

FEBRUARY 2024

SOUTH PORT

*subject to change

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 9:30 AM WELCOME TO THE DAY
10:00 AM INTERGENERATIONAL PROGRAM WITH PRE SCHOOL CHILDREN
11:15 AM SUMAN PHYSIO EXERCISES
1:30 PM BUS TRIP
2:30 PM PUPPETS ALIVE
4 PM 1-1 ROOM VISITS

2 9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READING
10:30 AM GREEK NEWS VIA YOUTUBE)
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM SINGALONGS (VIA YOUTUBE)
4 PM 1-1 ROOM VISITS

3 MORNING TV SHOWS
10:00 AM TOOLBOX ACTIVITIES OR PAMPERING
AFTERNOON MOVIE
GARDEN WALKS
SATURDAY NIGHT MOVIE

4 MORNING CHURCH MASS (LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
NETFLIX AVAILABLE ALL DAY
TOOLBOX ACTIVITIES
GARDEN WALKS

5 9:30 AM WELCOME TO THE DAY
MORNING TV SHOWS
10:30 AM PAINT WITH MUSIC
1:30 PM GROUP MORAL SESSION
3 PM SOFT CLAY SCULPTING

6 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM GREEK NEWS (VIA YOUTUBE)
11:15 AM GARDEN WALKS /GARDENING
1:30 PM BINGO
3 PM MASTERCHEF RUM BALLS WITHOUT RUM
4 PM 1-1 ROOM VISITS

7 9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM GREEK NEWS (VIA YOUTUBE)
11:00 AM MUSICAL MELODIES
2 PM GREEK COFFEE AND MUSIC
3 PM REMINISCING MEMEORY LANE
4 PM 1-1 ROOM VISITS

8 9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READ
10:30 AM GREEK NEWS (VIA YOUTUBE)
11:15 AM SUMAN PHYSIO EXERCISES
1:30 PM BUS TRIP
2 PM GREEK MOVIE AND COFFEE
4 PM 1-1 ROOM VISITS

9 9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READING
10:30 AM GREEK NEWS VIA YOUTUBE)
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM CHINESE NEW YEAR (POWERPOINT PRESENTATION)
4 PM 1-1 ROOM VISITS

10 CHINESE NEW YEAR
MORNING TV SHOWS
10:00 AM TOOLBOX ACTIVITIES OR PAMPERING
AFTERNOON MOVIE
GARDEN WALKS
SATURDAY NIGHT MOVIE

11 MORNING CHURCH MASS (LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
NETFLIX AVAILABLE ALL DAY
TOOLBOX ACTIVITIES
GARDEN WALKS

12 9:30 AM WELCOME TO THE DAY
MORNING TV SHOWS
10:30 AM PAINT WITH MUSIC
1:30 PM GROUP MORAL SESSION
3 PM SOFT CLAY SCULPTING

13 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM GREEK NEWS (VIA YOUTUBE)
11:15 AM GARDEN WALKS /GARDENING
1:30 PM BINGO
3 PM BOARD & CARD GAMES
4 PM 1-1 ROOM VISITS

14 VALENTINE'S DAY MAGGIE IN CONCERT
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM GREEK NEWS (VIA YOUTUBE)
11:00 AM MUSICAL MELODIES
1:30 PM GREEK COFFEE AND MUSIC
3 PM VALENTINES CONCERT WITH MAGGIE
4 PM 1-1 ROOM VISITS

15 RESIDENT AND RELATIVE MEETING
9:30 AM WELCOME TO THE DAY
10:00 AM INTERGENERATIONAL PROGRAM WITH PRE-SCHOOL CHILDREN
11:15 AM SUMAN PHYSIO EXERCISES
1:30 PM RESIDENT AND RELATIVE MEETING
3 PM GREEK MOVIE OR CLASSIC MOVIE MATINEE
4 PM 1-1 ROOM VISITS

