

MARCH 2024

LEVEL 3- HOUSE 7 & 8

***subject to change**



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM ANGLICAN MASS (CINEMA)
11:00 AM IN CHAIR EXERCISES
1:30 PM MUSICAL CONCERT (VIA YOUTUBE)
2 PM TRIVIA (L4)
3PM LOCHLAN'S FRIDAY FIESTA (L4)
3 PM CAROL'S SINGALONGS
4 PM 1-1 ROOM VISITS

2 **MORNING TV SHOWS**
11:00 AM COFFEE AND CHAT
12PM DINING EXPERIENCE MUSIC
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE MATINEE
3 PM GARDEN WALKS
4 PM HAPPY HOUR
SATURDAY NIGHT MOVIE

3 LIVESTREAM CHURCH (BY REQUEST)
10:00 AM MORNING TV SHOWS
12:00 PM DINING EXPERIENCE MUSIC
2 PM AFTERNOON MOVIE MATINEE OR
FOOTY MATCH OF THE DAY
3 PM TOOLBOX ACTIVITIES
4 PM GARDEN WALKS
6 PM SUNDAY NIGHT MOVIES

4 9:30 AM WELCOME TO THE DAY
10:00AM NEWS AND VIEWS
10:30 AM WORD GAMES AND QUIZZES
11:00 AM 9 LETTER WORD GAMES
1:15 PM DOCUMENTARY
2 PM OMEGA VIOLINIST (L2)
2:45 PM CAFE VISITS
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

5 9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN'S PHYSIO EXERCISES
10:15 AM NEWS AND VIEWS
11:00 AM ART THERAPY WITH NIKKI & ALEX
11:00 AM 9 LETTER WORD GAMES (L4)
1:30 PM MEDITATION WITH MANDY (CINEMA)
1:30 PM POETRY
3:30 PM YOGA
4 PM 1-1 ROOM VISITS

6 9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM NEWS AND VIEWS AND QUIZZES WITH RICK AND DAVID
11:00 AM 9 LETTER WORD GAMES
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONGS & HIGH TEA (L1)
1:30 PM LOCHLAN'S BUS TRIP
2 PM MASTERCHEF
4 PM 1-1 ROOM VISITS

7 **RESIDENT AND RELATIVE MEETING** **8**
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:15 AM NEWS AND VIEWS
10:30 AM CATHOLIC VOLUNTEER VISITS
10:45 AM WORD GAME AND QUIZZES
11:00 AM CHOIR
11:00 AM PUPPETS ALIVE (H3)
1:30 PM RESIDENT AND RELATIVE MEETING
2:45 PM ZUMBA GOLD
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

9 **WOMAN'S DAY CELEBRATIONS**
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM CATHOLIC MASS (CINEMA)
11:00 AM IN CHAIR EXERCISES
1:30 PM ARMCHAIR TRAVEL
2 PM TRIVIA (L4)
3PM WOMAN'S DAY CELEBRATIONS WITH LOCHLAN
FRIDAY FIESTA CELEBRATIONS (L4)
4 PM 1-1 ROOM VISITS

MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12PM DINING EXPERIENCE MUSIC
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE MATINEE
3 PM GARDEN WALKS
4 PM HAPPY HOUR
SATURDAY NIGHT MOVIE

10 LIVESTREAM CHURCH (BY REQUEST)
10:00 AM MORNING TV SHOWS
12:00 PM DINING EXPERIENCE MUSIC
2 PM AFTERNOON MOVIE MATINEE OR
FOOTY MATCH OF THE DAY
3 PM TOOLBOX ACTIVITIES
4 PM GARDEN WALKS
6 PM SUNDAY NIGHT MOVIES

11 **PUBLIC HOLIDAY LABOUR DAY**
MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12PM DINING EXPERIENCE MUSIC
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE MATINEE
3 PM GARDEN WALKS
6 PM MOVIE MATINEE

12 9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN'S PHYSIO EXERCISES
10:15 AM NEWS AND VIEWS
11:00 AM ART THERAPY WITH NIKKI & ALEX
11:00 AM 9 LETTER WORD GAMES (L4)
1:30 PM MEDITATION WITH MANDY (CINEMA)
1:30 PM POETRY
3:30 PM YOGA
4 PM 1-1 ROOM VISITS

13 **NATIONAL GALLERY BUS TRIP**
9:30 AM WELCOME TO THE DAY
10:30 AM NEWS AND VIEWS AND QUIZZES WITH RICK AND DAVID
11:00 AM 9 LETTER WORD GAMES
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONGS & HIGH TEA (L1)
1:30 PM RACHEL'S BUS TRIP (NATIONAL GALLERY)
3 PM LIONSHARE CAFE
4 PM 1-1 ROOM VISITS

14 9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:00 AM INTERGENERATIONAL PROGRAM (L3)
10:15 AM NEWS AND VIEWS
10:30 AM CATHOLIC VOLUNTEER VISITOR
10:45 AM WORD GAMES & QUIZZES
11:00 AM CHOIR
1:30 PM LADIES GROUP
2:45 PM ZUMBA GOLD
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

15 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
11:00 AM IN CHAIR EXERCISES
1:30 PM RESIDENT CHOICE OF ARTIST
2 PM TRIVIA (L4)
3PM LOCHLAN'S FRIDAY FIESTA (L4)
3 PM CAROL'S SINGALONGS
4 PM 1-1 ROOM VISITS

16 **MORNING TV SHOWS**
11:00 AM COFFEE AND CHAT
12PM DINING EXPERIENCE MUSIC
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE MATINEE
3 PM GARDEN WALKS
4 PM HAPPY HOUR
SATURDAY NIGHT MOVIE



