

# DECEMBER 2023

## LEVEL 3- HOUSE 7 & 8

\*subject to change

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**



**1**  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES AND QUIZZES  
10:30 AM ANGLICAN MASS ( CINEMA )  
2 PM BINGO  
2 PM TRIVIA ( L4 )  
3:15PM LIONSHARE CAFE  
4 PM 1-1 ROOM VISITS

**2**  
10:00 AM MORNING TV SHOWS  
11:00 AM COFFEE AND CHAT  
12:00 AM DINING MUSIC EXPERIENCE  
2 PM AFTERNOON MOVIE MATINEE  
3 PM GARDEN WALKS  
4 PM HAPPY HOUR  
6 PM SATURDAY NIGHT AT THE MOVIE

**3**  
LIVESTREAM CHURCH MUSIC (BY REQUEST)  
10:00 AM MORNING TV SHOWS  
12:00 PM DINING EXPERIENCE MUSIC  
2 PM AFTERNOON MOVIE MATINEE  
3 PM TOOLBOX ACTIVITIES  
4 PM GARDEN WALKS  
6 PM SUNDAY NIGHT AT THE MOVIES

**4**  
9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO EXERCISES ( H9 )  
10:00 AM NEWS AND VIEWS  
11:00 AM 9 LETTER WORD GAME ( L4 )  
1:30 PM FLOOR GAMES  
3 PM DOCUMENTARY  
4 PM 1-1 ROOM VISITS

**5**  
9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO EXERCISES ( H9 )  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES & QUIZZES  
11:00 AM 9 LETTER WORD GAMES ( L4 )  
1:30 PM CHRISTMAS CREATIVE ARTS  
3:30 PM YOGA  
4 PM 1-1 ROOM VISITS

**6**  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES AND QUIZZES  
11:00 AM IN CHAIR EXERCISES  
11:00 AM 9 LETTER WORD GAMES ( L4 )  
1:30 PM KIMBERLY'S ART THERAPY ( LM )  
1:30 PM RACHEL'S BUS TRIP  
WESTFIELD SOUTHLAND SHOPPING  
2 PM ARMCHAIR TRAVEL  
4 PM 1-1 ROOM VISITS

**7**  
A9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO EXERCISES  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES AND QUIZZES  
10:30 AM CATHOLIC VOLUNTEER VISITOR  
11:00 AM CHOIR  
1:30 PM MEN'S GROUP ( CINEMA )  
1:30 PM MASTERCHEF  
2:45 PM ZUMBA GOLD  
4 PM 1-1 ROOM VISITS

**8**  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES AND QUIZZES  
10:30 AM CATHOLIC MASS ( CINEMA )  
2 PM BINGO  
2 PM TRIVIA ( L4 )  
3:15PM LIONSHARE CAFE  
4 PM 1-1 ROOM VISITS

**9**  
PLANETSHAKERS CITY CHURCH CHOIR  
10:00 AM MORNING TV SHOWS  
11:00 AM COFFEE AND CHAT  
12:00 AM DINING MUSIC EXPERIENCE  
2 PM AFTERNOON MOVIE MATINEE  
3:30 PM PLANETSHAKERS CITY CHURCH CHOIR (L3)  
4 PM HAPPY HOUR  
6 PM SATURDAY NIGHT AT THE MOVIE

**10**  
LIVESTREAM CHURCH MUSIC (BY REQUEST)  
10:00 AM MORNING TV SHOWS  
12:00 PM DINING EXPERIENCE MUSIC  
2 PM AFTERNOON MOVIE MATINEE  
3 PM TOOLBOX ACTIVITIES  
4 PM GARDEN WALKS  
6 PM SUNDAY NIGHT AT THE MOVIES

**11**  
RESIDENT AND RELATIVE CHRISTMAS PARTY  
9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO EXERCISES ( H9 )  
10:00 AM NEWS AND VIEWS  
11:00 AM 9 LETTER WORD GAME ( L4 )  
1:30 PM RESIDENTS AND RELATIVE CHRISTMAS PARTY

