

MARCH 2024

LEVEL 2- HOUSE 4, 5 & 6

***subject to change**



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM ANGLICAN MASS (CINEMA)
10:30 AM MOVIE TRIVIA
11:00 AM IN CHAIR EXERCISES
2 PM ZUMBA GOLD (H6)
2 PM TRIVIA (L4)
3 PM CAROL'S SINGALONG (L3)
3 PM LIONSHARE CAFE VISITS
3 PM LOCHLAN'S FRIDAY FIESTA (L4)
4 PM 1-1 ROOM VISITS

9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MOMENTS
11:00 AM LAUGHTER AND LATTES
1 PM GARDEN WALKS
2 PM AFTERNOON MOVIES
NETFLIX MOVIES AVAILABLE ALL DAY
4 PM HAPPY HOUR

3

4

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAME & QUIZZES
11:00 AM 9 LETTER WORD GAMES (L4)
1:30 PM FOOTY TIPPING
2 PM OMEGA VIOLINIST
3:00 PM BINGO
4 PM 1-1 ROOM VISITS

5

9:30 AM WELCOME TO THE DAY
10:00 AM SUMAN PHYSIO EXERCISES (H4)
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORDS
1:30 PM MEDITATION WITH MANDY (CINEMA)
1:30 PM ART THERAPY WITH NIKKI & ALEX
2:45 PM YOGA (L1)
4 PM 1-1 ROOM VISITS

6

9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM ZUMBA GOLD (H4 & 5)
11:15 AM MOVIE TRIVIA
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONG & HIGH TEA (L1)
1:30 PM LOCHLAN'S BUS TRIP BEACH TRIP
1:30 PM SUE'S SINGALONGS (H6)
2 PM MUSIC CONCERTS VIA YOUTUBE
4 PM 1-1 ROOM VISITS

7

9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S EXERCISES (H4)
10:30 AM CATHOLIC VISITOR
10:45 AM NEWS AND VIEWS
11:00 AM PUPPETS ALIVE (H3)
11:00 AM CHOIR (L3)
11:15 AM MOVIE TRIVIA
1:30 PM MEN'S GROUP (CINEMA)
1:30 PM DANCE AND DRAMA THERAPY
3 PM KNITTING GROUP
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

8

WOMAN'S DAY CELEBRATIONS
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM CATHOLIC MASS (CINEMA)
10:30 AM MOVIE TRIVIA
11:00 AM IN CHAIR EXERCISES
2 PM ZUMBA GOLD (H6)
2 PM TRIVIA (L4)
3 PM WOMAN'S DAY PRESENTATION AND CELEBRATIONS
3 PM LOCHLAN'S FRIDAY FIESTA (L4)
4 PM 1-1 ROOM VISITS

9

9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MOMENTS
11:00 AM LAUGHTER AND LATTES
1 PM GARDEN WALKS
2 PM AFTERNOON MOVIES
NETFLIX MOVIES AVAILABLE ALL DAY
4 PM HAPPY HOUR

10

LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE & CHAT
12 PM DINING EXPERIENCE
MUSIC DURING LUNCH
FOOTY MATCH OF THE DAY
2 PM AFTERNOON MOVIE MATINEE
NETFLIX AVAILABLE ALL DAY
GARDEN WALKS

11

LABOUR DAY PUBLIC HOLIDAY
9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MOMENTS
11:00 AM LAUGHTER AND LATTES
1 PM GARDEN WALKS
2 PM AFTERNOON MOVIES
NETFLIX MOVIES AVAILABLE ALL DAY
6 PM RESIDENT CHOICE OF EVENING MOVIES

12

9:30 AM WELCOME TO THE DAY
10:00 AM SUMAN PHYSIO EXERCISES (H4)
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORDS
1:30 PM MEDITATION WITH MANDY (CINEMA)
1:30 PM ART THERAPY WITH NIKKI & ALEX
2:45 PM YOGA (L1)
4 PM 1-1 ROOM VISITS

13

NATIONAL GALLERY BUS TRIP
9:30 AM WELCOME TO THE DAY
10:30 AM ZUMBA GOLD (H4 & 5)
11:15 AM MOVIE TRIVIA
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONG & HIGH TEA (L1)
1:30 PM RACHEL'S BUS TRIP (NATIONAL GALLERY)
1:30 PM SUE'S SINGALONGS (H6)
2 PM MUSICAL CONCERT (VIA YOUTUBE)
4 PM 1-1 ROOM VISITS

14

9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S EXERCISES (H4)
10:00 AM INTERGENERATIONAL PROGRAM (L3)
10:30 AM CATHOLIC VISITOR
10:45 AM NEWS AND VIEWS
11:00 AM CHOIR (L3)
11:15 AM MOVIE TRIVIA
1:30 PM DANCE AND DRAMA THERAPY
3 PM KNITTING GROUP
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

15

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM MOVIE TRIVIA
11:00 AM IN CHAIR EXERCISES
2 PM ZUMBA GOLD (H6)
2 PM TRIVIA (L4)
3 PM CAROL'S SINGALONG (L3)
3 PM LIONSHARE CAFE VISITS
3 PM LOCHLAN'S FRIDAY FIESTA (L4)
4 PM 1-1 ROOM VISITS

16

9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MOMENTS
11:00 AM LAUGHTER AND LATTES
1 PM GARDEN WALKS
2 PM AFTERNOON MOVIES
NETFLIX MOVIES AVAILABLE ALL DAY
4 PM HAPPY HOUR



