

NOVEMBER 2024

LEVEL 2-HOUSE 4, 5 & 6

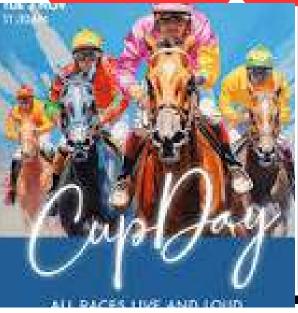
*subject to change



LIBRARY SERVICES AVAILABLE

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY MONDAY TUESDAY WEDNESDAY









Celebrating Mei

FRIDAY SATURDAY

9:30AM WELCOME TO THE DAY 9:30 AM MORNING TV SHOWS 10:00 AM NEWS AND VIEWS 10:30 AM REMINISCING MUSIC WITH QUIZZES (YOUTUBE) 10:30 AM ANGLICAN MASS 11:00 AM LAUGHTER AND LATTES 12 PM LUNCH FINE DINING EXPERIENCE (CINEMA) 11:15 AM MEMORY LANE 1 PM GARDEN WALKS THERAPY 2 PM TOOLBOX ACTIVITIES MUSIC OR GENERAL 3 PM AFTERNOON TEA WITH NETFLIX KNOWLEDGE MOVIE TRIVIA 5 PM DINNER FINE DINING EXPERIENCE 2 PM ZUMBA GOLD (H6) MUSIC

ARTS MUSICAL

LIVESTREAM CHURCH MASS (BY REQUEST) 10:00 AM COFFEE AND CHAT 11:00 AM MUSIC MELODIES (VIA YOUTUBE) 12 PM LUNCH FINE DINING

EXPERIENCE MUSIC 2 PM KIDKO PERFORMING ARTS MUSICAL (L1) 3:30 PM GARDEN OR INDOOR

WALKS 5 PM SUNDAY NIGHT AT THE MOVIES

NETFLIX AVAILABLE ALL DAY

4 9:30 AM WELCOME TO THE DAY 5 10:00 AM NEWS AND VIES

10:30 AM MEMORY LANE THERAPY GENERAL

KNOWLEDGE, OR MUSIC TRIVIA 1:30 PM MEDITATION

(CINEMA)

1:30 PM DOCUMENTARY

3 PM BINGO

3 PM LETS TALK GRIEF (CINEMA)

1-1 ROOM VISITS

PUBLIC HOLIDAY MELBOURNE CUP

9:30 AM MORNING TV SHOWS 10:00 MORNING TEA AND CHAT 11:15 AM MUSICAL MOMENTS 12 PM LUNCH FINE DINING **EXPERIENCE MUSIC** 1 PM PAMPERNG 2 PM TOOLBOX ACTIVITIES OR FLOOR GAMES 3 PM MELBOURNE CUP RACE (LIVESTREAM CHANNEL 7) 5PM DINNER FINE DINING MUSIC **EXPERIENCE**

9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM ZUMBA GOLD (H4&5)11:15 AM COMMUNITY WALKS 12 PM LOCHLAN'S BUS TRIP (JAPANESE RESTAURANT) 1:30 PM TOMMY'S SINGALONG WITH HIGH TEA(L1) 1:30 PM RESIDENT CHOICE OF ARTIST OR MOVIE 3 PM FLOOR GAMES

🌠 OAKS DAY HAT PARADE 🞖

9:30 AM WELCOME TO THE DAY 10:30 AM CATHOLIC COMMUNION 1-1_ **ROOM VISITS**

10:45 AM NEWS AND VIEWS& QUIZZES

11:00 AM PUPPETS ALIVE (H3)

11:00 AM CHOIR (L3)

1:30 PM KNITTING GROUP 2 PM THE SEEKER HOUR

PERFORMING LIVE (L4)

3 PM OAKS DAY HAT PARADE

WITH CHAMPAGNE AND HIGH TEA AND MELBOURNE CUP DRAW

> PRIZES 4 PM 1-1 ROOM VISITS

9:30AM WELCOME TO THE

3 PM HAPPY HOUR (H4,5,& 6)

4 PM1-1ROOM VISITS

10:00 AM NEWS AND

VIEWS

WITH QUIZZES 11:15 AM MEMORY LANE

THERAPY

MUSIC OR GENERAL

KNOWLEDGE TRIVIA 2 PM ZUMBA GOLD (H6)

