

LEVEL 4- HOUSE 9 & 10

**LIBRARY SERVICE
AVAILABLE**

SUNDAY



MONDAY

2
9:30 AM WELCOME TO THE DAY
10:00 AM SUNRISE NEWS (LIVESTREAM)
11:00 AM 9 LETTER WORD GAMES
2 PM DOCUMENTARY
3 PM DANCE AND DRAMA THERAPY
4 PM 1-1 ROOM VISITS

TUESDAY

2
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES (H9)
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAMES
1:30 PM MEDITATION (CINEMA)
2 PM BINGO
3:15 PM PAMPERING
3:30 PM YOGA (L3)
4 PM 1-1 ROOM VISITS

WEDNESDAY

3
9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM LOCHLAN'S BUS TRIP NORTH POINT CAFE
1:30 PM KIMBERLY'S ART & CRAFTS (LM)
1:30 PM TOMMY'S SINGALONGS AND HIGH TEA (L1)
2 PM MUSICAL CONCERTS
4 PM 1-1 ROOM VISITS

THURSDAY

4
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S EXERCISES (H9)
10:30 AM NEWS AND VIEWS
10:30 AM CATHOLIC VOLUNTEER VISITOR
11:00 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
1:30 PM MEN'S GROUP (CINEMA)
2 PM ZUMBA GOLD
3 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

FRIDAY

5
9:30 AM WELCOME TO THE DAY
10:00 AM ALEX'S ART THERAPY
11:00 AM 9 LETTER WORD GAME
1:30 PM LETS EXPLORE BOOKS
STORYTELLING & READING (CINEMA)
2 PM TRIVIA
3 PM LOCHLAN'S FRIDAY FIESTA
AND HAPPY HOUR
4 PM 1-1 ROOM VISITS

SATURDAY

6
9:30 AM MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM LUNCHTIME DINING EXPERIENCE MUSIC
1 PM TOOL BOX ACTIVITIES
2 PM AFTERNOON WALKS
3 PM FOOTY MATCH OF THE DAY
4 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES

7 NAIDOC WEEK

8
9:30 AM LIVESTREAM CHURCH MASS BY REQUEST
10:30 AM COFFEE AND CHAT
12 PM LUNCHTIME DINING EXPERIENCE MUSIC
1 PM MUSICAL CONCERTS VIA YOUTUBE
2 PM PAMPERING
3 PM FOOTY OF THE DAY
4 PM WALKING GROUP
5 PM DINNER DINING EXPERIENCE MUSIC
6 PM SUNDAY NIGHT AT THE MOVIES

8
9:30 AM WELCOME TO THE DAY
10:00 AM SUNRISE NEWS (LIVESTREAM)
11:00 AM WELCOME TO NAIDOC WEEK PRESENTATION
11:15 AM 9 LETTER WORD GAMES
2 PM OMEGA VIOLINIST (L2)
2 PM BONUS TRIVIA
3 PM DANCE AND DRAMA THERAPY
4 PM 1-1 ROOM VISITS

9
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES (H9)
10:00 AM NEWS AND VIEWS
11:00 AM WHAT IS NAIDOC
11:15 AM 9 LETTER WORD GAMES
1:30 PM MEDITATION (CINEMA)
2 PM BINGO
3:15 PM PAMPERING
3:30 PM YOGA (L3)
4 PM 1-1 ROOM VISITS

10
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM INCHAIR EXERCISES
10:30 AM RACHEL'S BUS TRIP MOONLIT SANCTUARY WILDLIFE CONSERVATION PARK
11:00 AM HISTORY OF NAIDOC
11:15 AM 9 LETTER WORD GAMES
1:30 PM KIMBERLY'S ART THERAPY
1:30 PM TOMMY'S SINGALONG
2 PM CAFE VISITS
4 PM OYSTER BAR (BOARDROOM)

11
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S EXERCISES (H9)
10:30 AM NEWS AND VIEWS
10:30 AM CATHOLIC MASS (CINEMA)
11:00 AM FUTURE NAIDOC
11:15 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
1:30 PM MEN'S GROUP (CINEMA)
2 PM ZUMBA GOLD
3 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

