

NOVEMBER 2024

SOUTH PORT



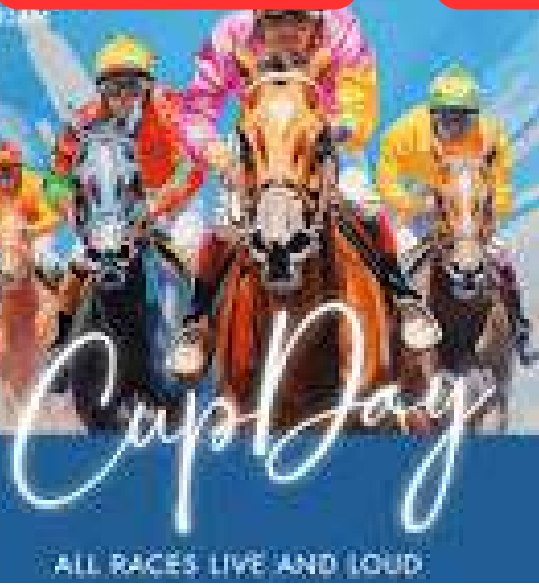
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**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



1 9:30 AM WELCOME TO THE DAY
10:00 AM INTERGENERATIONAL PROGRAM
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM TOMMY'S SINGALONG
4 PM 1-1 ROOM VISITS

2 9:30 AM MORNING TV SHOWS
10:00 AM MORNING TEA CHAT GROUP
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM FLOOR GAMES
3 PM OUTDOOR OR INDOOR WALKING
4 PM TABLE GAMES
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

3 9:30 AM LIVESTREAM MORNING CHURCH MASS (BY REQUEST)
10:00 AM TOOLBOX ACTIVITIES
11:00 AM PAMPERING
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1:30 PM SINGALONGS WITH LYRICS (VIA YOUTUBE)
3 PM GARDEN WALKS
4 PM TABLE GAMES
5 PM DINNER FINE DINING EXPERIENCE MUSIC
6 PM NEFLIX AVAILABLE ALL DAY

4 9:30 AM MORNING TV SHOWS
10:30 AM MUSIC MELODIES (VIA YOUTUBE)
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM TABLE GAMES OR ARTS & CRAFTS
3 PM GREEK MOVIE OR MUSIC
4 PM GARDEN WALKS OR PAMPERING
5 PM DINNER FINE DINING EXPERIENCE MUSIC
6 PM NETFLIX AVAILABLE ALL DAY

5 PUBLIC HOLIDAY MELBOURNE CUP DAY
9:30 AM MORNING TV SHOWS
10:30 AM MUSIC MELODIES
11:15 AM GARDEN WALKS
1:30 PM AFTERNOON MOVIE MATINEE
3 PM MELBOURNE CUP RACE TV CHANNEL 7
4 PM 1-1 ROOM VISITS

6 9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM IN-CHAIR EXERCISES
11:15 AM NEWSPAPER READ & QUIZZES
1:30 PM DOCUMENTARY
3:30 PM GARDENING OR OUTDOOR ACTIVITIES
4 PM 1-1 ROOM VISITS

7 OAKS DAY MELBOURNE CUP PRESENTATIONS
9:30 AM WELCOME TO THE DAY
10:00 AM INTERGENERATIONAL PROGRAM
11:15 AM SUMAN'S PHYSIO EXERCISES
1:30 PM OAKS DAY PARADE WITH BUBBLES AND HIGH TEA AND MELBOURNE DRAW PRIZES
2:30 PM PUPPETS ALIVE
3:30 PM W.E CHAT GROUP
4 PM 1-1 ROOM VISITS

8 9:30 AM WELCOME TO THE DAY
10:00 AM INTERGENERATIONAL PROGRAM
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM TOMMY'S SINGALONG
4 PM 1-1 ROOM VISITS