**12**  
GALILEE PRIMARY SCHOOL CHILDREN'S CHOIR  
9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO EXERCISES ( H9 )  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES & QUIZZES  
11:00 AM 9 LETTER WORD GAMES ( L4 )  
1:30 PM GALILEE PRIMARY SCHOOL CHILDREN'S CHOIR  
3:30 PM YOGA  
4 PM 1-1 ROOM VISITS

**13**  
RESIDENT AND RELATIVE MEETING  
9:30 AM LIFESTYLE HUDDLE MEETING  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES AND QUIZZES  
11:00 AM IN CHAIR EXERCISES  
11:00 AM 9 LETTER WORD GAMES ( L4 )  
1:30 PM KIMBERLY'S ART THERAPY ( LM )  
1:30 PM RESIDENT AND RELATIVE MEETING  
3 PM OYSTER BAR ( BOARDROOM )  
5 PM INTERNATIONAL VOLUNTEER DAY CELEBRATIONS ( LIONSHARE CAFE )

**14**  
A9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO EXERCISES  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES AND QUIZZES  
10:30 AM CATHOLIC VOLUNTEER VISITOR  
11:00 AM CHOIR  
1:30 PM MEN'S GROUP ( CINEMA )  
1:30 PM X-MAS CRAFTS  
2:45 PM ZUMBA GOLD  
4 PM 1-1 ROOM VISITS

**15**  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES AND QUIZZES  
1:30 PM ANDREW'S BUS TRIP  
ABACUS BAR & KITCHEN CAFE  
2 PM BINGO  
2 PM TRIVIA ( L4 )  
3:15PM LIONSHARE CAFE  
4 PM 1-1 ROOM VISITS

**16**  
10:00 AM MORNING TV SHOWS  
11:00 AM COFFEE AND CHAT  
12:00 AM DINING MUSIC EXPERIENCE  
2 PM AFTERNOON MOVIE MATINEE  
3 PM GARDEN WALKS  
4 PM HAPPY HOUR  
6 PM SATURDAY NIGHT AT THE MOVIE



# DECEMBER 2023

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### SUNDAY

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

17

LIVESTREAM CHURCH MUSIC  
(BY REQUEST)  
10:00 AM MORNING TV  
SHOWS  
12:00 PM DINING  
EXPERIENCE  
MUSIC  
2 PM AFTERNOON MOVIE  
MATINEE  
3 PM TOOLBOX ACTIVITIES  
4 PM GARDEN WALKS  
6 PM SUNDAY NIGHT AT THE  
MOVIES

18

9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO  
EXERCISES  
(H9)  
10:00 AM NEWS AND VIEWS  
11:00 AM 9 LETTER WORD  
GAME  
(L4)  
1:30 PM FLOOR GAMES  
3 PM DOCUMENTARY  
4 PM 1-1 ROOM VISITS

19

9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO  
EXERCISES  
(H9)  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES AND  
QUIZZES  
11:00 AM 9 LETTER WORD  
GAMES  
(L4)  
1:30 PM RESIDENT'S CHOICE OF  
ARTIST  
3:30 PM YOGA  
4 PM 1-1 ROOM VISITS

20

9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES AND QUIZZES  
11:00 AM IN CHAIR EXERCISES  
11:00 AM 9 LETTER WORD GAMES  
(L4)  
1:30 PM KIMBERLY'S ART THERAPY  
(LM)  
1:30 PM RACHEL'S BUS TRIP  
NORTH POINT BRIGHTON CAFE  
1:30 PM TOMMY'S SINGALONGS AND HIGH  
TEA (L1)  
2 PM ARMCHAIR TRAVEL  
4 PM OYSTER BAR  
(BOARDROOM)  
4 PM 1-1 ROOM VISITS

21

9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO  
EXERCISES  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES AND  
QUIZZES  
10:30 AM CATHOLIC VOLUNTEER  
VISITOR  
11:00 AM CHOIR  
1:30 PM MEN'S GROUP (CINEMA)  
1:30 PM X-MAS CRAFTS  
2:45 PM ZUMBA GOLD  
4 PM 1-1 ROOM VISITS

22

9:30 AM WELCOME TO THE  
DAY  
10:00 AM NEWS AND  
VIEWS  
10:30 AM WORD GAMES  
AND QUIZZES  
1:30 PM ANDREW'S BUS  
TRIP  
THE POUND CAFE  
2 PM BINGO  
2 PM TRIVIA (L4)  
3:15PM LIONSHARE CAFE  
4 PM 1-1 ROOM VISITS