3 PM HAPPY HOUR

4 PM1-1ROOM VISITS

(H4,5,& 6)

6 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY 9:30 AM MORNING TV SHOWS

10:30 AM REMINISCING MUSIC (YOUTUBE) 11:00 AM LAUGHTER AND LATTES

12 PM LUNCH FINE DINING

EXPERIENCE

MUSIC

1 PM GARDEN WALKS

2 PM TOOLBOX ACTIVITIES

3 PM AFTERNOON TEA WITH NETFLIX MOVIE

> 5 PM DINNER FINE DINING **EXPERIENCE**

MUSIC

9:30 AM MORNING TV SHOWS

10:30 AM REMINISCING MUSIC

(YOUTUBE)

11:00 AM LAUGHTER AND LATTES

12 PM LUNCH FINE DINING EXPERIENCE

MUSIC

1 PM GARDEN WALKS

2 PM TOOLBOX ACTIVITIES

3 PM AFTERNOON TEA WITH NETFLIX

MOVIE

6 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY

10 LIVESTREAM CHURCH MASS (BY REQUEST) 10:00 AM COFFEE AND CHAT

11:00 AM MUSIC MELODIES (VIA YOUTUBE) 12 PM LUNCH FINE DINING **EXPERIENCE MUSIC** 1:30 PM TOOLBOX ACTIVITIES 3:30 PM GARDEN OR INDOOR

5 PM SUNDAY NIGHT AT THE MOVIES

NETFLIX AVAILABLE ALL DAY

WALKS

REMEMBRANCE DAY 9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIES 10:30 AM MEMORY LANE THERAPY GENERAL

KNOWLEDGE. OR MUSIC TRIVIA 11 AM ONE

REMEMBRANCE DAY MINUTE SILENCE 11:05 AM REMEMBRANCE DAY CEREMONY

> (VIA TV) 1:30 PM MEDITATION (CINEMA)

2 PM OMEGA VIOLINST 3 PM BINGO

3 PM LETS TALK GRIEF (CINEMA) 1-1 ROOM VISITS

PSL - PETER

NETFLIX AVAILABLE ALL DAY

9:30 AM WELCOME TO THE DAY 10:00 AM PHYSIO EXERCISES WITH TRACY (H4)

10:30 AM NEWS AND VIEWS 1:30 PM DOCUMENTARY

1:30 PM REMEMBRANCE DAY COMMEMORATIVE SPEECH (L3)

2:45 PM YOGA (L1) 3:15 PM MEMORY LANE THERAPY

SINGALONGS OR QUIZZES OR TRIVIA 4 PM1-1 ROOM VISITS

9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM ZUMBA GOLD

4 PM 1-1 ROOM VISITS

(H4&5)

11:15 AM COMMUNITY WALKS 1:30 PM TOMMY'S SINGALONG WITH HIGH TEA(L1)

1:30 PM RACHEL'S BUS TRIP (STAY ON BUS)

1:30 PM RESIDENT CHOICE OF ARTIST OR MOVIE 3 PM LADIES GROUP

4 PM OYSTER BAR (BOARDROOM)

4 PM 1-1 ROOM VISITS

MRASSADORS CLUR ACTIVITIES PROGRAM
9:30 AM WELCOME TO THE DAY

10:00 AM INTERGENERATIONAL PROGRAM (L3) 10:30 AM CATHOLIC MASS

(CINEMA) 10:45 AM NEWS AND VIEWS& QUIZZES 11:00 AM CHOIR (L3)

