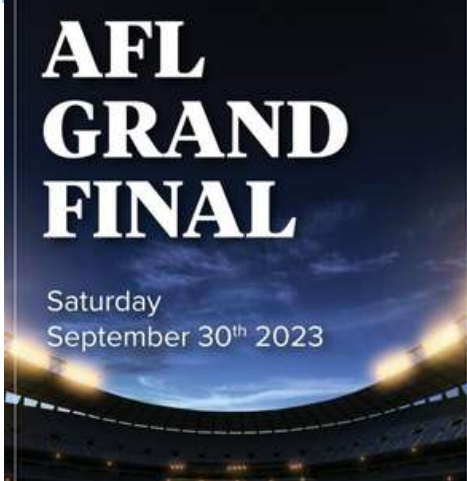





September 2023

Level 3 - house 7 & 8

*SUBJECT TO CHANGE

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>AFL GRAND FINAL Saturday September 30th 2023</p>				<div>1</div> <p>9:30 AM WELCOME TO THE DAY 10:00AM NEWS AND VIEWS 10:30 AM ANGLICAN MASS (CINEMA) 11:00 AM FATHERS DAY CONCERT (L3) 2 PM BINGO 2 PM TRIVIA (L4) 3:15 PM LIONSHARE CAFE TIME 3PM LOCHLAN'S FRIDAY FIESTA (L4) 4PM 1-1 ROOM VISITS</p>	<div>2</div> <p>10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE AND CHAT 1 PM TOOL BOX ACTIVITIES 2 PM AFTERNOON MATINEE MOVIES 3 PM GARDEN WALKS 4 PM HAPPY HOUR</p>	
<div>3</div> <p>LIVESTREAM CHURCH (BY REQUEST) 11:00 AM MEMORY LANE 1 PM PAMPERING OR AROMATHERAPY NETFLIX AVAILABLE ALL DAY 2 PM TOOL BOX ACTIVITIES 3 PM FOOTY MATCH OF THE DAY 6 PM SATURDAY NIGHT MOVIES</p>	<div>4</div> <p>9:30 AM WELCOME TO THE DAY 10:30 AM MORNING SUNRISE NEWS 11:00 DANCE & DANCE THERAPY 11:00 AM 9 LETTER WORD GAME (L4) 1:30 PM MEDITATION (CINEMA) 1:30 PM ARMCHAIR TRAVEL TO NEW ZEALAND 3 PM PAMPERING 4 PM 1-1 ROOM VISITS</p>	<div>5</div> <p>9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS & VIEWS 11:30 AM WORD GAMES & QUIZZES 11:00 AM 9 LETTER WORDS (L4) 2 PM DANCE & DRAMA THERAPY 3:30 PM YOGA 4 PM 1-1 ROOM VISITS</p>	<div>6</div> <p>9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWS & VIEWS 11:30 AM IN CHAIR EXERCISES 1:30 PM ART THERAPY (LM) 1:30 PM TOMMY SINGALONGS & HIGH TEA 1:30 PM COMMUNITY VISITORS 1:30 PM LOCHLAN'S BUS TRIP 2 PM MUSICAL CONCERT (VIA YOUTUBE) 3:15 PM INDOOR OR OUTDOOR WALKING 4 PM 1-1 ROOM VISITS</p>	<div>7</div> <p>9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:30 AM NEWS & VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR 11:00 AM CHOIR 1:30 PM MENS GROUP (CINEMA) 1:30 PM TOMMY'S BUS TRIP 1:30 PM RESIDENT CHOICE OF ARTIST 2:45 PM ZUMBA GOLD 4 PM 1-1 ROOM VISITS</p>	<div>8</div> <p>9:30 AM WELCOME TO THE DAY 10:00AM NEWS AND VIEWS 10:30 AM CATHOLIC MASS (CINEMA) 11:00 AM 9 LETTER WORD GAME (L4) 2 PM BINGO 2 PM TRIVIA (L4) 3:15 PM LIONSHARE CAFE TIME 3PM LOCHLAN'S FRIDAY FIESTA (L4) 4PM 1-1 ROOM VISITS</p>	<div>9</div> <p>10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE AND CHAT 1 PM TOOL BOX ACTIVITIES 2 PM AFTERNOON MATINEE MOVIES 3 PM GARDEN WALKS 4 PM HAPPY HOUR</p>
