

DECEMBER 2023

LEVEL 4- HOUSE 9 & 10

MONDAY SUNDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



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9:30 AM WELCOME TO THE 10:30 AM ANGLICAN MASS (CINEMA) 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD **GAMES** 2 PM TRIVIA 3 PM LOCHLAN'S FRIDAY FIESTA 4 PM 1-1 ROOM VISITS

MORNING TV SHOWS 11:00 AM COFFEE AND CHAT 1PM TOOL ACTIVITIE 2 PM AFTERNOON MOVIE MATINEE 3 PM GARDEN WALKS 4 PM HAPPY HOUR

PLANETSHAKERS CITY CHURCH CHOIR

LIVESTREAM CHURCH MASS (BY REQUEST) 10:30 AM COFFEES CHAT 1PM MUSICAL CONCERTS (VIA YOUTUBE) NETFLIX AVAILABLE ALL DAY GARDEN WALKS TOOLBOX ACTIVITIES SUNDAY NIGHT MOVIES

9:30 AM WELCOME TO THE DAY 10:00 AM SUNRISE NEWS (VIATV) 11:00 AM 9 LETTER WORD 1:30 PM MEDITATION (CINEMA) 2 PM RESIDENT CHIOCE OF ARTIST MUSICAL (VIA YOUTUBE 4 PM 1-1 ROOM VISITS

10:00 AM SUNRISE NEWS

(VIATV)

11:00 AM 9 LETTER WORD

1:30 PM MEDITATION

(CINEMA)

2 PM OMEGA VIOLINIST

WITH GUEST (L2)

2 PM THE KING'S SPEECH

(VIA NETFLIX)

4 PM 1-1 ROOM VISITS

9:30 AM WECOME TO THE DAY 9:30 AM GESSY'S EXERCISES 10:00 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME 2 PM NAVILLERA **BALLET MOVIE** (VIA NETFLIX) 3:30 PM ARMCHAIR TRAVEL 4 PM 1-1 ROOM VISITS

10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAMES 1:30 PM KIMBERLY'S ART THERAPY (LM) 1:30 PM RACHEL'S BUS TRIP WESTFIELD SOUTHLAND SHOPPING CENTRE 2 PM CHRISTMAS MOVIE VIA NETFLIX 4 PM 1-1 ROOM VISITS

9:30AM WELCOME TO THE DAY

9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS AND VIEWS 30:30 AM CATHOLIC VOLUNTEER VISITOR 11:00 AM 9 LETTER WORD GAMES 11:00 AM CHOIR (L3) 1:30 PM MEN'S GROUP (CINEMA) 2 PM ZUMBA GOLD 3:30 PM PAMPERING 4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:30 AM CATHOLIC MASS (CINEMA) 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAMES 2 PM TRIVIA 3 PM LOCHLAN'S FRIDAY FIESTA 4 PM 1-1 ROOM VISITS 4 PM HAPPY HOUR

MORNING TV SHOWS 11:00 AM COFFEE AND CHAT 1PM TOOL ACTIVITIE 2 PM AFTERNOON MOVIE MATINEE 3:30 PM PLANTSHAKERS CHURCH CHOIR (L3)

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LIVESTREAM CHURCH MASS (BY REQUEST) 10:30 AM COFFEES CHAT 1PM MUSICAL CONCERTS (VIA YOUTUBE) NETFLIX AVAILABLE ALL DAY **GARDEN WALKS** TOOLBOX ACTIVITIES SUNDAY NIGHT MOVIES

9:30 AM WELCOME TO THE DAY

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RESIDENT AND RELATIVE CHRISTMAS PARTY

9:30 AM WECOME TO THE DAY 9:30 AM GESSY'S EXERCISES 10:00 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME 1:15 PM GALILEE PRIMARY SCHOOL CHRISTMAS CHOIR (L3)

1:30 PM RESIDENTS AND

RELATIVE CHRISTMAS PARTY

13 9:30AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAMES 1:30 PM KIMBERLY'S ART THERAPY

> (LM) 1:30 PM TOMMY'S SINGALONG'S & HIGH TEA (L1)

> > 2 PM ARMCHAIR TRAVEL 4 PM OYSTER BAR

(BOARDROOM) 4 PM 1-1 ROOM VISITS

5 PM INTERNATIONAL VOLUNTEER DAY CELEBRATIONS (LIONSHARE CAFE)

14 9:30 AM WELCOME TO THE DAY

9:30 AM GESSY'S PHYSIO **EXERCISES** 10:00 AM NEWS AND VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR

11:00 AM 9 LETTER WORD GAMES 11:00 AM CHOIR (L3) 1:30 PM MEN'S GROUP (CINEMA) '

2 PM ZUMBA GOLD

3:30 PM PAMPERING 4 PM 1-1 ROOM VISITS 9:30 AM WELCOME TO THE DAY

GAMES

CAFE

2 PM TRIVIA

FIESTA

4 PM 1-1 ROOM VISITS

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10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD 1:30 PM ANDREW'S BUS TRIP ABACUS BAR & KITCHEN 3 PM LOCHLAN'S FRIDAY

MORNING TV SHOWS 11:00 AM COFFEE AND

CHAT 1PM TOOL ACTIVITIE 2 PM AFTERNOON **MOVIE MATINEE**

3 PM GARDEN WALKS 4 PM HAPPY HOUR



DECEMBER 2023

LEVEL 4- HOUSE 9 & 10

(BY REQUEST)