1:30 PM MEN'S GROUP (CINEMA) 1:30 PM AMBASSADORS CLUB **ACTIVITIES**

CREW SHARP VOLUNTEERS 3 PM FACIALS OR MAKE OVER OR HAND MASSAGES WITH HIGH TEA 4 PM 1-1 ROOM VISITS

15 9:30AM WELCOME TO THE **16** DAY

10:00 AM NEWS AND VIEWS

WITH QUIZZES 11:15 AM MEMORY LANE

THERAPY

MUSIC OR GENERAL

KNOWLEDGE TRIVIA 2 PM ZUMBA GOLD (H6)

3 PM HAPPY HOUR (H4.5.&

4 PM1-1ROOM VISITS

5 PM DINNER FINE DINING EXPERIENCE

MUSIC

6 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY



NOVEMBER 2024

LEVEL 2-HOUSE 4, 5 & 6

9:30 AM LIFESTYLE HUDDLE MEETING

10:30 AM ZUMBA GOLD

(H4&5)

11:15 AM COMMUNITY WALKS

12 PM LOCHLAN'S BUS TRIP

(NORTH POINT CAFE)

1:30 PM TOMMY'S SINGALONG

WITH HIGH TEA(L1)

1:30 PM KIMBERLY'S ART THERAPY (LM)

1 :30 PM RESIDENT'S CHOICE OF ARTIST

OR MOVIE

3 PM FLOOR GAMES

4 PM 1-1 ROOM VISITS

*subject to change



SUNDAY

LIVESTREAM CHURCH MASS

(BY REQUEST)

10:00 AM COFFEE AND CHAT

11:00 AM MUSIC MELODIES

(VIA YOUTUBE)

12 PM LUNCH FINE DINING

EXPERIENCE MUSIC

1:30 PM TOOLBOX ACTIVITIES

3:30 PM GARDEN OR INDOOR

WALKS

5 PM SUNDAY NIGHT AT THE

MOVIES

NETFLIX AVAILABLE ALL DAY

MONDAY TUESDAY

9:30 AM WELCOME TO THE DAY

10:00 AM PHYSIO EXERCISES

WITH TRACY (H4)

10:30 AM PET THERAPY

WITH COOKIE

10:30 AM NEWS AND VIEWS

1:30 PM DOCUMENTARY

2:45 PM YOGA (L1)

3:15 PM ALL FAMOUS MEN

IN THE WORLD DOCUMENTARY

4 PM1-1 ROOM VISITS

WEDNESDAY 20

AGM MEETING

9:30 AM WELCOME TO THE DAY 10:30 AM CATHOLIC COMMUNION 1-1 ROOM VISITS

THURSDAY

10:45 AM NEWS AND VIEWS& QUIZZES 11:00 AM CHOIR (L3) 1:30 PM MEN'S GROUP (CINEMA)

> 1:30 PM KNITTING GROUP 2 PM AGM MEETING SOUTH MELBOURNE

COMMUNITY HALL 3 PM AFTERNOON CHAT WITH HIGH TEA

4 PM 1-1 ROOM VISITS

22

9:30AM WELCOME TO THE DAY

FRIDAY

10:00 AM NEWS AND VIEWS WITH QUIZZES

11:15 AM MEMORY LANE

THERAPY MUSIC OR GENERAL

KNOWLEDGE TRIVIA

2 PM ZUMBA GOLD (H6) 3 PM HAPPY HOUR (H4,5,&

4 PM1-1ROOM VISITS

9:30 AM MORNING TV SHOWS 10:30 AM REMINISCING MUSIC

SATURDAY

(YOUTUBE) 11:00 AM LAUGHTER AND LATTES

12 PM LUNCH FINE DINING EXPERIENCE

1 PM GARDEN WALKS 2 PM TOOLBOX ACTIVITIES

3 PM AFTERNOON TEA WITH NETFLIX MOVIE

5 PM DINNER FINE DINING EXPERIENCE

6 PM SATURDAY NIGHT AT THE MOVIES

ST ANDREWS DAY

KIDKO PERFORMING ARTS

LIVESTREAM CHURCH MASS (BY REQUEST) 10:00 AM COFFEE AND CHAT 11:00 AM MUSIC MELODIES

(VIA YOUTUBE) 12 PM LUNCH FINE DINING EXPERIENCE MUSIC

2 PM KIDKO PERFORMING ARTS MUSICAL

3:30 PM GARDEN OR INDOOR WALKS 5 PM SUNDAY NIGHT AT THE

MOVIES NETFLIX AVAILABLE ALL DAY 25 9:30 AM WELCOME TO THE

9:30 AM WELCOME TO THE DAY

10:00 AM NEWS AND VIES

10:30 AM MEMORY LANE

THERAPY GENERAL KNOWLEDGE,

OR MUSIC TRIVIA

1:30 PM MEDITATION

(CINEMA)

