

LEVEL 2- HOUSE 4, 5 & 6

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 **EASTER MONDAY**
PUBLIC HOLIDAY

MORNING TV SHOWS
10:00 AM COFFEE AND CHAT
12PM DINING EXPERIENCE
MUSIC DURING LUNCH
2 PM AFTERNOON MOVIE
MATINEE
NETFLIX AVAILABLE ALL DAY
3 PM PAMPERING
4 PM GARDEN WALKS
6 PM RESIDENTS CHOICE OF MOVIES

2

9:30 AM WELCOME TO THE DAY
10:00 AM SUMAN'S PHYSIO EXERCISES (H4)
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME (L4)
1:30 PM ALEX ART THERAPY
3PM ARMCHAIR TRAVEL TO SWITZERLAND
4 PM 1-1 ROOM VISITS

3

9:30 AM LIFESTYLE HUDDLE GROUP
10:30 AM ZUMBA GOLD (H4&5)
11:15 AM MEMORY LANE THERAPY (MUSIC OR TRIVIA)
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM SUE'S SINGALONG (H6)
2 PM FLOOR GAMES
4 PM 1-1 ROOM VISITS

4

9:30 AM WELCOME TO THE DAY
9:45 AM FOOTY TIPPING
10:00 AM GESSY'S EXERCISES (H4)
10:30 AM CATHOLIC VISITOR
10:45 AM NEWS AND VIEWS
11:00 AM PUPPETS ALIVE (H3)
11:00 AM CHOIR (L3)
11:15 AM MOVIE TRIVIA
1:30 PM MENS GROUP (CINEMA)
2 PM LINDA'S ARTS AND CRAFTS
3 PM ART& CRAFTS & KNITTING GROUP
4 PM 1- 1 ROOM VISITS

5

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM ANGLICAN MASS (CINEMA)
10:30 AM MEMORY LANE THERAPY (TRIVIA OR MUSIC)
11:15 AM IN CHAIR EXERCISES
2 PM TRIVIA (L4)
2 PM ZUMBA GOLD (H6)
3 PM CAROL'S SINGALONG'S (L3)
2:45 PM LIONSHARE CAFE VISITS
3 PM LOCHLAN'S FRIDAY FIESTA (L4)
4 PM 1-1 ROOM VISITS

6

9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MOMENTS
11:00 AM LAUGHTER AND LATTES
1 PM GARDEN WALKS
2 PM AFTERNOON TEA
FOOTY MATCH OF THE DAY
NETFLIX AVAILABLE ALL DAY
4 PM HAPPY HOUR
6 PM SATURDAY NIGHT AT THE MOVIES

7

LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE AND CHAT
12PM DINING EXPERIENCE
MUSIC DURING LUNCH
FOOTY MATCH OF THE DAY
2 PM AFTERNOON MOVIE
MATINEE
NETFLIX AVAILABLE ALL DAY
GARDEN WALKS

8

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES AND QUIZZES
11:00 AM 9 LETTER WORD GAMES (L4)
1:30 PM ANNE'S MEDITATION (CINEMA)
2 PM OMEGA VIOLINIST
3 PM BINGO
4 PM 1-1 ROOM VISITS

9

9:30 AM WELCOME TO THE DAY
10:00 AM SUMAN'S PHYSIO EXERCISES (H4)
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME (L4)
1:15 PM PET THERAPY
1:30 PM ARMCHAIR TRAVEL TO FINLAND
2 :45 PM YOGA WITH ELLEN
4 PM 1-1 ROOM VISITS

10

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM ZUMBA GOLD (H4&5)
11:15 AM MEMORY LANE THERAPY (MUSIC OR TRIVIA)
1:30 PM LOCHLAN'S BUS TRIP IAN POTTER GALLERY (NVG)
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONG & HIGH TEA (L1)
1:30 PM SUE'S SINGALONG (H6)
2 PM FLOOR GAMES
4 PM 1-1 ROOM VISITS