10:30 AM COFFEES CHAT

NETFLIX AVAILABLE ALL DAY

GARDEN WALKS

TOOLBOX ACTIVITIES

SUNDAY MONDAY

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9:30 AM WELCOME TO THE DAY LIVESTREAM CHURCH MASS 10:00 AM SUNRISE NEWS (VIATV)

11:00 AM 9 LETTER WORD 1PM MUSICAL CONCERTS 1:30 PM MEDITATION (VIA YOUTUBE)

> (CINEMA) 1:30 PM MEDITATION

1:30 PM MASTERCHEF

3 PM CLASSICAL COMPOSER SUNDAY NIGHT MOVIES 4 PM 1-1 ROOM VISITS

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DAY 9:30 AM GESSY'S EXERCISES 10:00 AM NEWS AND VIEWS

9:30 AM WECOME TO THE

11:00 AM 9 LETTER WORD GAME

> 2 PM BINGO 3:30 PM ARMCHAIR

TRAVEL 4 PM 1-1 ROOM VISITS 20

9:30AM WELCOME TO THE DAY 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAMES 1:30 PM TOMMY'S SINGALONG & HIGH TEA (L1) 1:30 PM KIMBERLY'S ART THERAPY

(LM)

1:30 PM RACHEL'S BUS TRIP NORTH POINT BRIGHTON CAFE 2 PM MUSICAL CONCERT

> 4 PM OYSTER BAR (BOARDROOM)

(VIA YOUTUBE)

4 PM 1-1 ROOM VISITS

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TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO **EXERCISES** 10:00 AM NEWS AND VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR

11:00 AM 9 LETTER WORD **GAMES**

11:00 AM CHOIR (L3) 1:30 PM MEN'S GROUP

> (CINEMA) 2 PM ZUMBA GOLD

3:30 PM PAMPERING 4 PM 1-1 ROOM VISITS 22

THE DAY 10:30 AM NEWS AND VIEWS

9:30 AM WELCOME TO

11:00 AM 9 LETTER **WORD GAMES**

1:30 PM ANDREW'S **BUS TRIP**

THE POUND CAFE 2 PM TRIVIA

3 PM LOCHLAN'S FRIDAY FIESTA

4 PM 1-1 ROOM VISITS

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MORNING TV SHOWS 11:00 AM COFFEE AND

CHAT

1PM TOOL ACTIVITIE 2 PM AFTERNOON MOVIE

MATINEE 3 PM GARDEN WALKS

4 PM HAPPY HOUR

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LIVESTREAM CHURCH MASS (BY REQUEST) 10:30 AM COFFEE& CHAT 1PM MUSICAL CONCERTS (VIA YOUTUBE) NETFLIX AVAILABLE ALL DAY GARDEN WALKS TOOLBOX ACTIVITIES

CHRISTMAS DAY 25 PUBLIC HOLIDAY

> 10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE & CHAT 12:00 PM CHRISTMAS LUNCH 1 PM CHRISTMAS CAROL (ON YOUTUBE) NETFLIX AVAILABLE ALL DAY 2 PM AFTERNOON GARDEN

> > WALKS

26 **BOXING DAY PUBLIC HOLIDAY**

10:30 AM MUSICAL MOMENTS 11:00 AM COFFEE & CHAT 1 PM TOOLBOX ACTIVITIES NETFLIX AVAILABLE ALL DAY 2 PM AFTERNOON GARDEN

WALKS

9:30AM LIFESTYLE HUDDLE MEETING

10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAMES

1:30 PM TOMMY'S SINGALONGS

& HIGH TEA (L1) 1:30 PM KIMBERLY'S ART THERAPY

(LM) 1:30 PM LOCHLAN'S BUS TRIP 2 PM FOOD APPRECIATION

MEETING (BOARDROOM) 2 PM DOCUMENTARY

4 PM 1-1 ROOM VISITS

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9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS AND VIEWS 10:30 AM GREEK MASS (CINEMA) 10:30 AM CATHOLIC VOLUNTEER

11:00 AM 9 LETTER WORD GAMES 11:00 AM CHOIR (L3)

VISITOR

1:30 PM MEN'S GROUP (CINEMA) 2 PM ZUMBA GOLD

3:30 PM PAMPERING 4 PM 1-1 ROOM VISITS 29

9:30 AM WELCOME TO THE DAY 10:30 AM NEWS AND VIEWS

11:00 AM 9 LETTER WORD **GAMES**

1:30 PM LIFESTYLE FOCUS GROUP (LM)

2 PM TRIVIA

3 PM LOCHLAN'S FRIDAY FIESTA

4 PM 1-1 ROOM VISITS

MORNING TV SHOWS 11:00 AM COFFEE AND CHAT 1PM TOOL ACTIVITIE 2 PM AFTERNOON MOVIE MATINEE 3 PM GARDEN WALKS 4 PM HAPPY HOUR

LIVESTREAM CHURCH MASS

(BY REQUEST) 10:30 AM COFFEES CHAT 1PM MUSICAL CONCERTS (VIA YOUTUBE) NETFLIX AVAILABLE ALL DAY GARDEN WALKS TOOLBOX ACTIVITIES SUNDAY NIGHT MOVIES NEW YEARS EVE FIREWORKS AND CELEBRATIONS

LIVE TV

SUNDAY NIGHT MOVIES







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