12
9:30 AM WELCOME TO THE DAY
10:00 AM ALEX'S ART THERAPY
11:00 AM HISTORY OF ABORIGINAL FLAG
11:15 AM 9 LETTER WORD GAME
2 PM TRIVIA
1:30 PM LETS EXPLORE BOOKS
STORYTELLING & READING (CINEMA)
3 PM LOCHLAN'S FRIDAY FIESTA
AND HAPPY HOUR
4 PM 1-1 ROOM VISITS

13
9:30 AM MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM LUNCHTIME DINING EXPERIENCE MUSIC
1 PM TOOL BOX ACTIVITIES
2 PM AFTERNOON WALKS
3 PM FOOTY MATCH OF THE DAY
4 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES

14 BASTILLE DAY

15
9:30 AM LIVESTREAM CHURCH MASS BY REQUEST
10:30 AM COFFEE AND CHAT
12 PM LUNCHTIME DINING EXPERIENCE MUSIC
1 PM MUSICAL CONCERTS VIA YOUTUBE
2 PM PAMPERING
3 PM FOOTY OF THE DAY
4 PM WALKING GROUP
5 PM DINNER DINING EXPERIENCE MUSIC
6 PM SUNDAY NIGHT AT THE MOVIES

15
BASTILLE DAY CELEBRATIONS
9:30 AM WELCOME TO THE DAY
10:00 AM SUNRISE NEWS (LIVESTREAM)
11:00 AM 9 LETTER WORD GAMES
2 PM BASTILLE DAY ARMCHAIR TRAVEL TO PARIS WITH SPECIAL TREATS
3 PM DANCE AND DRAMA THERAPY
4 PM 1-1 ROOM VISITS

16
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES (H9)
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAMES
1:30 PM MEDITATION (CINEMA)
2 PM BINGO
3:15 PM PAMPERING
3:30 PM YOGA (L3)
4 PM 1-1 ROOM VISITS

17
TOMMY'S BASTILLE DAY CELEBRATIONS
9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM LOCHLAN'S BUS TRIP STAY ON BUS TRIP
1:30 PM COMMUNITY VISITS (LM)
1:30 PM TOMMY'S BASTILLE DAY CELEBRATIONS SINGALONGS WITH CHOCOLATE ECLAIRS AND BUBBLES (L1)
2 PM MUSICAL CONCERTS
4 PM 1-1 ROOM VISITS

18
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S EXERCISES (H9)
10:30 AM NEWS AND VIEWS
10:30 AM CATHOLIC VOLUNTEER VISITOR
11:00 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
1:30 PM MEN'S GROUP (CINEMA)
2 PM ZUMBA GOLD
3 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

19
9:30 AM WELCOME TO THE DAY
10:00 AM ALEX'S ART THERAPY
11:00 AM 9 LETTER WORD GAME
1:30 PM LETS EXPLORE BOOKS
STORYTELLING & READING (CINEMA)
2 PM TRIVIA
3 PM LOCHLAN'S FRIDAY FIESTA
AND HAPPY HOUR
4 PM 1-1 ROOM VISITS

20
INDEPENDENCE DAY OF COLOMBIA
9:30 AM MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM LUNCHTIME DINING EXPERIENCE MUSIC
1 PM TOOL BOX ACTIVITIES
2 PM AFTERNOON WALKS
3 PM FOOTY MATCH OF THE DAY
4 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES

LEVEL 4- HOUSE 9 & 10

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

21

9:30 AM LIVESTREAM CHURCH MASS
BY REQUEST
10:30 AM COFFEE AND CHAT
12 PM LUNCHTIME DINING
EXPERIENCE MUSIC
1 PM MUSICAL CONCERTS VIA YOUTUBE
2 PM PAMPERING
3 PM FOOTY OF THE DAY
4 PM WALKING GROUP
5 PM DINNER DINING EXPERIENCE
MUSIC
6 PM SUNDAY NIGHT AT THE MOVIES

22

9:30 AM WELCOME TO THE DAY
10:00 AM SUNRISE NEWS
(LIVESTREAM)
11:00 AM 9 LETTER WORD
GAMES
1:30 PM ANNE'S MEDITATION
(CINEMA)
2 PM CLASSICAL COMPOSER
3 PM ARMCHAIR TRAVEL
4 PM 1-1 ROOM VISITS

