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# DECEMBER 2023 SOUTH PORT

## SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



9:30 AM WELCOME TO THE
DAY
10:00 AM NEWSPAPER
READ
10:30 AM BALLOON
THERAPY
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM SINGALONGS VIA
YOUTUBE

4 PM 1-1 ROOM VISITS

8 9:30 AM WELCOME TO THE

MORNING TV SHOW
10:00 AM TOOLBOX
ACTIVITIES
PAMPERING OR
AROMATHERAPY
AFTERNOON MOVIE
GARDEN WALKS
SATURDAY NIGHT
MOVIE

MORNING CHURCH

MASS

( LIVESTREAM )

AFTERNOON MOVIE

PAMPERING

NETFLIX AVAILABLE ALL

DAY

TOOLBOX ACTIVITY

9:30 AM MORNING
SHOWS
10:30 AM MUSIC
MELODIES
11:00 AM PAMPERING
1:30 PM AFTERNOON
MOVIES
3 PM GARDEN WALKS

9:30 AM WELCOME TO THE
DAY
10:00 AM NEWSPAPER READ
10:30 AM IN CHAIR
EXERCISES
11:15 AM GARDEN WALKS
/GARDENING
1:30 PM BINGO
3:00 PM BOARD OR CARD
GAMES
4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE
DAY
10:30 AM NEWSPAPER
READ
11:00 AM MUSIC AND
MELODIES
1:30 PM. RESIDENTS AND
RELATIVE CHRISTMAS
PARTY

DAY 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER 10:00 AM NEWSPAPER READING READ 10:30 AM RESIDENT CHOICE OF 10:30 AM BALLOON ARTIST THERAPY 11:00 AM GESSY'S PHYSIO 11:00 AM ZUMBA GOLD **EXERCISES** 2 PM HAPPY HOUR 1:30 PM BUS TRIPS 3 PM SINGALONGS VIA 3 PM PUPPETS ALIVE YOUTUBE 4 PM 1-1 ROOM VISITS 4 PM 1-1 ROOM VISITS

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MORNING TV SHOW
10:00 AM TOOLBOX
ACTIVITIES
PAMPERING OR
AROMATHERAPY
2 PM PLANETSHAKERS
CITY CHURCH CHOIR
GARDEN WALKS
SATURDAY NIGHT MOVIE

PLANETSHAKERS CITY CHIRCH

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MORNING CHURCH
MASS
(LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
NETFLIX AVAILABLE ALL
DAY

TOOLBOX ACTIVITY

9:30 AM MORNING
SHOWS
10:30 AM MUSIC
MELODIES
11:00 AM PAMPERING
1:30 PM AFTERNOON
MOVIES
3 PM GARDEN WALKS

12 13

9:30 AM WELCOME TO THE
DAY
10:00 AM NEWSPAPER READ
10:30 AM IN CHAIR
EXERCISES
11:15 AM GARDEN WALKS
/GARDENING
1:30 PM BINGO
3:00 PM BOARD OR CARD
GAMES
4 PM 1-1 ROOM VISITS

9:30 AM LIFESTYLE HUDDLE

MEETING

10:30 AM NEWSPAPER READ

11:00 AM MUSIC AND MELODIES

2 PM GREEK GROUP

3 PM POWERPOINT

PRESENTATION

4 PM 1-1 ROOM VISITS

5 PM INTERNATIONAL

VOLUNTEERS DAY CELEBRATIONS

( LIONSHARE CAFE )

9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READING
10:30 AM RESIDENT CHOICE OF
ARTIST
11:00 AM GESSY'S PHYSIO
EXERCISES
1:30 PM BUS TRIPS
3 PM PUPPETS ALIVE
4 PM 1-1 ROOM VISITS

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9:30 AM WELCOME TO THE

DAY

10:00 AM NEWSPAPER

READ

10:30 AM BALLOON

THERAPY

11:00 AM ZUMBA GOLD

2 PM HAPPY HOUR

3 PM TOMMY'S

SINGALONGS

4 PM 1-1 ROOM VISITS

MORNING TV SHOW
10:00 AM TOOLBOX
ACTIVITIES
PAMPERING OR
AROMATHERAPY
AFTERNOON MOVIE
GARDEN WALKS
SATURDAY NIGHT
MOVIE



## DECEMBER 2023

### **SOUTH PORT**

MONDAY SUNDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY 19 20 21 18 23 17 22 9:30 AM WELCOME TO THE 9:30 AM WELCOME TO THE DAY **MORNING CHURCH** 9:30 AM MORNING 9:30 AM WELCOME TO THE **MORNING TV SHOW** DAY DAY

