

APRIL 2024

SOUTH PORT

**SUBJECT TO CHANGE*

SUNDAY



MONDAY

1 *EASTER MONDAY
PUBLIC HOLIDAY*

MORNING TV SHOWS
**10:AM TOOLBOX
ACTIVITIES**
11:00 AM PAMPERING
**1 PM AFTERNOON
MOVIES**
4 PM GARDEN WALKS

TUESDAY

2

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
**10:30 AM GREEK NEWS
(VIA YOUTUBE)**
11:15 AM GARDEN WALKS
1:30 PM BINGO
**3PM BOARD AND CARD
GAMES**
4 PM 1-1 ROOM VISIT

WEDNESDAY

3

**9:30 AM LIFESTYLE HUDDLE
MEETING**
**10:30 GREEK NEWS
(VIA YOUTUBE)**
11:00 AM MUSICAL MELODIES
2PM GREEK GROUP AND MUSIC
**3 PM MEMEORY LANE
THERAPY**
(MUSIC OR TRIVIA)
4 PM 1-1 ROOM VISITS

THURSDAY

4

9:30 AM WELCOME TO THE DAY
10:00 AM FOOTY TIPPING
**10:30 AM GREEK NEWS
(VIA YOUTUBE)**
**11:15 AM SUMAN PHYSIO
EXERCISES**
1 :30 PM BUS TRIPS
2 :30 PM PUPPETS ALIVE
**3 :30 PM GREEK MOVIE OR
CLASSICAL MOVIE**
4 PM 1-1 ROOM VISITS

FRIDAY

5

**9:30 AM WELCOME TO
THE DAY**
**10:00 AM NEWSPAPER
READ**
**10:30 AM GREEK NEWS
(VIA YOUTUBE)**
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
**3PM TOMMY'S
SINGALONG**
4 PM 1-1 ROOM VISITS

SATURDAY

6

MORNING TV SHOWS
AM TOOLBOX ACTIVITIES
AM PAMPERING
AFTERNOON MOVIES
**FOOTY MATCH OF THE
DAY**
GARDEN WALKS
**SATURDAY NIGHT AT THE
MOVIE**

7 SHARE & CARE CONCERT

**MORNING CHURCH MASS
(LIVESTREAM BY REQUEST)**
**2PM SHARE & CARE
CONCERT**
PAMPERING
FOOTY
NETFLIX AVAILABLE ALL DAY
TOOLBOX ACTIVITIES
GARDEN WALKS

8

**9:30 AM MORNING TV
SHOWS**
**10:00 AM GROOVING 60'S
FLOWER POWER
PAINTING**
**11:15 AM MUSIC AND
MOVEMENT WITH
SCARVES AND SENSORY**
**2 PM DANCE THERAPY
AND OCTOBAND &
IMAGINATIONS GAMES**
**4 PM GREEK MUSIC OR
MOVIE**

9

**9:30 AM WELCOME TO
THE DAY**
**10:00 AM NEWS AND
VIEWS**
**10:30 AM GREEK NEWS
(VIA YOUTUBE)**
**11:15 AM GARDEN
WALKS**
1:30 PM BINGO
3PM PET THERAPY
4 PM 1-1 ROOM VISIT

10

**9:30 AM WELCOME TO THE
DAY**
10:00 AM NEWS AND VIEWS
**10:30 GREEK NEWS
(VIA YOUTUBE)**
**11:00 AM MUSICAL
MELODIES**
**2PM. GREEK GROUP AND
MUSIC**
3 PM REMINISCING
4 PM 1-1 ROOM VISITS

11

**9:30 AM WELCOME TO THE
DAY**
10:00 AM FOOTY TIPPING
**10:30 AM GREEK NEWS
(VIA YOUTUBE)**
**11:15 AM SUMAN PHYSIO
EXERCISES**
1 :30 PM BUS TRIPS
**3 :30 PM GREEK MOVIE OR
CLASSICAL MOVIE**
4 PM 1-1 ROOM VISITS

12

**9:30 AM WELCOME TO
THE DAY**
**10:00 AM NEWSPAPER
READ**
**10:30 AM GREEK NEWS
(VIA YOUTUBE)**
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
**3PM TOMMY'S
SINGALONG**
4 PM 1-1 ROOM VISITS

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MORNING TV SHOWS
AM TOOLBOX ACTIVITIES
AM PAMPERING
AFTERNOON MOVIES
**FOOTY MATCH OF THE
DAY**
GARDEN WALKS
**SATURDAY NIGHT AT THE
MOVIE**

14

**MORNING CHURCH MASS
(LIVESTREAM BY REQUEST)**
AFTERNOON MOVIE
PAMPERING
FOOTY
**NETFLIX AVAILABLE ALL
DAY**
TOOLBOX ACTIVITIES
GARDEN WALKS

15

**9:30 AM MORNING TV
SHOWS**
**10:30 AM IMAGINATIVE
MOVEMENT &
STORY TELLING**
1:15 PM PAMPERING
2 PM DRAMA THERAPY
MUSIC AND MOVEMENT
**4 PM MUSICAL CONCERTS
VIA YOUTUBE**

