

SEPTEMBER 2024

LEVEL 3- HOUSE 7 & 8

*subject to change



LIBRARY SERVICES
AVAILABLE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY


SATURDAY

1 **FATHERS DAY CONCERT**
LIVESTREAM CHURCH MASS
(BY REQUEST
10 :00 AM COFFEE AND CHAT
12 PM LUNCH FINE DINING
EXPERIENCE MUSIC
1 :30 PM FATHERS DAY
CONCERT
(L1)
3 PM PAMPERING
4 PM GARDEN WALKS
5 PM DINNER FINE DINING
EXPERIENCE MUSIC
6 PM SUNDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY

2 9:30 AM WELCOME TO THE
DAY
10:15 AM NEWS AND
VIEWS
10:45 AM DANCE
MOVEMENT
THERAPY
11:00 AM 9 LETTER WORD
GAMES
1:30 PM ARMCHAIR
TRAVEL
3 PM COMMUNITY WALKS
OR FLOOR GAMES
4 PM 1-1 ROOM VISITS

3 9:30 AM WELCOME TO THE
DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
(H9)
10:15 AM NEWS AND VIEWS
10:45 AM DANCE &
MOVEMENT
THERAPY
11:00 AM 9 LETTER WORD
GAMES
1:30 PM CAFE VISITS
3 :30 PM YOGA
4 PM 1-1 ROOM VISITS

4  9:30 AM WELCOME TO THE DAY
10:00 AM IN CHAIR EXERCISES
10:30 AM NEWS AND VIEWS
& QUIZZES
WITH RICK AND DAVE
1:30 PM RACHEL BUS TRIP
RICKETTS POINTS CAFE
1 :30 PM KIMBERLY'S ART THERAPY
1:30 PM ARMCHAIR TRAVEL
3 PM MUSIC THERAPY
4 PM OYSTER BAR
(BOARDROOM)
4PM 1-1 ROOM VISITS

5  **ALBERT PARK PRIMARY MATILDA
MUSICAL**
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:15 AM NEWS AND VIEWS
& QUIZZESS
10:30 AM CATHOLIC VISITOR
11:00 AM CHOIR
1:15 PM ZUMBA GOLD
1:30 PM MEN'S GROUP
(CINEMA)
2 PM CRAFTS MAKING FASCINATORS&
HATS
FOR MELBOURNE CUP
2:45 PM ALBEET PARK PRIMARY
MATILDA MUSICAL (BUS TRIP)
3 PM HIGH TEA
4 PM 1-1 ROOM VISITS


6 **RESIDENT AND RELATIVE
MEETING**
9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND
VIEWS
10:30 AM QUIZZES OR
WORD GAMES
10:30 AM ANGLICAN MASS
(CINEMA)
11 AM MUSIC THERAPY
1:30 PM RESIDENT AND
RELATIVE MEETING
3PM HAPPY HOUR &
CAROL'S SINGALONGS
4 PM 1-1 ROOM VISITS

7 9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MELODIES
12 PM LUNCH FINE DINING
MUSIC
EXPERIENCE
1 PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE
MATINEE
3:30 PM INDOOR OR OUTDOOR
WALKING
5 PM DINNER FINE DINING
EXPERIENCE
MUSIC
6 PM SATURDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY

8 **LIVESTREAM CHURCH MASS**
(BY REQUEST
10 :00 AM COFFEE AND
CHAT
12 PM LUNCH FINE
DINING
EXPERIENCE MUSIC
1 :30 PM TOOLBOX
ACTIVITIES
3 PM PAMPERING
4 PM GARDEN WALKS
5 PM DINNER FINE
DINING
EXPERIENCE MUSIC
6 PM SUNDAY NIGHT AT
THE MOVIES
NETFLIX AVAILABLE ALL
DAY

9 9:30 AM WELCOME TO
THE DAY
10:15 AM NEWS AND
VIEWS
10:45 AM DANCE
MOVEMENT
THERAPY
11:00 AM 9 LETTER
WORD GAMES
1:30 PM ARMCHAIR
TRAVEL
3 PM COMMUNITY
WALKS
OR FLOOR GAMES
4 PM 1-1 ROOM VISITS

10 9:30 AM WELCOME TO
THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
(H9)
10:15 AM NEWS AND
VIEWS
10:45 AM DANCE &
MOVEMENT
THERAPY
11:00 AM 9 LETTER
WORD GAMES
1:30 PM CAFE VISITS
3 :30 PM YOGA
4 PM 1-1 ROOM VISITS