1:30 AM ARMCHAIR TRAVEL

TO MOROCCO

3 PM BINGO

3 PM LETS TALK GRIEF

(CINEMA)

1-1 ROOM VISITS

DAY 10:00 AM NEWS AND VIES 10:30 AM MEMORY LANE THERAPY GENERAL KNOWLEDGE. OR MUSIC

TRIVIA 1:30 PM MEDITATION

(CINEMA) 1:30 PM DOCUMENTARY 3 PM BINGO

3 PM LETS TALK GRIEF

(CINEMA) 1-1 ROOM VISITS

9:30 AM WELCOME TO THE

10:00 AM PHYSIO EXERCISES WITH TRACY (H4)

10:30 AM NEWS AND VIEWS

1:30 PM DOCUMENTARY 2:45 PM YOGA (L1)

3:15 PM MEMORY LANE

THERAPY

SINGALONGS OR QUIZZES OR TRIVIA

4 PM1-1 ROOM VISITS

27 P30 AM LIFESTYLE HUDDLE MEETING

10:30 AM ZUMBA GOLD (H4&5) 11:15 AM COMMUNITY WALKS

1:30 PM TOMMY'S SINGALONG WITH HIGH TEA(L1) 1:30 PM KIMBERLY'S ART THERAPY

(LM) 1: 30 PM RACHEL'S BUS TRIP (GRANTS SHERBROOK)

1:30 PM ELVIS IN CONCERT (L1) 1:30 PM RESIDENTS CHOICE OF ARTIST OR MOVIE

2 PM FOOD APPRECIATION MEETING (ROARDROOM) 3 PM LADIES GROUP

> 4 PM OYSTER RAR (ROARDROOM) 4 PM 1-1 ROOM VISITS

INTERGENERATIONAL PROGRAM

9:30 AM WELCOME TO THE DAY 10:00 AM INTERGENERATIONAL PROGRAM (L3)

10:30 AM CATHOLIC COMMUNION 1-1 ROOM VISITS

10:45 AM NEWS AND VIEWS& **QUIZZES**

11:00 AM CHOIR (L3) 1:30 PM MEN'S GROUP (CINEMA)

1:30 PM KNITTING GROUP 3 PM FACIAL OR MAKE OVER

OR HAND MASSAGE WITH HIGH TEA 4 PM 1-1 ROOM VISITS

LENDLEASE VOLUNTEERS PROGRAM 9:30AM WELCOME TO THE DAY

10:00 AM NEWS AND VIEWS WITH QUIZZES

11:15 AM MEMORY LANE THERAPY

MUSIC OR GENERAL KNOWLEDGE TRIVIA

1 PM LENDLEASE VOLUNTEERS PROGRAM

1:30 PM LIFESTYLE FOCUS GROUP MEETING (LM) 2 PM ZUMBA GOLD (H6)

3 PM HAPPY HOUR (H4,5,& 6) 4 PM1-1ROOM VISITS

NETFLIX AVAILABLE ALL DAY

9:30 AM MORNING TV SHOWS 10:30 AM REMINISCING MUSIC

11:00 AM LAUGHTER AND LATTES 2 PM LUNCH FINE DINING EXPERIENCE

(YOUTUBE)

MUSIC 1 PM GARDEN WALKS

2 PM TOOLBOX ACTIVITIES 3 PM AFTERNOON TEA WITH NETFLIX

5 PM DINNER FINE DINING EXPERIENCE

MUSIC 6 PM SATURDAY NIGHT AT THE MOVIES

NETFLIX AVAILABLE ALL DAY









NOVEMBER 30