






AUGUST 2023 SOUTHPORT



SUN	MON	TUE	WED	THU	FRI	SAT
 Aged Care Employee Day Thanks for caring Saturday 7th August agedcareday.com.au #ThanksforCaring		1 SWISS NATIONAL DAY  9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM DANCE / DRAMA THERAPY 11:15 AM IN CHAIR EXERCISES 1:30 PM BINGO 3 PM DANCE / DRAMA THERAPY 3:40 PM POWERPOINT PRESENTATION 4 PM 1-1 ROOM VISITS	2 9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWSPAPER READ 11:00 AM IN CHAIR EXERCISES 1:30 PM MASTERCHEF 3:30 PM SENSORY OR MEMORY LANE ACTIVITIES 4 PM 1-1 ROOM VISITS	3 9:30 AM WELCOME TO THE DAY 9:40 AM FOOTY TIPPING 10:00 AM REMINISCING TUNES 11:00 AM GESSY'S PHYSIO PROGRAM 11:30 AM MEMORY LANE 1:30 PM BUS TRIP 3 PM PUPPETS ALIVE 4 PM 1-1 ROOM VISITS	4 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READING 10:30 AM MUSICAL MELODIES 11:00 AM ZUMBA GOLD 1:30 PM BALLON THERAPY 2 PM HAPPY HOUR 3 PM TOMMY'S SINGALONG 4 PM 1-1 ROOM VISITS	5 MORNING TV SHOWS AROMATHERAPY OR PAMPERING AFTERNOON MOVIE MATINEE TOOLBOX ACTIVITIES GARDEN WALKS SATURDAY NIGHT MOVIE
6 LIVESTREAM MORNING CHURCH (BY REQUEST) AFTERNOON MOVIE MATINEE NETFLIX AVAILABLE ALL DAY FOOTY MATCH OF THE DAY TOOLBOX	7 AGED CARE EMPLOYEE DAY 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM IN CHAIR EXERCISES 11:00 AM DANCE / DRAMA THERAPY 1:30 PM GREEK GROUP 2:30 PM ARTS / CRAFTS 3:30 PM DANCE / DRAMA THERAPY 4 PM 1-1 ROOM VISITS	8 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM DANCE / DRAMA THERAPY 11:15 AM IN CHAIR EXERCISES 1:30 PM AGED CARE EMPLOYEE DAY 3 PM DANCE / DRAMA THERAPY 3:40 PM BOARD / CARD GAMES 4 PM 1-1 ROOM VISITS	9 NATIONAL SINGAPORE DAY INDIGENOUS DAY 9:30 AM WELCOME TO THE DAY 10:30 AM NEWSPAPER READ 11:00 AM IN CHAIR EXERCISES 1:30 PM WESTERN MOVIE MATINEE 3:30 PM INDIGENOUS DAY POWERPOINT PRESENTATION 4 PM 1-1 ROOM VISITS	10 9:30 AM WELCOME TO THE DAY 9:40 AM FOOTY TIPPING 10:00 AM RESIDENTS CHOICE OF ARTIST 11:00 AM GESSY'S PHYSIO PROGRAM 11:30 AM MEMORY LANE 1:30 PM BUS TRIP 3 PM COFFEE AND CHAT 4 PM 1-1 ROOM VISITS	11 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READING 10:30 AM MUSICAL MELODIES 11:00 AM ZUMBA GOLD 1:30 PM BALLON THERAPY 2 PM HAPPY HOUR 3 PM TOMMY'S SINGALONG 4 PM 1-1 ROOM VISITS	12 MORNING TV SHOWS AROMATHERAPY OR PAMPERING AFTERNOON MOVIE MATINEE TOOLBOX ACTIVITIES GARDEN WALKS SATURDAY NIGHT MOVIE
13 LIVESTREAM MORNING CHURCH (BY REQUEST) AFTERNOON MOVIE MATINEE NETFLIX AVAILABLE ALL DAY FOOTY MATCH OF THE DAY TOOLBOX	14 INDEPENDENCE DAY INDONESIA  9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM IN CHAIR EXERCISES 11:00 AM DANCE / DRAMA THERAPY 1:30 PM GREEK GROUP 2:30 PM ARTS / CRAFTS 3:30 PM DANCE / DRAMA THERAPY 4 PM 1-1 ROOM VISITS	15 INDIAN INDEPENDENCE DAY  9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM DANCE / DRAMA THERAPY 11:15 AM IN CHAIR EXERCISES 1:30 PM BINGO 3 PM DANCE / DRAMA THERAPY 3:40 PM INDIAN INDEPENDENCE DAY POWERPOINT PRESENTATION 4 PM 1-1 ROOM VISITS	16 TEA DANCE PARTY 9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWSPAPER READ 11:00 AM IN CHAIR EXERCISES 1:30 PM TEA DANCE PARTY 1:30 PM ARMCHAIR TRAVEL ACTIVITIES 4 PM 1-1 ROOM VISITS	17 9:30 AM WELCOME TO THE DAY 9:40 AM FOOTY TIPPING 10:00 AM INTERGENERATIONAL PROGRAM 11:00 AM GESSY'S PHYSIO PROGRAM 11:30 AM MEMORY LANE 1:30 PM BUS TRIP 3 PM COFFEE AND CHAT 4 PM 1-1 ROOM VISITS	18 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READING 10:30 AM MUSICAL MELODIES 11:00 AM ZUMBA GOLD 1:30 PM BALLON THERAPY 2 PM HAPPY HOUR 3 PM TOMMY'S SINGALONG 4 PM 1-1 ROOM VISITS	19 MORNING TV SHOWS AROMATHERAPY OR PAMPERING AFTERNOON MOVIE MATINEE TOOLBOX ACTIVITIES GARDEN WALKS SATURDAY NIGHT MOVIE

