

SEPTEMBER 2024 SOUTH PORT

MONDAY **SUNDAY TUESDAY** WEDNESDAY THURSDAY 9 :30 AM WELCOME TO THE 5 FATHERS DAY CONCERT 9 :30 AM WELCOME TO 9:30 AM WELCOME TO 9:30 AM LIVESTREAM 9:30 AM WELCOME TO THE DAY THE DAY **MORNING CHURCH** DAY THE DAY 10:00 AM NEWSPAPER 10:00 AM MORNING TV 10:00 AM BALLOON MASS (BY REQUEST) 9 :30 AM SUMAN'S SHOWS READ 10:00 AM TOOLBOX THERAPY 11:00 AM DRAMA THERAPY **PHYSIO EXERCISE** ACTIVITIES 10:30 AM IN CHAIR 11:15 AM SUMAN CALMING AND CREATIVE 10 :30 AM PET THERAPY 11:00 AM PAMPERING OR **12 PM FINE DINING PHYSIO EXERCISES** EXERCISES AROMATHERAPY WITH RENEE AND EXPERIENCE 1:30AM FLOOR GAMES 11:15 AM MEMORY LANE 12:00 PM FINE DINING MUSIC COOKIE 11:15 AM MUSIC **3 PM GARDENING** 1:30 PM BALLOONS AND TRIVIA GARDEN WALKS 1:30 PM MUSICAL MELODIES OCTOBAND 3:30 PM W.E CHAT 1:30 PM MASTERCHEF **3 PM IMAGINATIVE 3 PM FATHERS DAY CONCERT** 1:30 PM GREEK GROUP GROUP MOVEMENT AND 5 PM FINE DINING MUSIC **3 PM CREATIVE ARTS** 2:30 PM BINGO 4 PM 1-1 ROOM VISITS **TELLING STORY** 6 PM NETTFLIX AVAILABLE 4 PM 1-1 ROOM VISITS 4 PM 1-1 ROOM VISITS 4 PM 1-1 ROOM VISITS AL DAY 9 8 13 10 12 11 9:30 AM LIVESTREAM 9:30 AM WELCOME TO THE 9:30 AM LIFESTYLE 9 :30 AM WELCOME TO 9:30 AM WELCOME MORNING CHURCH DAY THE DAY HUDDLE HUDDLE MASS (BY REQUEST) TO THE DAY 10:00 AM MORNING TV MEETING 10:00 AM 10:00 AM TOOLBOX SHOWS 9:30 AM SUMAN'S INTERGENERATIONAL ACTIVITIES 11:00 AM DRAMA THERAPY 10:00 AM LIVESTEAM **PHYSIO EXERCISE** 11:00 AM PAMPERING ORA WARM UP WITH MUSIC PRÖGRAM **ENGLISH OR NEWS** 10:30 AM **ERHYTHMIC DANCE** AROMATHERAPY 10:30 AM IN CHAIR 11:15 AM SUMAN **REMINSCING MUSIC** 12 PM FINE DINING 12:00 PM FINE DINING 11:15 AM GARDEN PHYSIO EXERCISES EXERCISES EXPERIENCE MUSIC 1:30AM FLOOR GAMES WALKS 11:15 AM MEMORY LANE MUSIC 1:30 PM MUSICAL 1:30 PM GREEK **3 PM GARDENING** 1:30 PM MOVEMENT & TRIVIA **MELODIES** GROUP MUSIC 3:30 PM W.E CHAT **3 PM FOOTY MATCH IF THE** 1:30 PM MASTERCHEF **3 PM MASKS (WEARING** 2:30 PM BINGO DAY GROUP **3 PM CREATIVE ARTS** MASKS 4 PM 1-1 ROOM **5 PM FINE DINING MUSIC** 4 PM 1-1 ROOM VISITS 4 PM 1-1 ROOM VISITS AND INTERACTIONS 6 PM NETTFLIX AVAILABLE VISITS 4 PM 1-1 ROOM VISITS AL DAY

*subject to change



LIBRARY SERVICES AVAILABLE

FRIDAY SATURDAY

6 9 :30 AM WELCOME TO THE DAY 10:00 AM INTERGENERATIONAL PROGRAM 11:00 AM ZUMBA GOLD 2 PM HAPPY HOUR 3 PM SINGALONGS VIA YOUTUBE 4 PM 1- 1 ROOM VISITS



9 :30 AM WELCOME TO THE DAY 10:00 AM INTERGENERATIONAL PROGRAM 11:00 AM ZUMBA GOLD 2 PM HAPPY HOUR 3 PM SINGALONGS VIA YOUTUBE 4 PM 1- 1 ROOM VISITS

14

9:30 AM MORNING TV SHOWS 10:00 AM CHAT GROUP WITH MORNING **COFFEE ORE TEA** 11:00 AM PAMPERING 12:00 PM FINE DINING MUSIC EXPERIENCE 1:30 PM WALKING GROUP INDOOR OR OUTDOOR **3 PM FOOTY MATCH OF THE DAY** 4 PM **5 PM FINE DINING EXPERIENCE** MUSIC 4 PM BOARD OR CARD GAMES 6 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY

	SPACare well. Living locally.		SEPTEMBER 2024		
SUNDAY		SOO TUESDAY 17 CONSTRUCTION 9:30 AM WELCOME TO THE DAY 9:30 AM SUMAN'S PHYSIO EXERCISE 10:30 AM PET THERAPY WITH RENEE AND COOKIE 11:15 AM GARDEN WALKS 1:30 PM GREEK GROUP 2:30 PM BINGO 4 PM 1-1 ROOM VISITS	UTH POR WEDDESDAY MEDDESDAY MERCINAL PROCESSON MALERT PARK COLLEGE INTERGENERATIONAL PROGRAM 9:30 AM WELCOME TO THE DAY 10:00 AM NEWSPAPER READ 10:30 AM IN CHAIR EXERCISES 11:15 AM MEMORY LANE 13:0 PM MASTERCHEF 3:30 PM ALBERT PARK COLLEGE INTERGENERATIONAL PROGRAM 4 PM 1-1 ROOM VISITS	THURSDAY	FI 9:30 9:30 11 3 PM 4 1 4 1
DAY 222 9:30 AM LIVESTREAM MORNING CHURCH MASS (BY REQUEST) 10:00 AM TOOLBOX ACTIVITIES 11:00 AM PAMPERING OR AROMATHERAPY 12:00 PM FINE DINING MUSIC 1:30 PM MUSICAL MELODIES 3 PM FOOTY MATCH IF THE DAY 5 PM FINE DINING MUSIC 6 PM NETTFLIX AVAILABLE AL DAY	2.3 9:30 AM WELCOME TO THE DAY 10:00 AM MORNING TV SHOWS 11:00 AM DRAMA THERAPY WARM UP WITH MUSIC ERHYTHMIC DANCE 12 PM FINE DINING EXPERIENCE MUSIC 1 :30 PM MOVEMENT & MUSIC 3 PM MASKS (WEARING MASKS AND INTERACTIONS 4 PM 1-1 ROOM VISITS	24 9:30 AM WELCOME TO THE DAY 9 :30 AM SUMAN'S PHYSIC EXERCISE 10 :30 AM MUSIC & MELODIES 11:15 AM GARDEN WALKS 1:30 PM BINGO 3 PM BOARD OR CARD GAMES 4 PM 1-1 ROOM VISITS	25 9 :30 AM LIFESTYLE HUDDLE MEETING 10:00 AM NEWSPAPER READ 10:30 AM IN CHAIR EXERCISES 11:15 AM MEMORY LANE	26 9 :30 AM WELCOME TO THE DAY 10:00 AM GRAND FINAL CELEBRATIONS FOOTY SONGS & PRESENTATION OF CERTIFICATES & PRIZES 11:15 AM SUMAN PHYSIO EXERCISES 1:15 PM MALTA INDEPENDENCE DAY ARMCHAIR TRAVEL 1:30AM BUS TRIPS 3 :30 PM W.E CHAT GROUP 4 PM 1-1 ROOM VISITS	27 9: 11:00 1 5 PM 1 4 6 PM
29 9:30 AM LIVESTREAM MORNING CHURCH MASS (BY REQUEST) 10:00 AM TOOLBOX ACTIVITIES 11:00 AM PAMPERING OR	30 9:30 AM WELCOME TO THE DAY 10:00 AM MORNING TV SHOWS 11:00 AM DRAMA THERAPY CALMING AND CREATIVE 12 PM FINE DINING EXPERIENCE	НАРРУ			

1 1:00 AM PAMPERING OR AROMATHERAPY 1 2:00 PM FINE DINING MUSIC 1:30 PM MUSICAL MELODIES 3 PM FOOTY MATCH IF THE DAY 5 PM FINE DINING MUSIC 6 PM NETTFLIX AVAILABLE AL DAY 9:30 AM WELCOME TO THE DAY 10:00 AM MORNING TV SHOWS 11:00 AM DRAMA THERAPY CALMING AND CREATIVE 12 PM FINE DINING EXPERIENCE MUSIC 1 :30 PM BALLOONS AND OCTOBAND 3 PM IMAGINATIVE MOVEMENT AND TELLING STORY 4 PM 1-1 ROOM VISITS







*subject to change

ENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

RIDAY

LIFESTYLE FOCUS MEETING

30 AM WELCOME TO THE DAY 10:00 AM INTERGENERATIONAL PROGRAM 11:00 AM ZUMBA GOLD 2 PM HAPPY HOUR M TOMMY'S SINGALONGS 4 PM LIFESTYLE FOCUS MEETING 4 PM 1- 1 ROOM VISITS

SATURDAY

9:30 AM MORNING TV SHOWS 10:00 AM CHAT GROUP WITH MORNING COFFEE ORE TEA 11:00 AM PAMPERING 12:00 PM FINE DINING MUSIC EXPERIENCE 1:30 PM WALKING GROUP INDOOR OR OUTDOOR 3 PM FOOTY MATCH OF THE DAY 4 PM BOARD OR CARD GAMES 5 PM FINE DINING EXPERIENCE MUSIC 4 PM BOARD OR CARD GAMES 6 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY

PUBLIC HOIDAY

9:30 AM MORNING TV SHOWS 10:00 AM CHAT GROUP WITH MORNING COFFEE ORE TEA 1:00 AM IN CHAIR EXERCISES WITH MUSIC 12:00 PM FINE DINING MUSIC EXPERIENCE 1:30 PM WALKING GROUP INDOOR OR OUTDOOR **3 PM REMINISCING MUSIC** 4 PM BALL GAMES PM FINE DINING EXPERIENCE MUSIC 4 PM BOARD OR CARD GAMES PM FRIDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY

28 GRAND FINAL MATCH

9:30 AM MORNING TV SHOWS 10:00 AM CHAT GROUP WITH MORNING COFFEE ORE TEA 11:00 AM PAMPERING 12:00 PM FINE DINING MUSIC EXPERIENCE 1:30 PM WALKING GROUP INDOOR OR OUTDOOR 3 PM GRAND FINAL MATCH 5 PM FINE DINING EXPERIENCE MUSIC 4 PM BOARD OR CARD GAMES 6 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY