

CaSPACare September 2023 Living well. Living locally. Level 2 - house 4, 5 & 6

SUN AFL **GRAND** FINAL Saturday September 30th 2023

MON TUE

WED

THU

FRI

SAT

FATHERS DAY CONCERT 9:30 AM WELCOME TO THE DAY 10:00 AM NEWS & VIEWS 10:30 AM WORD GAMES AND QUIZZES 10:30 AM ANGLICAN MASS (CINEMA) 11:00 AM FATHERS'S DAY CONCERT (

> **L3**) 1:30 PM FOOTY TIPPING 2 PM ZUMBA GOLD (H6) 2 PM TRIVIA (L4) 3 PM LOCHLAN'S FRIDAY FIESTA

3:15 PM LIONSHARE CAFE VISITS **4 PM 1-1 ROOM VISITS**

MOMENTS & LATTES 1 PM GARDEN WALKS MOVIE **ACTIVITIES**

FATHERS DAY

live & Lond

LIVESTREAM CHURCH (BY REQUEST) 10:00 AM COFFEE & CHAT 1 PM MUSICAL MOMENTS **NETFLIX AVAILABLE ALL** DAY FOOTY MATCH OF THE DAY **TOOLBOX ACTIVITIES**

GARDEN WALKS

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 10:30 AM WORD GAME AND QUIZZES 11:00 AM 9 LETTER WORD GAME 1:30 PM MEDITATION (CINEMA) **2 PM DANCE AND DRAMA THERAPY** 3 PM BINGO 4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSIO **EXERCISES** 10:30 AM NEWS & VIEWS 11:00 AM 9 LETTER WORD GAMES (L4) 1:30 PM PAMPERING 2:45 PM YOGA 3:15 PM DANCE THERAPY

12

4 PM 1-1 ROOM VISITS

9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM ZUMBA GOLD (485)11:00 AM WORD GAMES & QUIZZES 1:30 PM LOCHLAN'S BUS TRIP **30 PM CREATIVE ART THERAPY** (LM) 1:30 PM COMMUNITY VISITORS 1:30 PM TOMMY'S SINGALONG & HIGH TEA (L1) **2 PM MUSICAL CONCERT VIA** (YOUTUBE) 3 PM FLOOR / CARD GAMES 4 PM 1-1 ROOM VISITS

EXERCISES 10:30 AM CATHOLIC VOLUNTEER VISITOR 10:30 AM WORD GAMES AND QUIZZES 11:00 AM 9 LETTER WORD GAMES (14)11:00 AM CHOIR (L3) 1:30 PM TOMMY'S BUS TRIP WITH SOUTHPORT 1:30 PM MEN'S GROUP (CINEMA) 1:30 PM MASTERCHEF (BRAZIL NACHOS) 3 PM KNITTING GROUP **4 PM 1-1 ROOM VISITS**

9:30 AM WELCOME TO THE DAY

10:00 AM GESSY'S PHYSID

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS & VIEWS 10:30 AM WORD GAMES AND QUIZZES 10:30 AM ANGLICAN MASS (CINEMA) 11:00 AM SHOPPING TROLLEY 11:00 AM 9 LETTER WORD GAME (L4)1:30 PM FOOTY TIPPING 2 PM ZUMBA GOLD (H6) 2 PM TRIVIA (L4)

3 PM LOCHLAN'S FRIDAY FIESTA (LY) 3:15 PM LIONSHARE CAFE VISITS **4 PM 1-1 ROOM VISITS**

10:30 AM MUSICAL 11:00 AM LAUGHTER 2 PM AFTERNOON 4 PM HAPPY HOUR

MOMENTS 11:00 AM LAUGHTER & LATTES 1 PM GARDEN WALKS

10:30 AM MUSICAL

2 PM AFTERNOON MOVIE **ACTIVITIES** 4 PM HAPPY HOUR

LIVESTREAM CHURCH (BY REQUEST) 10:00 AM COFFEE & CHAT 1 PM MUSICAL MOMENTS **NETFLIX AVAILABLE ALL DAY** FOOTY MATCH OF THE DAY TOOLBOX ACTIVITIES