11  9:30 AM LIFESTYLE HUDDLE
MEETING
10:30 AM NEWS AND
VIEWS
& QUIZZES
WITH RICK AND DAVE
12 PM LOCHLAN'S BUS
TRIP
JAPANESE RESTAURANT
1 :30 PM KIMBERLY'S ART
THERAPY
1:30 PM ARMCHAIR
TRAVEL
3 PM MUSIC THERAPY
4PM 1-1 ROOM VISITS

12 9:30 AM WELCOME TO THE
DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND
VIEWS
& QUIZZESS
10:30 AM CATHOLIC MASS
(CINEMA)
11:00 AM CHOIR
1:15 PM ZUMBA GOLD
1:30 PM MEN'S GROUP
(CINEMA)
2 PM BINGO
3:30 PM DOCUMENTARY
OF
HERB ELLIOT OLYMPIC
RUNNER
4 PM 1-1 ROOM VISITS

13 9:30 AM WELCOME
TO THE DAY
10:00 AM NEWS
AND VIEWS
10:30 AM QUIZZES
OR WORD GAMES
11 AM MUSIC
THERAPY
1:30 PM BOARD ,
CARD OR COGNITIVE
WORD GAMES
3PM HAPPY HOUR
4 PM 1-1 ROOM
VISITS

14 9:30 AM MORNING TV
SHOWS
10:30 AM MUSICAL
MELODIES
12 PM LUNCH FINE
DINING MUSIC
EXPERIENCE
1 PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE
MATINEE
3:30 PM INDOOR OR
OUTDOOR
WALKING
5 PM DINNER FINE
DINING EXPERIENCE
MUSIC
6 PM SATURDAY NIGHT AT
THE MOVIES
NETFLIX AVAILABLE ALL
DAY

LEVEL 3- HOUSE 7 & 8

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

15 **LIVESTREAM CHURCH MASS**
(BY REQUEST
10 :00 AM COFFEE AND CHAT
12 PM LUNCH FINE DINING
EXPERIENCE MUSIC
1 :30 PM TOOLBOX ACTIVITIES
3 PM PAMPERING
4 PM GARDEN WALKS
5 PM DINNER FINE DINING
EXPERIENCE MUSIC
6 PM SUNDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY

16 **ELVIS IN CONCERT**
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
10:45 AM DANCE MOVEMENT
THERAPY
11:00 AM 9 LETTER WORD GAMES
1:30 PM ELVIS IN CONCERT
(L1)
1:30 PM ARMCHAIR TRAVEL
3 PM COMMUNITY WALKS
OR FLOOR GAMES
4 PM 1-1 ROOM VISITS

17
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
(H9)
10:15 AM NEWS AND VIEWS
10:45 AM DANCE & MOVEMENT
THERAPY
11:00 AM 9 LETTER WORD GAMES
1:30 PM CAFE VISITS
3 :30 PM GARDENING
4 PM 1-1 ROOM VISITS

18 9:30 AM WELCOME TO THE DAY
10:00 AM IN CHAIR EXERCISES
10:30 AM NEWS AND VIEWS
& QUIZZES
WITH RICK AND DAVE
12 PM RACHEL BUS TRIP
CORNER STONE CAFE
1 :30 PM KIMBERLY'S ART THERAPY
1:30 PM ARMCHAIR TRAVEL
3 PM MUSIC THERAPY
4 PM OYSTER BAR
(BOARDROOM)
4PM 1-1 ROOM VISITS

19 **MYUNA MOBILE ANIMAL FARM**
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:00 AM INTERGENERATIONAL
PROGRAM
10:30 AM CATHOLIC VISITOR
11:00 AM CHOIR
1:15 PM ZUMBA GOLD
1:30 PM INDEPENDENCE DAY MALTA
ARMCHAIR TRAVEL TO
MALTA
2 PM MYUNA MOBILE FARM ANIMAL
(L1)
4 PM 1-1 ROOM VISITS


20 **GALILEE REGIONAL PRIMARY SCHOOL
INTERGENERATIONAL PROGRAM**
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:00 AM GALILEE REGIONAL PRIMARY
INTERGENERATIONAL
PROGRAM
11 AM MUSIC THERAPY
1:30 PM LIFESTYLE FOCUS GROUP
(LM)
1:30 PM BOARD , CARD OR COGNITIVE
WORD GAMES
3PM HAPPY HOUR &
CAROL'S SINGALONGS
4 PM 1-1 ROOM VISITS

