

DECEMBER 2024





LEVEL 2- HOUSE 4, 5 & 6

*subject to change



**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST) 10:00 AM COFFEE AND CHAT 11:00 AM MUSIC MELODIES 12 :00 PM LUNCH FINE DINING EXPERIENCE 1:30 PM TOOLBOX ACTIVITY 3:30 PM GARDEN OR INDOOR WALKS 5 PM SUNDAY NIGHT AT THE MOVIE NETFLIX AVAILABLE ALL DAY	2 9:30 AM WELCOME TO THE DAY 10:00 AM NEWS & VIEWS 10:30 AM MEMORY LANE THERAPY GENERAL KNOWLEDGE OR MUSIC TRIVIA 1:30 PM ERECTING AND DECORATING CHRISTMAS TREE 	3 <small>AMBASSADORS CLUB PROGRAM</small> <small>PET THERAPY</small> 9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSIO EXERCISES (H4) 10:30 AM PET THERAPY WITH RENEE & COOKIE 10:30 AM NEWS AND VIEWS 1:30 PM DOCUMENTARY 2 PM AMBASSADORS VOLUNTEER PROGRAM 2 :45 PM YOGA (L1) 3:15 PM MEMORY LANE THERAPY SINGALONG OR QUIZZESS TRIVIA 4 PM 1-1 ROOM VISITS	4  <small>CHRISTMAS SPECIAL</small> <small>MASTERCHEF</small> 9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM ZUMBA GOLD (H4 & 5) 11:15 AM COMMUNITY WALKS 1 :30 PM LOCHLAN'S BUS TRIP 2 PM CHRISTAMS SPECIAL MASTERCHEF 4PM 1-1 ROOM VISITS	5 9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSIO EXERCISES 10:30 AM CATHOLIC COMMUNION 1-1 ROOM VISITS 10:45 AM NEWS AND VIEWS 11:00 AM CHOIR (L3) 1 :30 PM MENS GROUP (CINEMA) 1:30 PM FACIALS , HAND MASSAGES OR MAKE OVER WITH HIGH TEA 3 PM KNITTING GROUP 4 PM 1-1 ROOM VISITS	6 <small>MERCER VOLUNTEER PROGRAM</small> 9 :30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS WITH QUIZZES 10:30 AM ANGLICAN MASS (CINEMA) 11:15 AM MEMORY LANE THERAPY MUSIC OR GENERAL KNOWLEDGE OR TRIVIA 1 PM MERCER VOLUNTEER PROGRAM 2 PM ZUMBA GOLD (H6) 3 PM HAPPY HOUR H 4,5 & 6 4PM 1-1 ROOM VISITS	7 9:30 AM MORNING TV SHOWS 10:30 AM REMINISCING MUSIC (YOUTUBE) 11:00 AM LAUGHTER AND LATTES 12 :00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM GARDEN WALKS 3 PM TOOLBOX ACTIVITIES 5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM SATURDAY NIGHT AT MOVIES NETFLIX AVAILABLE ALL DAY
8 9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST) 10:00 AM COFFEE AND CHAT 11:00 AM MUSIC MELODIES 12 :00 PM LUNCH FINE DINING EXPERIENCE 1:30 PM TOOLBOX ACTIVITIES 3:30 PM GARDEN OR INDOOR WALKS 5 PM SUNDAY NIGHT AT THE MOVIE NETFLIX AVAILABLE ALL DAY	9 <small>OMEGA VIOLINIST</small> 9:30 AM WELCOME TO THE DAY 10:00 AM NEWS & VIEWS 10:30 AM MEMORY LANE THERAPY GENERAL KNOWLEDGE OR MUSIC TRIVIA 2 PM OMEGA VIOLINIST 3 PM BINGO 1- 1 ROOM VISITS	10 <small>RESIDENT AND RELATIVE</small> <small>CHRISTMAS PARTY</small> 9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSIO EXERCISES (H4) 10:30 AM NEWS AND VIEWS 2 PM RESIDENT AND RELATIVE  CHRISTMAS PARTY 2 :45 PM YOGA (L1)	11 9:30 AM WELCOME TO THE DAY 10:30 AM ZUMBA