

# FEBRUARY 2024

## LEVEL 3- HOUSE 7 & 8

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**



**4** **LIVESTREAM CHURCH MASS (BY REQUEST)**  
10:00 AM MORNING TV SHOWS  
12:00 PM DINING EXPERIENCE  
2 PM AFTERNOON MOVIE MATINEE  
3 PM TOOLBOX ACTIVITIES  
4PM GARDEN WALKS  
6PM SUNDAY NIGHT AT THE MOVIES

**5** 9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES AND QUIZZES  
11:00 AM 9 LETTER WORDS  
1:15 PM DOCUMENTARY  
1:30 PM MANDY'S MEDITATION( CINEMA)  
3 PM CAFE VISITS  
4 PM 1-1 ROOM VISITS

**6** 9:30 AM WELCOME TO THE DAY  
9:30 AM SUMAN'S PHYSIO EXERCISES  
10:15 AM NEWS AND VIEWS  
11:00AM ART THERAPY WITH NICKY & ALEX  
11:00 AM 9 LETTER WORD GAME ( L4 )  
1:30 PM POETRY  
3:30 PM YOGA  
4 PM 1-1 ROOM VISITS

**7** 9:30 AM LIFESTYLE HUDDLE MEETING  
10:30 AM NEWS AND VIEWS  
11:00 AM WORD GAMES AND QUIZZES  
11:00 AM IN CHAIR EXERCISES  
11:00 AM 9 LETTER WORD GAME ( L4 )  
1:30 PM SUE'S SINGALONG( H6)  
1:30 PM KIMBERLY'S ART THERAPY  
1:30 PM LOCHLAN'S BUS TRIP ( BEACH )  
1:30 PM MASTERCHEF  
3 PM LIONSHARE CAFE VISITS  
4 PM 1-1 ROOM VISITS

**8** 9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO EXERCISES  
10:00 AM INTERGENERATIONAL PROGRAM  
10:15 AM NEWS AND VIEWS  
10:30 AM CATHOLIC VOLUNTEER VISITOR  
10:45 AM WORD GAME AND QUIZZES  
11:00 AM CHOIR  
1:30 PM COCKTAIL HOUR  
2 :45 PM ZUMBA GOLD  
4 PM 1-1 ROOM VISITS

**9** 9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM CATHOLIC MASS ( CINEMA)  
10:30 AM WORD GAME AND QUIZZES  
11:00 AM IN CHAIR EXERCISES  
2 PM TRIVIA ( L4 )  
3 PM LOCHLAN'S FRIDAY FIESTA ( L4)  
3 PM CHINESE NEW YEAR POWERPOINT PRESENTATION ALSO CHINESE HOROSCOPE READING WITH GEORGINE  
3 PM LIONSHARE CAFE VISITS  
4 PM 1-1 ROOM VISITS

**10** **CHINESE NEW YEAR**  
MORNING TV SHOWS  
11:00 AM COFFEE AND CHAT  
12:00 PM DINING EXPERIENCE MUSIC  
1 PM TOOL BOX ACTIVITIES  
2 PM AFTERNOON MOVIE MATINEE  
3 PM GARDEN WALKS  
4 PM HAPPY HOUR  
SATURDAY NIGHT AT THE MOVIES

**11** **LIVESTREAM CHURCH MASS (BY REQUEST)**  
10:00 AM MORNING TV SHOWS  
12:00 PM DINING EXPERIENCE  
2 PM AFTERNOON MOVIE MATINEE  
3 PM TOOLBOX ACTIVITIES  
4PM GARDEN WALKS  
6PM SUNDAY NIGHT AT THE MOVIES

**12** 9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAMES AND QUIZZES  
11:00 AM 9 LETTER WORDS  
1:15 PM DOCUMENTARY  
1:30 PM MANDY'S MEDITATION ( CINEMA)  
3 PM FLOOR GAMES  
4 PM 1-1 ROOM VISITS

**13** 9:30 AM WELCOME TO THE DAY  
9:30 AM SUMAN'S PHYSIO EXERCISES  
10:15 AM NEWS AND VIEWS  
11:00 AM ART THERAPY WITH NICKY & ALEX  
11:00 AM 9 LETTER WORD GAME ( L4 )  
1:30 PM VALENTINE DAY CRAFTS  
3:30 PM YOGA  
4 PM 1-1 ROOM VISITS

