

# September 2023

## Level 1 - house 1 & 2

\*SUBJECT TO CHANGE

SUN	MON	TUE	WED	THU	FRI	SAT
						
<b>3 FATHERS DAY</b> LIVESTREAM CHURCH ( BY REQUEST ) COFFEE & CHAT MIDDAY MOVIE MUSICAL MOMENTS 3 PM FOOTY MATCH OF THE DAY NETFLIX AVAILABLE ALL DAY	<b>4</b> 9:30 AM WELCOME TO THE DAY 10:30 AM NEWS & VIEWS 11:00 AM IN CHAIR EXERCISES 1:30 PM ART THERAPY 12:30 PM INDOOR OR OUTDOOR WALKING 3 PM ARMCHAIR TRAVEL 4 PM 1-1 ROOM VISITS	<b>5</b> 9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSIO EXERCISES 10:30 AM NEWS AND VIEWS 11:00 AM DANCE THERAPY 1:30 PM MASTERCHEF 2:45 PM YOGA 4 PM 1-1 ROOM VISITS	<b>6</b> 9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWS AND VIEWS 11:30 AM MUSICAL MELODIES 13:30 PM TOMMY'S SINGALONG & HIGH TEA 1:30 PM LOCHLAN'S BUS TRIP 1:30 PM COMMUNITY VISITORS 3 PM FLOOR GAMES 4 PM 1-1 ROOM VISITS	<b>7</b> 9:30 AM WELCOME TO THE DAY 10:30 AM NEWS AND VIEWS 11:00 AM CATHOLIC VOLUNTEER VISITOR 11:00 AM CHOIR ( L3 ) 11:15 AM ZUMBA GOLD 1:30 PM MEN'S GROUP ( CINEMA ) 1:30 PM TOMMY'S STAY ON BUS TRIP 1:30 PM BINGO 3 PM AROMATHERAPY OR PAMPERING 4 PM 1-1 ROOM VISITS	<b>8</b> 9:30 AM WELCOME TO THE DAY 10:30 AM NEWS & VIEWS 11:15 AM ZUMBA 1:30 PM RESIDENTS AND RELATIVE MEETING 2 PM TRIVIA ( L4 ) 2:30 PM MUSIC CONCERTS ( VIA TUBE ) 3 PM LOCHLAN'S FRIDAY FIESTA ( L4 ) 4 PM 1-1 ROOM VISITS	<b>9</b> 10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE AND CHAT 1 PM TOOLBOX ACTIVITIES NETFLIX AFTERNOON 3 PM GARDEN WALKS 4 PM HAPPY HOUR
<b>10</b> LIVESTREAM CHURCH ( BY REQUEST ) COFFEE & CHAT MIDDAY MOVIE MUSICAL MOMENTS 3 PM FOOTY MATCH OF THE DAY NETFLIX AVAILABLE ALL DAY	<b>11</b> 9:30 AM WELCOME TO THE DAY 10:30 AM NEWS & VIEWS 11:00 AM IN CHAIR EXERCISES 1:30 PM ART THERAPY 12:30 PM INDOOR OR OUTDOOR WALKING 3 PM ARMCHAIR TRAVEL 4 PM 1-1 ROOM VISITS	<b>12</b> 9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSIO EXERCISES 10:30 AM NEWS AND VIEWS 11:00 AM DANCE THERAPY 1:30 PM DON MC QUEEN THE BUSH BELLADEER ( POETRY L3 ) 1:30 PM MASTERCHEF 2:45 PM YOGA 4 PM 1-1 ROOM VISITS	<b>13</b> 9:30 AM WELCOME TO THE DAY 10:30 AM NEWS AND VIEWS 11:30 AM MUSICAL MELODIES 13:30 PM TOMMY'S SINGALONG & HIGH TEA 1:30 PM COMMUNITY VISITORS 3 PM FLOOR GAMES 4 PM 1-1 ROOM VISITS	<b>14</b> 9:30 AM WELCOME TO THE DAY 10:30 AM NEWS AND VIEWS 11:00 AM CATHOLIC VOLUNTEER VISITOR 11:00 AM CHOIR ( L3 ) 11:15 AM ZUMBA GOLD 1 PM VOLUNTEER ENGAGEMENT PROGRAM WITH MERCER 1:30 PM MEN'S GROUP ( CINEMA ) 1:30 PM TOMMY'S STAY ON BUS TRIP 1:30 PM BINGO 3 PM AROMATHERAPY OR PAMPERING 4 PM 1-1 ROOM VISITS	<b>15</b> 9:30 AM WELCOME TO THE DAY 10:30 AM NEWS & VIEWS 11:00 AM FIFTH AVENUE COLLECTION ( LM ) 11:15 AM ZUMBA GOLD 1:30 PM TABLE GAMES OR BOWLING 2 PM TRIVIA ( L4 ) 2:30 PM MUSIC CONCERTS ( VIA TUBE ) 3 PM EL GRITO FRIDAY FIESTA ( L4 ) 4 PM 1-1 ROOM VISITS	<b>16</b> Independence day Brazil 10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE AND CHAT 1 PM TOOLBOX ACTIVITIES NETFLIX AFTERNOON 3 PM GARDEN WALKS 4 PM HAPPY HOUR

