

NOVEMBER 2024

LEVEL 1- HOUSE 1, 2 & 3

*subject to change



**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY

MONDAY

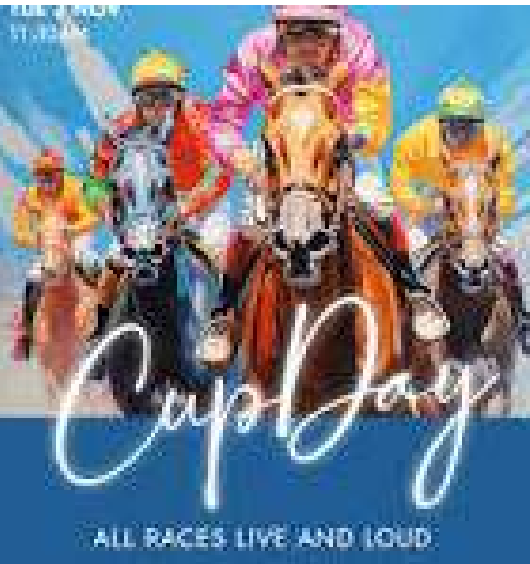
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 9:30 AM WELCOME TO THE DAY
9:45 AM REMINISCING MUSIC & INSTRUMENTS
10:30 AM KIMBERLY'S SENSORY ART THERAPY (H3)
10:30 AM ANGLICAN MASS (CINEMA)
11:15 AM NEWS AND VIEWS & QUIZZES (H1 & 2)
1:30 PM TABLE OR FLOOR GAMES
3 PM HAPPY HOUR (H1, 2 & 3)
4 PM 1-1 ROOM VISITS

2 9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MELODIES
11:00 AM COFFEE AND CHAT
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1 PM PAMPERNG
2 PM TOOLBOX ACTIVITIES OR FLOOR GAMES
3:30 PM INDOOR OR OUTDOOR WALKING
5PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT TE MOVIES
NETFLIX AVAILABLE ALL DAY

3 KIDKO PERFORMING ARTS MUSICAL
LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM MUSICAL MELODIES
12 PM LUNCH FINE EXPERIENCE
1 PM INDOOR OR OUTDOOR WALKING
2 PM KIDKO PERFORMING ART MUSICAL CONCERT (H1 & 2)
3:30 PM PAMPERING
5 PM DINNER FINE DING EXPERIENCE MUSIC
6 PM SUNDAY NIGHT AT THE MOVIES
NEFLIX MOVIES AVAILABLE ALL DAY

4 9:30 AM WELCOME TO THE DAY
9:45 AM BALLOON THERAPY OR GARDEN WALK (H3)
10:45 AM NEWS AND VIEWS (H1 & 2)
11:00 AM 9 LETTER WORD GAME (L4)
11:15 AM MELBOURNE CUP TIPPING
1:30 PM MEDITATION (CINEMA)
1:30 PM MASTERCHEF (H3)
2 PM OMEGA VOILINIST (L2)
2:45 PM SINGALONGS WITH LYRICS (H1 & 2)
3 PM LET'S TALK GRIEF (CINEMA)
4 PM 1-1 ROOM VISITS

5 PUBLIC HOLIDAY MELBOURNE CUP DAY
9:30 AM MORNING TV SHOWS
10:00 MORNING TEA AND CHAT
11:15 AM MUSICAL MOMENTS
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1 PM PAMPERNG
2 PM TOOLBOX ACTIVITIES OR FLOOR GAMES
3 PM MELBOURNE CUP RACE (LIVESTREAM CHANNEL 7)
5PM DINNER FINE DINING MUSIC EXPERIENCE
NETFLIX AVAILABLE ALL DAY

6 9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM NEWS AND VIEWS (H1 & 2)
11:15 AM ZUMBA GOLD (H3)
12 PM LOCHLAN'S BUS TRIP (JAPANESE RESTAURANT)
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONG'S WITH HIGH TEA (H1&2)
3 PM PAMPERING (H3)
4 PM 1-1 ROOM VISITS

