

# DECEMBER 2024





## LEVEL 1- HOUSE 1, 2 & 3

**\*subject to change**



**LIBRARY SERVICES  
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 9:30 AM LIVESTREAM CHURCH MASS (ON REQUEST) 10:00 AM COFFEE AND CHAT 11:00 AM MUSICAL MELODIES 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 2 PM FLOOR OR TABLE 3:30 PM PAMPERING 5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM SUNDAY NIGHTS AT THE MOVIES NETFLIX AVAILABLE ALL DAY	<b>2</b>  9:30 AM WELCOME TO THE DAY 9:45 AM BALLOON THERAPY OR GARDEN WALKS (H3) 10:45 AM NEWS AND VIEWS (H1 & 2) 1:30 PM CHRISTMAS TREE ACTIVITY ERECTING AND DECORATING CHRISTMAS TREE 4 PM 1-1 ROOM VISITS	<b>3</b> <b>PET THERAPY</b> 9:30 AM WELCOME TO THE DAY 9:45 AM BALLOON THERAPY (H3) 10:00 AM GESSY'S PHYSIO EXERCISES (L2 H4) 10:30 AM PET THERAPY WITH RENEE & COOKIE 11:00 AM CHOIR WITH RACHEL (H1,2 & 3) 1:15 PM ARMCHAIR TRAVEL VIA YOUTUBE 2:45 PM YOGA 3:30 PM INDOOR OR OUTDOOR WALKING 4 PM 1-1 ROOM VISITS	<b>4</b>  9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWS. AND VIEWS 11:15 AM ZUMBA GOLD (H3) 1:30 PM KIMBERLY'S ART THERAPY (LM) 1:30 PM LOCHLAN'S BUS TRIP 1:30 PM MEMORY LANE THERAPY SINGALONGS WITH LYRICS (H1 & 2) 3 PM PAMPERING 4 PM 1-1 ROOM VISITS	<b>5</b> 9:30 AM WELCOME TO THE DAY 9:45 AM BALLOON THERAPY 10:00 AM GESSY'S PHYSIO EXERCISES (L2 H4) 10:20 AM NEWS AND VIEWS 10:30 AM CATHOLIC COMMUNION (1-1 ROOM VISITS) 11:00 AM CHOIR (L3) 11:15 AM ZUMBA GOLD (H1 & 2) 1:30 PM MENS GROUP (CINEMA) 2 PM VIOLETTA AND ANETTE SINGALONGS (H3) 3 PM BINGO (H1 & 2) 4PM 1-1 ROOM VISITS	<b>6</b> <b>ANGLICAN MASS PUPPETS ALIVE</b> 9:30 AM WELCOME TO THE DAY 9:45 AM REMINISCING MUSIC & INSTRUMENTS 10:30 AM ANGLICAN MASS (CINEMA) 10:30 AM KIMBERLY'S SENSORY ART THERAPY (H3) 11:00 AM PUPPETS ALIVE (H3) 11:15 AM NEWS AND VIEWS (H1 & 2) 1:30 PM FLOOR OR TABLE GAMES 3 PM HAPPY HOUR (H1,2 & 3) 4 PM 1-1 ROOM VISITS	<b>7</b> 9:30 AM MORNING TV SHOWS 10:00 AM MORNING TEA CHAT GROUP 11:00 AM PAMPERING 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM FLOOR GAMES 3 PM OUTDOOR OR INDOOR WALKING 4 PM TABLE GAMES (TOOBOX ACTIVITIES) 5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE
<b>8</b> 9:30 AM LIVESTREAM CHURCH MASS (ON REQUEST) 10:00 AM COFFEE AND CHAT 11:00 AM MUSICAL MELODIES 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 2 PM FLOOR OR TABLE GAMES 3:30 PM PAMPERING 5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM SUNDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY	<b>9</b> <b>RESIDENT AND RELATIVE CHRISTMAS PARTY</b> 9:30 AM WELCOME TO THE DAY 9:45 AM BALLOON THERAPY OR GARDEN WALKS (H3) 10:45 AM NEWS AND VIEWS (H1 & 2) 2 PM OMEGA VIOLINIST (L2) 2 PM RESIDENT AND RELATIVE CHRISTMAS PARTY 	<b>10</b> 9:30 AM WELCOME TO THE DAY 9:45 AM BALLOON THERAPY (H3) 10:00 AM GESSY'S PHYSIO EXERCISES (L2 H4) 11:00 AM CHOIR WITH RACHEL (H1,2 & 3) 1:15 PM DOCUMENTARY 2:45 PM YOGA 3:30 PM CHRISTMAS MOVIE 4 PM 1-1 ROOM VISITS	<b>11</b> 9:30 AM WELCOME TO THE DAY 9:45 AM MORNING MELODIES (H3) 10:30 AM