

LEVEL 3- HOUSE 7 & 8

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**1 EASTER MONDAY
PUBLIC HOLIDAY**

MORNING TV SHOWS
10:00 AM COFFEE AND CHAT
12PM DINING EXPERIENCE
MUSIC DURING LUNCH
2 PM AFTERNOON MOVIE
MATINEE
NETFLIX AVAILABLE ALL DAY
3 PM PAMPERING
4 PM GARDEN WALKS
6 PM RESIDENTS CHOICE OF
MOVIES

2

9:30 AM WELCOME TO THE DAY
9:30 AM SUMMAN'S PHYSIO
EXERCISES
10:30 AM NEWS AND VIEWS
11:00 AM ALEX'S ARTS AND
CRAFTS
11:00 AM 9 LETTER WORD GAMES
(L4)
1:30 PM MEMORY LANE THERAPY
MUSIC QUIZ OR SINGALONG
3:30 PM YOGA
4 PM 1-1 ROOM VISITS

3

9:30 AM LIFESTYLE HUDDLE
MEETING
10:30 AM NEWS AND VIEWS
AND QUIZZES WITH DAVID AND
RICK
11:00 AM 9 LETTER WORD GAMES
1:30 PM KIMBERLY'S ART THERAPY
(LM)
2 PM CARPET BOWLING
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

4

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND VIEWS
10:30 AM CATHOLIC VISITOR
10:45 AM WORD GAMES &
QUIZZES
11:00 AM CHOIR
1:30 PM LADIES GROUP
2 :45 PM ZUMBA GOLD
4 PM 1-1 ROOM VISITS

5

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES OR
QUIZZES
10:30 AM ANGLICAN MASS
(CINEMA)
11:00 AM IN CHAIR EXERCISES
1:30 PM ART & CRAFT
2 PM TRIVIA (L4)
3 PM CAROL'S SINGALONGS
3 PM LOCHLAN'S FRIDAY FIESTA
(L4)
4 PM 1-1 ROOM VISITS

6

MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM DINING EXPERIENCE
MUSIC
1 PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE
MATINEES
3 PM GARDEN WALKS
4 PM HAPPY HOUR
6 PM SATURDAY NIGHT AT THE
MOVIES

7

LIVESTREAM CHURCH
(BY REQUEST)
10 :00 AM MORNING TV
SHOWS
12:00 PM DINING
EXPERIENCE
MUSIC
2 PM AFTERNOON MOVIE
3 PM FOOTY MATCH OF THE
DAY
4 PM PAMPERING
6 PM SUNDAY NIGHT
MOVIES

8

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES AND
QUIZZES
11:00 AM 9 LETTER WORD
GAMES (L4)
1:30 PM POETRY
1:30 PM ANNE'S MEDITATION
(CINEMA)
2 PM OMEGA VIOLINIST (L2)
2:45 PM ARMCHAIR TRAVEL
TO GERMANY
4 PM 1-1 ROOM VISITS

9

9:30 AM WELCOME TO THE DAY
9:30 AM SUMMAN'S PHYSIO
EXERCISES
10:00 AM PET THERAPY
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD
GAMES
(L4)
1:30 PM MEMORY LANE
THERAPY
MUSIC QUIZ OR SINGALONG
3:30 PM YOGA
4 PM 1-1 ROOM VISITS

10

9:30 AM WELCOME TO THE DAY
10:30 AM NEWS AND VIEWS
AND QUIZZES WITH DAVID AND
11:00 AM 9 LETTER WORD GAMES
1:30 PM KIMBERLY'S ART
THERAPY
(LM)
1:30 PM LOCHLAN'S BUS TRIP
IAN POTTER GALLERY
(NVG)
2 PM MASTERCHEF
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

11

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND VIEWS
10:30 AM CATHOLIC MASS
(CINEMA)
10:45 AM WORD GAMES &
QUIZZES
11:00 AM CHOIR
1:30 PM FLOWER ARRANGING
2 :45 PM ZUMBA GOLD
4 PM 1-1 ROOM VISITS

12

9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES &
QUIZZES
11:00 AM IN CHAIR EXERCISES
1:30 PM ART & CRAFT
2 PM TRIVIA (L4)
3 PM CAFE VISITS
3 PM LOCHLAN'S FRIDAY
FIESTA (L4)
4 PM 1-1 ROOM VISITS

13

MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM DINING EXPERIENCE
MUSIC
1 PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE
MATINEES
3 PM GARDEN WALKS
4 PM HAPPY HOUR
6 PM SATURDAY NIGHT AT THE
MOVIES

14

LIVESTREAM CHURCH
(BY REQUEST)
10 :00 AM MORNING TV
SHOWS
12:00 PM DINING
EXPERIENCE
MUSIC
2 PM AFTERNOON MOVIE
3 PM FOOTY MATCH OF THE
DAY
4 PM PAMPERING
6 PM SUNDAY NIGHT
MOVIES

15

9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES AND
QUIZZES
11:00 AM 9 LETTER WORD
GAMES (L4)
1:30 PM BINGO
2:45 PM ARMCHAIR TRAVEL
TO SPAIN
4 PM 1-1 ROOM VISITS

16

9:30 AM WELCOME TO THE DAY
9:30 AM SUMMAN'S PHYSIO
EXERCISES
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD
GAMES
(L4)
1:30 PM MEMORY LANE
THERAPY
MUSIC QUIZ OR SINGALONG
3:30 PM YOGA
4 PM 1-1 ROOM VISITS