GARDEN WALKS

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND **VIEWS 10:30 AM WORD GAME**

AND QUIZZES 11:00 AM 9 LETTER **WORD GAME**

1:30 PM MEDITATION (CINEMA)

2 PM DANCE AND DRAMA THERAPY 3 PM BINGO 4 PM 1-1 ROOM VISITS

POETRY CONCERT

9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S **PHYSIO EXERCISES** 10:30 AM NEWS & VIEWS 11:00 AM 9 LETTER WORD GAMES (L4) 1:30 PM DON MC QUEEN THE BUSH BELLADEER (POETRY L3) 1:30 PM PAMPERING 2:45 PM YOGA **3:15 PM DANCE**

THERAPY

4 PM 1-1 ROOM VISITS

13 9:30 AM WELCOME TO THE DAY 10:30 AM ZUMBA GOLD

> (485)11:00 AM WORD GAMES & QUIZZES

1:30 PM CREATIVE ART THERAPY(LM) 1:30 PM COMMUNITY

> **VISITORS** 1:30 PM TOMMY'S SINGALONG &

HIGH TEA (L1) **2 PM MUSICAL CONCERT VIA**

(YOUTUBE) 3 PM FLOOR /CARD GAMES 4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSIO **EXERCISES**

> VISITOR 10:30 AM WORD GAMES AND QUIZZES

10:30 AM CATHOLIC VOLUNTEER

11:00 AM 9 LETTER WORD GAMES (L4)

1 PM VOLUNTEER ENGAGEMENT PROGRAM WITH MERCER

1:30 PM TOMMY'S BUS TRIP WITH SOUTHPORT 1:30 PM MEN'S GROUP (CINEMA)

1:30 PM MONT MARTE PAINTING GROUP

CHAMPAGNE AND WINE 3 PM KNITTING GROUP 4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS & VIEWS 10:30 AM WORD GAMES AND QUIZZES 10:30 AM CATHOLIC MASS (CINEMA) 11:00 AM 9 LETTER WORD GAMES (L4) 11:00 AM FIFTH AVENUE JEWELLERY PARTY (LM) 1:30 PM FOOTY TIPPING 2 PM ZUMBA GOLD (H6) 2 PM TRIVIA (L4) 3 PM EL GRITO FRIDAY FIESTA (L4)

3:15 PM LIONSHARE CAFE VISITS

4 PM 1-1 ROOM VISITS

ACTIVITIES

16 NDEPENDENCE DAY MALTA

10:30 AM MUSICAL MOMENTS 11:00 AM LAUGHTER & LATTES 1 PM GARDEN WALKS 2 PM AFTERNOON MOVIE

4 PM HAPPY HOUR



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SAT MON SUN FRI WED TUE THU **52** 18 9:30 AM LIFESTYLE HUDDLE 9:30 AM WELCOME TO THE DAY 9:30 AM WELCOME TO THE DAY 9:30 AM WELCOME TO THE 9:30 AM WELCOME TO 10:30 AM MUSICAL 10:00 AM NEWS & VIEWS MEETING 10:00 AM GESSY'S PHYSIO LIVESTREAM CHURCH DAY 10:30 AM WORD GAMES AND THE DAY 10:30 AM ZUMBA GOLD **EXERCISES** MOMENTS 10:00 AM NEWS AND VIEWS QUIZZES (BY REQUEST) 10:30 AM WORD GAMES AND (485)10:00 AM GESSY'S 10:30 AM CATHOLIC MASS 11:00 AM LAUGHTER 10:30 AM WORD GAME AND QUIZZES 11:00 AM WORD GAMES & 10:00 AM COFFEE & CHAT (CINEMA) PHYSIO EXERCISES 11:00 AM 9 LETTER WORD QUIZZES & LATTES QUIZZES 11:00 AM 9 LETTER WORD GAMES 1 PM MUSICAL MOMENTS 10:30 AM NEWS & VIEWS 1:30 PM CREATIVE ART GAMES (L4) (L4) 11:00 AM 9 LETTER WORD 1 PM GARDEN 1:30 PM TOMMY'S BUS TRIP 11:00 AM FIFTH AVENUE JEWELLERY 11:00 AM 9 LETTER THERAPY(LM) **NETFLIX AVAILABLE ALL** GAME (MYUNA MOBILE FARM PARTY (LM) 1:30 PM LOCHLAN'S BUS TRIP WALKS **WORD GAMES (L4)** 1:30 PM FOOTY TIPPING DAY 1:30 PM MEDITATION **SOUTHPORT**) 1:30 PM COMMUNITY VISITORS 1:30 PM LIFESTYLE FOCUS GROUP (2 PM AFTERNOON 1:30 PM PAMPERING 1:30 PM MEN'S GROUP