23

10:00 AM MORNING TV  
SHOWS  
11:00 AM COFFEE AND CHAT  
12:00 AM DINING MUSIC  
EXPERIENCE  
2 PM AFTERNOON MOVIE  
MATINEE  
3 PM GARDEN WALKS  
4 PM HAPPY HOUR  
6 PM SATURDAY NIGHT AT  
THE MOVIE

24

LIVESTREAM CHURCH MUSIC  
(BY REQUEST)  
10:00 AM MORNING TV  
SHOWS  
12:00 PM DINING  
EXPERIENCE  
MUSIC  
2 PM AFTERNOON MOVIE  
MATINEE  
3 PM TOOLBOX ACTIVITIES  
4 PM GARDEN WALKS  
6 PM SUNDAY NIGHT AT THE  
MOVIES

25

CHRISTMAS DAY  
PUBLIC HOLIDAY  
10:30 AM MUSICAL  
MOMENTS  
11:00 AM COFFEE & CHAT  
12:00 PM CHRISTMAS  
LUNCH  
1 PM CHRISTMAS CAROL  
(ON YOUTUBE)  
NETFLIX AVAILABLE ALL DAY  
2 PM AFTERNOON GARDEN  
WALKS

26

BOXING DAY  
PUBLIC HOLIDAY  
10:30 AM MUSICAL  
MOMENTS  
11:00 AM COFFEE & CHAT  
1 PM TOOLBOX ACTIVITIES  
NETFLIX AVAILABLE ALL  
DAY  
2 PM AFTERNOON GARDEN  
WALKS

27

HOLLYWOOD COLLECTIONS  
WITH BUBBLES  
9:30 AM LIFESTYLE HUDDLE MEETING  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES AND QUIZZES  
11:00 AM IN CHAIR EXERCISES  
11:00 AM 9 LETTER WORD GAMES  
(L4)  
1:30 PM KIMBERLY'S ART THERAPY  
(LM)  
1:30 PM LOCHLAN'S BUS TRIP  
1:30 PM TOMMY'S SINGALONG AND HIGH  
TEA (L1)  
2 PM HOLLYWOOD COLLECTIONS WITH  
BUBBLES  
2 PM FOOD APPRECIATION MEETING  
(BOARDROOM)  
4 PM 1-1 ROOM VISITS

28

9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO EXERCISES  
10:00 AM NEWS AND VIEWS  
10:30 AM GREEK MASS  
(CINEMA)  
10:30 AM WORD GAMES AND  
QUIZZES  
10:30 AM CATHOLIC VOLUNTEER  
VISITOR  
11:00 AM CHOIR  
1:30 PM MEN'S GROUP (CINEMA)  
1:30 PM MASTERCHEF  
2:45 PM ZUMBA GOLD  
4 PM 1-1 ROOM VISITS

29

9:30 AM WELCOME TO THE  
DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES AND  
QUIZZES  
1:30 PM LIFESTYLE FOCUS  
GROUP (LM)  
2 PM BINGO  
2 PM TRIVIA (L4)  
3:15PM LIONSHARE CAFE  
4 PM 1-1 ROOM VISITS

30

10:00 AM MORNING TV  
SHOWS  
11:00 AM COFFEE AND CHAT  
12:00 AM DINING MUSIC  
EXPERIENCE  
2 PM AFTERNOON MOVIE  
MATINEE  
3 PM GARDEN WALKS  
4 PM HAPPY HOUR  
6 PM SATURDAY NIGHT AT THE  
MOVIE

31

### NEW YEARS EVE

LIVESTREAM CHURCH MUSIC  
(BY REQUEST)  
10:00 AM MORNING TV SHOWS  
12:00 PM DINING EXPERIENCE  
MUSIC  
2 PM AFTERNOON MOVIE MATINEE  
3 PM TOOLBOX ACTIVITIES  
4 PM GARDEN WALKS  
6 PM SUNDAY NIGHT AT THE MOVIES  
NEW YEARS EVE FIREWORKS AND  
CELEBRATIONS LIVE TV

