

## LEVEL 4- HOUSE 9 & 10

### SUNDAY

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY



**1** **EASTER MONDAY**  
**PUBLIC HOLIDAY**

**MORNING TV SHOWS**  
11:00 AM COFFEE & CHAT  
12 PM DINING EXPERIENCE  
MUSIC  
1 PM TOOLBOX ACTIVITIES OR  
GARDEN WALKS  
2 PM AFTERNOON MOVIES  
3 PM PAMPERING  
4 PM MUSICAL CONCERTS  
VIA YOUTUBE

**2** 9:30 AM WELCOME TO THE  
DAY  
9:30 AM SUMAN 'S PHYSIO  
EXERCISES  
( H9 )  
10:00 AM NEWS AND VIEWS  
11:00 AM 9 LETTER WORD  
GAMES  
2 PM BINGO  
3:30 PM ALEX'S ART  
THERAPY  
4 PM 1-1 ROOM VISITS

**3** 9:30 AM LIFESTYLE HUDDLE  
MEETING  
10:30 AM NEWS AND VIEWS  
11:00 AM 9 LETTER WORD  
GAMES  
1:30 PM KIMBERLY'S ARTS/  
CRAFT (LM )  
2 PM DOCUMENTARY  
4 1-1 ROOM VISITS

**4** 9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO EXERCISES  
( H9 )  
10:15 AM NEWS AND VIEWS  
10:30 AM CATHOLIC VISITOR  
11:00 AM 9 LETTER WORD GAME  
11:00 AM CHOIR ( L3 )  
1:30 PM MEN'S GROUP  
( CINEMA )  
2 PM ZUMBA  
3:30 PM FOOTY TIPPING  
4 PM 1-1 ROOM VISITS

**5** 9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM ANGLICAN MASS  
( CINEMA )  
10:30 AM MEMORY LANE  
THERAPY  
(TRIVIA OR QUIZZES)  
11:00 AM 9 LETTER WORD GAME  
2 PM TRIVIA  
3 PM LOCHLAN'S FRIDAY FIESTA  
3 PM CAROL'S SINGALONGS  
( L3 )  
4 PM 1-1 ROOM VISITS

**6** **MORNING TV SHOWS**  
11:00 AM COFFEE & CHAT  
1 PM TOOLBOX ACTIVITIES OR  
GARDEN WALKS  
2 PM AFTERNOON MOVIES  
3 PM FOOTY MATCH OF THE  
DAY  
4 PM HAPPY HOUR  
6 PM SATURDAY NIGHT AT THE  
MOVIES

**7** **LIVESTREAM CHURCH MASS**  
( BY REQUEST )  
10:30 AM COFFEE & CHAT  
12 PM DINING EXPERIENCE  
MUSIC  
1 PM MUSICAL CONCERTS  
(VIA YOUTUBE )  
NETFLIX AVAILABLE ALL DAY  
FOOTY MATCH OF THE DAY  
GARDEN WALKS  
TOOLBOX ACTIVITIES  
SUNDAY NIGHT MOVIES

**8** 9:30 AM WELCOME TO THE  
DAY  
10:00 AM SUNRISE NEWS  
(VIA LIVE STREAMING )  
11:00 AM 9 LETTER WORD  
GAME  
1:30 PM ANNE'S MEDITATION  
( CINEMA )  
2 PM OMEGA VIOLINIST  
( L2 )  
2 PM MASTERCHEF  
3 PM ARMCHAIR TRAVEL  
4 PM 1-1 ROOM VISITS

**9** 9:30 AM WELCOME TO THE  
DAY  
9:30 AM SUMAN 'S PHYSIO  
EXERCISES  
( H9 )  
10:00 AM NEWS AND VIEWS  
11:00 AM 9 LETTER WORD  
GAMES  
1:45 PM PET THERAPY  
2 PM BINGO  
3:30 PM YOGA ( L3 )  
3:30 PM PAMPERING  
4 PM 1-1 ROOM VISITS

**10** 9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM IN CHAIR EXERCISES  
11:00 AM 9 LETTER WORD GAMES  
1:30 PM LOCHLAN'S BUS TRIP  
( IAN POTTER GALLERY NGV )  
1:30 PM TOMMY'S SINGALONG  
& HIGH TEA ( L1 )  
1:30 PM KIMBERLY'S ARTS/ CRAFT  
( LM )  
2 PM CAFE VISITS  
3 PM MUSICAL CONCERTS  
( VIA YOUTUBE )  
4 PM 1-1 ROOM VISITS