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

17

SHARE & CARE CONCERT
ST PATRICK'S DAY

LIVESTREAM CHURCH (BY REQUEST)
10:00 AM MORNING TV SHOWS
12:00 PM DINING EXPERIENCE
2 PM SHARE & CARE CONCERT
3 PM TOOLBOX ACTIVITIES
4 PM GARDEN WALKS
6 PM SUNDAY NIGHT MOVIES

18

9:30 AM WELCOME TO THE DAY

10:00AM NEWS AND VIEWS
10:30 AM WORD GAMES AND QUIZZES
11:00 AM 9 LETTER WORD GAMES
1:15 PM DOCUMENTARY
3 PM FLOOR GAMES
3:45 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

19

9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN'S PHYSIO EXERCISES
10:15 AM NEWS AND VIEWS
11:00 AM ART THERAPY WITH NIKKI & ALEX
11:00 AM 9 LETTER WORD GAMES (L4)
1:30 PM MEDITATION WITH MANDY (CINEMA)
1:30 PM POETRY
3:30 PM YOGA
4 PM 1-1 ROOM VISITS

20

9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM NEWS AND VIEWS AND QUIZZES WITH RICK AND DAVID
11:00 AM 9 LETTER WORD GAMES
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM ST PATRICK'S CONERT WITH TOMMY'S BAILEYS GREEN CORDIAL AND CUPCAKES
2 PM MASTERCHEF
4 PM 1-1 ROOM VISITS

21

EASTER CONCERT
GALILEE PRIMARY SCHOOL
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:00 AM INTERGENERATIONAL PROGRAM (L3)
10:15 AM NEWS AND VIEWS
10:30 AM CATHOLIC VOLUNTEER VISITOR
10:45 AM WORD GAMES & QUIZZES
11:00 AM CHOIR
1:30 PM EASTER CONCERT (GALILEE PRIMARY SCHOOL)
2:45 PM ZUMBA GOLD
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

22

RON IN CONCERT
ST PATRICKS CONCERT
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
11:00 AM IN CHAIR EXERCISES
1:30 PM LIFESTYLE FOCUS GROUP MEETING (LM)
1:30 PM RON IN CONCERT FOR ST PATRICKS CELEBRATIONS WITH BAILEY & GREEN MUFFINS AND CORDIAL)
2 PM TRIVIA (L4)
3PM LOCHLAN'S FRIDAY FIESTA (L4)
4 PM 1-1 ROOM VISITS

23

MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12PM DINING EXPERIENCE MUSIC
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE MATINEE
3 PM GARDEN WALKS
4 PM HAPPY HOUR
SATURDAY NIGHT MOVIE

24

LIVESTREAM CHURCH (BY REQUEST)
10:00 AM MORNING TV SHOWS
12:00 PM DINING EXPERIENCE
2 PM AFTERNOON MOVIE MATINEE OR FOOTY MATCH OF THE DAY
3 PM TOOLBOX ACTIVITIES
4 PM GARDEN WALKS
6 PM SUNDAY NIGHT MOVIES

25

GREEK INDEPENDENCE DAY
9:30 AM WELCOME TO THE DAY
10:00AM NEWS AND VIEWS
10:30 AM WORD GAMES AND QUIZZES
11:00 AM 9 LETTER WORD GAMES
2 PM GREEK PRESENTATION & QUIZZES FOLLOWED BY WITH GREEK MUSIC & AFTERNOON TEA
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

26

GREEK CONCERT
9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN'S PHYSIO EXERCISES
10:15 AM NEWS AND VIEWS
11:00 AM ART THERAPY WITH NIKKI & ALEX
11:00 AM 9 LETTER WORD GAMES (L4)
1:15 PM TOMMY'S BUS TO SOUTHPORT FOR GREEK CONCERT WITH BOUZOUKI AND KEYBOARDS
1:30 PM MEDITATION WITH MANDY (CINEMA)
1:30 PM POETRY
3:30 PM YOGA
4 PM 1-1 ROOM VISITS

27

LIVING LEGENDS
BUS TRIP
9:30 AM WELCOME TO THE DAY
10:30 AM NEWS AND VIEWS AND QUIZZES WITH RICK AND DAVID
11:00 AM 9 LETTER WORD GAMES
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM FOOD APPRECIATION MEETING (BOARDROOM)
1:30 PM TOMMY'S SINGALONGS & HIGH TEA (L1)
1:30 PM RACHELS' BUS TRIP (LIVING LEGENDS)
2 PM FOOD APPRECIATION MEETING (BOARDROOM)
3 PM LIONSHARE CAFE
4 PM OYSTER BAR (BOARDROOM)
4 PM 1-1 ROOM VISITS

28

EASTER CELEBRATIONS
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:15 AM NEWS AND VIEWS
10:30 AM CATHOLIC VOLUNTEER VISITOR
10:45 AM WORD GAMES & QUIZZES
11:00 AM CHOIR
1:30 PM EASTER CELEBRATIONS
2:45 PM ZUMBA GOLD
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

29

GOOD FRIDAY
MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12PM DINING EXPERIENCE MUSIC
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE MATINEE
3 PM GARDEN WALKS
6 PM EASTER MOVIES

30

EASTER SATURDAY
MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12PM DINING EXPERIENCE MUSIC
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE MATINEE
3 PM GARDEN WALKS
4 PM HAPPY HOUR
SATURDAY NIGHT MOVIE

31

EASTER

LIVESTREAM CHURCH (BY REQUEST)
10:00 AM MORNING TV SHOWS
12:00 PM DINING EXPERIENCE
2 PM AFTERNOON MOVIE MATINEE OR FOOTY MATCH OF THE DAY
3 PM TOOLBOX ACTIVITIES
4 PM GARDEN WALKS
6 PM EASTER MOVIES

