

NOVEMBER 2024

LEVEL 4- HOUSE 9 & 10

***subject to change**



**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY




1 9:30 AM WELCOME TO THE DAY
10:00 AM IN CHAIR EXERCISES
10:30 AM ANGLICAN MASS (CINEMA)
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTE WORD GAME
2 PM TRIVIA
3 PM LOCHLAN'S FRIDAY FIESTA & HAPPY HOUR
4 PM 1-1 ROOM VISITS

2 9:30 AM MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1 PM TOOLBOX ACTIVITIES
2 PM AFTERNOON WALKS
3 PM PAMPERING
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

3 **KIDKO PERFORMING ARTS MUSICAL**
9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM GARDEN WALKS
12 PM LUNCH FINE DINING MUSIC EXPERIENCE
2 PM KIDKO PERFORMING ARTS STUDENTS CONCERT (L1)
3:30 PM PAMPERING
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

4 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM MEDITATION (CINEMA)
1:30 PM MASTERCHEF
2:45 PM ARMCHAIR TRAVEL
3 PM LETS TALK GRIEF (CINEMA)
4 PM 1-1 ROOM VISITS

5 **PUBLIC HOLIDAY MELBOURNE CUP DAY**
MORNING TV SHOWS
10:00 AM MORNING TEA & CHAT TIME
11:00 AM MUSIC MELODIES
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1 PM INDOOR OR OUTDOOR WALKING
3 PM MELBOURNE CUP RACE LIVESTREAM ON CHANNEL 7
5 PM DINNER FINE DINING MUSIC EXPERIENCE
NETFLIX AVAILABLE ALL DAY

6  9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM IN CHAIR EXERCISES
11:00 AM 9 LETTER WORD GAME
12 PM LOCHLAN'S BUS TRIP (JAPANESE RESTAURANT)
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONG WITH HIGH TEA (L1)
2 PM DOCUMENTARY
4 PM 1-1 ROOM VISITS

7  **THE SEEKERS HOUR** **OAKS DAY**
PREFORMING LIVE PARADE
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES (H9)
10:30 AM NEWS AND VIEWS
10:30 AM CATHOLIC VISITOR
11:00 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
2 PM ZUMBA GOLD
3 PM OAKS DAY HAT PARADE WITH BUBBLES & MELBOURNE CUP
DRAW PRIZES & THE SEEKERS HOUR PERFORMING LIVE
4 PM 1-1 ROOM VISITS

8 9:30 AM WELCOME TO THE DAY
10:00 AM IN CHAIR EXERCISES
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTE WORD GAME
2 PM TRIVIA
3 PM LOCHLAN'S FRIDAY FIESTA & HAPPY HOUR
4 PM 1-1 ROOM VISITS

9 9:30 AM MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1 PM TOOLBOX ACTIVITIES
2 PM AFTERNOON WALKS
3 PM PAMPERING
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

10 9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM GARDEN WALKS
12 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM SINGALONGS (VIA YOUTUBE)
3:30 PM PAMPERING
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

11  **REMEMBRANCE DAY**
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM MEDITATION (CINEMA)
1:30 PM CLASSICAL COMPOSER (L2)
2 PM OMEGA VIOLINIST
2:45 PM ARMCHAIR TRAVEL
3 PM LETS TALK GRIEF (CINEMA)
4 PM 1-1 ROOM VISITS

12 **REMEMBRANCE DAY COMMEMORATIVE SPEECH**
RSL - PETER
9:30 AM WELCOME TO THE DAY
9:30 AM PHYSIO EXERCISES WITH TRACY
11:00 AM 9 LETTER WORD GAME
1:30 PM REMEMBRANCE DAY COMMEMORATIVE SPEECH (L3)
3 PM BINGO
3:15 PM YOGA (L3)
4 PM 1-1 ROOM VISITS

13  9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS WITH QUIZZES
10:30 AM IN CHAIR EXERCISES
11:00 AM 9 LETTER WORD GAME
1:30 PM RACHEL'S BUS TRIP (STAY ON BUS TRIP)
1:30 PM KIMBERLY'S ART THERAPY
1:30 PM TOMMY'S SINGALONGS WITH HIGH TEA (L1)
1:30 PM RESIDENT'S CHOICE OF MOVIE
2 PM CAFE VISITS
4 PM OYSTER BAR (BOARDROOM)

14 **AMBASSADORS CLUB INTERGENERATIONAL PROGRAM**
ACTIVITIES
9:30 AM WELCOME TO THE DAY
10:00 AM INTERGENERATIONAL PROGRAM (L3)
10:30 AM CATHOLIC MASS (CINEMA)
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
1:30 PM MENS GROUP (CINEMA)
1:30 PM AMBASSADORS CLUB ACTIVITIES (CREW SHARP VOLUNTEERS)
2 PM ZUMBA GOLD
3 PM PAMPERING
4 PM 1-1 ROOM VISITS

15 9:30 AM WELCOME TO THE DAY
10:00 AM IN CHAIR EXERCISES
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTE WORD GAME
2 PM TRIVIA
3 PM LOCHLAN'S FRIDAY FIESTA & HAPPY HOUR
4 PM 1-1 ROOM VISITS