7 9:30AM WELCOME TO DAY
9:45 AM BALLOON THERAPY
10:20 AM NEWS AND VIEWS & QUIZZES
10:30 AM CATHOLIC VISITOR
11:00 AM PUPPETS ALIVE (H3)
11:00 AM CHOIR (L3)
11:15 AM ZUMBA GOLD (H1 & 2)
1:30 PM OAKS DAY HAT PARADE WITH BUBBLE AND MELBOURNE CUP DRAW PRIZES
2 PM THE SEEKERS HOUR LIVE PERFORMING (L4)
2 PM VIOLETTA AND ANETTE SINGALONGS (H3)
4 PM 1-1 ROOM VISITS

8 9:30 AM WELCOME TO THE DAY
9:45 AM REMINISCING MUSIC & INSTRUMENTS
10:30 AM KIMBERLY'S SENSORY ART THERAPY (H3)
10:30 AM ANGLICAN MASS (CINEMA)
11:15 AM NEWS AND VIEWS & QUIZZES (H1 & 2)
130 PM TABLE OR FLOOR GAMES
3 PM HAPPY HOUR (H1, 2 & 3)
4 PM 1-1 ROOM VISITS

9 9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MELODIES
11:00 AM COFFEE AND CHAT
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1 PM PAMPERNG
2 PM TOOLBOX ACTIVITIES OR FLOOR GAMES
3:30 PM INDOOR OR OUTDOOR WALKING
5PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT TE MOVIES
NETFLIX AVAILABLE ALL DAY

10 LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM MUSICAL MELODIES
12 PM LUNCH FINE EXPERIENCE
1 PM INDOOR OR OUTDOOR WALKING
2 PM TOOLBOX OR FLOOR OR TABLE GAMES
3:30 PM PAMPERING
5 PM DINNER FINE DING EXPERIENCE MUSIC
6 PM SUNDAY NIGHT AT THE MOVIES
NEFLIX MOVIES AVAILABLE ALL DAY

11 REMEMBRANCE DAY
9:30 AM WELCOME TO THE DAY
9:45 AM BALLOON THERAPY (H3)
10:45 AM NEWS AND VIEWS (H1 & 2)
11:00 AM REMEMBRANCE DAY (ONE MINUTE SILENCE)
11:05 AM REMEMBRANCE DAY SERVICE ON CHANNEL 7
11:00 AM 9 LETTER WORD GAME (L4)
1:30 PM MEDITATION (CINEMA)
1:30 PM MASTERCHEF (H3)
2 PM OMEGA VOILINIST (L2 O)
2:45 PM SINGALONGS WITH LYRICS (H1 & 2)
3 PM LETS TALKS GRIEF (CINEMA)
4 PM 1-1 ROOM VISITS

12 REMEMBRANCE DAY COMMEMORATIVE SERVICE RSL - PETER
9:30 AM WELCOME TO THE DAY
9:45 AM BALLOON THERAPY (H3)
10:00 AM PHYSIO EXERCISES WITH TRACY (L2 H4)
11:00 AM CHOIR (H1, 2 & 3)
1:30 PM REMEMBRANCE DAY SERVICE (L3)
2:30 PM CAFE VISITS
2:45 PM YOGA
3 PM ARMCHAIR TRAVEL (H3)
1-1 ROOM VISITS

13 9:30 AM WELCOME TO THE DAY
9:45 AM MUSIC THERAPY MUSIC
10:45 AM NEWS AND VIEWS
11:15 AM ZUMBA GOLD (H3)
1:30 PM KIMBERLY'S ART THERAPY
1:30 PM RACHELS' BUS TRIP
1:30 PM TOMMY'S SINGALONGS WITH HIGH TEA (H1 & 2)
3 PM PAMPERING
4 PM OYSTER BAR (BOARDROOM)
4 PM 1-1 ROOM VISITS

14 AMBASSADORS CLUB INTERGENERATIONAL PROGRAM ACTIVITIES
9:30AM WELCOME TO DAY
9:45 AM BALLOON THERAPY
10:00 AM INTERGENERATIONAL PROGRAM (L3)
10:20 AM NEWS AND VIEWS & QUIZZES
10:30 AM CATHOLIC MASS (CINEMA)
11:00 AM CHOIR (L3)
11:15 AM ZUMBA GOLD (H1 & 2)
1:30 PM AMBASSADORS CLUB ACTIVITIES (VOLUNTEERS FROM CREW SHARP)
1:30 PM MENS GROUP (CINEMA)
2 PM VIOLETTA AND ANETTE SINGALONGS (H3)
3 PM BINGO
4 PM 1-1 ROOM VISITS