21 9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MELODIES
12 PM LUNCH FINE DINING MUSIC
EXPERIENCE
1 PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE MATINEE
3:30 PM INDOOR OR OUTDOOR
WALKING
5 PM DINNER FINE DINING
EXPERIENCE
MUSIC
6 PM SATURDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY

22
LIVESTREAM CHURCH MASS
(BY REQUEST
10 :00 AM COFFEE AND CHAT
12 PM LUNCH FINE DINING
EXPERIENCE MUSIC
1 :30 PM TOOLBOX ACTIVITIES
3 PM PAMPERING
4 PM GARDEN WALKS
5 PM DINNER FINE DINING
EXPERIENCE MUSIC
6 PM SUNDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY

23 9:30 AM WELCOME TO THE
DAY
10:15 AM NEWS AND VIEWS
10:45 AM DANCE
MOVEMENT
THERAPY
11:00 AM 9 LETTER WORD
GAMES
1:30 PM ARMCHAIR TRAVEL
3 PM COMMUNITY WALKS
OR FLOOR GAMES
4 PM 1-1 ROOM VISITS

24  **PET THERAPY WITH RENEE
& COOKIE**
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
(H9)
10:15 AM NEWS AND VIEWS
10:30 AM PET THERAPY VISITS
WITH RENEE AND COOKIE
10:45 AM DANCE & MOVEMENT
THERAPY
11:00 AM 9 LETTER WORD GAMES
1:30 PM CAFE VISITS
3 :30 PM MEMORY LANE THERAPY
QUIZZES OR GENERAL KNOWLEDGE
OR MUSIC
4 PM 1-1 ROOM VISITS

25  **GRAND FINAL FOOTY CONCERT**
9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM NEWS AND VIEWS
& QUIZZES
WITH RICK AND DAVE
1:30 PM GARND FINAL FOOTY CONCERT
(L1)
1:30 PM LOCHLAN'S BUS TRIP
IAN POTTERY GALLERY
1 :30 PM KIMBERLY'S ART THERAPY
1:30 PM ARMCHAIR TRAVEL
3 PM MUSIC THERAPY
4PM 1-1 ROOM VISITS

26 **FOOTY PRESENTATION**
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:15 AM NEWS AND VIEWS
& QUIZZESS
10:30 AM GREEK MASS (CINEMA)
10:30 AM CATHOLIC VISITOR
11:00 AM CHOIR
1:15 PM ZUMBA GOLD
1:30 PM FOOTBALL CERTIFICATE
PRESENTATIONS & PRIZES
2 PM BINGO
3:30 PM POETRY
4 PM 1-1 ROOM VISITS

27 **PUBLIC HOLIDAY**
9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MELODIES
11:00 AM COFFEE & CHAT
12 PM LUNCH FINE DINING
EXPERIENCE MUSIC
1 PM PAMPERING
2 PM RESIDENT CHOICE OF
MOVIE
3:30 PM INDOOR OR OUTDOOR
WALKING
5 PM DINNER FINE DINNING
MUSIC
EXPERIENCE
6 PM FRIDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY

28 **GRAND FINAL MATCH**
9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MELODIES
12 PM LUNCH FINE DINING MUSIC
EXPERIENCE
1 PM TOOLBOX ACTIVITIES
2 PM AFTERNOON MOVIE MATINEE
3 PM GRAND FINAL MATCH
5 PM DINNER FINE DINING
EXPERIENCE
MUSIC
6 PM SATURDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY

29
LIVESTREAM CHURCH MASS
(BY REQUEST
10 :00 AM COFFEE AND CHAT
12 PM LUNCH FINE DINING
EXPERIENCE MUSIC
1 :30 PM TOOLBOX ACTIVITIES
3 PM PAMPERING
4 PM GARDEN WALKS
5 PM DINNER FINE DINING
EXPERIENCE MUSIC
6 PM SUNDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY

30 9:30 AM WELCOME TO THE
DAY
10:15 AM NEWS AND VIEWS
10:45 AM DANCE
MOVEMENT
THERAPY
11:00 AM 9 LETTER WORD
GAMES
1:30 PM ARMCHAIR TRAVEL
3 PM COMMUNITY WALKS
OR FLOOR GAMES
4 PM 1-1 ROOM VISITS

