

September 2023 Level 4 - house 9 & 10

SUN AFL GRAND FINAL September 30th 2023

MON

TUE

WED

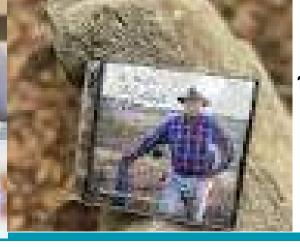
THU

FRI

SAT







9:30 AM WELCOME TO THE DAY 10:30 AM ANGLICAN MASS (CINEMA) 11:00 AM FATHER'S DAY CONCERT (L3) 2 PM TRIVIA 3 PM LOCHLAN'S FRIDAY **FIESTA** 4 PM 1-1 ROOM VISITS

10:30 AM MUSICAL **MOMENTS** 11:00 AM COFFEE AND CHAT 1 PM TOOL BOX ACTIVITIES 2 PM AFTERNOON MATINEE MOVIES **3 PM GARDEN WALKS** 4 PM HAPPY HOUR

ATHER'S DAY

9:30 AM LIVESTREAM CHURCH (MY REQUEST) 10:30 AM COFFEE & CHAT 1 PM MUSICAL MOMENTS **NETFLIX AVAILABLE ALL DAY** FOOTY MATCH OF DAY **GARDEN WALKS**

9:30 AM WELCOME TO THE DAY 10:00 AM DANCE / DRAMA THERAPY 11:00 AM 9 LETTER WORDS 1:30 PM MEDITATION (CINEMA) 1:30 PM MASTERCHEF 3 PM TOM JONES IN CONCERT MUSICAL 4 PM 1-1 ROM VISITS

9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO **EXERCISES** 10:00 AM DANCE & DRAMA **THERAPY** 11:00 AM 9 LETTER WORD GAMES 2 PM BINGO 3:15 PM PAMPERING 3:30 PM YOGA (L3) 4 PM 1-1 ROOM VISITS

9:30 AM LIFESTYLE HUDDLE MEETING 11:00 AM 9 LETTER WORD GAMES 1:30 PM LOCHLAN'S BUS TRIP 1:30 PM ART THERAPY (LM) 1:30 PM TDMMY'S SINGALONG & HIGH TEA (L1) 1:30 PM COMMUNITY VISITORS 2 PM ARMCHAIR TRAVEL TO SPAIN

4 PM 1-1 ROOM VISITS

10:00 AM NEWS & VIEWS 10:30 AM CATHOLIC VOLUNTEER **VISITOR** 11:00 AM 9 LETTER WORD GAMES 11:00 AM CHOIR (L3) I PM INTERGENERATIONAL PROGRAM :30 PM TOMMY'S STAY ON BUS TRIP WITH SOUTHPORT 1:30 PM MEN'S GROUP (CINEMA) 3 PM FOOTY TIPPING 4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY

9:30 AM GESSY'S PHYSIO

EXERCISES

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 10:30 AM CATHOLIC MASS (CINEMA) 11:00 AM 9 LETTER WORD GAMES 2 PM TRIVIA 3 PM LOCHLAN'S FRIDAY **FIESTA** 4 PM 1-1 ROOM VISITS

10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE AND CHAT 1 PM TOOL BOX **ACTIVITIES** 2 PM AFTERNOON MATINEE MOVIES **3 PM GARDEN WALKS** 4 PM HAPPY HOUR

10 9:30 AM LIVESTREAM CHURCH (MY REQUEST) 10:30 AM COFFEE & CHAT 1 PM MUSICAL MOMENTS **NETFLIX AVAILABLE ALL DAY** FOOTY MATCH OF DAY GARDEN WALKS

9:30 AM WELCOME TO THE DAY **10:00 AM DANCE** /DRAMA THERAPY 11:00 AM 9 LETTER WORDS 1:30 PM MEDITATION (CINEMA) 1:30 PM MASTERCHEF 3 PM RESIDENT CHOICE **OF ARTIST** 4 PM 1-1 ROM VISITS

POETRY

12

CONCERT 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO **EXERCISES** 10:00 AM DANCE & DRAMA THERAPY 11:00 AM 9 LETTER **WORD GAMES** 1:30 PM DON MC QUEEN THE BUSH BALLADEER (POETRY L 3) 2 PM BINGO 3:30 PM YOGA (L3) 3:15 PM DOCUMENTARY 4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS & VIEWS 11:00 AM 9 LETTER WORD GAMES 1:30 PM ART THERAPY (LM) 1:30 PM TOMMY'S SINGALONG & HIGH TEA (L1) 1:30 PM COMMUNITY **VISITORS 2 PM CREATIVE ARTS** /CRAFT **3 PM LIONSHARE CAFE** 4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO **EXERCISES** 10:00 AM NEWS & VIEWS 10:30 AM CATHOLIC **VOLUNTEER VISITOR** 11:00 AM 9 LETTER WORD GAMES 11:00 AM CHOIR (L3) I PM VOLUNTEER **ENGAGEMENT PROGRAM** WITH MERCER 1:30 PM TOMMY'S STAY ON **BUS TRIP WITH SOUTHPORT** 1:30 PM MEN'S GROUP (CINEMA) 3 PM FOOTY TIPPING 4 PM 1-1 ROOM VISITS

16 MEXICO'S INDEPENDENCE 9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 11:00 AM FIFTH AVENUE JEWELLERY PARTY (LM) 11:00 AM 9 LETTER **WORD GAMES** 1:30 PM RESIDENT AND **RELATIVE MEETING** 3 PM EL GRITO