NEWS. AND VIEWS (1 & 2) 11:15 AM ZUMBA GOLD (H3) 1:30 PM KIMBERLY'S ART THERAPY (LM) 2 PM CHRISTMAS CAROLS (VIA YOUTUBE) 4 PM 1-1 ROOM VISITS	<b>12</b> <b>CATHOLIC MASS</b> 9:30 AM WELCOME TO THE DAY 9:45 AM BALLOON THERAPY 10:00 AM GESSY'S PHYSIO EXERCISES (L2 H4) 10:20 AM NEWS AND VIEWS 10:30 AM CATHOLIC MASS (CINEMA) 11:00 AM CHOIR (L3) 11:15 AM ZUMBA GOLD (H1 & 2) 1:30 PM CHRISTMAS CAROLS (VIA YOUTUBE) 2 PM VIOLETTA AND ANETTE SINGALONGS (H3) 4PM 1-1 ROOM VISITS	<b>13</b> 9:30 AM WELCOME TO THE DAY 9:45 AM REMINISCING MUSIC & INSTRUMENTS 10:30 AM KIMBERLY'S SENSORY ART THERAPY (H3) 11:15 AM NEWS AND VIEWS (H1 & 2) 1:30 PM FLOOR OR TABLE GAMES 3 PM HAPPY HOUR (H1,2 & 3) 4 PM 1-1 ROOM VISITS	<b>14</b> <b>PLANET SHAKERS CHURCH CHRISTMAS CAROLS CONCERT</b> 9:30 AM MORNING TV SHOWS 10:00 AM MORNING TEA CHAT GROUP 11:00 AM PAMPERING 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM FLOOR GAMES 3 PM PLANETSHAKERS CHURCH MUSICAL CHRISTMAS CHOIR (L1) 5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE
<b>15</b> 9:30 AM LIVESTREAM CHURCH MASS (ON REQUEST) 10:00 AM COFFEE AND CHAT 11:00 AM MUSICAL MELODIES 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 2 PM FLOOR OR TABLE GAMES 3:30 PM PAMPERING 5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM SUNDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY	<b>16</b> 9:30 AM WELCOME TO THE DAY 9:45 AM BALLOON THERAPY OR GARDEN WALKS (H3) 10:45 AM NEWS AND VIEWS (H1 & 2) 1:30 PM MASTERCHEF (H3) 3 PM. SINGALONGS VIA YOUTUBE (H1 & 2) 4 PM 1-1 ROOM VISITS	<b>17</b> 9:30 AM WELCOME TO THE DAY 9:45 AM BALLOON THERAPY (H3) 10:00 AM GESSY'S PHYSIO EXERCISES (L2 H4) 11:00 AM CHOIR WITH RACHEL (H1,2 & 3) 1:15 PM ARMCHAIR TRAVEL VIA YOUTUBE 2:45 PM YOGA 3:30 PM INDOOR OR OUTDOOR WALKING 4 PM 1-1 ROOM VISITS	<b>18</b>  9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM NEWS. AND VIEWS 11:15 AM ZUMBA GOLD (H3) 1:30 PM KIMBERLY'S ART THERAPY (LM) 1:30 PM RACHEL'S BUS TRIP 1:30 PM TOMMY'S SINGALONGS WITH HIGH TEA (H1 & 2) 2 PM FOOD APPRECIATION MEETING (BOARDROOM) 3 PM PAMPERING 4 PM OYSTER BAR (BOARDROOM) 4 PM 1-1 ROOM VISITS	<b>19</b> <b>GREEK MASS</b> 9:30 AM WELCOME TO THE DAY 9:45 AM BALLOON THERAPY 10:00 AM GESSY'S PHYSIO EXERCISES (L2 H4) 10:20 AM NEWS AND VIEWS 10:30 AM CATHOLIC COMMUNION (1-1 ROOM VISITS) 10:30 AM GREEK MASS (CINEMA) 11:00 AM CHOIR (L3) 11:15 AM ZUMBA GOLD (H1 & 2) 1:30 PM MENS GROUP (CINEMA) 2 PM VIOLETTA AND ANETTE SINGALONGS (H3) 3 PM BINGO (H1 & 2) 4PM 1-1 ROOM VISITS	<b>20</b> 9:30 AM WELCOME TO THE DAY 9:45 AM REMINISCING MUSIC & INSTRUMENTS 10:30 AM KIMBERLY'S SENSORY ART THERAPY (H3) 11:15 AM NEWS AND VIEWS (H1 & 2) 1:30 PM FLOOR OR TABLE GAMES 3 PM HAPPY HOUR (H1,2 & 3) 4 PM 1-1 ROOM VISITS	<b>21</b> 9:30 AM MORNING TV SHOWS 10:00 AM MORNING TEA CHAT GROUP 11:00 AM PAMPERING 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM FLOOR GAMES 3 PM OUTDOOR OR INDOOR WALKING 4 PM TABLE GAMES (TOOBOX ACTIVITIES) 5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE



# DECEMBER 2024

## LEVEL 1- HOUSE 1, 2 & 3

### SUNDAY

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

**22**

9:30 AM LIVESTREAM CHURCH MASS  
(ON REQUEST)  
10:00 AM COFFEE AND CHAT  
11:00 AM MUSICAL MELODIES  
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE  
2 PM FLOOR OR TABLE GAMES  
3:30 PM PAMPERING  
5 PM DINNER FINE DINING MUSIC EXPERIENCE  
6 PM SUNDAY NIGHT AT THE MOVIES  
NETFLIX AVAILABLE ALL DAY

**23**

**NUTCRACKER BALLET SHOW**

9:30 AM WELCOME TO THE DAY  
9:45 AM BALLOON THERAPY OR GARDEN WALKS (H3)  
10:45 AM NEWS AND VIEWS (H1 & 2)  
1:30 PM NUTCRACKER BALLET SHOW  
LIVESTREAMING (H1 & 2)  
3 PM. SINGALONGS VIA (YOUTUBE) H3  
4 PM 1-1 ROOM VISITS

**24**

9:30 AM WELCOME TO THE DAY  
9:45 AM BALLOON THERAPY (H3)  
10:00 AM GESSY'S PHYSIO EXERCISES (L2 H4)  
11:00 AM CHOIR WITH RACHEL (H1,2 & 3)  
1:15 PM ARMCHAIR TRAVEL VIA YOUTUBE  
2:45 PM YOGA  
3:30 PM INDOOR OR OUTDOOR WALKING  
4 PM 1-1 ROOM VISITS

**25**

**CHRISTMAS DAY  
PUBLIC HOLIDAY**

9:30 AM CHRISTMAS MASS LIVESTREAM  
11:00 AM GARDEN WALKS  
12 PM CHRISTMAS LUNCH WITH A FINE DINING MUSIC EXPERIENCE  
1:30 PM CHRISTMAS CAROLS SINGALONGS WITH LYRICS (YOUTUBE)  
3:30 PM PAMPERING  
5 PM CHRISTMAS DINNER WITH A FINE DINING MUSIC EXPERIENCE  
6 PM CHRISTMAS MOVIE  
NETFLIX AVAILABLE ALL DAY

**26**

**BOXING DAY  
PUBLIC HOLIDAY**

9:30 AM MORNING TV SHOWS  
10:30 AM COFFEE AND CHAT  
12 PM LUNCH FINE DINING MUSIC EXPERIENCE  
1 PM TRIVIA (VIA YOUTUBE)  
2 PM AFTERNOON WALKS  
3 PM PAMPERING  
5 PM DINNER FINE DINING MUSIC EXPERIENCE  
6 PM MOVIE MATINEES  
NETFLIX AVAILABLE ALL DAY

**27**

9:30 AM WELCOME TO THE DAY  
9:45 AM REMINISCING MUSIC & INSTRUMENTS  
10:30 AM KIMBERLY'S SENSORY ART THERAPY (H3)  
11:15 AM NEWS AND VIEWS (H1 & 2)  
1:30 PM LIFESTYLE FOCUS GROUP (LM)  
1:30 PM FLOOR OR TABLE GAMES  
3 PM HAPPY HOUR (H1,2 & 3)  
4 PM 1-1 ROOM VISITS

**28**

9:30 AM MORNING TV SHOWS  
10:00 AM MORNING TEA CHAT GROUP  
11:00 AM PAMPERING  
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE  
1:30 PM FLOOR GAMES  
3 PM OUTDOOR OR INDOOR WALKING  
4 PM TABLE GAMES (TOOBOX ACTIVITIES)  
5 PM DINNER FINE DINING MUSIC EXPERIENCE  
6 PM SATURDAY NIGHT AT THE MOVIES  
NETFLIX AVAILABLE

**29**

9:30 AM LIVESTREAM CHURCH MASS  
(ON REQUEST)  
10:00 AM COFFEE AND CHAT  
11:00 AM MUSICAL MELODIES  
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE  
2 PM FLOOR OR TABLE GAMES  
3:30 PM PAMPERING  
5 PM DINNER FINE DINING MUSIC EXPERIENCE  
6 PM SUNDAY NIGHT AT THE MOVIES  
NETFLIX AVAILABLE ALL DAY

**30**

9:30 AM WELCOME TO THE DAY  
9:45 AM BALLOON THERAPY OR GARDEN WALKS (H3)  
10:45 AM NEWS AND VIEWS (H1 & 2)  
1:30 PM RACHEL'S CREATIVE CRAFTS (H3)  
3 PM. SINGALONGS VIA (YOUTUBE) H1 & 2  
4 PM 1-1 ROOM VISITS

**31**



**NEW YEARS EVE  
PARTY**

9:30 AM WELCOME TO THE DAY  
9:45 AM BALLOON THERAPY (H3)  
10:00 AM GESSY'S PHYSIO EXERCISES (L2 H4)  
11:00 AM CHOIR WITH RACHEL (H1,2 & 3)  
1:15 PM DOCUMENTARY  
2:45 PM YOGA  
3:30 PM NEW YEARS EVE PARTY  
4 PM 1-1 ROOM VISITS