16

**9:30 AM WELCOME TO THE
DAY**
10:00 AM NEWS AND VIEWS
**10:30 AM GREEK NEWS
(VIA YOUTUBE)**
11:15 AM GARDEN WALKS
1:30 PM BINGO
**3PM BOARD AND CARD
GAMES**
4 PM 1-1 ROOM VISIT

17

**9:30 AM LIFESTYLE HUDDLE
MEETING**
**10:30 GREEK NEWS
(VIA YOUTUBE)**
**11:00 AM MUSICAL
MELODIES**
**2PM. GREEK GROUP AND
MUSIC**
**3 PM MEMORY LANE
THERAPY**
(MUSIC OR TRIVIA)
4 PM 1-1 ROOM VISITS

18

9:30 AM WELCOME TO THE DAY
10:00 AM FOOTY TIPPING
**10:30 AM GREEK NEWS
(VIA YOUTUBE)**
**11:15 AM SUMAN PHYSIO
EXERCISES**
1 :30 PM BUS TRIPS
**3 :30 PM GREEK MOVIE OR
CLASSICAL MOVIE**
4 PM 1-1 ROOM VISITS

19

**9:30 AM WELCOME TO
THE DAY**
**10:00 AM NEWSPAPER
READ**
**10:30 AM GREEK NEWS
(VIA YOUTUBE)**
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
**3PM TOMMY'S
SINGALONG**
4 PM 1-1 ROOM VISITS

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MORNING TV SHOWS
AM TOOLBOX ACTIVITIES
AM PAMPERING
AFTERNOON MOVIES
**FOOTY MATCH OF THE
DAY**
GARDEN WALKS
**SATURDAY NIGHT AT THE
MOVIE**

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

21

MORNING CHURCH MASS
(LIVESTREAM BY REQUEST)
AFTERNOON MOVIE
PAMPERING
FOOTY
NETFLIX AVAILABLE ALL DAY
TOOLBOX ACTIVITIES
GARDEN WALKS

22

ANZAC CONCERT WITH MAGGIE

9:30 AM MORNING TV SHOWS
10:30 AM DRAMA THERAPY
MUSIC & MEMORIES WITH STORIES
1:15 PM PAMPERING
2 PM DRAMA THERAPY
VOICE WARM UP MUSIC
RHYTHMIC DANCE
3 PM ANZAC CONCERT WITH MAGGIE
4:00 PM AFTERNOON TV SHOWS

23

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM GREEK NEWS (VIA YOUTUBE)
11:15 AM GARDEN WALKS
1:30 PM BINGO
3PM PET THERAPY
4 PM 1-1 ROOM VISIT

24

ANZAC DAY PRESENTATION AND COMMEMORATION

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 GREEK NEWS (VIA YOUTUBE)
11:00 AM MUSICAL MELODIES
2PM. GREEK GROUP AND MUSIC
3:30 PM ANZAC DAY PRESENTATION
4 PM 1-1 ROOM VISITS

25

ANZAC DAY PUBLIC HOLIDAY

MORNING TV SHOWS
AM TOOLBOX ACTIVITIES
AM PAMPERING
***11:00 AM A MINUTE SILENCE TO RESPECT AND REFLECT OF OUR FALLEN SOLDIERS**
AFTERNOON MOVIES
GARDEN WALKS
SATURDAY NIGHT AT THE MOVIE

26

MYUNA MOBILE ANIMAL FARM ANS SAUSAGE SIZZLE

9:30 AM WELCOME TO THE DAY
10:00 AM INTERGENERATIONAL PROGRAM WITH PRE SCHOOL CHILDREN
11:00 AM ZUMBA GOLD
1:30 PM MYUNA MOBILE ANIMAL FARM ANS SAUSAGE SIZZLE
3:15 PM TOMMY'S SINGALONG
4 PM LIFESTYLE FOCUS GROUP MEETING

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MORNING TV SHOWS
AM TOOLBOX ACTIVITIES
AM PAMPERING
AFTERNOON MOVIES
FOOTY MATCH OF THE DAY
GARDEN WALKS
SATURDAY NIGHT AT THE MOVIE

28

MORNING CHURCH MASS
(LIVESTREAM BY REQUEST)
AFTERNOON MOVIE
PAMPERING
FOOTY
NETFLIX AVAILABLE ALL DAY
TOOLBOX ACTIVITIES
GARDEN WALKS

29

9:30 AM MORNING TV SHOWS
10:30 AM IMAGINATIVE MOVEMENT & STORY TELLING CREATIONS
1:15 PM PAMPERING
2 PM DRAMA THERAPY
MUSIC AND MOVEMENT
4 PM MUSICAL CONCERTS VIA YOUTUBE

30

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM GREEK NEWS (VIA YOUTUBE)
1:15 AM GARDEN WALKS
1:30 PM BINGO
3PM MASTERCHEF
4 PM 1-1 ROOM VISIT



LEST WE FORGET
— ANZAC DAY —

