

MARCH 2024

SOUTH PORT



***subject to change**

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READ
10:30 AM GREEK NEWS (VIA YOUTUBE)
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM SINGALONGS (VIA YOUTUBE)
4 PM 1-1 ROOM VISITS

2 MORNING TV SHOWS
10:00 AM TOOLBOX ACTIVITIES OR PAMAPERING
AFTERNOON MOVIES
GARDEN WALKS
SATURDAY NIGHT AT THE MOVIES

3 MORNING CHURCH MASS (LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
NETFLIX AVAILABLE ALL DAY
TOOLBOX ACTIVITIES
GARDEN WALKS

4 9:30 AM MORNING TV SHOWS
10:00 AM CREPE PAPER
PAINTING SENSORY ART THERAPY
11:15 AM DRAMA THERAPY
MUSIC & MOVEMENT WITH SCARVES -SENSORY MIRRORING
1:30 PM SAND TRAY SENSORY ART THERAPY
3 PM DRAMA THERAPY BALLOONS AND OCTOBAND & IMAGINATIONS GAMES WITH CARDS

5 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM GREEK NEWS (VIA YOUTUBE)
11:15 AM GARDEN WALKS
1:30 PM BINGO
3 PM BOARD AND CARD GAMES
4 PM 1-1 ROOM VISITS

6 9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM GREEK NEWS (VIA YOUTUBE)
11:00 AM MUSICAL MELODIES
2 PM GREEK GROUP WITH COFFEE AND MUSIC
3 PM REMINSCING MEMEORY LANE
4 PM 1-1 ROOM VISITS

7 FOOTY SEASON BEGINS
9:30 AM WELCOME TO THE DAY
10:00 AM INTERGENERATIONAL PROGRAM
11:15 AM SUMAN PHYSIO EXERCISES
1:30 PM BUS TRIPS
2:30 AM PUPPETS ALIVE
3:30 PM GREEK MOVIE OR CLASSICAL MOVIE
4 PM 1-1 ROOM VISITS

8 WOMAN'S DAY
9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READ
10:30 AM GREEK NEWS (VIA YOUTUBE)
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM WOMAN'S DAY CELEBRATIONS & SINGALONGS
4 PM 1-1 ROOM VISITS

9 MORNING TV SHOWS
10:00 AM TOOLBOX ACTIVITIES OR PAMAPERING
AFTERNOON MOVIES
GARDEN WALKS
SATURDAY NIGHT AT THE MOVIES

10 MORNING CHURCH MASS (LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
FOOTY MATCH OF THE DAY
NETFLIX AVAILABLE ALL DAY
TOOLBOX ACTIVITIES
GARDEN WALKS

11 PUBLIC HOLIDAY LABOUR DAY
9:30 AM MORNING TV SHOWS
10:00 AM WATER BEADS WITH ANIMALS SENSORY ART THERAPY
11:15 AM DANCE AND DRAMA THERAPY
1:30 PM PAINT ZIPLOCK SENSORY ART THERAPY
3 PM DANCE AND DRAMA THERAPY

12 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM GREEK NEWS (VIA YOUTUBE)
11:15 AM GARDEN WALKS
1:30 PM BINGO
3 PM MASTERCHEF
4 PM 1-1 ROOM VISITS

13 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM GREEK NEWS (VIA YOUTUBE)
11:00 AM MUSICAL MELODIES
2 PM GREEK GROUP WITH COFFEE AND MUSIC
3 PM REMINSCING MEMEORY LANE
4 PM 1-1 ROOM VISITS

14 9:30 AM WELCOME TO THE DAY
10:00 AM FOOTY SINGALONGS CELEBRATING THE BEGINNING OF THE FOOTY SEASON
11:15 AM SUMAN PHYSIO EXERCISES
1:30 PM BUS TRIPS
2 PM GREEK MOVIE OR CLASSICAL MOVIE
4 PM 1-1 ROOM VISITS

15 9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READ
10:30 AM GREEK NEWS (VIA YOUTUBE)
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR (ST PARTICK'S DAY) CELEBRATIONS
3 PM TOMMY'S SINGLALONGS
4 PM 1-1 ROOM VISITS

16 MORNING TV SHOWS
10:00 AM TOOLBOX ACTIVITIES OR PAMAPERING
AFTERNOON MOVIES
GARDEN WALKS
SATURDAY NIGHT AT THE MOVIES



SUNDAY

17 ST PATRICK'S DAY

MORNING CHURCH MASS
(LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
ST PATRICKS DAY TREATS
GREEN MUFFINS AND GREEN
CORDIAL
FOOTY MATCH OF THE DAY
NETFLIX AVAILABLE ALL DAY
TOOLBOX ACTIVITIES
GARDEN WALKS