**14** **VALENTINE'S DAY**  
9:30 AM WELCOME TO THE DAY  
10:30 AM NEWS AND VIEWS  
10:30 AM RACHEL'S BUS TRIP ( POYNTON'S NURSERY)  
11:00 AM WORD GAMES AND QUIZZES  
11:00 AM IN CHAIR EXERCISES  
11:00 AM 9 LETTER WORD GAME ( L4 )  
1:30 PM KIMBERLY'S ART THERAPY  
1 :30 PM VALENTINES DAY CONCERT WITH MAGGIE ( L2 )  
2 PM ARMCHAIR TRAVEL  
4 PM OYSTER BAR  
4 PM 1-1 ROOM VISITS

**15** 9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO EXERCISES  
10:30 AM CATHOLIC VOLUNTEER VISITOR  
10:45 AM NEWS AND VIEWS  
11:00 AM CHOIR  
1:30 PM LADIES GROUP  
2 :45 PM ZUMBA GOLD  
4 PM 1-1 ROOM VISITS

**16** 9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM WORD GAME AND QUIZZES  
11:00 AM IN CHAIR EXERCISES  
2 PM TRIVIA ( L4 )  
3 PM LOCHLAN'S FRIDAY FIESTA ( L4)  
3 PM CAROL'S SINGALONGS  
4 PM 1-1 ROOM VISITS

**17** **MORNING TV SHOWS**  
11:00 AM COFFEE AND CHAT  
12:00 PM DINING EXPERIENCE MUSIC  
1 PM TOOL BOX ACTIVITIES  
2 PM AFTERNOON MOVIE MATINEE  
3 PM GARDEN WALKS  
4 PM HAPPY HOUR  
SATURDAY NIGHT AT THE MOVIES



FEBRUARY 2024

LEVEL 3- HOUSE 7 & 8

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18	19	20	21	22	23	24
LIVESTREAM CHURCH MASS (BY REQUEST ) 10:00 AM MORNING TV SHOWS 12:00 PM DINING EXPERIENCE 2 PM AFTERNOON MOVIE MATINEE 3 PM TOOLBOX ACTIVITIES 4PM GARDEN WALKS 6PM SUNDAY NIGHT AT THE MOVIES	9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 10:30 AM WORD GAMES AND QUIZZES 11:00 AM 9 LETTER WORDS 1:15 PM DOCUMENTARY 1:30 PM MANDY'S MEDITATION ( CINEMA) 3 PM CAFE VISITS 4 PM 1-1 ROOM VISITS	9:30 AM WELCOME TO THE DAY 9:30 AM SUMAN'S PHYSIO EXERCISES 10:15 AM NEWS AND VIEWS 11:00 AM ART THERAPY WITH NICKY & ALEX 11:00 AM 9 LETTER WORD GAME ( L4 ) 1:30 PM FLOWER ARRANGEMENTS 3:30 PM YOGA 4 PM 1-1 ROOM VISITS	9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWS AND VIEWS 11:00 AM WORD GAMES AND QUIZZES 11:00 AM IN CHAIR EXERCISES 11:00 AM 9 LETTER WORD GAME ( L4) 1:30 PM KIMBERLY'S ART THERAPY 1:30 PM LOCHLAN'S BUS TRIP ( HEIDI MUSEUM ) 1:30 PM SUE'S SINGALONG'S ( H6) 1:30 PM MASTERCHEF 3 PM LIONSHARE CAFE VISITS 4 PM 1-1 ROOM VISITS	9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10 AM INTERGENERATIONAL PROGRAM 10:15 AM NEWS AND VIEWS 10:30 AM CATHOLIC VOLUNTEER VISITOR 10:45 AM WORD GAME AND QUIZZES 11:00 AM CHOIR 1:30 PM COCKTAIL HOUR 2 :45 PM ZUMBA GOLD 4 PM 1-1 ROOM VISITS	9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 10:30 AM WORD GAME AND QUIZZES 11:00 AM IN CHAIR EXERCISES 1:30 PM LIFESTYLE FOCUS GROUP MEETING ( LM ) 2 PM TRIVIA ( L4 ) 3 PM LOCHLAN'S FRIDAY FIESTA ( L4) 3 PM LIONSHARE CAFE VISITS 4 PM 1-1 ROOM VISITS	MORNING TV SHOWS 11:00 AM COFFEE AND CHAT 12:00 PM DINING EXPERIENCE MUSIC 1 PM TOOL BOX ACTIVITIES 2 PM AFTERNOON MOVIE MATINEE 3 PM GARDEN WALKS 4 PM HAPPY HOUR SATURDAY NIGHT AT THE MOVIES
25	26	27	28	29		
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