MASS
( LIVESTREAM )
AFTERNOON MOVIE
PAMPERING
NETFLIX AVAILABLE ALL
DAY

TOOLBOX ACTIVITY

9:30 AM MORNING
SHOWS
10:30 AM MUSIC
MELODIES
11:00 AM PAMPERING
1:30 PM AFTERNOON
MOVIES
3 PM GARDEN WALKS

9:30 AM WELCOME TO THE
DAY

10:00 AM NEWSPAPER READ
10:30 AM IN CHAIR
EXERCISES

11:15 AM GARDEN WALKS
/GARDENING
1:30 PM BINGO
3:00 PM BOARD OR CARD
GAMES

4 PM 1-1 ROOM VISITS

PUBLIC HOLIDAY

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9:30 AM WELCOME TO TH DAY 10:30 AM NEWSPAPER READ 11:00 AM MUSIC AND MELODIES 2 PM GREEK GROUP 3 PM ARMCHAIR TRAVEL 4 PM 1-1 ROOM VISITS 9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READING
10:30 AM RESIDENT CHOICE OF
ARTIST
11:00 AM GESSY'S PHYSIO
EXERCISES
1:30 PM BUS TRIPS
3 PM PUPPETS ALIVE
4 PM 1-1 ROOM VISITS

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10:00 AM NEWSPAPER 10:00 AM TOOLBOX READ **ACTIVITIES** 10:30 AM BALLOON PAMPERING OR THERAPY AROMATHERAPY 11:00 AM ZUMBA GOLD **AFTERNOON MOVIE** 2 PM HAPPY HOUR **GARDEN WALKS** 3 PM TOMMY'S SATURDAY NIGHT **SINGALONGS** MOVIE 4 PM 1-1 ROOM VISITS

MORNING CHURCH

MASS

(LIVESTREAM)

AFTERNOON MOVIE

PAMPERING

NETFLIX AVAILABLE ALL

TOOLBOX ACTIVITY

DAY

PUBLIC HOLIDAY

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9:30 AM MORNING SHOWS
10:30 AM MUSIC MELODIES
11:00 AM PAMPERING
12:00 PM CHRISTMAS
LUNCH
1:30 PM CHRISTMAS
CAROLS
(VIA YOUTUBE)

3 PM GARDEN WALKS

MORNING TV SHOW
TOOLBOX ACTIVITIES
PAMPERING OR
AROMATHERAPY
GREEK AFTERNOON
MOVIE
GARDEN WALKS

9:30 AM LIFESTYLE HUDDLE

MEETING

10:30 AM NEWSPAPER

READ

11:00 AM MUSIC AND

MELODIES

2 PM GREEK GROUP

3 PM POWERPOINT

PRESENTATION

4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER
READING
0:30 AM RESIDENT CHOICE OF
ARTIST
11:00 AM GESSY'S PHYSIO
EXERCISES
1:30 PM BUS TRIPS
3 PM PUPPETS ALIVE
4 PM 1-1 ROOM VISITS

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9:30 AM WELCOME TO THE
DAY
MOI
10:00 AM NEWSPAPER
READ
10:30 AM BALLOON
THERAPY
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM TOMMY 'S
SINGALONGS
4 PM LIFESTYLE FOCUS
GROUP MEETING

MORNING TV SHOW
10:00 AM TOOLBOX
ACTIVITIES
PAMPERING OR
AROMATHERAPY
AFTERNOON MOVIE
GARDEN WALKS
SATURDAY NIGHT
MOVIE

MORNING CHURCH MASS

( LIVESTREAM )

AFTERNOON MOVIE

PAMPERING

NETFLIX AVAILABLE ALL DAY

TOOLBOX ACTIVITY

NEW YEARS EVE

FIREWORKS AND

CELEBRATIONS VIA TV LIVE





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