

MARCH 2024

LEVEL 4- HOUSE 9 & 10

***subject to change**



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1

9:30 AM WELCOME TO THE DAY
10:30 AM ANGLICAN MASS (CINEMA)
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
2 PM TRIVIA
3 PM CAROL'S SINGALONG'S (L3)
3 PM LOCHLAN'S FRIDAY FIESTA
4 PM 1-1 ROOM VISITS

2

MORNING TV SHOWS
11:00 AM COFFEE & CHAT
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIES
3 PM GARDEN WALKS
4 PM HAPPY HOUR

3

LIVESTREAM CHURCH MASS (BY REQUEST)
10:30 AM COFFEE & CHAT
1PM MUSICAL CONCERTS (VIA YOUTUBE)
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY
GARDEN WALKS
TOOLBOX ACTIVITIES
SUNDAY NIGHT MOVIES

4

9:30 AM WELCOME TO THE DAY
10:00 AM SUNRISE NEWS (VIA LIVE STREAMING TV)
11:00 AM 9 LETTER WORD GAME
1:30 PM CLASSICAL COMPOSER
2 PM OMEGA VIOLINIST (L2)
3 PM MUSICAL CONCERT (VIA YOUTUBE)
3:30 PM FOOTY TIPPING
4PM 1-1 ROOM VISITS

5

9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN 'S PHYSIO EXERCISES (H9)
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM MEDITATION WITH MANDY (CINEMA)
2 PM BINGO
3:30 PM YOGA (L3)
3:30 PM NIKKI'S ART THERAPY
4 PM 1-1 ROOM VISITS

6

9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM LOCHLAN'S BUS TRIP (BEACH TRIP)
1:30 PM TOMMY'S SINGALONGS & HIGH TEA (L1)
2 PM DOCUMENTARY
4 PM 1-1 ROOM VISITS

7

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES (H9)
10:15 AM DANCE AND DRAMA THERAPY
10:30 AM CATHOLIC VISITOR
11:00 AM 9 LETTER WORD GAME
11:00 AM PUPPETS ALIVE(H3)
11:00 AM CHOIR (L3)
1:30 PM MEN'S GROUP (CINEMA)
2 PM ZUMBA GOLD
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

8

WOMAN'S DAY CELEBRATIONS
9:30 AM WELCOME TO THE DAY
10:30 AM CATHOLIC MASS (CINEMA)
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
2 PM TRIVIA
3 PM WOMAN'S DAY CELEBRATIONS WITH LOCHLAN'S FRIDAY FIESTA
4 PM 1-1 ROOM VISITS

9

MORNING TV SHOWS
11:00 AM COFFEE & CHAT
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIES
3 PM GARDEN WALKS
4 PM HAPPY HOUR

10

LIVESTREAM CHURCH MASS (BY REQUEST)
10:30 AM COFFEE & CHAT
1PM MUSICAL CONCERTS (VIA YOUTUBE)
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY
GARDEN WALKS
TOOLBOX ACTIVITIES
SUNDAY NIGHT MOVIES

11

PUBLIC HOLIDAY LABOUR DAY
MORNING TV SHOWS
11:00 AM COFFEE & CHAT
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIES
3 PM GARDEN WALKS
6 PM EVENING MOVIES

12

9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN 'S PHYSIO EXERCISES (H9)
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM MEDITATION WITH MANDY (CINEMA)
2 PM BINGO
3:30 PM YOGA (L3)
3:30 PM NIKKI'S ART THERAPY
4 PM 1-1 ROOM VISITS

13

NATIONAL GALLERY BUS TRIP
9:30 AM WELCOME TO THE DAY
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM RACHEL'S BUS TRIP (NATIONAL GALLERY)
1:30 PM TOMMY'S SINGALONGS & HIGH TEA (L1)
2 PM DOCUMENTARY
4 PM 1-1 ROOM VISITS

14

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES (H9)
10:00 AM INTERGENERATIONAL PROGRAM (L3)
10:15 AM DANCE AND DRAMA THERAPY
10:30 AM CATHOLIC VISITOR
11:00 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
1:30 PM MEN'S GROUP (CINEMA)
2 PM ZUMBA GOLD
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

15

9:30 AM WELCOME TO THE DAY
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
2 PM TRIVIA
3 PM CAROL'S SINGALONGS
3 PM ST PATRICKS CELEBRATIONS LOCHLAN'S FRIDAY FIESTA
4 PM 1-1 ROOM VISITS

16

MORNING TV SHOWS
11:00 AM COFFEE & CHAT
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIES
3 PM GARDEN WALKS
4 PM HAPPY HOUR