**subject to change*

AUGUST 2023 SOUTHPORT

**subject to change*



SUN	MON	TUE	WED	THU	FRI	SAT
20	21	22	23	24	25	26
LIVESTREAM MORNING CHURCH (BY REQUEST) AFTERNOON MOVIE MATINEE NETFLIX AVAILABLE ALL DAY FOOTY MATCH OF THE DAY TOOLBOX	9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM IN CHAIR EXERCISES 11:00 AM DANCE /DRAMA THERAPY 1:30 PM GREEK GROUP 2:30 PM ARTS /CRAFTS 3:30 PM DANCE /DRAMA THERAPY 4 PM 1-1 ROOM VISITS	9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM DANCE /DRAMA THERAPY 11:15 AM IN CHAIR EXERCISES 1:30 PM BINGO 3 PM DANCE /DRAMA THERAPY 3:40 PM POWERPOINT PRESENTATION 4 PM 1-1 ROOM VISITS	RON IN CONCERT 9:30 AM WELCOME TO THE DAY 10:30 AM NEWSPAPER READ 11:00 AM IN CHAIR EXERCISES 1:30 PM MASTERCHEF 3 PM RON IN CONCERT 4 PM 1-1 ROOM VISITS	9:30 AM WELCOME TO THE DAY 9:40 AM FOOTY TIPPING 10:00 AM RESIDENT CHOICE OF ARTIST 11:00 AM GESSY'S PHYSIO PROGRAM 11:30 AM MEMORY LANE 1:30 PM RESIDENT AND RELATIVE MEETING 3 PM COFFEE AND CHAT 4 PM 1-1 ROOM VISITS	9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READING 10:30 AM MUSICAL MELODIES 11:00 AM ZUMBA GOLD 1:30 PM BALLON THERAPY 2 PM HAPPY HOUR 3 PM TOMMY'S SINGALONG 4 PM LIFESTYLE FOCUS MEETING	MORNING TV SHOWS AROMATHERAPY OR PAMPERING AFTERNOON MOVIE MATINEE TOOLBOX ACTIVITIES GARDEN WALKS SATURDAY NIGHT MOVIE

27	28	29	30	31	DAFFODIL DAY
LIVESTREAM MORNING CHURCH (BY REQUEST) AFTERNOON MOVIE MATINEE NETFLIX AVAILABLE ALL DAY FOOTY MATCH OF THE DAY TOOLBOX	9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM IN CHAIR EXERCISES 11:00 AM DANCE /DRAMA THERAPY 1:30 PM GREEK GROUP 2:30 PM ARTS /CRAFTS 3:30 PM DANCE /DRAMA THERAPY 4 PM 1-1 ROOM VISITS	9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM DANCE /DRAMA THERAPY 11:15 AM IN CHAIR EXERCISES 1:30 PM BINGO 3 PM DANCE /DRAMA THERAPY 3:40 PM ARMCHAIR TRAVEL 4 PM 1-1 ROOM VISITS	9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWSPAPER READ 11:00 AM IN CHAIR EXERCISES 1:30 PM FOOD APPRECIATION MEETING 2:30 PM MASTERCHEF ACTIVITIES 4 PM 1-1 ROOM VISITS	9:30 AM WELCOME TO THE DAY 9:40 AM FOOTY TIPPING 10:00 AM DAFFODIL DAY PRESENTATION 11:00 AM GESSY'S PHYSIO PROGRAM 11:30 AM MEMORY LANE 1:30 PM BUS TRIP 3 PM COFFEE AND CHAT 4 PM 1-1 ROOM VISITS	

