



**LIBRARY SERVICES
AVAILABLE**

LEVEL 2- HOUSE 4, 5 & 6

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO EXERCISES (H4)
10:30 AM NEWS AND VIEWS
1:30 PM DOCUMENTARY
2:45 PM YOGA (L1)
3:15 PM MEMORY LANE SINGALONGS VIA YOUTUBE
4 PM 1-1 ROOM VISITS

2  9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:00 AM RACHEL'S BUS TRIP (TESSELAAR'S TULIP FESTIVAL)
10:30 AM ZUMBA GOLD (H4 & 5)
11:15 AM COMMUNITY WALKS
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONG WITH HIGH TEA (L1)
1:30 PM RESIDENT CHOICE OF ARTIST OR MOVIE
2:30 PM FOOD APPRECIATION MEETING (BOARDROOM)
3 PM FLOOR GAMES
4 PM OYSTER BAR (BOARDROOM)
4 PM 1-1 ROOM VISITS

3 9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO EXERCISES
10:30 AM CATHOLIC VISITOR
10:45 AM NEWS AND VIEWS & QUIZZES
11:00 AM PUPPETS ALIVE L1 H3
11:00 AM CHOIR (L3)
11:15 AM MOVIE TRIVIA
1:30 PM MENS GROUP (CINEMA)
1:30 PM KNITTING GROUP
3 PM AFTERNOON HIGH TEA AND CHAT
4 PM 1-1 ROOM VISITS


4 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM ANGLICAN MASS (CINEMA)
10:30 AM DRAMA THERAPY
11:15 AM MEMORY LANE THERAPY QUIZZES OR TRIVIA
1:15 PM MUSIC THERAPY
2 PM ZUMBA GOLD (H6)
2 PM TRIVIA (L4)
3 PM HAPPY HOUR (H4,5,& 6)
4 PM 1-1 ROOM VISITS

5 9:30 AM MORNING TV SHOWS
10:30 AM REMINISCING MUSIC (VIA YOUTUBE)
11:00 AM LAUGHTER AND LATTES
12 PM LUNCH DINING EXPERIENCE MUSIC
1 PM GARDENING WALKS
2 PM TOOLBOX ACTIVITIES
3 PM AFTERNOON TEA AND NETFLIX MOVIE
5 PM DINNER DINING EXPERIENCE MUSIC
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

6 LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM MUSIC MELODIES (VIA YOUTUBE)
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1:30 PM TOOLBOX ACTIVITIES
3:30 PM GARDEN OR INDOOR WALKS
5 PM DINNER FINE DINING EXPERIENCE MUSIC
6 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

7 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM MEMORY LANE THERAPY
GENERAL KNOWLEDGE OR MUSIC TRIVIA
11:00 AM 9 LETTER WORD GAME (L4)
1:30 PM MEDITATION (CINEMA)
2 PM OMEGA VIOLINIST
3 PM BINGO
4 PM 1-1 ROOM VISITS

8 9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO EXERCISES (H4)
10:30 AM NEWS AND VIEWS
1:30 PM DOCUMENTARY
2:45 PM YOGA (L1)
3:15 PM MEMORY LANE SINGALONGS VIA YOUTUBE
4 PM 1-1 ROOM VISITS

9  9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM ZUMBA GOLD (H4 & 5)
11:15 AM COMMUNITY WALKS
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM LOCHLAN'S BUS TRIP (STAY ON BUS)
1:30 PM TOMMY'S SINGALONG WITH HIGH TEA (L1)
1:30 PM RESIDENT CHOICE OF ARTIST OR MOVIE
3 PM FLOOR GAMES
4 PM 1-1 ROOM VISITS


10 9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO EXERCISES (H4)
10:30 AM CATHOLIC MASS (CINEMA)
10:45 AM NEWS AND VIEWS & QUIZZES
11:00 AM CHOIR (L3)
11:15 AM MOVIE TRIVIA
1:30 PM MENS GROUP (CINEMA)
1:30 PM KNITTING GROUP
3 PM FACIALS OR MAKE OVER & HAND MASSAGE WITH HIGH TEA
4 PM 1-1 ROOM VISITS

11 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM ANGLICAN MASS (CINEMA)
10:30 AM DRAMA THERAPY
11:15 AM MEMORY LANE THERAPY
GENERAL KNOWLEDGE OR MUSIC TRIVIA
2 PM ZUMBA GOLD (H6)
2 PM TRIVIA (L4)
3 PM HAPPY HOUR (H4,5,& 6)
4 PM 1-1 ROOM VISITS