9 9:30 AM MORNING TV SHOWS
10:00 AM MORNING TEA CHAT GROUP
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM FLOOR GAMES
3 PM OUTDOOR OR INDOOR WALKING
4 PM TABLE GAMES
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

10 9:30 AM LIVESTREAM MORNING CHURCH MASS (BY REQUEST)
10:00 AM TOOLBOX ACTIVITIES
11:00 AM PAMPERING
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1:30 PM SINGALONGS WITH LYRICS (VIA YOUTUBE)
3 PM GARDEN WALKS
4 PM TABLE GAMES
5 PM DINNER FINE DINING EXPERIENCE MUSIC
6 PM NEFLIX AVAILABLE ALL DAY

11 REMEMBRANCE DAY
9:30 AM MORNING TV SHOWS
10:30 AM MUSIC MELODIES (VIA YOUTUBE)
11:00 AM REMEMBRANCE DAY (ONE SILENCE)
(LIVESTREAM CEREMONY SERVICE)
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM TABLE GAMES OR ARTS & CRAFTS
3 PM GREEK MOVIE OR MUSIC
4 PM GARDEN WALKS OR PAMPERING
5 PM DINNER FINE DINING EXPERIENCE MUSIC
6 PM NETFLIX AVAILABLE ALL DAY

12 9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN'S PHYSIO EXERCISES
10:30 AM IN CHAIR EXERCISES
11:15 AM RESIDENT CHOICE OF ARTIST
1:30 PM FLOOR GAMES
2:45 PM BINGO
4 PM 1-1 ROOM VISITS

13 9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READ
11:15 AM MEMORY LANE GENERAL KNOWLEDGE OR MUSIC TRIVIA QUIZZES
1:30 PM ARMCHAIR TRAVEL TO MOROCCO
3:00 PM TABLE GAMES
4 PM 1-1 ROOM VISITS

14 9:30 AM WELCOME TO THE DAY
10:00 AM BALLOON THERAPY
11:15 AM SUMAN'S PHYSIO EXERCISES
1:15 PM MEMORY LANE THERAPY GENERAL KNOWLEDGE OR MUSIC TRIVIA
1:30 PM BUS TRIP
3:30 PM W.E CHAT GROUP
4 PM 1-1 ROOM VISITS

15 9:30 AM WELCOME TO THE DAY
10:00 AM INTERGENERATIONAL PROGRAM
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM TOMMY'S SINGALONG
4 PM 1-1 ROOM VISITS

16 9:30 AM MORNING TV SHOWS
10:00 AM MORNING TEA CHAT GROUP
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM FLOOR GAMES
3 PM OUTDOOR OR INDOOR WALKING
4 PM TABLE GAMES
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

17

THE SHARE & CARE VARIETY DANCE CONCERT

9:30 AM LIVESTREAM MORNING CHURCH MASS (BY REQUEST)
10:00 AM TOOLBOX ACTIVITIES
11:00 AM PAMPERING
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
2 PM SHARE & CARE VARIETY SHOW CONCERT
4 PM GARDEN WALKS
5 PM DINNER FINE DINING EXPERIENCE MUSIC
6 PM NETFLIX AVAILABLE ALL DAY

18

INDEPENDENCE DAY MOROCCO

9:30 AM MORNING TV SHOWS
10:30 AM MUSIC MELODIES (VIA YOUTUBE)
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM TABLE GAMES OR ARTS & CRAFTS
3 PM GREEK MOVIE OR MUSIC
4 PM GARDEN WALKS OR PAMPERING
5 PM DINNER FINE DINING EXPERIENCE MUSIC
6 PM NETFLIX AVAILABLE ALL DAY

19

INTERNATIONAL MEN'S DAY

9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN'S PHYSIO EXERCISES
10:30 AM IN CHAIR EXERCISE
11:15 AM RESIDENT CHOICE OF ARTIST
1:30 PM INTERNATIONAL MENS DAY CELEBRATIONS
2 :45 PM BINGO
4 PM 1-1 ROOM VISITS