# September 2023

## Level 1 - house 1 & 2

SUN	MON	TUE	WED	THU	FRI	SAT
<b>17</b> <b>LIVESTREAM CHURCH</b> <b>( BY REQUEST )</b> <b>COFFEE &amp; CHAT</b> <b>MIDDAY MOVIE</b> <b>MUSICAL MOMENTS</b> <b>3 PM FOOTY MATCH</b> <b>OF THE DAY</b> <b>NETFLIX AVAILABLE</b> <b>ALL DAY</b>	<b>18</b> <b>9 :30 AM WELCOME TO THE DAY</b> <b>10:30 AM NEWS &amp; VIEWS</b> <b>11:00 AM IN CHAIR EXERCISES</b> <b>1:30 PM ART THERAPY</b> <b>12:30 PM INDOOR OR OUTDOOR WALKING</b> <b>3 PM ARMCHAIR TRAVEL</b> <b>4 PM 1-1 ROOM VISITS</b>	<b>19</b> <b>9 :30 AM WELCOME TO THE DAY</b> <b>10:00 AM GESSY'S PHYSIO EXERCISES</b> <b>10:30 AM NEWS AND VIEWS</b> <b>11:00 AM DANCE THERAPY</b> <b>1:30 PM MASTERCHEF</b> <b>2 :45 PM YOGA</b> <b>4 PM 1-1 ROOM VISITS</b>	<b>20</b> <b>9 :30 AM LIFESTYLE HUDDLE MEETING</b> <b>10:30 AM NEWS AND VIEWS</b> <b>11:30 AM MUSICAL MELODIES</b> <b>13:30 PM TOMMY'S SINGALONG &amp; HIGH TEA</b> <b>1 :30 PM LOCHLAN'S BUS TRIP</b> <b>1:30 PM COMMUNITY VISITORS</b> <b>3 PM OUTDOOR TEA PARTY</b> <b>4 PM 1-1 ROOM VISITS</b>	<b>21</b> <b>INDEPENDENCE DAY MALTA</b> <b>9:30 AM WELCOME TO THE DAY</b> <b>10:30 AM NEWS AND VIEWS</b> <b>11:00 AM CATHOLIC VOLUNTEER VISITOR</b> <b>11:00 AM CHOIR ( L3 )</b> <b>11:15 AM ZUMBA GOLD</b> <b>1:30 PM MEN'S GROUP ( CINEMA )</b> <b>1:30 PM TOMMY'S BUS TRIP TO SOUTHPORT MOBILE MYUNA FARM ARK</b> <b>1:30 PM BINGO</b> <b>3 PM AROMATHERAPY OR PAMPERING</b> <b>4 PM 1-1 ROOM VISITS</b>	<b>22</b> <b>9 :30 AM WELCOME TO THE DAY</b> <b>10:30 AM NEWS &amp; VIEWS</b> <b>11:00 AM 9 LETTER WORD GAME ( L4 )</b> <b>11:15 AM ZUMBA GOLD</b> <b>1:30 PM TABLE GAMES OR BOWLING</b> <b>1:30 PM LIFESTYLE FOCUS GROUP ( LM )</b> <b>2 PM TRIVIA ( L4 )</b> <b>2:30 PM MUSIC CONCERTS ( VIA TUBE )</b> <b>3 PM LOCHLAN'S FRIDAY FIESTA ( L4 )</b> <b>4 PM 1-1 ROOM VISITS</b>	<b>23</b> <b>10:30 AM MUSICAL MOMENTS</b> <b>11:00 AM COFFEE AND CHAT</b> <b>1 PM TOOLBOX ACTIVITIES</b> <b>NETFLIX AFTERNOON</b> <b>3 PM GARDEN WALKS</b> <b>4 PM HAPPY HOUR</b>