<div>10</div> <p>LIVESTREAM CHURCH (BY REQUEST) 11:00 AM MEMORY LANE 1 PM PAMPERING OR AROMATHERAPY NETFLIX AVAILABLE ALL DAY 2 PM TOOL BOX ACTIVITIES 3 PM FOOTY MATCH OF THE DAY 6 PM SATURDAY NIGHT MOVIES</p>	<div>11</div> <p>9:30 AM WELCOME TO THE DAY 10:30 AM MORNING SUNRISE NEWS 11:00 DANCE & DANCE THERAPY 11:00 AM 9 LETTER WORD GAME (L4) 1:30 PM MEDITATION (CINEMA) 1:30 PM DOCUMENTARY 3 PM PAMPERING 4 PM 1-1 ROOM VISITS</p>	<div>12</div> <p>POETRY CONCERT 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS & VIEWS 11:30 AM WORD GAMES & QUIZZES 11:00 AM 9 LETTER WORDS (L4) 1:30 PM DON MC QUEEN THE BUSH BALLADEER (POETRY) 3:30 PM YOGA 4 PM 1-1 ROOM VISITS</p>	<div>13</div> <p>9:30 AM WELCOME TO THE DAY 10:30 AM NEWS & VIEWS 11:30 AM IN CHAIR EXERCISES 1:30 PM ART THERAPY (LM) 1:30 PM TOMMY SINGALONGS & HIGH TEA 1:30 PM COMMUNITY VISITORS 1:30 PM MASTERCHEF 3:15 PM MUSICAL SINGALONGS VIA YOUTUBE 4 PM 1-1 ROOM VISITS</p>	<div>14</div> <p>9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:30 AM NEWS & VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR 11:00 AM CHOIR 1 PM VOLUNTEER ENGAGEMENT PROGRAM WITH MERCER 1:30 PM MENS GROUP 1:30 PM TOMMY'S BUS TRIP 1:30 PM RESIDENT AND RELATIVE MEETING 2:45 PM ZUMBA GOLD 4 PM 1-1 ROOM VISITS</p>	<div>15</div> <p>9:30 AM WELCOME TO THE DAY 10:00AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME (L4) 11:00 AM FIFTH AVENUE JEWELLERY PARTY (LM) 2 PM BINGO 2 PM TRIVIA (L4) 3:15 PM LIONSHARE CAFE TIME 3PM EL GRITO FRIDAY FIESTA (L4) 4PM 1-1 ROOM VISITS</p>	<div>16</div> <p>10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE AND CHAT 1 PM TOOL BOX ACTIVITIES 2 PM AFTERNOON MATINEE MOVIES 3 PM GARDEN WALKS 4 PM HAPPY HOUR</p>

