

DECEMBER 2023

LEVEL 2- HOUSE 4, 5 & 6

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



MERRY Christmas
AND HAPPY NEW YEAR

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM ANGLICAN MASS
(CINEMA)
10:30 AM TRIVIA
11:00 AM 9 LETTER WORD
GAMES
(L4)

(L4)
2 PM TRIVIA (L4)
2 PM ZUMBA GOLD
3 :30 PM LIONSHARE CAFE VISITS
3 PM LOCHLAN'S FRIDAY FIESTA
4 PM 1-1 ROOM VISITS

10:30 AM MUSICAL
MOMENTS
11:00 AM LAUGHTER
AND LATTES
1PM GARDEN WALKS
2 PM AFTERNOON
MOVIES
NETFLIX AVAILABLE ALL
DAY
4 PM HAPPY HOUR

3

LIVESTREAM CHURCH
MASS
(BY REQUEST)
10:00 AM COFFEE & CHAT
2 PM AFTERNOON MOVIE
MATINEE
NETFLIX ACTIVITIES

GARDEN WALKS

9:30 AM WELCOME TO THE DAY

10:00 AM NEWS AND VIEWS 10:30 AM TRIVIA 11:00 AM 9 LETTER GAME (L4)

> 1:30 PM MEDITATION (CINEMA)

1:30 PM MASTERCHEF
3 PM DOCUMENTARY

4 PM 1-1 ROOM VISITS

10:30 AM TRIVIA

11:00 AM 9 LETTER GAME

(L4)

1:30 PM MEDITATION

(CINEMA)

2 PM OMEGA VIOLINIST

WITH GUEST

3 :30PM RESIDENT CHOICE OF

ARTIST

4 PM 1-1 ROOM VISITS

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RESIDENT AND RELATIVE
CHRISTAMS PARTY

9:30 AM WELCOME TO THE

DAY
10:00AM GESSY'S PHYSIO
EXERCISES
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD

1:30 PM RESIDENT AND
RELATIVE CHRISTAMS PARTY

GAMES(L4)

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM ZUMBA GOLD (H4&5)

11:15 AM TRIVIA 1:30 PM RACHEL'S BUS TRIP WESTFIELD SOUTHLAND SHOPPING 1:30 PM KIMBERLY 'S ART

THERAPY (LM)

2 PM NETFLIX MOVIE
RESIDENTS CHOICE
4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS AND VIEWS 10:30 AM TRIVIA

10:30 AM CATHOLIC VOLUNTEER
VISITOR

11:00 AM CHOIR
1:30 PM MEN'S GROUP (CINEMA)
1:30 PM ARTS & CRAFTS
3 PM KNITTING GROUP

4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 10:30 AM CATHOLIC MASS (CINEMA)

10:30 AM TRIVIA 11:00 AM 9 LETTER WORD GAMES

GAMES (L4)

2 PM TRIVIA (L4) 2 PM ZUMBA GOLD

3 :30 PM LIONSHARE CAFE VISITS
3 PM LOCHLAN'S FRIDAY FIESTA

4 PM 1-1 ROOM VISITS

PLANETSHAKERS CITY CHURCH CHOIR

10:30 AM MUSICAL

MOMENTS

11:00 AM LAUGHTER AND

LATTES

1PM GARDEN WALKS

2 PM AFTERNOON MOVIES

NETFLIX AVAILABLE ALL DAY

3:30 PM PLANETSHAKERS

CITY CHURCH CHOIR(L3)

4 PM HAPPY HOUR

10

LIVESTREAM CHURCH

MASS

(BY REQUEST)

10:00 AM COFFEE & CHAT

2 PM AFTERNOON MOVIE

MATINEE

NETFLIX ACTIVITIES

GARDEN WALKS

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS

GALILEE PRIMARY SCHOOL
CHILDREN'S CHOIR

9:30 AM WELCOME TO THE DAY
10:00AM GESSY'S PHYSIO
EXERCISES

10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD

GAMES(L4)

1:30 PM GALILEE PRIMARY SCHOOL CHOIR (L3

1:30 PM ARMCHAIR TRAVEL

2 :45 PM YOGA 4PM 1-1 ROOM VISITS 13

9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM ZUMBA GOLD (H485) 11:15 AM TRIVIA 1:30 PM TOMMY'S SINGALONG'S AND HIGH

TEA (L1)

1:30 PM KIMBERLY 'S ART THERAPY

(LM)

1:30 PM FLOOR GAMES
3:30 PM RESIDENT CHIOCE OF ARTIST
4 PM 1-1 ROOM VISITS

4 PM 0YSTER BAR
(BOARDROOM)

5 PM INTERNATIONAL VOLUNTEER

DAY CELEBRATIONS

(LIONSHARE CAFE)

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9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:00 AM NEWS AND VIEWS
10:30 AM TRIVIA
10:30 AM CATHOLIC VOLUNTEER
VISITOR
11:00 AM CHOIR
1:30 PM MEN'S GROUP (CINEMA)
1:30 PM ARTS & CRAFTS
3 PM KNITTING GROUP

4 PM 1-1 ROOM VISITS

15

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM TRIVIA
11:00 AM 9 LETTER WORD
GAMES
(L4)
1:30 PM ANDREW'S BUS TRIP
ABACUS BAR GKITCHEN CAFE
2 PM TRIVIA (L4)
2 PM ZUMBA GOLD
3:30 PM LIONSHARE CAFE VISITS
3 PM LOCHLAN'S FRIDAY FIESTA
4 PM 1-1 ROOM VISITS