15 9:30 AM WELCOME TO THE DAY
9:45 AM REMINISCING MUSIC & INSTRUMENTS
10:30 AM KIMBERLY'S SENSORY ART THERAPY (H3)
10:30 AM ANGLICAN MASS (CINEMA)
11:15 AM NEWS AND VIEWS & QUIZZES (H1 & 2)
1:30 PM TABLE OR FLOOR GAMES
3 PM HAPPY HOUR (H1, 2 & 3)
4 PM 1-1 ROOM VISITS

16 9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MELODIES
11:00 AM COFFEE AND CHAT
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1 PM PAMPERNG
2 PM TOOLBOX ACTIVITIES OR FLOOR GAMES
3:30 PM INDOOR OR OUTDOOR WALKING
5PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT TE MOVIES
NETFLIX AVAILABLE ALL DAY

NOVEMBER 2024

LEVEL 1- HOUSE 1, 2 & 3


***subject to change**




SUNDAY

17
LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM MUSICAL MELODIES
12 PM LUNCH FINE EXPERIENCE
1 PM INDOOR OR OUTDOOR WALKING
2 PM TOOLBOX OR FLOOR OR TABLE GAMES
3:30 PM PAMPERING
5 PM DINNER FINE DING EXPERIENCE MUSIC
6 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX MOVIES AVAILABLE ALL DAY


MONDAY

18  **INDEPENDENCE DAY MOROCCO**
9:30 AM WELCOME TO THE DAY
9:45 AM BALLOON THERAPY (H3)
10:45 AM NEWS AND VIEWS (H1 & 2)
11:00 AM 9 LETTER WORD GAME (L4)
11:15 AM IN CHAIR EXERCISES (H1 & 2)
1:30 PM MEDITATION(CINEMA)
1:30 PM MASTERCHEF (H3)
2 PM OMEGA VOILINIST (L2)
2:45 PM ARMCHAIR TRAVEL TO MAROCCO (H1 & 2)
3 PM LETS TALK GRIEF (CINEMA)
4 PM 1-1 ROOM VISITS

TUESDAY

19  **INTERNATIONAL MEN'S DAY**
9:30 AM WELCOME TO THE DAY
9:45 AM BALLOON THERAPY (H3)
10:00 AM PHYSIO EXERCISES WITH TRACY (L2 H4)
10:30 AM PET THERAPY WITH COOKIE
11:00 AM CHOIR (H1,2 & 3)
1:30 PM CAFE VISITS
1:30 PM REMEMBRANCE DAY SERVICE (L3)
2:45 PM YOGA
3 PM ALL FAMOUS MEN IN THE WORLD DOCUMENTARY
1-1 ROOM VISITS

WEDNESDAY

20  **9:30 AM LIFESTYLE HUDDLE MEETING**
10:30 AM NEWS AND VIEWS (H1 & 2)
11:15 AM ZUMBA GOLD (H3)
12 PM LOCHLAN'S BUS TRIP (NORTH POINT CAFE)
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONG'S WITH HIGH TEA (H1&2)
3 PM PAMPERING (H3)
4 PM 1-1 ROOM VISITS

THURSDAY

21 **AGM MEETING**
9:30AM WELCOME TO DAY
9:45 AM BALLOON THERAPY
10:20 AM NEWS AND VIEWS & QUIZZES
10:30 AM CATHOLIC VISITOR
11:00 AM CHOIR (L3)
11:15 AM ZUMBA GOLD (H1 & 2)
1:30 PM MENS GROUP (CINEMA)
2 PM AGM MEETING
SOUTH MELBOURNE COMMUNITY HALL
2 PM VIOLETTA AND ANETTE SINGALONGS (H3)
3 PM BINGO
4 PM 1-1 ROOM VISITS

FRIDAY

22 **RESIDENTS AND RELATIVE MEETING**
9:30 AM WELCOME TO THE DAY
9:45 AM REMINISCING MUSIC & INSTRUMENTS
10:30 AM KIMBERLY'S SENSORY ART THERAPY (H3)
10:30 AM ANGLICAN MASS (CINEMA)
11:15 AM NEWS AND VIEWS & QUIZZES (H1 & 2)
1:30 PM RESIDENT AND RELATIVE MEETING (H1 & 2)
3 PM HAPPY HOUR (H 1,2& 3)
4 PM 1-1 ROOM VISITS