GOLD (H4 & 5) 11:15 AM COMMUNITY WALKS 1:30 PM KIMBERLY'S ART THERAPY (LM) 2 PM CHRISTMAS MUSICAL CONCERT (VIA YOUTUBE)	12 9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSIO EXERCISES 10:30 AM CATHOLIC MASS (CINEMA) 10:45 AM NEWS AND VIEWS 11:00 AM CHOIR (L3) 1:30 PM CHRISTMAS MUSICAL 4 PM 1-1 ROOM VISITS	13 9 :30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS WITH QUIZZES 11:15 AM MEMORY LANE THERAPY MUSIC OR GENERAL KNOWLEDGE OR TRIVIA 2 PM ZUMBA GOLD (H6) 3 PM HAPPY HOUR H 4,5 & 6 4PM 1-1 ROOM VISITS	14 <small>PLANET SHAKERS CHURCH</small> <small>CHRISTMAS CAROLS CONCERT</small> 9:30 AM MORNING TV SHOWS 10:30 AM REMINISCING MUSIC (YOUTUBE) 11:00 AM LAUGHTER AND LATTES 12 :00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM GARDEN WALKS 3 PM PLANETSHAKERS CHURCH CHRISTMAS CAROLS (L1) 5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM SATURDAY NIGHT AT MOVIES NETFLIX AVAILABLE ALL DAY
15 9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST) 10:00 AM COFFEE AND CHAT 11:00 AM MUSIC MELODIES 12 :00 PM LUNCH FINE DINING EXPERIENCE 1:30 PM TOOLBOX ACTIVITIES 3:30 PM GARDEN OR INDOOR WALKS 5 PM SUNDAY NIGHT AT THE MOVIE NETFLIX AVAILABLE ALL DAY	16 9:30 AM WELCOME TO THE DAY 10:00 AM NEWS & VIEWS 10:30 AM MEMORY LANE THERAPY GENERAL KNOWLEDGE OR MUSIC TRIVIA 1:30 PM ARMCHAIR TRAVEL 3 PM BINGO 1- 1 ROOM VISITS	17 9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSIO EXERCISES (H4) 10:30 AM NEWS AND VIEWS 1:30 PM DOCUMENTARY 2 :45 PM YOGA (L1) 3:15 PM MEMORY LANE THERAPY SINGALONG OR QUIZZESS TRIVIA 4 PM 1-1 ROOM VISITS	18  9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM ZUMBA GOLD (H4 & 5) 11:15 AM COMMUNITY WALKS 1 :30 PM RACHEL'S BUS TRIP 1:30 PM TOMMY SINGALONGS WITH HIGH TEA (L1) 1:30 PM FLOOR GAMES 2 PM FOOD APPRECIATION MEETING (BOARDROOM) 3:00 PM PAMPERING 4 PM OYSTER BAR (BOARDROOM) 4PM 1-1 ROOM VISITS	19 <small>GREEK MASS</small> 9:30 AM WELCOME TO THE DAY 10:00 AM GESSY'S PHYSIO EXERCISES 10:30 AM CATHOLIC COMMUNION 1-1 ROOM VISITS 10:30 AM GREEK MASS (CINEMA) 10:45 AM NEWS AND VIEWS 11:00 AM CHOIR (L3) 1 :30 PM MENS GROUP (CINEMA) 1:30 PM FACIALS , HAND MASSAGES OR MAKE OVER WITH HIGH TEA 3 PM KNITTING GROUP 4 PM 1-1 ROOM VISITS	20 9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS WITH QUIZZES 11:15 AM MEMORY LANE THERAPY MUSIC OR GENERAL KNOWLEDGE OR TRIVIA 2 PM ZUMBA GOLD (H6) 3 PM HAPPY HOUR H 4,5 & 6 4PM 1-1 ROOM VISITS	21 9:30 AM MORNING TV SHOWS 10:30 AM REMINISCING MUSIC (YOUTUBE) 11:00 AM LAUGHTER AND LATTES 12 :00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM GARDEN WALKS 3 PM TOOLBOX ACTIVITIES 5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM SATURDAY NIGHT AT MOVIES NETFLIX AVAILABLE ALL DAY