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

17 SHARE & CARE CONCERT
ST PATRICKS DAY
LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE & CHAT
12 PM DINING EXPERIENCE
MUSIC DURING LUNCH
FOOTY MATCH OF THE DAY
2 PM SHARE & CARE CONCERT
(L3)
NETFLIX AVAILABLE ALL DAY
GARDEN WALKS

18 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAME & QUIZZES
11:00 AM 9 LETTER WORD GAMES
(L4)
1:30 PM ARMCHAIR TRAVEL
1:40 PM FOOTY TIPPING
3 :00 PM BINGO
4 PM 1-1 ROOM VISITS

19 9:30 AM WELCOME TO THE DAY
10:00 AM SUMAN PHYSIO EXERCISES(H4)
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORDS
1:30 PM MEDITATION WITH MANDY
(CINEMA)
1:30 PM ART THERAPY WITH NIKKI & ALEX
2:45 PM YOGA (L1)
4 PM 1-1 ROOM VISITS

20 9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM ZUMBA GOLD (H4 & 5)
11:15 AM MOVIE TRIVIA
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1 :30 PM ST PARTICK'S DAY CONCERT WITH TOMMY'S BAILEY'S & GREEN CUPCAKES AND DRINKS PROVIDED (L1)
1:30 PM SUE'S SINGALONGS (H6)
2 PM MUSICAL CONCERTS VIA YOUTUBE
4 PM 1-1 ROOM VISITS

21 EASTER CONCERT GALILEE PRIMARY
9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S EXERCISES (H4)
10:00 AM INTERGENERATIONAL PROGRAM (L3)
10:30 AM CATHOLIC VISITOR
10:45 AM NEWS AND VIEWS
11:00 AM CHOIR (L3)
11:15 AM MOVIE TRIVIA
1:30 PM EASTER CONCERT WITH GALILEE PRIMARY (L3)
1:30 PM DANCE AND DRAMA THERAPY
3 PM KNITTING GROUP
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

22 RON IN CONCERT
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM MOVIE TRIVIA
11:00 AM IN CHAIR EXERCISES
1:30 PM LIFESTYLE FOCUS GROUP (LM)
1:30 PM RON IN CONCERT
(L3)
2 PM ZUMBA GOLD (H6)
2 PM TRIVIA (L4)
3 PM LIONSHARE CAFE VISITS
3 PM LOCHLAN'S FRIDAY FIESTA
(L4)
4 PM 1- 1 ROOM VISITS

23 9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MOMENTS
11:00 AM LAUGHTER AND LATTES
1 PM GARDEN WALKS
2 PM AFTERNOON MOVIES
NETFLIX MOVIES AVAILABLE ALL DAY
4 PM HAPPY HOUR

24 LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE & CHAT
12 PM DINING EXPERIENCE
MUSIC DURING LUNCH
FOOTY MATCH OF THE DAY
2 PM AFTERNOON MOVIE MATINEE
NETFLIX AVAILABLE ALL DAY
GARDEN WALKS

25 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAME & QUIZZES
11:00 AM 9 LETTER WORD GAMES
(L4)
1:30 PM ARMCHAIR TRAVEL
1 :40 PM FOOTY TIPPING
3 :00 PM BINGO
4 PM 1-1 ROOM VISITS

26 GREEK CONCERT AT SOUTHPORT
9:30 AM WELCOME TO THE DAY
10:00 AM SUMAN PHYSIO EXERCISES(H4)
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORDS
1:15 PM BUS TRIP TO SOUTHPORT
(FOR GREEL CONCERT WITH BOUZOUKI AND KEYBOARDS)
1:30 PM MEDITATION WITH MANDY
(CINEMA)
1:30 PM ART THERAPY WITH NIKKI & ALEX
2:45 PM YOGA (L1)
4 PM 1-1 ROOM VISITS

27 LIVING LEGENDS BUS TRIP
9:30 AM WELCOME TO THE DAY
10:30 AM ZUMBA GOLD (H4 & 5)
11:15 AM MOVIE TRIVIA
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1 :30 PM TOMMY'S SINGALONG & HIGH TEA (L1)
1:30 PM RACHEL'S BUS TRIP LIVING LEGENDS
1:30 PM SUE'S SINGALONGS (H6)
2 PM MUSICAL CONCERTS (VIA YOUTUBE)
2 PM FOOD APPRECIATION MEETING
(BOARDROOM)
4 PM 1-1 ROOM VISITS
4 PM OYSTER BAR
(BOARDROOM)

28 9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S EXERCISES (H4)
10:30 AM CATHOLIC VISITOR
10:45 AM NEWS AND VIEWS
11:00 AM CHOIR (L3)
11:15 AM MOVIE TRIVIA
1:30 PM MEN'S GROUP
(CINEMA)
1:30 PM DANCE AND DRAMA THERAPY
3 PM KNITTING GROUP
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

29 GOOD FRIDAY
9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MOMENTS
11:00 AM LAUGHTER AND LATTES
1 PM GARDEN WALKS
2 PM AFTERNOON MOVIES
NETFLIX MOVIES AVAILABLE ALL DAY
6 PM EASTER MOVIES

30 EASTER SATURDAY
9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MOMENTS
11:00 AM LAUGHTER AND LATTES
1 PM GARDEN WALKS
2 PM AFTERNOON MOVIES
NETFLIX MOVIES AVAILABLE ALL DAY
4 PM HAPPY HOUR

31 EASTER
LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE & CHAT
12 PM EASTER LUNCH
DINING EXPERIENCE
MUSIC DURING LUNCH
FOOTY MATCH OF THE DAY
2 PM AFTERNOON MOVIE MATINEE
NETFLIX AVAILABLE ALL DAY
GARDEN WALKS