**11** 9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO EXERCISES  
( H9 )  
10:00 AM CATHOLIC MASS  
( CINEMA )  
10:15 AM LISA DANCE AND DRAMA  
THERAPY  
11:00 AM 9 LETTER WORD GAME  
11:00 AM CHOIR ( L3 )  
1:30 PM MEN'S GROUP  
( CINEMA )  
2 PM ZUMBA  
3:30 PM FOOTY TIPPING  
4 PM 1-1 ROOM VISITS

**12** 9:30 AM WELCOME TO THE  
DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM MEMORY LANE  
THERAPY ( TRIVIA OR  
QUIZZES )  
11:00 AM 9 LETTER WORD  
GAME  
2 PM TRIVIA  
3 PM LOCHLAN'S FRIDAY  
FIESTA  
4 PM 1-1 ROOM VISITS

**13** **MORNING TV SHOWS**  
11:00 AM COFFEE & CHAT  
1 PM TOOLBOX ACTIVITIES OR  
GARDEN WALKS  
2 PM AFTERNOON MOVIES  
3 PM FOOTY MATCH OF THE  
DAY  
4 PM HAPPY HOUR  
6 PM SATURDAY NIGHT AT THE  
MOVIES

**14** **LIVESTREAM CHURCH MASS**  
( BY REQUEST )  
10:30 AM COFFEE & CHAT  
12 PM DINING EXPERIENCE  
MUSIC  
1 PM MUSICAL CONCERTS  
(VIA YOUTUBE )  
NETFLIX AVAILABLE ALL DAY  
FOOTY MATCH OF THE DAY  
GARDEN WALKS  
TOOLBOX ACTIVITIES  
SUNDAY NIGHT MOVIES

**15** 9:30 AM WELCOME TO  
THE DAY  
10:00 AM SUNRISE NEWS  
(VIA LIVE STREAMING )  
11:00 AM 9 LETTER  
WORD GAME  
2 PM CLASSICAL  
COMPOSER  
3 PM ARMCHAIR TRAVEL  
4 PM 1-1 ROOM VISITS

**16** 9:30 AM WELCOME TO THE  
DAY  
9:30 AM SUMAN 'S PHYSIO  
EXERCISES  
( H9 )  
10:00 AM NEWS AND VIEWS  
11:00 AM 9 LETTER WORD  
GAMES  
2 PM BINGO  
3:30 PM YOGA ( L3 )  
3:30 PM PAMPERING  
4 PM 1-1 ROOM VISITS

**17** 9:30 AM LIFESTYLE HUDDLE  
MEETING  
10:30 AM RACHEL'S BUS TRIP  
GRAND HOTEL YARRA VALLEY  
CHOCOLATERIE AND ICE CREAM  
11:00 AM 9 LETTER WORD  
GAMES  
1:30 PM TOMMY'S SINGALONG  
& HIGH TEA ( L1 )  
1:30 PM KIMBERLY'S  
ARTS/ CRAFT  
( LM )  
2 PM DOCUMENTARY  
4 1-1 OYSTER BAR

**18** 9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO EXERCISES  
( H9 )  
10:00 AM INTERGENERATIONAL  
PROGRAM ( L3 )  
10:30 AM CATHOLIC VISITOR  
10:15 AM LISA DANCE AND DRAMA  
THERAPY  
11:00 AM GREEK MASS  
( CINEMA )  
11:00 AM 9 LETTER WORD GAME  
11:00 AM CHOIR ( L3 )  
1:30 PM MEN'S GROUP  
( CINEMA )  
2 PM ZUMBA  
3:30 PM FOOTY TIPPING  
4 PM 1-1 ROOM VISITS

**19** 9:30 AM WELCOME TO THE  
DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM MEMORY LANE  
THERAPY  
TRIVIA AND QUIZZES  
11:00 AM 9 LETTER WORD  
GAME  
2 PM TRIVIA  
3 PM LOCHLAN'S FRIDAY  
FIESTA  
3 PM CAROL'S SINGALONGS  
( L3 )  
4 PM 1-1 ROOM VISITS

**20** **MORNING TV SHOWS**  
11:00 AM COFFEE & CHAT  
1 PM TOOLBOX ACTIVITIES OR  
GARDEN WALKS  
2 PM AFTERNOON MOVIES  
3 PM FOOTY MATCH OF THE  
DAY  
4 PM HAPPY HOUR  
6 PM SATURDAY NIGHT AT THE  
MOVIES



## LEVEL 4- HOUSE 9 & 10

### SUNDAY

**21 LIVESTREAM CHURCH MASS** **22**  
( BY REQUEST )  
10:30 AM COFFEE & CHAT  
12 PM DINING EXPERIENCE  
MUSIC  
1 PM MUSICAL CONCERTS  
(VIA YOUTUBE )  
NETFLIX AVAILABLE ALL DAY  
FOOTY MATCH OF THE DAY  
GARDEN WALKS  
TOOLBOX ACTIVITIES  
SUNDAY NIGHT MOVIES