12 9:30 AM MORNING TV SHOWS
10:30 AM REMINISCING MUSIC (VIA YOUTUBE)
11:00 AM LAUGHTER AND LATTES
12 PM LUNCH DINING EXPERIENCE MUSIC
1 PM GARDENING WALKS
2 PM TOOLBOX ACTIVITIES
3 PM AFTERNOON TEA AND NETFLIX MOVIE
5 PM DINNER DINING EXPERIENCE MUSIC
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

13 LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM MUSIC MELODIES (VIA YOUTUBE)
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1:30 PM TOOLBOX ACTIVITIES
3:30 PM GARDEN OR INDOOR WALKS
5 PM DINNER FINE DINING EXPERIENCE MUSIC
6 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

14 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM MEMORY LANE THERAPY
GENERAL KNOWLEDGE OR MUSIC TRIVIA
11:00 AM 9 LETTER WORD GAME (L4)
1:30 PM MEDITATION (CINEMA)
1:30 PM ARMCHAIR TRAVEL
3 PM BINGO
4 PM 1-1 ROOM VISITS

15  9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO EXERCISES (H4)
10:30 AM NEWS AND VIEWS
10:30 AM PET THERAPY WITH COOKIE AND RENEE
1:30 PM DOCUMENTARY
2:45 PM YOGA (L1)
3:15 PM MEMORY LANE SINGALONGS VIA YOUTUBE
4 PM 1-1 ROOM VISITS

16  **RON IN CONCERT**
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM ZUMBA GOLD (H4 & 5)
11:15 AM COMMUNITY WALKS
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM RACHEL'S BUS TRIP (NATIONAL GALLERY VICTORIA)
1:30 PM RON IN CONCERT (L1)
1 PM RESIDENT CHOICE OF ARTIST OR MOVIE
3 PM FLOOR GAMES
4 PM OYSTER BAR (BOARDROOM)
4 PM 1-1 ROOM VISITS

17 9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO EXERCISES (H4)
10:00 AM INTERGENERATIONAL PRGRAM (L3)
10:30 AM CATHOLIC VISITOR
10:45 AM NEWS AND VIEWS & QUIZZES
11:00 AM CHOIR (L3)
11:15 AM MOVIE TRIVIA
1:30 PM MENS GROUP (CINEMA)
1:30 PM KNITTING GROUP
3 PM AFTERNOON HIGH TEA AND CHAT
4 PM 1-1 ROOM VISITS

18 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM ANGLICAN MASS (CINEMA)
10:30 AM DRAMA THERAPY
11:15 AM MEMORY LANE THERAPY
GENERAL KNOWLEDGE OR MUSIC TRIVIA
2 PM ZUMBA GOLD (H6)
2 PM TRIVIA (L4)
3 PM HAPPY HOUR (H4,5,& 6)
4 PM 1-1 ROOM VISITS

19 9:30 AM MORNING TV SHOWS
10:30 AM REMINISCING MUSIC (VIA YOUTUBE)
11:00 AM LAUGHTER AND LATTES
12 PM LUNCH DINING EXPERIENCE MUSIC
1 PM GARDENING WALKS
2 PM TOOLBOX ACTIVITIES
3 PM AFTERNOON TEA AND NETFLIX MOVIE
5 PM DINNER DINING EXPERIENCE MUSIC
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY



LEVEL 2- HOUSE 4, 5 & 6

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

20

**KIDKO PERFORMING ARTS
MUSIC CONCERT**

LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM MUSIC MELODIES
(VIA YOUTUBE)
12 PM LUNCH FINE DINING EXPERIENCE
MUSIC
2 PM KIDKO MUSIC CONCERT (L1)
3:30 PM GARDEN OR INDOOR WALKS
5 PM DINNER FINE DINING EXPERIENCE
MUSIC
6 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

21

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM MEMORY LANE
THERAPY
GENERAL KNOWLEDGE OR MUSIC
TRIVIA
11:00 AM 9 LETTER WORD GAME
(L4)
1:30 PM MEDITATION
(CINEMA)
1:30 PM ARMCHAIR TRAVEL
3 PM BINGO
4 PM 1-1 ROOM VISITS

22

9:30 AM WELCOME TO THE
DAY
10:00 AM GESSY'S PHYSIO
EXERCISES (H4)
10:30 AM NEWS AND
VIEWS
1:30 PM DOCUMENTARY
2:45 PM YOGA (L1)
3:15 PM MEMORY LANE
SINGALONGS VIA YOUTUBE
4 PM 1-1 ROOM VISITS

