

September 2023 southport

*SUBJECT TO CHANGE

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>3 FATHERS DAY LIVESTREAM MORNING CHURCH (BY REQUEST) AFTERNOON MOVIE MATINEE PAMPERING FOOTY MATCH OF THE DAY NETFLIX AVAILABLE ALL DAY TOOL BOX ACTIVITIES</p>	 <p>4 9:30 AM MORNING SHOWS 10:00 AM CARD GAMES & STORY TELLING 10:45 AM RHYTHMIC DANCE (MUSIC PLAYLIST FROM 50S AND 60S) 1:30 PM ARTS / CRAFTS 3 PM BASKETBALL THERAPY 1-1 ROOM VISITS</p>	 <p>5 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM DANCE & DRAMA THERAPY 11:15 AM IN CHAIR EXERCISES 1:30 PM BINGO 3 PM DANCE & DRAMA THERAPY 3:30 AM BOARD & CARD GAMES 3 PM 1-1 ROOM VISITS</p>	 <p>6 9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWSPAPER READING 11:00 AM IN CHAIR EXERCISES 1:30 PM BRAZIL NACHOS MASTERCHEF CLASS 3 PM CREATIVE ARTS & CRAFTS 4 PM 1-1 ROOM VISITS</p>	 <p>7 INDEPENDENCE DAY BRAZIL 9:30 AM WELCOME TO THE DAY 9:40 AM FOOTY TIPPING 10:00 AM RESIDENT CHOICE OF ARTIST 11:00 AM GESSY'S PHYSIO EXERCISES 11:30 AM MEMORY LANE 1:30 PM ARMCHAIR TRAVEL TO BRAZIL (VIA TUBE) 1:30 PM COMBINED BUS TRIPS WITH EMERALD HILL 3:30 PM COFFEE AND CHAT 4 PM 1-1 ROOM VISITS</p>	<p>1 FATHERS DAY CONCERT 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM MUSICAL MELODIES 11:00 AM ZUMBA GOLD 2 PM FATHER'S DAY HAPPY HOUR CELEBRATION FOLLOWED BY 3 PM TOMMY'S FATHERS MUSICAL CONCERT 4 PM 1-1 ROOM VISITS</p> <p>2 MORNING TV SHOWS AROMATHERAPY OR PAMPERING AFTERNOON MOVIE MATINEE GARDEN WALKS SATURDAY NIGHT MOVIE</p>	<p>9 MORNING TV SHOWS AROMATHERAPY OR PAMPERING AFTERNOON MOVIE MATINEE GARDEN WALKS SATURDAY NIGHT MOVIE</p>
<p>10 LIVESTREAM MORNING CHURCH (BY REQUEST) AFTERNOON MOVIE MATINEE PAMPERING FOOTY MATCH OF THE DAY NETFLIX AVAILABLE ALL DAY TOOL BOX ACTIVITIES</p>	<p>11 9:30 AM MORNING TV SHOWS 10:00 AM REMINISCING OF NOSTALGIC MEMORIES 10:45 AM CREATIVE GROUP THERAPY (INTERACTIVE STORY TELLING) 1:30 PM COGNITIVE GAMES (MATCHING CARD GAME/CONNECT FOUR) 3 PM SENSORY BALL THERAPY 4 PM 1-1 ROOM VISITS</p>	<p>12 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM DANCE & DRAMA THERAPY 11:15 AM IN CHAIR EXERCISES 1:30 PM BINGO 3 PM DANCE & DRAMA THERAPY 3:30 AM BOARD & CARD GAMES 3 PM 1-1 ROOM VISITS</p>	<p>13 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READING 11:00 AM IN CHAIR EXERCISES 1:30 PM HAPPY PANCAKE DAY MASTERCHEF CLASS 3 PM GREEK GROUP 4 PM 1-1 ROOM VISITS</p>	<p>14 9:30 AM WELCOME TO THE DAY 9:40 AM FOOTY TIPPING 10:00 AM INTERGENERATIONAL PROGRAM WITH THE PRE-SCHOOL CHILDREN (INTERACTIVE LEARNING EXPERIENCE WITH MUSICAL INSTRUMENTS & DANCE) 11:00 AM GESSY'S PHYSIO EXERCISES 11:30 AM MEMORY LANE 1:30 PM ARMCHAIR TRAVEL TO MEXICO (VIA TUBE) 1:30 PM COMBINED BUS TRIPS WITH EMERALD HILL 3:30 PM COFFEE AND CHAT 4 PM 1-1 ROOM VISITS</p>	<p>15 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM MUSICAL MELODIES 11:00 AM ZUMBA GOLD 2 PM MEXICAN EL GRITO FIESTA HAPPY HOUR CELEBRATIONS 3 PM TOMMY'S SINGALONGS 4 PM 1-1 ROOM VISITS</p>	<p>16 MEXICO'S INDEPENDENCE DAY MORNING TV SHOWS AROMATHERAPY OR PAMPERING AFTERNOON MOVIE MATINEE GARDEN WALKS SATURDAY NIGHT MOVIE</p>

