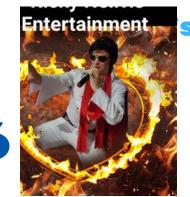




JANUARY 2024 LEVEL 2- HOUSE 4, 5 & 6

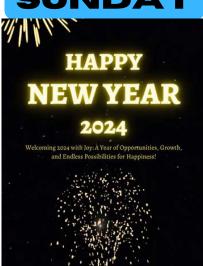


SUNDAY

MONDAY

TUESDAY WEDNESDAY

THURSDAY FRIDAY SATURDAY



NEW YEARS DAY 9:30 AM MORNING TV SHOWS 10:30 AM MUSICAL MOMENTS 11:00 AM LAUGHTER AND LATTES 1 PM GARDEN WALKS 2 PM AFTERNOON MOVIES

NETFIX AVAILABLE ALL DAY

2 9:30 AM WELCOME TO THE

10:00 AM GESSY'S PHYSIO **EXERCISES** 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME (L4) 1:30 PM POETRY 3 PM ARMCHAIR TRAVEL

4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 10:30 AM ZUMBA GOLD (H4 & 5) 11:15 AM MOVIE TRIVIA 1:30 PM RACHEL'S BUS TRIP

1:30 PM TOMMY'S SINGALONG & HIGH TEA (L 1) 1:30 PM KIMBERLY'S ART THERAPY

> (LM) 1:30 PM FLOOR GAMES 3 PM BINGO

9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSIO EXERCISES 10:30 AM CATHOLIC VOLUNTEER **VISITOR** 10:45 AM NEWS & VIEWS 11:15 AM MOVIE TRIVIA 11:00 AM CHOIR (L3)

1:30 PM MEN;S GROUP (CINEMA) 1:30 PM LINDA'S ART & GRAFTS 3 PM KNITTING GROUP

4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE 10:00 AM NEWS AND VIEWS 10:30 AM MOVIE TRIVIA 11:00 AM IN CHAIR EXERCISES 2 PM TRIVIA (L4) 2 PM ZUMBA GOLD (H6) 3 PM LOCHLAN'S FRIDAY FIESTA (L4) 3 PM CAROL'S SINGALONGS

(L3) 3:30 PM LIONSHARE CAFE 4 PM 1-1 ROOM VISITS

9:30 AM MORNING TV SHOWS 10:30 AM MUSICAL **MOMENTS** 11:00 AM LAUGHTER AND LATTES 1 PM GARDEN WALKS 2 PM AFTERNOON MOVIES

NETFIX AVAILABLE ALL DAY

4 PM HAPPY HOUR

LIVESTREAM CHURCH MASS (BY REQUEST) 10:00 AM COFFEE & CHAT 2 PM AFTERNOON MOVIE MATINEE **NETFLIX ACTIVITIES** GARDEN WALKS

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 10:30 AM WORD GAME AND **QUIZZES** 11:00 AM 9 LETTER WORD GAME (L4) 2 PM OMEGA VIOLINIST

3 PM DOCUMENTARY

4 PM 1-1 ROOM VISIT

9 9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSIO

EXERCISES 10:30 AM NEWS AND VIEWS

11:00 AM 9 LETTER WORD GAME (L4) 1:30 PM LOINSHARE CAFE

TIME 2:45 PM YOGA

4 PM 1-1 ROOM VISITS

10

ELVIS RICKY NEILVIS CONCERT

4 PM 1-1 ROOM VISITS

9:30 AM LIFESTYLE HUDDLE MEETING 10:00 AM NEWS AND VIEWS 10:30 AM ZUMBA GOLD (H4 & 5) 11:15 AM MOVIE TRIVIA 1 :30 PM KIMBERLY'S ART THERAPY (LM) 1 :30 PM ELVIS RICKY NEILVIS CONCERT (L2)

3 PM BINGO 4 PM OYSTER BAR (BOARDROOM) 4 PM 1-1 ROOM VISITS 11

9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSIO EXERCISES 10:30 AM CATHOLIC VOLUNTEER **VISITOR** 10:45 AM NEWS & VIEWS

11:15 AM MOVIE TRIVIA 11:00 AM CHOIR (L3) 1 :30 PM MEN;S GROUP (CINEMA) 1:30 PM LINDA'S ART & GRAFTS 3 PM KNITTING GROUP

4 PM 1-1 ROOM VISITS

12

9:30 AM WELCOME TO THE 10:00 AM NEWS AND VIEWS 10:30 AM MOVIE TRIVIA 11:00 AM IN CHAIR EXERCISES 2 PM TRIVIA (L4) 2 PM ZUMBA GOLD (H6) 3 PM LOCHLAN'S FRIDAY FIESTA (L4) 3:30 PM LIONSHARE CAFE **VISITS**

4 PM 1-1 ROOM VISITS

9:30 AM MORNING TV SHOWS 10:30 AM MUSICAL **MOMENTS** 11:00 AM LAUGHTER AND LATTES 1 PM GARDEN WALKS 2 PM AFTERNOON MOVIES NETFIX AVAILABLE ALL DAY

4 PM HAPPY HOUR

LIVESTREAM CHURCH MASS (BY REQUEST) 10:00 AM COFFEE & CHAT 2 PM AFTERNOON MOVIE MATINEE **NETFLIX ACTIVITIES** GARDEN WALKS

15

8

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 10:30 AM WORD GAME AND **QUIZZES** 11:00 AM 9 LETTER WORD GAME (L4) 1:30 PM MASTERCHEF 3 PM RESIDENT CHOICE OF ARTIST