23

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
(H9)
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAMES
11:45 AM CLASSIC CINEMA'S
ELSTERNWICK
(THE WAY MY WAY) MOVIE
1:30 PM MEDITATION
(CINEMA)
2 PM BINGO
3:15 PM PAMPERING
3:30 PM YOGA (L3)
4 PM 1-1 ROOM VISITS

24

CHRISTMAS IN JULY

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM INCHAIR EXERCISES
11:00 AM 9 LETTER WORD GAMES
1:30 PM COMMUNITY VISITS
1:30 PM CHRISTMAS IN JULY
CONCERT (L3)
1:30 PM FOOD APPRECIATION
MEETING (CINEMA)
1:30 PM KIMBERLY'S ART THERAPY
1:30 PM COMMUNITY VISITORS
2 PM CAFE VISITS
4 PM OYSTER BAR
(BOARDROOM)

25

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S EXERCISES (H9)
10:30 AM NEWS AND VIEWS
10:30 AM INTERGENERATIONAL
PROGRAM (L3)
10:30 AM CATHOLIC VOLUNTEER
VISITOR
11:00 AM GREEK MASS
(CINEMA)
11:00 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
1:30 PM MEN'S GROUP
(CINEMA)
2 PM ZUMBA GOLD
3 PM FOOTY TIPPING
4 PM 1-1 ROOM VISITS

26

RESIDENT AND RELATIVE MEETING

9:30 AM WELCOME TO THE DAY
10:00 AM ALEX'S ART THERAPY
11:00 AM 9 LETTER WORD GAME
11:00 AM SHOPPING TROLLEY
MEETING
1:30 PM LETS EXPLORE BOOKS
STORYTELLING & READING
(CINEMA)
1:30 PM LIFESTYLE FOCUS
GROUP MEETING (LM)
3 PM LOCHLAN'S FRIDAY FIESTA
AND HAPPY HOUR
4 PM 1-1 ROOM VISITS

27

9:30 AM MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM LUNCHTIME DINING
EXPERIENCE MUSIC
1 PM TOOL BOX ACTIVITIES
2 PM AFTERNOON WALKS
3 PM FOOTY MATCH OF THE DAY
4 PM DINNER FINE DINING
MUSIC
EXPERIENCE
6 PM SATURDAY NIGHT AT THE
MOVIES

28

9:30 AM LIVESTREAM CHURCH
MASS
BY REQUEST
10:30 AM COFFEE AND CHAT
12 PM LUNCHTIME DINING
EXPERIENCE MUSIC
1 PM MUSICAL CONCERTS VIA
YOUTUBE
2 PM PAMPERING
3 PM FOOTY OF THE DAY
4 PM WALKING GROUP
5 PM DINNER DINING EXPERIENCE
MUSIC
6 PM SUNDAY NIGHT AT THE
MOVIES

29

9:30 AM WELCOME TO
THE DAY
10:00 AM SUNRISE NEWS
(LIVESTREAM)
11:00 AM 9 LETTER WORD
GAMES
1:15 PM MELBOURNE
GRAMMER MUSICAL
CONCERT (L3)
2 PM BOWLS
3 PM DRAMA AND DANCE
THERAPY
4 PM 1-1 ROOM VISITS

30

9:30 AM WELCOME TO THE DAY
9:30 AM PET THERAPY
WITH COOKIE & RENEE
9:30 AM GESSY'S PHYSIO
EXERCISES
(H9)
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD
GAMES
1:30 PM MEDITATION
(CINEMA)
2 PM BINGO
3:15 PM PAMPERING
3:30 PM YOGA (L3)
4 PM 1-1 ROOM VISITS

31

PARIS OLYMPIC COMPETITIONS

9:30 AM LIFESTYLE HUDDLE
MEETING
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM KIMBERLY'S ART &
CRAFTS
(LM)
1:30 PM COMMUNITY VISITORS
1:30 PM PARIS OLYMPICS
OPENING
COMPETITIONS
4 PM 1-1 ROOM VISITS