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9:30 AM LIFESTYLE HUDDLE MEETING

10:30 AM IN-CHAIR EXERCISES
11:15 AM NEWSPAPER READ & QUIZZES
1:30 PM DOCUMENTARY
3 :30 PM GARDENING OR OUTDOOR ACTIVITIES
4 PM 1-1 ROOM VISITS

21

AGM MEETING

9:30 AM WELCOME TO THE DAY
10:00 AM INTERGENERATIONAL PROGRAM
11:15 AM SUMAN'S PHYSIO EXERCISES
1:15 PM MEMORY LANE THERAPY MUSIC OR GENERAL KNOWLEDGE QUIZZES
1:30 PM BUS TRIP
3 :30 PM W.E CHAT GROUP
4 PM 1-1 ROOM VISITS

22

9:30 AM WELCOME TO THE DAY
10:00 AM INTERGENERATIONAL PROGRAM
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM TOMMY'S SINGALONG
4 PM 1-1 ROOM VISITS

23

9:30 AM MORNING TV SHOWS
10:00 AM MORNING TEA CHAT GROUP
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM FLOOR GAMES
3 PM OUTDOOR OR INDOOR WALKING
4 PM TABLE GAMES
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

24

9:30 AM LIVESTREAM MORNING CHURCH MASS (BY REQUEST)
10:00 AM TOOLBOX ACTIVITIES
11:00 AM PAMPERING
12 PM LUNCH FINE DINING EXPERIENCE MUSIC
1:30 PM SINGALONGS WITH LYRICS (VIA YOUTUBE)
3 PM GARDEN WALKS
4 PM TABLE GAMES
5 PM DINNER FINE DINING EXPERIENCE MUSIC
6 PM NETFLIX AVAILABLE ALL DAY

25

9:30 AM MORNING TV SHOWS
10:30 AM MUSIC MELODIES (VIA YOUTUBE)
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM TABLE GAMES OR ARTS & CRAFTS
3 PM GREEK MOVIE OR MUSIC
4 PM GARDEN WALKS OR PAMPERING
5 PM DINNER FINE DINING EXPERIENCE MUSIC
6 PM NETFLIX AVAILABLE ALL DAY

26



PET THERAPY

9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN'S PHYSIO EXERCISES
10:30 AM PET THERAPY WITH COOKIE AND RENEE
11:15 AM RESIDENT CHOICE OF ARTIST
1:30 PM FLOOR GAMES
2 :45 PM BINGO
4 PM 1-1 ROOM VISITS

27

ELVIS IN CONCERT

9:30 AM WELCOME TO THE DAY
10:00 AM NEWSPAPER READ
10:30 AM IN CHAIR EXERCISES
11:15 AM MEMORY LANE GENERAL KNOWLEDGE OR MUSIC TRIVIA QUIZZES
1:30 PM COLOURING FOR RELAXATION (THERAPY)
3 :00 PM ELVIS IN CONCERT
4 PM 1-1 ROOM VISITS

28



GREEK MASS

9:30 AM WELCOME TO THE DAY
10:00 AM GREEK MASS
11:15 AM SUMAN'S PHYSIO EXERCISES
1:15 PM MEMORY LANE THERAPY MUSIC OR GENERAL KNOWLEDGE QUIZZES
1:30 PM BUS TRIPS
3 :30 PM W.E CHAT GROUP
4 PM 1-1 ROOM VISITS

29

9:30 AM WELCOME TO THE DAY
10:00 AM INTERGENERATIONAL PROGRAM
11:00 AM ZUMBA GOLD
2 PM HAPPY HOUR
3 PM TOMMY'S SINGALONG
4 PM 1-1 ROOM VISITS

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ST ANDREWS DAY

9:30 AM MORNING TV SHOWS
10:00 AM MORNING TEA CHAT GROUP
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM FLOOR GAMES
3 PM OUTDOOR OR INDOOR WALKING
4 PM TABLE GAMES
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

