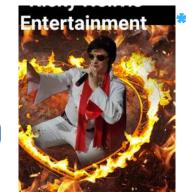
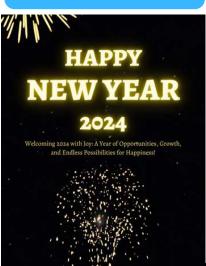


JANUARY 2024 LEVEL 4- HOUSE 9 & 10



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



PUBLIC HOLIDAY

NEW YEARS DAY

MORNING TV SHOWS

11:00 AM COFFEE AND CHAT
1 PM TOOL BOX ACTIVITIES
2 PM NEW YEAR DAY
CELEBRATIONS (VIA
YOUTUBE WITH CHAMPAGNE

MATINEE 3 PM GARDEN WALKS 9 :30 AM WELCOME TO THE

9:30 AM GESSY'S PHYSIO EXERCISES

10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORDS
2 BINGO

3:30 PM YOGA (L3) 3:30 PM ARMCHAIR TRAVEL

4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM IN CHAIR EXERCISES
11:00 AM 9 LETTER WORD GAMES
1:30 PM KIMBERLY'S ART THERAPY
(LM)

1 :30 PM RACHEL'S BUS TRIP 1 :30 PM TOMMY'S SINGALONGS & HIGH TEA

2 PM DOCUMENTARY
4 PM OYSTER BAR
(BOARDROOM)

9:30 AM WELCOME TO DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:15 AM NEWS AND VIEWS
10:30 AM CATHOLIC VOLUNTEERS
VISITOR

11:00 AM 9 LETTER WORD GAMES
11:00 AM CHOIR (L3)
1:30 PM MEN'S GROUP
(CINEMA)

2 PM ZUMBA GOLD
3 :30 PM PAMPERING
4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD

GAMES
2 PM TRIVIA
3 PM CAROL'S SINGALONGS

3 PM LOCHLAN'S FRIDAY
FIESTA
4 PM 1-1 ROOM VISITS

(L3)

MORNING TV SHOWS

1 1:00 AM COFFEE AND

CHAT

1 PM TOOL BOX

ACTIVITIES

2 PM AFTERNOON

MOVIE

MATINEE

3 PM GARDEN WALKS

4 PM HAPPY HOUR

8

15

LIVESTREAM CHURCH MASS
(BY REQUEST)

10:30 AM COFFEE & CHAT
1 PM. MUSICAL CONCERTS
(VIA YOUTUBE)

NETFLIX AVAILABLE ALL DAY
GARDEN WALKS

TOOLBOX ACTIVITIES

SUNDAY NIGHT MOVIES

9:30 AM WELCOME TO THE DAY
10:00 AM SUNRISE NEWS
(VIA TV)
11:00 AM 9 LETTER WORD GAMES
2 PM OMEGA VIOLINIST (L2)
2 PM CLASSICAL COMPOSER
3 PM MUSICAL CONCERT (VIA
YOUTUBE)

4 PM 1-1 ROOM VISITS

DAY

10:00 AM SUNRISE NEWS

(VIATV)

11:00 AM 9 LETTER WORD

GAMES

2 PM MASTERCHEF

#3 PM SINGING IN THE RAIN

MUSICAL (VIA YOUTUBE)

4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:00 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORDS 2 BINGO 3:30 PM YOGA (L3)

3:30 PM ARMCHAIR TRAVEL

4 PM 1-1 ROOM VISITS

9:30 AM LIFESTYLE HUDDLE

MEETING

10:30 AM NEWS AND VIEWS

11:00 AM 9 LETTER WORD GAMES

1:30 PM KIMBERLY'S ART

THERAPY

(LM)

2 PM OMEGA VIOLINIST (L2)

2 PM DOCUMENTARY

4 PM OYSTER BAR

(BOARDROOM)

9 :30 AM WELCOME TO DAY
9 :30 AM GESSY'S PHYSIO EXERCI

9:30 AM GESSY'S PHYSIO EXERCISES
10:15 AM NEWS AND VIEWS
10:30 AM CATHOLIC VOLUNTEERS
VISITOR
11:00 AM 9 LETTER WORD GAMES

11:00 AM CHOIR (L3) 1:30 PM MEN'S GROUP (CINEMA) 2 PM ZUMBA GOLD

> 3:30 PM PAMPERING 4 PM 1-1 ROOM VISITS

12

9:30 AM WELCOME TO THE DAY 10:30 AM NEWS AND VIEWS

11:00 AM 9 LETTER WORD
GAMES

2 PM TRIVIA 3 PM LOCHLAN'S FRIDAY FIESTA

4 PM 1-1 ROOM VISITS

CHAT

1 PM TOOL BOX

ACTIVITIES

2 PM AFTERNOON

MOVIE

MATINEE

3 PM GARDEN WALKS

4 PM HAPPY HOUR

MORNING TV SHOWS

11:00 AM COFFEE AND

14

LIVESTREAM CHURCH MASS

(BY REQUEST)

10:30 AM COFFEE & CHAT

1 PM. MUSICAL CONCERTS

(VIA YOUTUBE)