4 PM 1-1 ROOM VISIT

16

17

9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSIO **EXERCISES** 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME (L4) 1:30 PM GARDENING 2:45 PM YOGA 4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS

> 10:30 AM ZUMBA GOLD (H4&5)

11:15 AM MOVIE TRIVIA 1:30 PM RACHEL'S BUS TRIP 1:30 PM KIMBERLY'S ART

> THERAPY (LM)

1:30 PM FLOOR GAMES 3 PM BINGO

4 PM 1-1 ROOM VISITS

18

9:30 AM WELCOME TO THE DAY

EXERCISES

VISITOR 10:45 AM NEWS & VIEWS

11:15 AM MOVIE TRIVIA 11:00 AM CHOIR (L3)

10:00 AM GESSY'S PHYSIO

10:30 AM CATHOLIC VOLUNTEER

1:30 PM LINDA'S ART & GRAFTS 3 PM KNITTING GROUP

4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE

10:00 AM NEWS AND VIEWS 10:30 AM MOVIE TRIVIA 11:00 AM IN CHAIR EXERCISES 1 :30 PM LIFESTYLE FOCUS GROUP (LM) 2 PM TRIVIA (L4) 2 PM ZUMBA GOLD (H6) 3 PM LOCHLAN'S FRIDAY FIESTA (L4) 3 PM CAROL'S SINGALONGS (L3)

3:30 PM LIONSHARE CAFE

VISITS

4 PM 1-1 ROOM VISITS

9:30 AM MORNING TV SHOWS 10:30 AM MUSICAL **MOMENTS** 11:00 AM LAUGHTER AND LATTES 1 PM GARDEN WALKS 2 PM AFTERNOON MOVIES NETFIX AVAILABLE ALL DAY 4 PM HAPPY HOUR



JANUARY 2024

LEVEL 2- HOUSE 4, 5 & 6

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

21

LIVESTREAM CHURCH
MASS
(BY REQUEST)
10:00 AM COFFEE &
CHAT
2 PM AFTERNOON
MOVIE
MATINEE
NETFLIX ACTIVITIES
GARDEN WALKS

9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND
VIEWS

10:30 AM WORD GAME
AND QUIZZES

11:00 AM 9 LETTER WORD
GAME (L4)

1:30 PM SINGING IN THE
RAIN MUSICAL MOVIE
3 PM DOCUMENTARY
4 PM 1-1 ROOM VISIT

23

9:30 AM WELCOME TO
THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM NEWS AND
VIEWS
11:00 AM 9 LETTER WORD
GAME (L4)
1:30 PM ARMCHAIR
TRAVEL
2:45 PM YOGA

4 PM 1-1 ROOM VISITS

24

9:30 AM LIFESTYLE HUDDLE

MEETING

10:30 AM ZUMBA GOLD

(H4 & 5)

11:15 AM MOVIE TRIVIA

1 :30 PM KIMBERLY'S ART

THERAPY

(LM)

1 :30 PM FLOOR GAMES

3 PM BINGO

4 PM 1-1 ROOM VISITS

25

9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM CATHOLIC VOLUNTEER
VISITOR
10:45 AM NEWS & VIEWS
11:15 AM MOVIE TRIVIA
11:00 AM CHOIR (L3)
1:30 PM AUSTRALIA DAY
POWERPOINT PRESENTAION
3 PM AUSTRALIA DAY
CELEBRATIONS
4 PM 1-1 ROOM VISITS

26 PUBLIC HOLIDAY
AUSTRALIA DAY

9:30 AM MORNING TV
SHOWS
10:30 AM MUSICAL
MOMENTS
11:00 AM LAUGHTER
AND LATTES
1 PM GARDEN WALKS
2 PM AUSTRALIAN
MOVIES
NETFIX AVAILABLE ALL
DAY

27

9:30 AM MORNING TV
SHOWS
10:30 AM MUSICAL
MOMENTS
11:00 AM LAUGHTER AND
LATTES
1 PM GARDEN WALKS
2 PM AFTERNOON MOVIES
NETFIX AVAILABLE ALL DAY
4 PM HAPPY HOUR

28

LIVESTREAM CHURCH
MASS
(BY REQUEST)
10:00 AM COFFEE &
CHAT
2 PM AFTERNOON
MOVIE
MATINEE
NETFLIX ACTIVITIES

GARDEN WALKS

29

9:30 AM WELCOME
TO THE DAY
10:00 AM NEWS AND
VIEWS
10:30 AM WORD
GAME AND QUIZZES
11:00 AM 9 LETTER
WORD GAME (L4)
1:30 MASTERCHEF
3 PM RESIDENTS
CHOICE OF ARTIST

4 PM 1-1 ROOM VISIT

30

9:30 AM WELCOME
TO THE DAY
10:00 AM GESSY'S
PHYSIO EXERCISES
10:30 AM NEWS AND
VIEWS
11:00 AM PHOTO
FRAME ART
1:30 PM LADIES
GROUP
2:45 PM YOGA
4 PM 1-1 ROOM

VISITS

31

9:30 AM WELCOME TO THE
DAY

10:00 AM NEWS AND VIEWS

10:30 AM ZUMBA GOLD
(H4 & 5)

11:15 AM MOVIE TRIVIA

1:30 PM RACHEL'S BUS TRIP
1:30 PM KIMBERLY'S ART
THERAPY
(LM)
1:30 PM FLOOR GAMES
2 PM FOOD APPRECIATION
MEETING (BOARDROOM)
3 PM BINGO
4 PM 1-1 ROOM VISITS