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17 LIVESTREAM MORNING CHURCH (BY REQUEST) AFTERNOON MOVIE MATINEE PAMPERING FOOTY MATCH OF THE DAY NETFLIX AVAILABLE ALL DAY TOOL BOX ACTIVITIES	18 9:30 AM MORNING TV SHOWS 10:00 AM PUPPET PLAY THERAPY 10:45 AM SENSORY TOY DANCE THERAPY 1:30 PM CARD GAMES WITH INTERACTIVE STORY TELLING 3 PM OCTABAND BALL THERAPY 4 PM 1-1 ROOM VISITS	19 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM DANCE & DRAMA THERAPY 11:15 AM IN CHAIR EXERCISES 1:30 PM BINGO 3 PM DANCE & DRAMA THERAPY 3:30 AM BOARD & CARD GAMES 3 PM 1-1 ROOM VISITS	20 9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWSPAPER READING 11:00 AM IN CHAIR EXERCISES 1:30 PM MASTERCHEF (PANCAKE DAY) 3 PM MALTA COLOURING IN LANDMARK PLACES IN MALTA 4 PM 1-1 ROOM VISITS	21 INDEPENDENCE DAY MALTA 9:30 AM WELCOME TO THE DAY 9:40 AM FOOTY TIPPING 10:00 AM RESIDENT CHOICE OF ARTIST 11:00 AM GESSY'S PHYSIO EXERCISES 11:30 AM MEMORY LANE 1:30 PM RESIDENT AND RELATIVE MEETING 2 PM MOBILE MYUNA ANIMAL FARM 4 PM 1-1 ROOM VISITS	22 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM MUSICAL MELODIES 11:00 AM ZUMBA GOLD 2 PM HAPPY HOUR 3 PM TOMMY'S SINGALONGS 4 PM LIFESTYLE FOCUS GROUP MEETING	23 MORNING TV SHOWS AROMATHERAPY OR PAMPERING AFTERNOON MOVIE MATINEE GARDEN WALKS SATURDAY NIGHT MOVIE
24 LIVESTREAM MORNING CHURCH (BY REQUEST) AFTERNOON MOVIE MATINEE PAMPERING FOOTY MATCH OF THE DAY NETFLIX AVAILABLE ALL DAY TOOL BOX ACTIVITIES	25 9:30 AM MORNING TV SHOWS 10:00 AM COGNITIVE GAMES CONNECT FOUR / MATCHING CARDS 10:45 AM CREATIVE GROUP THERAPY (INTERACTIVE STORY TELLING) 1:30 PM PUPPET PLAY THERAPY 3 PM CHARACTER BALLOON THERAPY 4 PM 1-1 ROOM VISITS	26 AFL FOOTY PRESENTATION 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM DANCE & DRAMA THERAPY 11:15 AM IN CHAIR EXERCISES 1:30 PM BINGO 3 PM DANCE & DRAMA THERAPY 3:30 PM FOOTBALL PRESENTATION 3 PM 1-1 ROOM VISITS	27 9:30 AM WELCOME TO THE DAY 10:00 AM MUSIC & MOVEMENT 11:00 AM FOOD APPRECIATION SURVEY MEETING 1:30 PM PANCAKES AND ICE-CREAM MASTERCHEF 3 PM GREEK GROUP 4 PM 1-1 ROOM VISITS	28 9:30 AM WELCOME TO THE DAY 9:40 AM FOOTY TIPPING 10:00 AM RESIDENT CHOICE OF ARTIST 10:30 AM GREEK MASS 11:00 AM GESSY'S PHYSIO EXERCISES 11:30 AM MEMORY LANE 1:30 PM MUSICAL MELODIES (VIA TUBE) 1:30 PM COMBINED BUS TRIPS WITH EMERALD HILL 3:30 PM COFFEE AND CHAT 4 PM 1-1 ROOM VISITS	29 PUBLIC HOLIDAY MORNING TV SHOWS AROMATHERAPY OR PAMPERING AFTERNOON MOVIE MATINEE GARDEN WALKS SATURDAY NIGHT MOVIE	30 AFL GRAND FINAL MORNING TV SHOWS AROMATHERAPY OR PAMPERING AFL GRAND FINAL MATCH VIA CHANNEL 7 + AFTERNOON MOVIE MATINEE GARDEN WALKS SATURDAY NIGHT MOVIE
31 LIVESTREAM MORNING CHURCH (BY REQUEST) AFTERNOON MOVIE MATINEE PAMPERING FOOTY MATCH OF THE DAY NETFLIX AVAILABLE ALL DAY TOOL BOX ACTIVITIES	  					