NETFLIX AVAILABLE ALL DAY

GARDEN WALKS

TOOLBOX ACTIVITIES

SUNDAY NIGHT MOVIES

5 16 9:30 AM WELCOME TO THE

9

9 :30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES

10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORDS
2 BINGO

3:30 PM ARMCHAIR TRAVEL 4 PM 1-1 ROOM VISITS

3:30 PM YOGA (L3)

9:30 AM WELCOME TO THE DAY

10:00 AM NEWS AND VIEWS

10:30 AM IN CHAIR EXERCISES

11:00 AM 9 LETTER WORD GAMES

1:30 PM KIMBERLY'S ART

THERAPY

(LM)

1 :30 PM RACHEL'S BUS TRIP
2 PM DOCUMENTARY
4 PM 1-1 ROOM VISITS

18

9:30 AM WELCOME TO DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND VIEWS
10:30 AM CATHOLIC
VOLUNTEERS VISITOR
11:00 AM 9 LETTER WORD
GAMES

11:00 AM CHOIR (L3)
2 PM ZUMBA GOLD
3:30 PM PAMPERING

4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE 2

10:30 AM NEWS AND VIEWS 10:30 AM CATHOLIC MASS

(CINEMA)
11:00 AM 9 LETTER WORD

GAMES 1 :30 PM LIFESYLE FOCUS

GROUP (LM)

2 PM HOLLYWOOD
COLLECTIONS (VIA YOUTUBE

3 PM CAROL'S SINGALONGS
(L3)

4 PM 1-1 ROOM VISITS

MOVIE MATINEE 3 PM GARDEN WALKS 4 PM HAPPY HOUR

MORNING TV SHOWS

11:00 AM COFFEE AND

CHAT

1 PM TOOL BOX

ACTIVITIES

2 PM AFTERNOON

27



JANUARY 2024 LEVEL 4- HOUSE 9 & 10

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

21

LIVESTREAM CHURCH MASS
(BY REQUEST)

10:30 AM COFFEE & CHAT

1 PM. MUSICAL CONCERTS
(VIA YOUTUBE)

NETFLIX AVAILABLE ALL
DAY

GARDEN WALKS
TOOLBOX ACTIVITIES

SUNDAY NIGHT MOVIES

22

29

9:30 AM WELCOME TO
THE DAY
10:00 AM SUNRISE
NEWS
(VIA TV)
11:00 AM 9 LETTER
WORD GAMES
2 PM A STAR IS BORN
MUSICAL CONCERT
(VIA YOUTUBE)
4 PM 1-1 ROOM VISITS

23

9:30 AM WELCOME TO THE
DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORDS
2 BINGO
3:30 PM YOGA (L3)
3:30 PM ARMCHAIR TRAVEL
4 PM 1-1 ROOM VISITS

24

9:30 AM LIFESTYLE HUDDLE

MEETING

10:30 AM NEWS AND VIEWS

11:00 AM 9 LETTER WORD

GAMES

1:30 PM KIMBERLY'S ART

THERAPY

(LM)

2 PM DOCUMENTARY

4 PM 1-1 ROOM VISITS

25

9:30 AM WELCOME TO DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND VIEWS
10:30 AM CATHOLIC
VOLUNTEERS VISITOR
11:00 AM 9 LETTER WORD
GAMES
11:00 AM CHOIR (L3)
2 PM ZUMBA GOLD
3:30 PM PAMPERING

4 PM 1-1 ROOM VISITS

26 PUBLIC HOLIDAY

AUSTRALIA DAY

MORNING TV SHOWS

11:00 AM COFFEE

AND CHAT

1 PM TOOL BOX

ACTIVITIES

2 PM AUSTRALIAN

MOVIE

MORNING TV SHOWS

11:00 AM COFFEE

AND CHAT

1 PM TOOL BOX

ACTIVITIES

2 PM AFTERNOON MOVIE MATINEE 3 PM GARDEN WALKS

4 PM HAPPY HOUR

28

LIVESTREAM CHURCH
MASS
(BY REQUEST)
10:30 AM COFFEE &
CHAT
1 PM. MUSICAL
CONCERTS
(VIA YOUTUBE)
NETFLIX AVAILABLE ALL
DAY
GARDEN WALKS
TOOLBOX ACTIVITIES

SUNDAY NIGHT MOVIES

30

9:30 AM WELCOME
TO THE DAY
10:00 AM SUNRISE
NEWS
(VIA TV)
11:00 AM 9 LETTER
WORD GAMES
2 PM WEST SIDE
STORY
MUSICAL CONCERT
(VIA YOUTUBE)
4 PM 1-1 ROOM

VISITS

9:30 AM WELCOME
TO THE DAY
9:30 AM GESSY'S
PHYSIO EXERCISES
10:00 AM NEWS AND
VIEWS
11:00 AM 9 LETTER
WORDS
2 BINGO
3:30 PM YOGA (L3)
3:30 PM CLAY
THERAPY

4 PM 1-1 ROOM

VISITS

31

9:30 AM WELCOME TO THE
DAY

10:00 AM NEWS AND VIEWS
10:30 AM IN CHAIR
EXERCISES
11:00 AM 9 LETTER WORD
GAMES
1:30 PM KIMBERLY'S ART
THERAPY
(LM)
1:30 PM RACHEL'S BUS TRIP
2 PM DOCUMENTARY
2 PM FOOD APPRECIATION
MEETING (BOARDROOM)

4 PM 1-1 ROOM VISITS



designed by @ freepik