### MONDAY

9:30 AM WELCOME TO THE DAY  
10:00 AM SUNRISE NEWS  
(VIA LIVE STREAMING )  
11:00 AM  
11:00 AM 9 LETTER WORD GAME  
1:30 PM MEMORY LANE  
THERAPY ( TRIVIA )  
1:30 PM MAGGIE IN CONCERT  
( L3 )  
3 PM ARMCHAIR TRAVEL  
4 PM 1-1 ROOM VISITS

### TUESDAY

**23** 9:30 AM WELCOME TO THE DAY **24**  
9:30 AM SUMAN 'S PHYSIO  
EXERCISES  
( H9 )  
10:00 AM NEWS AND VIEWS  
11:00 AM 9 LETTER WORD  
GAMES  
1:30 PM MEDITATION  
( CINEMA )  
1:45 PM PET THERAPY  
2 PM BINGO  
3:30 PM YOGA ( L3 )  
3:30 PM PAMPERING  
4 PM 1-1 ROOM VISITS

### WEDNESDAY

9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM IN CHAIR EXERCISES  
11:00 AM 9 LETTER WORD GAMES  
1:30 PM LOCHLAN 'S BUS TRIP  
(STAY ON BUS TRIP BEACH )  
1:30 PM TOMMY'S SINGALONG  
& HIGH TEA ( L1 )  
1:30 PM KIMBERLY'S ARTS/ CRAFT  
( LM )  
2 PM FOOD APPRECIATION MEETING  
( BOARDROOM )  
2 PM DOCUMENTARY  
4 PM 1-1 ROOM VISITS

### THURSDAY

**25** **ANZAC DAY** **26**  
**PUBLIC HOLIDAY**  
**MORNING TV SHOWS**  
11:00 AM COFFEE & CHAT  
11:00 AM 1 MINUTE SILENCE TO  
RESPECT AND REFLECT ON OUR  
FALLEN SOLDIERS  
1 PM TOOLBOX ACTIVITIES OR  
GARDEN WALKS  
1:30 PM AFTERNOON MOVIES  
3 PM PAMPERING  
6 PM RESIDENT CHOICE OF  
NETFLIX MOVIES

### FRIDAY

ANZAC DAY SERVICE  
ST KILDA RSL  
COMMEMORATIVE SPEECH  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM MEMORY LANE  
THERAPY  
10:30 AM SHOPPING TROLLEY  
11:00 AM 9 LETTER WORD GAME  
1:30 PM LIFESTYLE FOCUS  
GROUP ( LM )  
1:45 PM ANZAC DAY SERVICE  
COMMEMORATION SPEECH  
(L4)  
2 PM TRIVIA  
3 PM LOCHLAN 'S FRIDAY FIESTA  
4 PM 1-1 ROOM VISITS

### SATURDAY

**27** **MORNING TV SHOWS**  
11:00 AM COFFEE & CHAT  
1 PM TOOLBOX ACTIVITIES OR  
GARDEN WALKS  
2 PM AFTERNOON MOVIES  
3 PM FOOTY MATCH OF THE  
DAY  
4 PM HAPPY HOUR  
6 PM SATURDAY NIGHT AT THE  
MOVIES

**28 LIVESTREAM CHURCH MASS** **29**  
( BY REQUEST )  
10:30 AM COFFEE & CHAT  
12 PM DINING EXPERIENCE  
MUSIC  
1 PM MUSICAL CONCERTS  
(VIA YOUTUBE )  
NETFLIX AVAILABLE ALL DAY  
FOOTY MATCH OF THE DAY  
GARDEN WALKS  
TOOLBOX ACTIVITIES  
SUNDAY NIGHT MOVIES

9:30 AM WELCOME TO  
THE DAY  
10:00 AM SUNRISE  
NEWS  
(VIA LIVE STREAMING )  
11:00 AM 9 LETTER  
WORD GAME  
2 PM POETRY  
3 PM ARMCHAIR TRAVEL  
4 PM 1-1 ROOM VISITS

**30** 9:30 AM WELCOME TO THE DAY  
9:30 AM SUMAN 'S PHYSIO  
EXERCISES  
( H9 )  
10:00 AM NEWS AND VIEWS  
11:00 AM 9 LETTER WORD  
GAMES  
1:30 PM MEDITATION  
( CINEMA )  
2 PM BINGO  
3:30 PM YOGA ( L3 )  
3:30 PM PAMPERING  
4 PM 1-1 ROOM VISITS



LEST WE  
FORGET  
— ANZAC DAY —



Easter  
MONDAY