16 9:30 AM MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1 PM TOOLBOX ACTIVITIES
2 PM AFTERNOON WALKS
3 PM PAMPERING
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

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SUNDAY

17

9:30 AM LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM GARDEN WALKS
12 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM SINGALONGS (VIA YOUTUBE)
3:30 PM PAMPERING
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

MONDAY

18

INDEPENDENCE DAY MOROCCO

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM MEDITATION (CINEMA)
1:30 PM FLOOR GAMES
2:45 PM ARMCHAIR TRAVEL
3 PM LETS TALK GRIEF (CINEMA)
4 PM 1-1 ROOM VISITS

TUESDAY

19

INTERNATIONAL MEN'S DAY

9:30 AM WELCOME TO THE DAY
9:30 AM PHYSIO EXERCISES WITH TRACY
11:00 AM 9 LETTER WORD GAME
2 PM BINGO
3 PM CELEBRATING MEN'S DAY ALL FAMOUS MEN IN THE WORLD DOCUMENTARY OR FAMOUS SINGERS
3:15 PM YOGA (L3)
4 PM 1-1 ROOM VISITS

WEDNESDAY

20



9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM IN CHAIR EXERCISES
11:00 AM 9 LETTER WORD GAME
12 PM LOCHLAN'S BUS TRIP (NORTH POINT CAFE)
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONG WITH HIGH TEA (L1)
2 PM DOCUMENTARY
4 PM 1-1 ROOM VISITS

THURSDAY

21

AGM MEETING

9:30 AM WELCOME TO THE DAY
10:30 AM CATHOLIC VISITOR
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
1:30 PM MENS GROUP (CINEMA)
2 PM AGM MEETING SOUTH MELBOURNE COMMUNITY HALL
2 PM ZUMBA GOLD
3 PM PAMPERING
4 PM 1-1 ROOM VISITS

FRIDAY

22

9:30 AM WELCOME TO THE DAY
10:00 AM IN CHAIR EXERCISES
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTE WORD GAME
2 PM TRIVIA
3 PM LOCHLAN'S FRIDAY FIESTA & HAPPY HOUR
4 PM 1-1 ROOM VISITS

SATURDAY

23

9:30 AM MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1 PM TOOLBOX ACTIVITIES
2 PM AFTERNOON WALKS
3 PM PAMPERING
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

24

KIDKO PERFORMING ARTS MUSICAL

9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM GARDEN WALKS
12 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM SINGALONGS (VIA YOUTUBE)
2 PM KIDKO PERFORMING ARTS MUSICAL (L1)
3:30 PM PAMPERING
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

25

9:30 AM WELCOME TO THE DAY

10:00 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM MEDITATION (CINEMA)
1:30 PM BONUS TRIVIA
2:45 PM ARMCHAIR TRAVEL
3 PM LETS TALK GRIEF (CINEMA)
4 PM 1-1 ROOM VISITS

26

9:30 AM WELCOME TO THE DAY

9:30 AM PHYSIO EXERCISES WITH TRACY
11:00 AM 9 LETTER WORD GAME
2 PM BINGO
3 PM MEMORY LANE THERAPY GENERAL KNOWLEDGE OR MUSIC TRIVIA
3:15 PM YOGA (L3)
4 PM 1-1 ROOM VISITS

27



ELVIS IN CONCERT

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS WITH QUIZZES
10:30 AM IN CHAIR EXERCISES
11:00 AM 9 LETTER WORD GAME
1:30 PM RACHEL'S BUS TRIP (GRANTS SHERBROOK)
1:30 PM KIMBERLY'S ART THERAPY
1:30 PM ELVIS IN CONCERT (L1)
1:30 PM RESIDENT'S CHOICE OF MOVIE
2 PM FOOD APPRECIATION MEETING (BOARDROOM)
4 PM OYSTER BAR (BOARDROOM)

28

INTERGENERATIONAL PROGRAM

9:30 AM WELCOME TO THE DAY
10:00 AM INTERGENERATIONAL PROGRAM (L3)
10:30 AM CATHOLIC VISITOR
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
1:30 PM MENS GROUP (CINEMA)
2 PM ZUMBA GOLD
3 PM PAMPERING
4 PM 1-1 ROOM VISITS

29

LENDELEASE VOLUNTEERS PROGRAM

9:30 AM WELCOME TO THE DAY
10:00 AM IN CHAIR EXERCISES
10:30 AM NEWS AND VIEWS
11:00 AM 9 LETTE WORD GAME
1 PM LENDELEASE VOLUNTEER PROGRAM
1:30 PM LIFESTYLE FOCUS GROUP MEETING (LM)
2 PM TRIVIA
3 PM LOCHLAN'S FRIDAY FIESTA & HAPPY HOUR
4 PM 1-1 ROOM VISITS

30 **ST ANDREWS DAY**

9:30 AM MORNING TV SHOWS
11:00 AM COFFEE AND CHAT
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1 PM TOOLBOX ACTIVITIES
2 PM AFTERNOON WALKS
3 PM PAMPERING
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