September 2023

Level 3 - house 7 & 8

SUN	MON	TUE	WED	THU	FRI	SAT
17 LIVESTREAM CHURCH (BY REQUEST) 11:00 AM MEMORY LANE 1 PM PAMPERING OR AROMATHERAPY NETFLIX AVAILABLE ALL DAY 2 PM TOOL BOX ACTIVITIES 3 PM FOOTY MATCH OF THE DAY 6 PM SATURDAY NIGHT MOVIES	18 9:30 AM WELCOME TO THE DAY 10:30 AM MORNING SUNRISE NEWS 11:00 DANCE & DANCE THERAPY 11:00 AM 9 LETTER WORD GAME (L4) 1:30 PM MEDITATION (CINEMA) 1:30 PM ARMCHAIR TRAVEL TO GERMANY 3 PM PAMPERING 4 PM 1-1 ROOM VISITS	19 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS & VIEWS 11:30 AM WORD GAMES & QUIZZES 11:00 AM 9 LETTER WORDS (L4) 2 PM DANCE & DRAMA THERAPY 3:30 PM YOGA 4 PM 1-1 ROOM VISITS	20 9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWS & VIEWS 11:30 AM IN CHAIR EXERCISES 1:30 PM ART THERAPY (LM) 1:30 PM COMMUNITY VISITORS 1:30 PM TOMMY SINGALONGS & HIGH TEA 1:30 PM LOCHLAN'S BUS TRIP 2 PM RESIDENT CHOICE OF ARTIST 3:15 PM FLOOR GAMES 4 PM 1-1 ROOM VISITS	21 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:30 AM NEWS & VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR 11:00 AM CHOIR 1:30 PM MENS GROUP 1:30 PM BUS TRIP TO SOUTHPORT MYUNA MOBILE FARM 1:30 PM DOCUMENTARY 2:45 PM ZUMBA GOLD 4 PM 1-1 ROOM VISITS	22 9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME 11:00 AM SHOPPING TROLLEY (L4) 1:30 PM MUSICAL CONCERT (VIA YOUTUBE) 1:30 PM LIFESTYLE FOCUS MEETING (LM) 2 PM TRIVIA (L4) 3:15 PM LIONSHARE CAFE TIME 3PM LOCHLAN'S FRIDAY FIESTA (L4) 4PM 1-1 ROOM VISITS	23 10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE AND CHAT 1 PM TOOL BOX ACTIVITIES 2 PM AFTERNOON MATINEE MOVIES 3 PM GARDEN WALKS 4 PM HAPPY HOUR
24 LIVESTREAM CHURCH (BY REQUEST) 11:00 AM MEMORY LANE 1 PM PAMPERING OR AROMATHERAPY NETFLIX AVAILABLE ALL DAY 2 PM TOOL BOX ACTIVITIES 3 PM FOOTY MATCH OF THE DAY 6 PM SATURDAY NIGHT MOVIES	25 9:30 AM WELCOME TO THE DAY 10:30 AM MORNING SUNRISE NEWS 11:00 DANCE & DANCE THERAPY 11:00 AM 9 LETTER WORD GAME (L4) 1:30 PM MEDITATION (CINEMA) 1:30 PM DOCUMENTARY 3 PM PAMPERING 4 PM 1-1 ROOM VISITS	26 AFL GRAND FINAL PRESENTATION 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS & VIEWS 11:30 AM WORD GAMES & QUIZZES 11:00 AM 9 LETTER WORDS (L4) 1:30 PM DANCE & DRAMA THERAPY 3 PM AFL FOOTY PRESENTATION 3:30 PM YOGA 4 PM 1-1 ROOM VISITS	27 9:30 AM WELCOME TO THE DAY 10:30 AM NEWS & VIEWS 11:30 AM IN CHAIR EXERCISES 1:30 PM ART THERAPY (LM) 1:30 PM COMMUNITY VISITORS 1:30 PM TOMMY SINGALONGS & HIGH TEA 1:30 PM MASTERCHEF 2 PM FOOD APPRECIATION MEETING (BOARDROOM) 3:15 PM SINGALONGS VIA YOUTUBE 4 PM 1-1 ROOM VISITS	28 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:30 AM NEWS & VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR 11:00 AM CHOIR 1:30 PM MENS GROUP 1:30 PM TOMMY'S BUS TRIP 1:30 PM HOLLYWOOD COLLECTION WITH CHAMPAGNE & NIBBLES 2:45 PM ZUMBA GOLD 4 PM 1-1 ROOM VISITS	29 PUBLIC HOLIDAY 10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE AND CHAT 1 PM TOOL BOX ACTIVITIES 2 PM AFTERNOON MATINEE MOVIES 4 PM GARDEN WALKS	30 10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE AND CHAT 1 PM TOOL BOX ACTIVITIES 2 PM AFTERNOON MATINEE MOVIES 3 PM AFL GRAND FINAL VIA CHANNEL 7 + 4 PM HAPPY HOUR
31 LIVESTREAM CHURCH (BY REQUEST) 11:00 AM MEMORY LANE 1 PM PAMPERING OR AROMATHERAPY NETFLIX AVAILABLE ALL DAY 2 PM TOOL BOX ACTIVITIES 3 PM FOOTY MATCH OF THE DAY 6 PM SATURDAY NIGHT MOVIES	