23

9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM ZUMBA GOLD
(H4 & 5)
11:15 AM COMMUNITY WALKS
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1:30 PM LOCHLAN'S BUS TRIP
(HEIDI MUSEUM)
1:30 PM TOMMY'S SINGALONG
WITH HIGH TEA (L1)
1:30 PM RESIDENT CHOICE OF ARTIST
OR MOVIE
3 PM FLOOR GAMES
4 PM 1-1 ROOM VISITS

24

9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO EXERCISES
(H4)
10:30 AM CATHOLIC VISITOR
10:45 AM NEWS AND VIEWS
& QUIZZESS
11:00 AM CHOIR (L3)
11:15 AM MOVIE TRIVIA
1:30 PM MENS GROUP (CINEMA)
1:30 PM KNITTING GROUP
3 PM FACIALS OR MAKE OVER &M
HAND MASSAGE WITH HIGH TEA
4 PM 1-1 ROOM VISITS

25

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM ANGLICAN MASS
(CINEMA)
10:30M DRAMA THERAPY
11:15 AM MEMORY LANE
THERAPY
GENERAL KNOWLEDGE OR
MUSIC TRIVIA
1:30 PM LIFESTYLE FOCUS
GROUP MEETING (LM)
2 PM ZUMBA GOLD (H6)
2 PM TRIVIA (L4)
3 PM HAPPY HOUR (H4,5,6)
4 PM 1-1 ROOM VISITS

26

9:30 AM MORNING TV SHOWS
10:30 AM REMINISCING MUSIC
(VIA YOUTUBE)
11:00 AM LAUGHTER AND LATTES
12 PM LUNCH DINING EXPERIENCE
MUSIC
1 PM GARDENING WALKS
2 PM TOOLBOX ACTIVITIES
3 PM AFTERNOON TEA AND NETFLIX
MOVIE
5 PM DINNER DINING EXPERIENCE
MUSIC
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

27

**SHARE & CARE VARIETY
CONCERT**

LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM MUSIC MELODIES
(VIA YOUTUBE)
12 PM LUNCH FINE DINING
EXPERIENCE MUSIC
2 PM SHARE & CARE VARIETY CONCERT
(L3)
3:30 PM GARDEN OR INDOOR WALKS
5 PM DINNER FINE DINING
EXPERIENCE MUSIC
6 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

28

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM MEMORY LANE
THERAPY
GENERAL KNOWLEDGE OR MUSIC
TRIVIA
11:00 AM 9 LETTER WORD GAME
(L4)
1:30 PM MEDITATION
(CINEMA)
1:30 PM ARMCHAIR TRAVEL
3 PM BINGO
4 PM 1-1 ROOM VISITS

29

9:30 AM WELCOME TO THE
DAY
10:00 AM GESSY'S PHYSIO
EXERCISES (H4)
10:30 AM NEWS AND
VIEWS
1:30 PM DOCUMENTARY
2:45 PM YOGA (L1)
3:15 PM MEMORY LANE
SINGALONGS VIA YOUTUBE
4 PM 1-1 ROOM VISITS

30

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM ZUMBA GOLD (H4 & 5)
11:15 AM COMMUNITY WALKS
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1 PM RESIDENT CHOICE OF ARTIST
OR MOVIE
1:30 PM RACHEL'S BUS TRIP
(HALF MOON BAY)
1:30 PM TOMMY'S SINGALONGS WITH
HIGH TEA (L1)
3 PM FLOOR GAMES
4 PM OYSTER BAR
(BOARDROOM)
4 PM 1-1 ROOM VISITS

31

HALLOWEEN & DIWALI DAY
9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO EXERCISES
(H4)
10:00 AM INTERGENERATIONAL PRGRAM (L3)
10:30 AM CATHOLIC VISITOR
10:30 AM GREEK MASS
(CINEMA)
10:45 AM NEWS AND VIEWS
& QUIZZESS
11:00 AM CHOIR (L3)
11:15 AM MOVIE TRIVIA
1:30 PM DIWALI CELEBRATIONS
(L1)
3 PM HALLOWEEN TRICK OR TREAT
4 PM 1-1 ROOM VISITS





THE BEST MUSIC SCHOOL
CITY OF PORT PHILLIP, VIC

Kidko Performing Arts

★★★★★ SATISFACTION ★★★★★ SERVICES ★★★★★ REPUTATION ★★★★★ QUALITY

Quality Rating Over 95%

OUTLIT FAVOURITE

Presents **The Share & Care
Variety Dancers**

Contacts: Vicki 0490 394 965
Carol 0418 556 337



