

DECEMBER 2023

SOUTH PORT

*subject to change

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1
9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READ
10:30 AM BALLOON THERAPY
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM SINGALONGS VIA YOUTUBE
4 PM 1-1 ROOM VISITS

2
MORNING TV SHOW
10 :00 AM TOOLBOX ACTIVITIES
PAMPERING OR AROMATHERAPY
AFTERNOON MOVIE
GARDEN WALKS
SATURDAY NIGHT MOVIE

3

4

5

6

7

8

9

MORNING CHURCH MASS
(LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
NETFLIX AVAILABLE ALL DAY
TOOLBOX ACTIVITY

9:30 AM MORNING SHOWS
10:30 AM MUSIC MELODIES
11:00 AM PAMPERING
1 :30 PM AFTERNOON MOVIES
3 PM GARDEN WALKS

9 :30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READ
10:30 AM IN CHAIR EXERCISES
11:15 AM GARDEN WALKS /GARDENING
1:30 PM BINGO
3 :00 PM BOARD OR CARD GAMES
4 PM 1-1 ROOM VISITS

RESIDENT AND RELATIVE CHRISTMAS PARTY
9:30 AM WELCOME TO THE DAY
10:30 AM NEWSPAPER READ
11:00 AM MUSIC AND MELODIES
1:30 PM. RESIDENTS AND RELATIVE CHRISTMAS PARTY

9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READING
10:30 AM RESIDENT CHOICE OF ARTIST
11:00 AM GESSY'S PHYSIO EXERCISES
1:30 PM BUS TRIPS
3 PM PUPPETS ALIVE
4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READ
10:30 AM BALLOON THERAPY
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM SINGALONGS VIA YOUTUBE
4 PM 1-1 ROOM VISITS

PLANETSHAKERS CITY CHURCH CHOIR
MORNING TV SHOW
10 :00 AM TOOLBOX ACTIVITIES
PAMPERING OR AROMATHERAPY
2 PM PLANETSHAKERS CITY CHURCH CHOIR
GARDEN WALKS
SATURDAY NIGHT MOVIE

10

11

12

13

14

15

16

MORNING CHURCH MASS
(LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
NETFLIX AVAILABLE ALL DAY
TOOLBOX ACTIVITY

9:30 AM MORNING SHOWS
10:30 AM MUSIC MELODIES
11:00 AM PAMPERING
1 :30 PM AFTERNOON MOVIES
3 PM GARDEN WALKS

9 :30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READ
10:30 AM IN CHAIR EXERCISES
11:15 AM GARDEN WALKS /GARDENING
1:30 PM BINGO
3 :00 PM BOARD OR CARD GAMES
4 PM 1-1 ROOM VISITS

9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM NEWSPAPER READ
11:00 AM MUSIC AND MELODIES
2 PM GREEK GROUP
3 PM POWERPOINT PRESENTATION
4 PM 1-1 ROOM VISITS
5 PM INTERNATIONAL VOLUNTEERS DAY CELEBRATIONS (LIONSHARE CAFE)

9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READING
10:30 AM RESIDENT CHOICE OF ARTIST
11:00 AM GESSY'S PHYSIO EXERCISES
1:30 PM BUS TRIPS
3 PM PUPPETS ALIVE
4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READ
10:30 AM BALLOON THERAPY
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM TOMMY'S SINGALONGS
4 PM 1-1 ROOM VISITS

MORNING TV SHOW
10 :00 AM TOOLBOX ACTIVITIES
PAMPERING OR AROMATHERAPY
AFTERNOON MOVIE
GARDEN WALKS
SATURDAY NIGHT MOVIE

DECEMBER 2023

SOUTH PORT

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SUNDAY

MONDAY

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WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

17

18

19

20

21

22

23

**MORNING CHURCH
MASS
(LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
NETFLIX AVAILABLE ALL
DAY
TOOLBOX ACTIVITY**

**9:30 AM MORNING
SHOWS
10:30 AM MUSIC
MELODIES
11:00 AM PAMPERING
1 :30 PM AFTERNOON
MOVIES
3 PM GARDEN WALKS**

**9 :30 AM WELCOME TO THE
DAY
10:00 AM NEWSPAPER READ
10:30 AM IN CHAIR
EXERCISES
11:15 AM GARDEN WALKS
/GARDENING
1:30 PM BINGO
3 :00 PM BOARD OR CARD
GAMES
4 PM 1-1 ROOM VISITS**

**9:30 AM WELCOME TO THE
DAY
10:30 AM NEWSPAPER
READ
11:00 AM MUSIC AND
MELODIES
2 PM GREEK GROUP
3 PM ARMCHAIR TRAVEL
4 PM 1-1 ROOM VISITS**

**9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READING
10:30 AM RESIDENT CHOICE OF
ARTIST
11:00 AM GESSY'S PHYSIO
EXERCISES
1:30 PM BUS TRIPS
3 PM PUPPETS ALIVE
4 PM 1-1 ROOM VISITS**

**9:30 AM WELCOME TO THE
DAY
10:00 AM NEWSPAPER
READ
10:30 AM BALLOON
THERAPY
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM TOMMY'S
SINGALONGS
4 PM 1-1 ROOM VISITS**

**MORNING TV SHOW
10 :00 AM TOOLBOX
ACTIVITIES
PAMPERING OR
AROMATHERAPY
AFTERNOON MOVIE
GARDEN WALKS
SATURDAY NIGHT
MOVIE**

24

25

PUBLIC HOLIDAY

26

PUBLIC HOLIDAY

27

28

29

**9:30 AM WELCOME TO THE
DAY**

30

**MORNING CHURCH
MASS
(LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
NETFLIX AVAILABLE ALL
DAY
TOOLBOX ACTIVITY**

**9:30 AM MORNING SHOWS
10:30 AM MUSIC MELODIES
11:00 AM PAMPERING
12:00 PM CHRISTMAS
LUNCH
1 :30 PM CHRISTMAS
CAROLS
(VIA YOUTUBE)
3 PM GARDEN WALKS**

**MORNING TV SHOW
TOOLBOX ACTIVITIES
PAMPERING OR
AROMATHERAPY
GREEK AFTERNOON
MOVIE
GARDEN WALKS**

**9:30 AM LIFESTYLE HUDDLE
MEETING
10:30 AM NEWSPAPER
READ
11:00 AM MUSIC AND
MELODIES
2 PM GREEK GROUP
3 PM POWERPOINT
PRESENTATION
4 PM 1-1 ROOM VISITS**

**9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER
READING
10:30 AM RESIDENT CHOICE OF
ARTIST
11:00 AM GESSY'S PHYSIO
EXERCISES
1:30 PM BUS TRIPS
3 PM PUPPETS ALIVE
4 PM 1-1 ROOM VISITS**

**9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER
READ
10:30 AM BALLOON
THERAPY
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM TOMMY 'S
SINGALONGS
4 PM LIFESTYLE FOCUS
GROUP MEETING**

**MORNING TV SHOW
10 :00 AM TOOLBOX
ACTIVITIES
PAMPERING OR
AROMATHERAPY
AFTERNOON MOVIE
GARDEN WALKS
SATURDAY NIGHT
MOVIE**

**31 MORNING CHURCH MASS
(LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
NETFLIX AVAILABLE ALL DAY
TOOLBOX ACTIVITY
NEW YEARS EVE
FIREWORKS AND
CELEBRATIONS VIA TV LIVE**