16 9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READING
10:30 AM GREEK NEWS VIA YOUTUBE)
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM SINGALONGS (VIA YOUTUBE)
4 PM 1-1 ROOM VISITS

17 MORNING TV SHOWS
10:00 AM TOOLBOX ACTIVITIES OR PAMPERING
AFTERNOON MOVIE
GARDEN WALKS
SATURDAY NIGHT MOVIE

SOUTH PORT

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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**MORNING CHURCH
MASS
(LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
NETFLIX AVAILABLE
ALL DAY
TOOLBOX ACTIVITIES
GARDEN WALKS**

19

**9:30 AM WELCOME TO
THE DAY
MORNING TV SHOWS
10:30 AM PAINT WITH
MUSIC
1:30 PM GROUP
MORAL SESSION
3 PM SOFT CLAY
SCULPTING**

20

**9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND VIEWS
10:30 AM GREEK NEWS
(VIA YOUTUBE)
11:15 AM GARDEN WALKS
/GARDENING
1:30 PM BINGO
3 PM PAMPERING
4 PM 1-1 ROOM VISITS**

21

**9:30 AM LIFESTYLE HUDDLE
MEETING
10:30 AM GREEK NEWS
(VIA YOUTUBE)
11:00 AM MUSICAL
MELODIES
2 PM GREEK COFFEE AND
MUSIC
3 PM REMINISCING
MEMEORY LANE
4 PM 1-1 ROOM VISITS**

22

**9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND VIEWS
10:30 AM GREEK NEWS
(VIA YOUTUBE)
11:15 AM SUMAN PHYSIO
EXERCISES
1:30 PM BUS TRIP
2 PM GREEK MOVIE OR
CLASSICAL MOVIE MATINEE
4 PM 1-1 ROOM VISITS**

23

**9:30 AM WELCOME TO
THE DAY
10:00 AM NEWSPAPER
READING
10:30 AM GREEK NEWS
VIA YOUTUBE)
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM SINGALONGS
(VIA YOUTUBE)
4 PM LIFESTYLE FOCUS
MEETING**

24

**MORNING TV
SHOWS
10:00 AM TOOLBOX
ACTIVITIES
OR PAMPERING
AFTERNOON MOVIE
GARDEN WALKS
SATURDAY NIGHT
MOVIE**

25

**MORNING CHURCH
MASS
(LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
NETFLIX AVAILABLE
ALL DAY
TOOLBOX ACTIVITIES
GARDEN WALKS**

26

**9:30 AM WELCOME
TO THE DAY
MORNING TV
SHOWS
10:30 AM PAINT
WITH MUSIC
1:30 PM GROUP
MORAL SESSION
3 PM SOFT CLAY
SCULPTING**

27

**9:30 AM WELCOME
TO THE DAY
10:00 AM NEWS
AND VIEWS
10:30 AM GREEK
NEWS
(VIA YOUTUBE)
11:15 AM GARDEN
WALKS /GARDENING
1:30 PM BINGO
3 PM MASTERCHEF
PANGAKES WITH
FRUIT AND CREAM
4 PM 1-1 ROOM
VISITS**

28

**9:30 AM WELCOME TO
THE DAY
10:00 AM NEWS AND
VIEWS
10:30 AM GREEK
NEWS
(VIA YOUTUBE)
11:00 AM MUSICAL
MELODIES
2 PM GREEK COFFEE
AND MUSIC
3 PM PAMPERING
4 PM 1-1 ROOM VISITS**

29

**9:30 AM WELCOME TO THE
DAY
10:00 AM
INTERGENERATIONAL
PRPGRAM WITH PRE
SCHOOL CHILDREN
11:15 AM SUMAN PHYSIO
EXERCISES
1:30 PM BUS TRIP
2 PM GREEK MOVIE OR
CLASSICAL MOVIE
MATINEE
4 PM 1-1 ROOM VISITS**