MONDAY

18

9:30 AM MORNING TV SHOWS
10:00 AM STAMPING TURTLES
SENSORY ART THERAPY
11:15 AM DRAMA THERAPY
VOICE WARM UP
MUSIC RHYTHMIC DANCE
1:30 PM RAINBOW DOT
STICKERS
SENSORY ART THERAPY
3 PM DRAMA THERAPY
IMAGINATIVE MOVEMENT &
STORYTELLING

TUESDAY

19

9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND VIEWS
10:30 AM GREEK NEWS
(VIA YOUTUBE)
11:15 AM GARDEN WALKS
1:30 PM BINGO
3 PM ST PATRICKS
CELEBRATIONS
4 PM 1-1 ROOM VISITS

WEDNESDAY

20

9:30 AM LIFESTYLE HUDDLE
MEETING
10:30 AM GREEK NEWS
(VIA YOUTUBE)
11:00 AM MUSICAL MELODIES
2 PM GREEK GROUP WITH
COFFEE AND MUSIC
3 PM REMINISCING MEMEORY
LANE
4 PM 1-1 ROOM VISITS

21

THURSDAY

22

9:30 AM WELCOME TO THE
DAY
10:00 AM RESIDENT CHIOCE
OF ARTIST
11:00 AM GREEK MASS
11:30 AM SUMAN PHYSIO
EXERCISES
1:30 PM BUS TRIPS
2 PM GREEK MOVIE OR
CLASSICAL MOVIE
4 PM 1-1 ROOM VISITS

FRIDAY

22 RON IN CONCERT

9:30 AM WELCOME TO
THE DAY
10:00 AM NEWSPAPER
READ
10:30 AM GREEK NEWS
(VIA YOUTUBE)
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM RON IN CONCERT
4 PM LIFESTYLE FOCUS
GROUP MEETING

SATURDAY

23

MORNING TV SHOWS
10:00 AM TOOLBOX
ACTIVITIES OR
PAMAPERING
AFTERNOON MOVIES
GARDEN WALKS
SATURDAY NIGHT AT
THE MOVIES

24 MORNING CHURCH

MASS
(LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
FOOTY MATCH OF THE
DAY
NETFLIX AVAILABLE ALL
DAY
TOOLBOX ACTIVITIES
GARDEN WALKS

25

GREEK INDEPENDENCE DAY
9:30 AM MORNING TV SHOWS
10:00 AM WATER BEADS
WITH ANIMALS SENSORY ART
THERAPY
11:15 AM DRAMA THERAPY
MUSIC & MEMORIES WITH
STORY
TELLING CREATIONS
1:30 PM SAND TRAY SENSORY ART
2 PM GREEK COOKING WITH
RESIDENTS & FAMILY MEMBERS
3 PM DRAMA THERAPY
MOVEMENT & MUSIC
OBJECTS WITH STORY TELLING

26

GREEK CONCERT

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM GREEK NEWS
VIA YOUTUBE)
11:15 AM GARDEN WALKS
1:15 PM BUS TRIP TO EMERALD
HILL
(TO PICK UP GREEK RESIDENTS
FOR THGE CONCERT
2 PM GREEK CONCERT WITH STAN
WITH BOUZOUKI AND KEYBOARD
4 PM 1-1 ROOM VISITS

27

9:30 AM WELCOME TO THE

DAY
10:00 AM NEWS AND VIEWS
10:30 AM GREEK NEWS
(VIA YOUTUBE)
11:00 AM MUSICAL MELODIES
2 PM GREEK GROUP WITH
COFFEE AND MUSIC
3:30 PM EASTER
CELEBRATIONS
4 PM 1-1 ROOM VISITS

28

9:30 AM WELCOME TO THE DAY

10:00 AM
INTERGENERATIONAL
PROGRAM
WITH THE PRE -SCHOOL
CHILDREN
11:15 AM SUMAN PHYSIO
EXERCISES
1:30 PM BUS TRIPS
2 PM GREEK MOVIE OR
CLASSICAL MOVIE
4 PM 1-1 ROOM VISITS

29

**GOOD FRIDAY
PUBLIC HOLIDAY**

MORNING TV SHOWS
10:00 AM TOOLBOX
ACTIVITIES OR
PAMAPERING
AFTERNOON MOVIES
GARDEN WALKS
EASTER MOVIES
GREEK MOVIES

30 EASTER SATURDAY

MORNING TV SHOWS
10:00 AM TOOLBOX
ACTIVITIES OR
PAMAPERING
AFTERNOON MOVIES
GARDEN WALKS
SATURDAY NIGHT AT
THE MOVIES

31

EASTER

MORNING CHURCH MASS
(LIVESTREAM)
AFTERNOON MOVIE
PAMPERING
FOOTY MATCH OF THE DAY
NETFLIX AVAILABLE ALL
DAY
TOOLBOX ACTIVITIES
GARDEN WALKS