DECEMBER 2024

LEVEL 2- HOUSE 4, 5 & 6

SUNDAY

22

9:30 AM LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM MUSIC MELODIES
12 :00 PM LUNCH FINE DINING EXPERIENCE
1:30 PM TOOLBOX ACTIVITIES
3:30 PM GARDEN OR INDOOR WALKS
5 PM SUNDAY NIGHT AT THE MOVIE
NETFLIX AVAILABLE ALL DAY

MONDAY

23

NUTCRACKER BALLET SHOW

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS & VIEWS
10:30 AM MEMORY LANE THERAPY
GENERAL KNOWLEDGE OR MUSIC TRIVIA
1:45 PM NUTCRACKER BALLET SHOW
LIVESTREAMING
1- 1 ROOM VISITS

TUESDAY

24

9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO EXERCISES (H4)
10:30 AM NEWS AND VIEWS
1:30 PM DOCUMENTARY
2 :45 PM YOGA (L1)
3:15 PM MEMORY LANE THERAPY
SINGALONG OR QUIZZESS TRIVIA
4 PM 1-1 ROOM VISITS

WEDNESDAY

25

**CHRISTMAS DAY
PUBLIC HOLIDAY**

9:30 AM CHRISTMAS MASS LIVESTREAM
11:00 AM GARDEN WALKS
12 PM CHRISTMAS LUNCH WITH A FINE DINING MUSIC EXPERIENCE
1:30 PM CHRISTMAS CAROLS SINGALONGS WITH LYRICS (YOUTUBE)
3:30 PM PAMPERING
5 PM CHRISTMAS DINNER WITH A FINE DINING MUSIC EXPERIENCE
6 PM CHRISTMAS MOVIE
NETFLIX AVAILABLE ALL DAY

THURSDAY

26

**BOXING DAY
PUBLIC HOLIDAY**

9:30 AM MORNING TV SHOWS
10:30 AM COFFEE AND CHAT
12 PM LUNCH FINE DINING MUSIC EXPERIENCE
1 PM TRIVIA (VIA YOUTUBE)
2 PM AFTERNOON WALKS
3 PM PAMPERING
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM MOVIE MATINEES
NETFLIX AVAILABLE ALL DAY

FRIDAY

27

9 :30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS WITH QUIZZES
11:15 AM MEMORY LANE THERAPY
MUSIC OR GENERAL KNOWLEDGE OR TRIVIA
1 :30 PM LIFESTYLE FOCUS GROUP (LM)
2 PM ZUMBA GOLD (H6)
3 PM HAPPY HOUR H 4,5 & 6
4PM 1-1 ROOM VISITS

SATURDAY

28

9:30 AM MORNING TV SHOWS
10:30 AM REMINISCING MUSIC (YOUTUBE)
11:00 AM LAUGHTER AND LATTES
12 :00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM GARDEN WALKS
3 PM TOOLBOX ACTIVITIES
5 PM DINNER FINE DINING MUSIC EXPERIENCE
6 PM SATURDAY NIGHT AT MOVIES
NETFLIX AVAILABLE ALL DAY

29

9:30 AM LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM MUSIC MELODIES
12 :00 PM LUNCH FINE DINING EXPERIENCE
1:30 PM TOOLBOX ACTIVITIES
3:30 PM GARDEN OR INDOOR WALKS
5 PM SUNDAY NIGHT AT THE MOVIE
NETFLIX AVAILABLE ALL DAY

30

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS & VIEWS
10:30 AM MEMORY LANE THERAPY
GENERAL KNOWLEDGE OR MUSIC TRIVIA
2 PM OMEGA VIOLINIST
3 PM BINGO
1- 1 ROOM VISITS

31

NEW YEARS EVE PARTY

9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO EXERCISES (H4)
10:30 AM NEWS AND VIEWS
2 PM NEW YEARS PARTY
2 :45 PM YOGA (L1)
4 PM 1-1 ROOM VISITS