11

9:30 AM WELCOME TO THE DAY
9:45 AM FOOTY TIPPING
10:00 AM GESSY'S EXERCISES (H4)
10:30 AM CATHOLIC MASS (CINEMA)
11:00 AM CHOIR (L3)
11:15 AM MOVIE TRIVIA
1:30 PM MENS GROUP (CINEMA)
1:30 PM DANCE AND DRAMA THERAPY (H4&5)
3 PM ARTS& CRAFTS &KNITTING GROUP
4 PM 1- 1 ROOM VISITS

12

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM MEMORY LANE THERAPY (TRIVIA OR MUSIC)
10:30 AM SHOPPING TROLLEY
11:15 AM IN CHAIR EXERCISES
2 PM TRIVIA (L4)
2 PM ZUMBA GOLD (H6)
2:45 PM LIONSHARE CAFE VISITS
3 PM LOCHLAN'S FRIDAY FIESTA (L4)
4 PM 1-1 ROOM VISITS

13

9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MOMENTS
11:00 AM LAUGHTER AND LATTES
1 PM GARDEN WALKS
2 PM AFTERNOON TEA
FOOTY MATCH OF THE DAY
NETFLIX AVAILABLE ALL DAY
4 PM HAPPY HOUR
6 PM SATURDAY AT THE MOVIES

14

LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE AND CHAT
12PM DINING EXPERIENCE
MUSIC DURING LUNCH
FOOTY MATCH OF THE DAY
2 PM AFTERNOON MOVIE
MATINEE
NETFLIX AVAILABLE ALL DAY
GARDEN WALKS

15

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES AND QUIZZES
11:00 AM 9 LETTER WORD GAMES (L4)
2 PM DOCUMENTARY
3 PM BINGO
4 PM 1-1 ROOM VISITS

16

9:30 AM WELCOME TO THE DAY
10:00 AM SUMAN'S PHYSIO EXERCISES (H4)
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME (L4)
1:30 PM ARMCHAIR TRAVEL TO FINLAND
2 :45 PM YOGA WITH ELLEN
4 PM 1-1 ROOM VISITS

17

9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM RACHEL'S BUS TRIP YARRA VALLEY CHOCOLATERIE AND ICE-CREAM
10:30 AM ZUMBA GOLD (H4&5)
11:15 AM MEMORY LANE THERAPY (MUSIC OR TRIVIA)
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONG & HIGH TEA (L1)
1:30 PM SUE'S SINGALONG (H6)
2 PM FLOOR GAMES
4 PM OYSTER BAR (BOARDROOM)
4 PM 1-1 ROOM VISITS

18

9:30 AM WELCOME TO THE DAY
9:45 AM FOOTY TIPPING
10:00 AM GESSY'S EXERCISES (H4)
10:00 AM INTERGENERATIONAL PROGRAM (L3)
10:30 AM CATHOLIC VISITOR
11:00 AM CHOIR (L3)
11:00 AM GREEK MASS (CINEMA)
11:15 AM MOVIE TRIVIA
1:30 PM MENS GROUP (CINEMA)
1:30 PM DANCE AND DRAMA THERAPY (H4&5)
3 PM ARTS & CRAFTS & KNITTING GROUP
4 PM 1- 1 ROOM VISITS

19

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM MEMORY LANE THERAPY (TRIVIA OR MUSIC)
11:15 AM IN CHAIR EXERCISES
2 PM ZUMBA GOLD (H6)
3 PM CAROL'S SINGALONG'S (L3)
2 PM TRIVIA (L4)
2:45 PM LIONSHARE CAFE VISITS
3 PM LOCHLAN'S FRIDAY FIESTA (L4)
4 PM 1-1 ROOM VISITS

20

9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MOMENTS
11:00 AM LAUGHTER AND LATTES
1 PM GARDEN WALKS
2 PM AFTERNOON TEA
FOOTY MATCH OF THE DAY
NETFLIX AVAILABLE ALL DAY
4 PM HAPPY HOUR
6 PM SATURDAY DAY AT THE MOVIES