1:30 PM TOMMY'S SINGALONG &

HIGH TEA (L1)

1:30 PM RESIDENT & RELATIVE

MEETING

3 PM COFFEE & TEA CHAT

4 PM 1-1 ROOM VISITS

LIVESTREAM CHURCH (BY REQUEST) 10:00 AM COFFEE & CHAT 1 PM MUSICAL MOMENTS **NETFLIX AVAILABLE ALL** DAY FOOTY MATCH OF THE DAY **TOOLBOX ACTIVITIES**

GARDEN WALKS

FOOTY MATCH OF THE

DAY

TOOLBOX ACTIVITIES

GARDEN WALKS

AFL FOOTBALL PRESENTATION

(CINEMA)

2 PM DANCE AND DRAMA

THERAPY

3 PM BINGO

4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 10:30 AM WORD GAME AND QUIZZES 11:00 AM 9 LETTER WORD **GAME** 1:30 PM MEDITATION (CINEMA) **2 PM DANCE AND DRAMA** THERAPY **3 PM AFL FOOTBALL PRESENTATIONS** 4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSID EXERCISES 10:30 AM NEWS & VIEWS 11:00 AM 9 LETTER **WORD GAMES (L4)** 1:30 PM PAMPERING 2:45 PM YOGA **3:15 PM DANCE THERAPY**

4 PM 1-1 ROOM VISITS

2:45 PM YOGA

3:15 PM DANCE

THERAPY

4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:30 AM ZUMBA GOLD (485)11:00 AM WORD GAMES & QUIZZES 1:30 PM CREATIVE ART THERAPY(LM) 1:30 PM COMMUNITY VISITORS 1:30 PM TOMMY'S SINGALONG & HIGH TEA (L1) **2 PM FOOD APPRECIATION** MEETING (BOARDROOM) **2 PM MUSICAL CONCERT VIA** (YOUTUBE) 3 PM FLOOR / CARD GAMES **4 PM 1-1 ROOM VISITS**

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(CINEMA)

1:30 PM MONT MARTE

PAINTING PARTY

(CHAMPAGNE OR WINE)

3 PM KNITTING GROUP

3:15 PM LIONSHARE CAFE VISITS 4 PM 1-1 ROOM VISITS **PUBLIC HOLIDAY** 10:30 AM MUSICAL **MOMENTS**

LATTES

1PM GARDEN

WALKS

2 PM AFTERNOON

MOVIE

ACTIVITIES

LM)

2 PM ZUMBA GOLD (H6)

2 PM TRIVIA (L4)

3 PM LOCHLAN'S FRIDAY FIESTA

10:30 AM MUSICAL MOMENTS 11:00 AM LAUGHTER 11:00 AM LAUGHTER & & LATTES 1 PM GARDEN WALKS 2 PM AFTERNOON MOVIE **ACTIVITIES** 4 PM HAPPY HOUR

MOVIE

ACTIVITIES

4 PM HAPPY HOUR

LIVESTREAM CHURCH (BY REQUEST) 10:00 AM COFFEE & CHAT 1 PM MUSICAL MOMENTS NETFLIX AVAILABLE ALL DAY FOOTY MATCH OF THE DAY **TOOLBOX ACTIVITIES GARDEN WALKS**



