

OCTOBER 2024

LEVEL 4- HOUSE 9 & 10

*subject to change



**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
11:00 AM 9 LETTER WORD GAME
2 PM BINGO
3 PM MEMORY LANE THERAPY GENERAL KNOWLEDGE OR MUSIC TRIVIA OR SINGALONGS
3:15 PM YOGA (L3)
4 PM 1-1 ROOM VISITS

2  9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:00 AM RACHEL'S BUS TRIP (TESSELAARS TULIP FESTIVAL)
10:30 AM IN CHAIR EXERCISES
11:00 AM 9 LETTER WORD GAME
1:15 PM MUSIC THERAPY
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONGS WITH HIGH TEA (L1)
2 PM CAFE VISITS
2:30 PM FOOD APPRECIATION MEETING (BOARDROOM)
4 PM OYSTER BAR (BOARDROOM)

3 9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES (H9)
10:30 AM NEWS AND VIEWS
10:30 AM CATHOLIC VISITOR
11:00 AM 9 LETTER WORD GAME
1:30 PM MEN'S GROUP (CINEMA)
2 PM ZUMBA GOLD
3 PM PAMPERING
4 PM 1-1 ROOM VISITS


4 9:30 AM WELCOME TO THE DAY
10:00 AM IN CHAIR EXERCISES
10:30 AM ANGLICAN MASS (CINEMA)
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
2 PM TRIVIA
3 PM LOCHLAN'S FRIDAY FIESTA & HAPPY HOUR
4 PM 1-1 ROOM VISITS

5 9:30 AM MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM LUNCH FIRNDINING EXPERIENCE MUSIC
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON WALKS
3PM PAMPERING
5 PM DINNER FINE DINING EXPERIENCE MUSIC
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

6 9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE & CHAT
11:00 AM GARDEN WALKS
12 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM SINGALONGS (VIA YOUTUBE)
3 PM PAMPERING
4 PM BOARD OR FLOOR GAMES
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

7 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM MEDITATION (CINEMA)
1:30 PM MASTERCHEF
2 PM OMEGA VIOLINIST (L2)
3 PM DRAMA THERAPY
4 PM 1-1 ROOM VISITS

8 9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
11:00 AM 9 LETTER WORD GAME
2 PM BINGO
3 PM MEMORY LANE THERAPY GENERAL KNOWLEDGE OR MUSIC TRIVIA OR SINGALONGS
3:15 PM YOGA (L3)
4 PM 1-1 ROOM VISITS

9  9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM IN CHAIR EXERCISES
11:00 AM 9 LETTER WORD GAME
1:30 PM LOCHLAN'S BUS TRIP (STAY ON BUS TRIP)
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONGS WITH HIGH TEA (L1)
2 PM DOCUMENTARY
4 PM 1-1 ROOM VISITS

10 9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES (H9)
10:30 AM NEWS AND VIEWS
10:30 AM CATHOLIC MASS (CINEMA)
11:00 AM 9 LETTER WORD GAME
1:30 PM MEN'S GROUP (CINEMA)
2 PM ZUMBA GOLD
3 PM PAMPERING
4 PM 1-1 ROOM VISITS


11 9:30 AM WELCOME TO THE DAY
10:00 AM IN CHAIR EXERCISES
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
2 PM TRIVIA
3 PM LOCHLAN'S FRIDAY FIESTA & HAPPY HOUR
4 PM 1-1 ROOM VISITS

12 9:30 AM MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM LUNCH FIRNDINING EXPERIENCE MUSIC
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON WALKS
3PM PAMPERING
5 PM DINNER FINE DINING EXPERIENCE MUSIC
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

13 9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE & CHAT
11:00 AM GARDEN WALKS
12 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM SINGALONGS (VIA YOUTUBE)
3 PM PAMPERING
4 PM BOARD OR FLOOR GAMES
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

14 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM MEDITATION (CINEMA)
1:30 PM CLASSICAL COMPOSER
3:00 PM DRAMA THERAPY
4 PM 1-1 ROOM VISITS

15 9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
11:00 AM 9 LETTER WORD GAME
2 PM BINGO
3 PM MEMORY LANE THERAPY GENERAL KNOWLEDGE OR MUSIC TRIVIA OR SINGALONGS
3:15 PM YOGA (L3)
4 PM 1-1 ROOM VISITS

16  **RON IN CONCERT**
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM IN CHAIR EXERCISES
11:00 AM 9 LETTER WORD GAME
1:30 PM RACHEL'S BUS TRIP (NATIONAL GALLERY VICTORIA)
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM RON IN CONCERT (L1)
2 PM CAFE VISITS
4 PM OYSTER BAR (BOARDROOM)

17 9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES (H9)
10:00 AM INTEGENERATIONAL
10:30 AM NEWS AND VIEWS
10:30 AM CATHOLIC VISITOR
11:00 AM 9 LETTER WORD GAME
1:30 PM MEN'S GROUP (CINEMA)
2 PM ZUMBA GOLD
3 PM PAMPERING
4 PM 1-1 ROOM VISITS

18 9:30 AM WELCOME TO THE DAY
10:00 AM IN CHAIR EXERCISES
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
2 PM TRIVIA
3 PM LOCHLAN'S FRIDAY FIESTA & HAPPY HOUR
4 PM 1-1 ROOM VISITS

19 9:30 AM MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM LUNCH FIRNDINING EXPERIENCE MUSIC
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON WALKS
3PM PAMPERING
5 PM DINNER FINE DINING EXPERIENCE MUSIC
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

OCTOBER 2024

LEVEL 4- HOUSE 9 & 10

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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