LEVEL 2- HOUSE 4, 5 & 6

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

21

LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE AND CHAT
12PM DINING EXPERIENCE
MUSIC DURING LUNCH
FOOTY MATCH OF THE DAY
2 PM AFTERNOON MOVIE
MATINEE
NETFLIX AVAILABLE ALL DAY
GARDEN WALKS

22

ANZAC CONCERT

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES AND QUIZZES
11:00 AM 9 LETTER WORD GAMES (L4)
1:30 PM ANZAC CONCERT (L3)
2 PM DOCUMENTARY
3 PM BINGO
4 PM 1-1 ROOM VISITS

23

9:30 AM WELCOME TO THE DAY
10:00 AM SUMAN'S PHYSIO EXERCISES (H4)
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME (L4)
1:15 PM PET THERAPY
1:30 PM ARMCHAIR TRAVEL TO NETHERLANDS
2:45 PM YOGA WITH ELLEN
4 PM 1-1 ROOM VISITS

24

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM ZUMBA GOLD (H4&5)
11:15 AM MEMORY LANE THERAPY (MUSIC OR TRIVIA)
1:30 PM LOCHLAN'S BUS TRIP STAY ON BUS TRIP TO THE BEACH
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONG & HIGH TEA (L1)
1:30 PM SUE'S SINGALONG (H6)
2 PM FOOD APPRECIATION MEETING (BOARDROOM)
2 PM FLOOR GAMES
4 PM 1-1 ROOM VISITS

25

ANZAC DAY PUBLIC HOLIDAY

MORNING TV SHOWS
11:00 AM COFFEE & CHAT
11:00 AM 1 MINUTE SILENCE TO RESPECT AND REFLECT ON OUR FALLEN SOLDIERS
1 PM TOOLBOX ACTIVITIES OR GARDEN WALKS
1:30 PM AFTERNOON MOVIES
3 PM PAMPERING
6 PM RESIDENT CHOICE OF NETFLIX MOVIES

26

ANZAC DAY SERVICE ST KILDA RSL COMMEMORATIVE SPEECH

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM MEMORY LANE THERAPY (TRIVIA OR MUSIC)
11:15 AM IN CHAIR EXERCISE
1:30 PM ANZAC DAY SERVICE COMMEMORATIVE SPPEECH (L3)
1:30 PM LIFESTYLE FOCUS GROUP MEETING (LM)
2 PM ZUMBA GOLD (H6)
2 PM TRIVIA (L4)
2:45 PM LIONSHARE CAFE VISITS
3 PM LOCHLAN'S FRIDAY FIESTA (L4)
4 PM 1-1 ROOM VISITS

27

9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MOMENTS
11:00 AM LAUGHTER AND LATTES
1 PM GARDEN WALKS
2 PM AFTERNOON TEA
FOOTY MATCH OF THE DAY
NETFLIX AVAILABLE ALL DAY
4 PM HAPPY HOUR
6 PM SATURDAY AT THE MOVIES

28

LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE AND CHAT
12PM DINING EXPERIENCE
MUSIC DURING LUNCH
FOOTY MATCH OF THE DAY
2 PM AFTERNOON MOVIE
MATINEE
NETFLIX AVAILABLE ALL DAY
GARDEN WALKS

29

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES AND QUIZZES
11:00 AM 9 LETTER WORD GAMES (L4)
2 PM DOCUMENTARY
3 PM BINGO
4 PM 1-1 ROOM VISITS

30

9:30 AM WELCOME TO THE DAY
10:00 AM SUMAN'S PHYSIO EXERCISES (H4)
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME (L4)
1:30 PM ARMCHAIR TRAVEL TO EGYPT
2:45 PM YOGA WITH ELLEN
4 PM 1-1 ROOM VISITS



LEST WE
FORGET
— ANZAC DAY —



Easter
MONDAY