FRIDAY FIESTA

4 PM 1-1 ROOM VISITS

DAY 10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE **AND CHAT** 1PM TOOL BOX **ACTIVITIES** 2 PM AFTERNOON MATINEE MOVIES **3 PM GARDEN WALKS** 4 PM HAPPY HOUR



September 2023 Level 4 - house 9 & 10

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17

9:30 AM LIVESTREAM CHURCH (MY REQUEST) 10:30 AM COFFEE & CHAT 1 PM MUSICAL MOMENTS **NETFLIX AVAILABLE ALL DAY** FOOTY MATCH OF DAY **GARDEN WALKS**

18

9:30 AM WELCOME TO THE DAY 10:00 AM DANCE / DRAMA **THERAPY** 11:00 AM 9 LETTER

WORDS 1:30 PM MEDITATION (CINEMA)

1:30 PM MASTERCHEF **3 PM AUSTRALIAN BALLET JEWELS (VIA**

YOUTUBE) 4 PM 1-1 ROM VISITS

9:30 AM WELCOME TO THE DAY

9:30 AM GESSY'S PHYSIO **EXERCISES** 10:00 AM DANCE &

THERAPY STUDENTS 10:30 AM NEWS & VIEWS

11:00 AM 9 LETTER WORD

GAMES 2 PM BINGO 3:15 PM PAMPERING

3:30 PM YOGA (L3) 4 PM 1-1 ROOM VISITS 20

9:30 AM LIFESTYLE HUDDLE MEETING

11:00 AM 9 LETTER WORD GAMES

1:30 PM LOCHLAN'S BUS TRIP 1:30 PM ART THERAPY (LM) 1:30 PM TOMMY'S SINGALONG

HIGH TEA (L1)

1:30 PM COMMUNITY VISITORS **2 PM ARMCHAIR TRAVEL TO DUBAI**

4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO **EXERCISES**

10:00 AM NEWS & VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR

11:00 AM 9 LETTER WORD GAMES

11:00 AM CHOIR (L3) 1:30 PM MEN'S GROUP (CINEMA)

1:30 PM TOMMY'S BUS TRIP TO SOUTHPORT MYUNA MOBILE FARM

3 PM FOOTY TIPPING 4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND **VIEWS**

11:00 AM 9 LETTER **WORD GAMES**

1:30 PM LIFESTYLE FOCUS MEETING (LM)

2 PM TRIVIA 3 PM LOCHLAN'S FRIDAY FIESTA

4 PM 1-1 ROOM VISITS

53

10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE AND CHAT

1 PM TOOL BOX **ACTIVITIES**

2 PM AFTERNOON **MATINEE** MOVIES

3 PM GARDEN WALKS 4 PM HAPPY HOUR

9:30 AM LIVESTREAM CHURCH (MY REQUEST) 10:30 AM COFFEE & CHAT 1 PM MUSICAL MOMENTS NETFLIX AVAILABLE ALL DAY

FOOTY MATCH OF DAY

GARDEN WALKS

AFL GRAND FINAL **PRESENTATION**

9:30 AM WELCOME TO THE DAY

10:00 AM DANCE / DRAMA **THERAPY**

11:00 AM 9 LETTER WORDS 1:30 PM MEDITATION (CINEMA)

2 PM AFL GRAND FINAL FOOTY PRESENTATION **3 PM MUSICAL CONCERT**

VIA (YOUTUBE 4 PM 1-1 ROM VISITS

26 9:30 AM WELCOME TO THE DAY

> 9:30 AM GESSY'S PHYSIO **EXERCISES** 10:00 AM DANCE & DRAMA

THERAPY 11:00 AM 9 LETTER WORD

GAMES 2 PM BINGO 3:30 PM YOGA (L3) 3:15 PM DOCUMENTARY

4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY

10:00 AM NEWS & VIEWS 11:00 AM 9 LETTER WORD GAMES

1:30 PM ART THERAPY (LM) 1:30 PM TOMMY'S SINGALONG

HIGH TEA (L1)

1:30 PM COMMUNITY VISITORS 2 PM FOOD APPRECIATION MEETING (BOARDROOM)

2 PM FLOOR GAMES **3 PM LIONSHARE CAFE** 4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS & VIEWS 10:30 AM CATHOLIC VOLUNTEER

VISITOR 11:00 AM 9 LETTER WORD GAMES 11:00 AM CHOIR (L3)

I PM INTERGENERATIONAL PROGRAM 1:30 PM MEN'S GROUP (CINEMA)

1:30 PM HOLLYWOOD COLLECTION WITH CHAMAGNE AND NIBBLES (L3) 1:30 PM TOMMY'S STAY ON BUS TRIP WITH SOUTHPORT

> 3 PM PAMPERING 4 PM 1-1 ROOM VISITS

10:30 AM MUSICAL

MOMENTS 11:00 AM COFFEE AND

CHAT 1 PM TOOL BOX **ACTIVITIES**

2 PM AFTERNOON

MOVIES 4 PM GARDEN WALKS

MATINEE

29 PUBLIC HOLIDAY 30 AFL GRAND FINAL 10:30 AM MUSICAL

MOMENTS 11:00 AM COFFEE AND CHAT 1 PM TOOL BOX **ACTIVITIES**

AFL GRAND FINAL VIA CHANNEL 7 + **GARDEN WALKS** 4 PM HAPPY HOUR

9:30 AM LIVESTREAM CHURCH (MY REQUEST) 10:30 AM COFFEE & CHAT 1 PM MUSICAL MOMENTS NETFLIX AVAILABLE ALL DAY FOOTY MATCH OF DAY **GARDEN WALKS**