16

10:30 AM MUSICAL
MOMENTS
11:00 AM LAUGHTER AND
LATTES
1PM GARDEN WALKS
2 PM AFTERNOON MOVIES
NETFLIX AVAILABLE ALL DAY

4 PM HAPPY HOUR

CaSPACare

DECEMBER 2023

Living well. Living locally. LEVEL 2- HOUSE 4, 5 & 6

SUNDAY MONDAY

TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

17

LIVESTREAM CHURCH MASS (BY REQUEST) 10:00 AM COFFEE & CHAT 2 PM AFTERNOON MOVIE

MATINEE

NETFLIX ACTIVITIES

GARDEN WALKS

18

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 10:30 AM TRIVIA 11:00 AM 9 LETTER GAME (L4)1:30 PM MEDITATION (CINEMA) 1:30 PM MASTERCHEF 3 PM RESIDENT CHOICE OF ARTIST(VIA YOUTUBE) 4 PM 1-1 ROOM VISITS

19

9:30 AM WELCOME TO THE DAY 10:00AM GESSY'S PHYSIO **EXERCISES** 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAMES(L4) 1:30 PM HOLLYWOOD COLLECTION WITH BUBBLES VIA YOUTUBE 2:45 PM YOGA

4PM 1-1 ROOM VISITS

20

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 10:30 AM ZUMBA GOLD (H4&5) 11:15 AM TRIVIA 1:30 PM RACHEL'S BUS TRIP NORTH POINT BRIGHTON CAFE 1:30 PM TOMMY'S SINGALONGS & HIGH TEA (L1) 1:30 PM KIMBERLY 'S ART THERAPY (LM) 1:30 PM FLOOR GAMES 3PM BINGO 4 PM OYSTER BAR

(BOARDROOM)

4 PM 1-1 ROOM VISITS

21

9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS AND VIEWS 10:30 AM TRIVIA 10:30 AM CATHOLIC VOLUNTEER VISITOR 11:00 AM CHOIR 1:30 PM MEN'S GROUP (CINEMA) 1:30 PM ARTS & CRAFTS 3 PM KNITTING GROUP 4 PM 1-1 ROOM VISITS

22

10:00 AM NEWS AND VIEWS 10:30 AM TRIVIA 11:00 AM 9 LETTER WORD **GAMES** (L4)1:30 PM ANDREW'S BUS TRIP THE POUND CAFE 2 PM TRIVIA (L4) 2 PM ZUMBA GOLD 3:30 PM LIONSHARE CAFE VISITS 3 PM LOCHLAN'S FRIDAY FIESTA 4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY

10:30 AM MUSICAL MOMENTS 11:00 AM LAUGHTER AND LATTES 1PM GARDEN WALKS 2 PM AFTERNOON MOVIES NETFLIX AVAILABLE ALL DAY 4 PM HAPPY HOUR

LIVESTREAM CHURCH MASS (BY REQUEST) 10:00 AM COFFEE & CHAT 2 PM AFTERNOON MOVIE MATINEE **NETFLIX ACTIVITIES** GARDEN WALKS

CHRISTMAS DAY 25 PUBLIC HOLIDAY

10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE & CHAT 12:00 PM CHRISTMAS **LUNCH** 1 PM CHRISTMAS CAROL (ON YOUTUBE) NETFLIX AVAILABLE ALL DAY 2 PM AFTERNOON GARDEN WALKS

BOXING DAY 26 **PUBLIC HOLIDAY**

10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE & CHAT 1 PM TOOLBOX ACTIVITIES **NETFLIX AVAILABLE ALL** DAY 2 PM AFTERNOON GARDEN WALKS

27 9:30 AM LIFESTYLE HUDDLE MEETING

> 10:30 AM ZUMBA GOLD (H4&5) 11:15 AM TRIVIA 1:30 PM TOMMY'S SINGALONG'S AND HIGH TEA (L1) 1:30 PM LOCHLAN'S BUS TRIP 1:30 PM KIMBERLY 'S ART THERAPY (LM) 1:30 PM FLOOR GAMES 2PM FOOD APPRECIATION MEETING (BOARDROOM) 3:30 PM RESIDENT CHIOCE OF ARTIST 4 PM 1-1 ROOM VISITS

28 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES

10:00 AM NEWS AND VIEWS 10:30 AM TRIVIA 10:30 AM GREEK MASS (CINEMA) 10:30 AM CATHOLIC VOLUNTEER **VISITOR** 11:00 AM CHOIR 1:30 PM MEN'S GROUP (CINEMA) 1:30 PM ARTS & CRAFTS 3 PM KNITTING GROUP

4 PM 1-1 ROOM VISITS

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9:30 AM WELCOME TO THE DAY 10:30 AM MUSICAL 10:00 AM NEWS AND VIEWS MOMENTS 10:30 AM TRIVIA 11:00 AM 9 LETTER WORD GAMES (L4)1:30 PM LIFESTYLE FOCUS GROUP (LM) 2 PM TRIVIA (L4) 2 PM ZUMBA GOLD 3 :30 PM LIONSHARE CAFE VISITS 3 PM LOCHLAN'S FRIDAY FIESTA 4 PM 1-1 ROOM VISITS

NEW YEARS EVE

LIVESTREAM CHURCH MASS (BY REQUEST) 10:00 AM COFFEE & CHAT 2 PM AFTERNOON MOVIE MATINEE **NETFLIX ACTIVITIES GARDEN WALKS** NEW YEARS FIREWORKS AND

CELEBRATIONS ON LIVE TV