<b>24</b> <b>LIVESTREAM CHURCH</b> <b>( BY REQUEST )</b> <b>COFFEE &amp; CHAT</b> <b>MIDDAY MOVIE</b> <b>MUSICAL MOMENTS</b> <b>3 PM FOOTY MATCH</b> <b>OF THE DAY</b> <b>NETFLIX AVAILABLE</b> <b>ALL DAY</b>	<b>25</b> <b>9 :30 AM WELCOME TO THE DAY</b> <b>10:30 AM NEWS &amp; VIEWS</b> <b>11:00 AM IN CHAIR EXERCISES</b> <b>1:30 PM ART THERAPY</b> <b>12:30 PM INDOOR OR OUTDOOR WALKING</b> <b>3 PM ARMCHAIR TRAVEL</b> <b>4 PM 1-1 ROOM VISITS</b>	<b>26</b> <b>9 :30 AM WELCOME TO THE DAY</b> <b>10:00 AM GESSY'S PHYSIO EXERCISES</b> <b>10:30 AM NEWS AND VIEWS</b> <b>11:00 AM DANCE THERAPY</b> <b>1:30 PM MASTERCHEF</b> <b>2 :45 PM YOGA</b> <b>4 PM 1-1 ROOM VISITS</b>	<b>27</b> <b>AFL FOOTY PRESENTATION</b> <b>9 :30 AM WELCOME TO THE DAY</b> <b>10:30 AM NEWS AND VIEWS</b> <b>11:30 AM MUSICAL MELODIES</b> <b>1:30 PM TOMMY'S SINGALONG &amp; HIGH TEA</b> <b>1 :30 PM COMMUNITY VISITORS</b> <b>3 PM AFL FOOTBALL PRESENTATION</b> <b>4 PM 1-1 ROOM VISITS</b>	<b>28</b> <b>9:30 AM WELCOME TO THE DAY</b> <b>10:30 AM NEWS AND VIEWS</b> <b>11:00 AM CATHOLIC VOLUNTEER VISITOR</b> <b>11:00 AM CHOIR ( L3 )</b> <b>11:15 AM ZUMBA GOLD</b> <b>1:30 PM MEN'S GROUP ( CINEMA )</b> <b>1:30 PM TOMMY'S STAY ON BUS TRIP</b> <b>1:30 PM HOLLYWOOD COLLECTION WITH CAHMAGNE AND NIBBLES ( L3 )</b> <b>1:30 PM BINGO</b> <b>3 PM AROMATHERAPY OR PAMPERING</b> <b>4 PM 1-1 ROOM VISITS</b>	<b>29</b> <b>PUBLIC HOLIDAY</b> <b>10:30 AM MUSICAL MOMENTS</b> <b>11:00 AM COFFEE AND CHAT</b> <b>1 PM TOOLBOX ACTIVITIES</b> <b>NETFLIX AFTERNOON</b> <b>3 PM GARDEN WALKS</b>	<b>30</b> <b>AFL GRAND FINAL</b> <b>10:30 AM MUSICAL MOMENTS</b> <b>11:00 AM COFFEE AND CHAT</b> <b>1 PM TOOLBOX ACTIVITIES</b> <b>NETFLIX AFTERNOON</b> <b>3 PM AFL GRAND FINAL</b> <b>VIA CHANNEL 7 +</b> <b>3 PM GARDEN WALKS</b> <b>4 PM HAPPY HOUR</b>

**31**  
**LIVESTREAM CHURCH**  
**( BY REQUEST )**  
**COFFEE & CHAT**  
**MIDDAY MOVIE**  
**MUSICAL MOMENTS**  
**3 PM FOOTY MATCH**  
**OF THE DAY**  
**NETFLIX AVAILABLE**  
**ALL DAY**