SATURDAY

23
9:30 AM MORNING TV SHOWS
10:00 AM MORNING TEA CHAT GROUP
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM FLOOR GAMES
3 PM OUTDOOR OR INDOOR WALKING
4 PM TABLE GAMES
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

24 KIDKO PERFORMING ARTS MUSICAL

LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM MUSICAL MELODIES
12 PM LUNCH FINE EXPERIENCE
1 PM INDOOR OR OUTDOOR WALKING
2 PM KIDKO PERFORMING ART MUSICAL (L1)
3:30 PM PAMPERING
5 PM DINNER FINE DING EXPERIENCE MUSIC
6 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX MOVIES AVAILABLE ALL DAY

25 MELBOURNE CUP SPECIAL TEA

9:30 AM WELCOME TO THE DAY
9:45 AM BALLOON THERAPY (H3)
10:45 AM NEWS AND VIEWS (H1 & 2)
11:00 AM 9 LETTER WORD GAME (L4)
11:15 AM IN CHAIR EXERCISES (H1 & 2)
1:30 PM MEDITATION(CINEMA)
1:30 PM MELBOURNE CUP SPECIAL AFTERNOON TEA (H1 , 2 , & 3)
2 PM OMEGA VOILINIST (L2 O)
2:45 PM SINGALONGS WITH LYRICS (H1 & 2)
3 PM LETS TALK GRIEF (CINEMA)
4 PM 1-1 ROOM VISITS

26 9:30 AM WELCOME TO THE DAY

9:45 AM BALLOON THERAPY (H3)
10:00 AM PHYSIO EXERCISES WITH TRACY (L2 H4)
11:00 AM CHOIR (H1,2 & 3)
1:30 PM CAFE VISITS
2:45 PM YOGA
3 PM ARMCHAIR TRAVEL (H3)
1-1 ROOM VISITS

27 ELVIS IN CONCERT

9:30 AM WELCOME TOTHE DAY
9:45 AM MUSIC THERAPY MUSIC
10:45 AM NEWS AND VIEWS
11:15 AM ZUMBA GOLD (H3)
1:30 PM KIMBERLY'S ART THERAPY
1:30 PM RACHELS' BUS TRIP (GRANTS SHERBROOK)
1:30 PM ELVIS IN CONCERT (H1 & 2)
2 PM FOOD APPRECIATION MEETING (BOARDROOM)
3 PM PAMPERING
4 PM OYSTER BAR (BOARDROOM)
4 PM 1-1 ROOM VISITS

28 INTERGENERATIONAL PROGRAM

9:30AM WELCOME TO DAY
9:45 AM BALLOON THERAPY
10:00 AM INTERGENERATIONAL PROGRAM (L3)
10:20 AM NEWS AND VIEWS & QUIZZES
10:30 AM CATHOLIC VISITOR
11:00 AM CHOIR (L3)
11:15 AM ZUMBA GOLD (H1 & 2)
1:30 PM MENS GROUP (CINEMA)
2 PM VIOLETTA AND ANETTE SINGALONGS (H3)
3 PM BINGO
4 PM 1-1 ROOM VISITS

29 LENDLEASE VOLUNTEERS PROGRAM

9:30 AM WELCOME TO THE DAY
9:45 AM REMINISCING MUSIC & INSTRUMENTS
10:30 AM KIMBERLY'S SENSORY ART THERAPY (H3)
10:30 AM ANGLICAN MASS (CINEMA)
11:15 AM NEWS AND VIEWS & QUIZZES (H1 & 2)
1 PM LENDLEASE VOLUNTEERS
1:30 PM LIFESTYLE FOCUS GROUP (LM)
1:30 PM TABLE OR FLOOR GAMES
3 PM HAPPY HOUR (H 1,2& 3)
4 PM 1-1 ROOM VISITS

30 ST ANDREWS DAY

9:30 AM MORNING TV SHOWS
10:00 AM MORNING TEA CHAT GROUP
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM FLOOR GAMES
3 PM OUTDOOR OR INDOOR WALKING
4 PM TABLE GAMES
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

