / DRAMA THERAPY 11:00 AM 9 LETTER WORD GAME 1:30 PM MEDITATION (CINEMA) 2 PM OMEGA MUSIC THERAPY (L2) 2 PM CLASSICAL COMPOSER 3 PM BOARD / CARD GAMES 4 PM 1-1 ROOM VISITS	22 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM DANCE / DRAMA THERAPY 11:00 AM 9 LETTER WORDS 1:30 PM GREEK GROUP (H3) 2 PM BINGO 3:30 PM YOGA (L3) 3:15 MUSICAL CONCERT. VIA YOUTUBE 4 PM 1-1 ROOM VISITS	23 RON IN CONCERT 9:30 AM WELCOME TO THE DAY 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME 1:30 PM RACHAEL BUS TRIP 1:30 PM ART THERAPY (LM) 1:30 PM RON IN CONCERT (L3) 2 PM MASTERCHEF 1:30 PM COMMUNITY VISITORS 3 PM LIONSHARE CAFE TIME 4 PM 1-1 ROOM VISITS	24 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:30 AM NEWS AND VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR 11:00 AM CHOIR (L3) 11:00 AM 9 LETTER WORD GAME 1:30 PM MEN'S GROUP (CINEMA) 1:30 PM LADIES GROUP (L3) 2 PM ZUMBA 3 PM FOOTY TIPPING 4 PM 1-1 ROOM VISITS	25 9:30 AM WELCOME TO THE DAY 10:30 AM NEWS & VIEWS 11:00 AM 9 LETTER WORD GAME 1:30 PM RESIDENT AND RELATIVE MEETING 1:30 PM LIFESTYLE FOCUS GROUP (LM) 3 PM LOCHLAN'S FRIDAY FIESTA 4 PM 1-1 ROOM VISITS	26 10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE AND CHAT 1PM TOOL BOX ACTIVITY 2 PM AFTERNOON MATINEE MOVIE 3 PM GARDEN WALKS 4 PM HAPPY HOUR

27 9:30 AM LIVESTREAM CHURCH (ON REQUEST) 10:30 AM COFFEE & CHAT 1 PM MUSICAL MOMENTS NETFLIX AVAILABLE ALL DAY FOOTY MATCH OF THE DAY GARDEN WALKS	28 9:30 AM WELCOME TO THE DAY 10:00 AM DANCE / DRAMA THERAPY 11:00 AM 9 LETTER WORD GAME 11:00 AM SHOPPING TROLLEY (L4) 1:30 PM MEDITATION (CINEMA) 1:30 PM POETRY 3 PM MUSICAL CONCERTS 4 PM 1-1 ROOM VISITS	29 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM DANCE / DRAMA THERAPY 11:00 AM 9 LETTER WORDS 1:30 PM PET THERAPY 2 PM BINGO 3:30 PM YOGA (L3) 3 PM ARMCHAIR TRAVEL 4 PM 1-1 ROOM VISITS	30 9:30 AM LIFESTYLE HUDDLE MEETING 10:00 AM IN CHAIR EXERCISES 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORDS 1:30 PM ART THERAPY (LM) 1:30 PM LOCHLAN'S BUS TRIP 1:30 PM COMMUNITY VISITORS 2 PM FOOD APPRECIATION MEETING (CINEMA) 1:30 PM TOMMY'S SINGALONGS & HIGH TEA 2 PM AUSTRALIA BALLET JEWELS FROM ABOVE (VIA YOUTUBE) 4 PM 1-1 ROOM VISITS	31 DAFFODIL DAY 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:30 AM NEWS AND VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR 10:30 AM GREEK MASS (CINEMA) 11:00 AM 9 LETTER WORD GAME 11:00 AM CHOIR (L3) 1 PM INTERGENERATIONAL PROGRAM (L3) 1:30 PM MEN'S GROUP (CINEMA) 2 PM ZUMBA 3 PM FOOTY TIPPING 4 PM 1-1 ROOM VISITS
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