20

**KIDKO PERFORMING ARTS
MUSICAL CONCERT**

9:30 AM LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE & CHAT
11:00 AM GARDEN WALKS
12 PM LUNCH FINE DINING MUSIC
EXPERIENCE
2 PM KIDKO MUSICAL CONCERT
(L1)
3 PM PAMPERING
4 PM BOARD OR FLOOR GAMES
5 PM DINNER FINE DINING MUSIC
EXPERIENCE
6 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

21

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM MEDITATION (CINEMA)
1:30 PM FLOOR GAMES
3 PM DRAMA THERAPY
4 PM 1-1 ROOM VISITS

22

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
11:00 AM 9 LETTER WORD GAME
2 PM BINGO
3 PM MEMORY LANE THERAPY
GENERAL KNOWLEDGE OR MUSIC TRIVIA OR SINGALONGS
3:15 PM YOGA (L3)
4 PM 1-1 ROOM VISITS

23 

9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM IN CHAIR EXERCISES
11:00 AM 9 LETTER WORD GAME
1:30 PM LOCHLAN'S BUS TRIP
(HEIDI MUSEUM)
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1:30 PM TOMMY'S SINGALONGS
WITH HIGH TEA (L1)
2 PM DOCUMENTARY
4 PM 1-1 ROOM VISITS

24

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES (H9)
10:30 AM NEWS AND VIEWS
10:30 AM CATHOLIC VISITOR
11:00 AM 9 LETTER WORD GAME
1:30 PM MEN'S GROUP (CINEMA)
2 PM ZUMBA GOLD
3 PM PAMPERING
4 PM 1-1 ROOM VISITS

25

9:30 AM WELCOME TO THE DAY
10:00 AM IN CHAIR EXERCISES
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM LIFESTYLE FOCUS MEETING (LM)
2 PM TRIVIA
3 PM LOCHLAN'S FRIDAY FIESTA & HAPPY HOUR
4 PM 1-1 ROOM VISITS

26

9:30 AM MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM LUNCH FINE DINING EXPERIENCE
MUSIC
1PM TOOLBOX ACTIVITIES
2 PM AFTERNOON WALKS
3PM PAMPERING
5 PM DINNER FINE DINING EXPERIENCE
MUSIC
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

27

SHARE CARE VARIETY CONCERT

9:30 AM LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE & CHAT
11:00 AM GARDEN WALKS
12 PM LUNCH FINE DINING MUSIC
EXPERIENCE
2 PM SHARE AND CARE VARIETY
CONCERT (L3)
3 PM PAMPERING
4 PM BOARD OR FLOOR GAMES
5 PM DINNER FINE DINING MUSIC
EXPERIENCE
6 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

28

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM MEDITATION (CINEMA)
1:30 PM BONUS TRIVIA
3 PM DRAMA THERAPY
4 PM 1-1 ROOM VISITS

29

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
11:00 AM 9 LETTER WORD GAME
2 PM BINGO
3 PM MEMORY LANE THERAPY
GENERAL KNOWLEDGE OR MUSIC TRIVIA OR SINGALONGS
3:15 PM YOGA (L3)
4 PM 1-1 ROOM VISITS

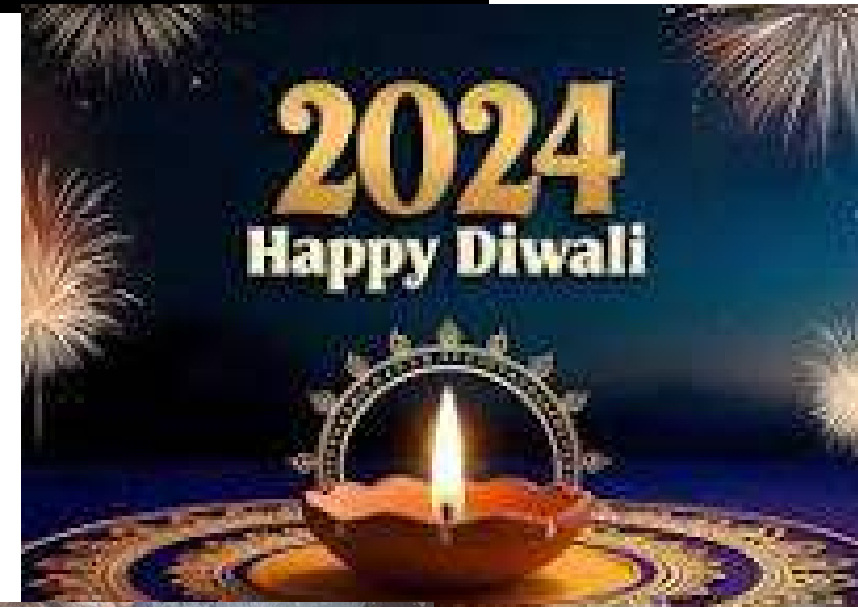
30 

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM IN CHAIR EXERCISES
11:00 AM 9 LETTER WORD GAME
1:30 PM RACHEL'S BUS TRIP
(HALF MOON BAY)
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1:30 PM TOMMY'S SINGALONGS
WITH HIGH TEA (L1)
2 PM CAFE VISITS
4 PM OYSTER BAR (BOARDROOM)

31

HALLOWEEN & DIWALI DAY

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES (H9)
10:00 AM INTERGENERATIONAL PROGRAM (L3)
10:30 AM NEWS AND VIEWS
10:30 AM GREEK MASS (CINEMA)
10:30 AM CATHOLIC VISITOR
11:00 AM 9 LETTER WORD GAME
1:30 PM DIWALI DAY CELEBRATIONS (L1)
2 PM ZUMBA GOLD
3 PM HALLOWEEN TRICK OR TREAT
4 PM 1-1 ROOM VISITS



THE BEST MUSIC SCHOOL
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