17

9:30 AM LIFESTYLE HUDDLE
MEETING
10:30 AM RACHEL'S BUS TRIP
GRAND HOTEL
CHOLOLATERIE @ ICE CREAM
10:30 AM NEWS AND VIEWS
AND QUIZZES WITH DAVID
11:00 AM 9 LETTER WORD GAMES
11:30 AM FOOTY TIPPING
1:30 PM KIMBERLY'S ART THERAPY
(LM)
2 PM DOCUMENTARY
4 PM 1-1 ROOM VISITS

18

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:00 AM INTERGENERATIONAL
PROGRAM
10:30 AM GREEK MASS
(CINEMA)
10:30 AM CATHOLIC VISITOR
10:45 AM WORD GAMES & QUIZZES
11:00 AM CHOIR
1:30 PM ANZAC DAY ART/RAFTS
2 :45 PM ZUMBA GOLD
4 PM 1-1 ROOM VISITS

19

9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES OR
QUIZZES
10:30 AM SHOPPING TROLLEY
11:00 AM IN CHAIR EXERCISES
1:30 PM ART & CRAFT
2 PM TRIVIA (L4)
3 PM CAROL'S SINGALONGS
3 PM LOCHLAN'S FRIDAY
FIESTA (L4)
4 PM 1-1 ROOM VISITS

20

MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM DINING EXPERIENCE
MUSIC
1 PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE
MATINEES
3 PM GARDEN WALKS
4 PM HAPPY HOUR
6 PM SATURDAY NIGHT AT
THE MOVIES

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THURSDAY

FRIDAY

SATURDAY

21

LIVESTREAM CHURCH
(BY REQUEST)
10:00 AM MORNING TV SHOWS
12:00 PM DINING EXPERIENCE MUSIC
2 PM AFTERNOON MOVIE
3 PM FOOTY MATCH OF THE DAY
4 PM PAMPERING
6 PM SUNDAY NIGHT MOVIES

22

ANZAC CONCERT WITH MAGGIE

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES AND QUIZZES
11:00 AM 9 LETTER WORD GAMES (L4)
1:30 PM ANZAC CONCERT WITH MAGGIE
2:45 PM ARMCHAIR TRAVEL TO PORTUGAL
4 PM 1-1 ROOM VISITS

23

9:30 AM WELCOME TO THE DAY
9:30 AM SUMMAN'S PHYSIO EXERCISES
10:00 AM PET THERAPY
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAMES (L4)
1:30 PM MEMORY LANE THERAPY
MUSIC QUIZ OR SINGALONG
3:30 PM YOGA
4 PM 1-1 ROOM VISITS

24

9:30 AM WELCOME TO THE DAY
10:30 AM NEWS AND VIEWS AND QUIZZES WITH DAVID AND
11:00 AM 9 LETTER WORD GAMES (LM)
1:30 PM LOCHLAN'S BUS TRIP STAY ON BUS TRIP TO BEACH
2 PM FOOD APPRECIATION MEETING (BOARDROOM)
2 PM ANZAC DAY PRESENTATION
3:30 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

25

ANZAC DAY PUBLIC HOLIDAY

MORNING TV SHOWS
11:00 AM COFFEE & CHAT
11:00 AM 1 MINUTE SILENCE TO RESPECT AND REFLECT ON OUR FALLEN SOLDIERS
1 PM TOOLBOX ACTIVITIES OR GARDEN WALKS
1:30 PM AFTERNOON MOVIES
3 PM PAMPERING
6 PM RESIDENT CHOICE OF NETFLIX MOVIES

26

ANZAC DAY SERVICE ST KILDA RSL COMMEMORATIVE SPEECH

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES OR QUIZZES
11:00 AM IN CHAIR EXERCISES
1:30 PM ANZAC DAY SERVICE COMMEMORATIVE SPEECH
1:30 PM LIFESTYLE FOCUS GROUP MEETING (LM)
2 PM TRIVIA (L4)
3 PM CAFE VISITS
3 PM LOCHLAN'S FRIDAY FIESTA (L4)
4 PM 1-1 ROOM VISITS

27

MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM DINING EXPERIENCE MUSIC
1 PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE MATINEES
3 PM GARDEN WALKS
4 PM HAPPY HOUR
6 PM SATURDAY NIGHT AT THE MOVIES

28

LIVESTREAM CHURCH
(BY REQUEST)
10:00 AM MORNING TV SHOWS
12:00 PM DINING EXPERIENCE MUSIC
2 PM AFTERNOON MOVIE
3 PM FOOTY MATCH OF THE DAY
4 PM PAMPERING
6 PM SUNDAY NIGHT MOVIES

29

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES AND QUIZZES
11:00 AM 9 LETTER WORD GAMES (L4)
1:30 PM POETRY
2:45 PM ARMCHAIR TRAVEL TO BRAZIL
4 PM 1-1 ROOM VISITS

30

9:30 AM WELCOME TO THE DAY
9:30 AM SUMMAN'S PHYSIO EXERCISES
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAMES (L4)
1:30 PM MEMORY LANE THERAPY
MUSIC QUIZ OR SINGALONG
3:30 PM YOGA
4 PM 1-1 ROOM VISITS



LEST WE FORGET
— ANZAC DAY —



Easter MONDAY