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

17 **ST PATRICK'S DAY**
SHARE & CARE CONCERT
LIVESTREAM CHURCH MASS
(BY REQUEST)
10:30 AM COFFEE & CHAT
1PM MUSICAL CONCERTS
(VIA YOUTUBE)
2 PM SHARE & CARE CONCERTS
(L3)
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY
GARDEN WALKS
TOOLBOX ACTIVITIES
SUNDAY NIGHT MOVIES

18
9:30 AM WELCOME TO THE DAY
10:00 AM SUNRISE NEWS
(VIA LIVE STREAMING TV)
11:00 AM 9 LETTER WORD GAME
2 PM MASTERCHEF
3 PM ARMCHAIR TRAVEL
(YOUTUBE)
3 :30 PM FOOTY TIPPING
4PM 1-1 ROOM VISITS

19 9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN 'S PHYSIO EXERCISES (H9)
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM MEDITATION WITH MANDY (CINEMA)
2 PM BINGO
3 :30 PM YOGA (L3)
3 :30 PM NIKKI'S ART THERAPY
4 PM 1-1 ROOM VISITS

20 9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1 :30 PM KIMBERLY'S ART THERAPY (LM)
1 :30 PM ST PARTICK'S DAY CONCERT WITH TOMMY BAILEY'S & GREEN CUPCAKES AND DRINKS
2 PM DOCUMENTARY
4 PM 1-1 ROOM VISITS

21 **EASTER CONCERT GALILEE PRIMARY SCHOOL**
9:30 AM WELCOME TO THE DAY
9 :30 AM GESSY'S PHYSIO EXERCISES (H9)
10:00 AM INTERGENERATIONAL PROGRAM (L3)
10:15 AM DANCE AND DRAMA THERAPY
10:30 AM CATHOLIC VISITOR
11:00 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
1:30 PM EASTER CONCERT WITH GALILEE PRIMARY SCHOOL (L3)
2 PM ZUMBA GOLD
3 :30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

22 **RON IN CONCERT ST PATRICKS CONCERT**
9 :30 AM WELCOME TO THE DAY
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM LIFESTYLE FOCUS GROUP (LM)
1:30 PM RON IN CONCERT ST PATRICKS CONCERT (L3)
2PM TRIVIA
3 PM LOCHLAN'S FRIDAY FIESTA
4 PM 1-1 ROOM VISITS

23 **MORNING TV SHOWS**
11:00 AM COFFEE & CHAT
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIES
3 PM GARDEN WALKS
4 PM HAPPY HOUR

24 **LIVESTREAM CHURCH MASS**
(BY REQUEST)
10:30 AM COFFEE & CHAT
1PM MUSICAL CONCERTS
(VIA YOUTUBE)
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY
GARDEN WALKS
TOOLBOX ACTIVITIES
SUNDAY NIGHT MOVIES

25 9:30 AM WELCOME TO THE DAY
10:00 AM SUNRISE NEWS
(VIA LIVE STREAMING TV)
11:00 AM 9 LETTER WORD GAME
2 PM POETRY
3 PM DOCUMENTARY
3 :30 PM FOOTY TIPPING
4PM 1-1 ROOM VISITS

26 9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN 'S PHYSIO EXERCISES (H9)
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM MEDITATION WITH MANDY (CINEMA)
2 PM BINGO
3 :30 PM YOGA (L3)
3 :30 PM NIKKI'S ART THERAPY
4 PM 1-1 ROOM VISITS

27 **LIVING LEGENDS BUS TRIP**
9:30 AM WELCOME TO THE DAY
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1 :30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM RACHEL'S BUS TRIP (LIVING LEGENDS)
1 :30 PM TOMMY'S SINGALONGS & HIGH TEA (L1)
2 PM FOOD APPRECIATION MEETING (BOARDROOM)
2 PM DOCUMENTARY
4 PM OYSTER BAR

28 9:30 AM WELCOME TO THE DAY
9 :30 AM GESSY'S PHYSIO EXERCISES (H9)
10:15 AM DANCE AND DRAMA THERAPY
10:30 AM CATHOLIC VISITOR
11:00 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
2 PM ZUMBA GOLD
3 :30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

29 **GOOD FRIDAY PUBLIC HOLIDAY**
MORNING TV SHOWS
11:00 AM COFFEE & CHAT
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIES
3 PM GARDEN WALKS
4 PM EASTER MOVIES

30 **EASTER SATURDAY**
MORNING TV SHOWS
11:00 AM COFFEE & CHAT
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIES
3 PM GARDEN WALKS
4 PM HAPPY HOUR

31 **EASTER**
LIVESTREAM CHURCH MASS
(BY REQUEST)
10:30 AM COFFEE & CHAT
12 :00 PM EASTER LUNCH
1PM MUSICAL CONCERTS
(VIA YOUTUBE)
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY
GARDEN WALKS
TOOLBOX ACTIVITIES
EASTER MOVIES

