

DECEMBER 2024

LEVEL 4- HOUSE 9 & 10

*subject to change



LIBRARY SERVICES AVAILABLE

SATURDAY

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY

9:30 AM LIVESTREAM CHURCH MASS (LIVESTREAM) BY REQUEST 10:00 AM COFFEE AND CHAT 11:00 AM GARDEN WALKS 12 PM LUNCH FINE DINING MUSIC **EXPERIENCE** 1:30 PM SINGALONGS WITH LYRICS VIA YOUTURE 3:30 PM PAMPERING 5 PM DINNER FINE DINING MUSIC **EXPERIENCE** 6 PM SUNDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE

ALL DAY

MONDAY

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME 1:30 PM ERECTING AND **DECORATIONG** CHRISTMAS TREE

TUESDAY

AMBASSADORS CLUB PROGRAM 9:39 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 0:30 AM PET THERAPY WITH COOKIE (L1&2)11:00 AM 9 LETTER WORD GAME 2 PM AMBASSADORS CLUB **VOLUNTEERS PROGRAM**

PM 2 BINGO 3 PM MEMORY LANE THERAPY GENERAL KNOWLEDGE OR MUSIC TRIVIA 3:15 PM YOGA (L3) 4 PM 1-1 ROOM VISITS

WEDNESDAY

9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM IN CHAIR EXERCISES 11:00 AM 9 LETTER WORD GAMES 1:30 PM LOCHLAN'S BUS TRIP 1:30 PM KIMBERLY'S ART THERAPY (LM) 2 PM DOCUMENTARY 4 PM 1-1 ROOM VISITS

THURSDAY

9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO **EXERCISES** 10:30 AM CATHOLIC VISITOR 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME 11:00 AM CHOIR (L3) 1:30 PM MENS GROUP (CINEMA) 2 PM ZUMBA GOLD 3 PM PAMPERING 4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:00 AM IN CHAIR EXERCISES 10:30 AM ANGLICAN MASS (CINEMA) 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME 1 PM MERCER VOLUNTEER **PROGRAM** 2 PM TRIVIA 3 PM LOCHLAN'S FRIDAY FIESTA & HAPPY HOUR 4 PM 1-1 ROOM VISITS

FRIDAY

9:30 AM MORNING TV SHOWS 10:30 AM COFFEE AND CHAT 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1 PM TOOLBOX ACTIVITIES 2 PM AFTERNOON WALKS 3 PM PAMPERING 5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY

9:30 AM LIVESTREAM CHURCH MASS (LIVESTREAM) BY REQUEST 10:00 AM COFFEE AND CHAT 11:00 AM GARDEN WALKS 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM SINGALONGS WITH LYRICS (YOUTUBE) 3:30 PM PAMPERING 5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM SUNDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE

ALL DAY

4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME 1:30 PM TRIVIA

(VIA YOUTUBE) 2 PM OMEGA VIOLINIST (L2)

2 :45 PM ARMCHAIR TRAVEC 4 PM 1-1 ROOM VISITS

10 9:39 AM WELCOME TO THE

> DAY 9:30 AM GESSY'S PHYSIO **EXERCISES**

11:00 AM 9 LETTER WORD GAME

2 PM CHRISTMAS CAROLS (VIA YOUTUBE)

3 PM MEMORY LANE THERAPY GENERAL KNOWLEDGE

OR MUSIC TRIVIA 3:15 PM YOGA (L3)

4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY

10:00 AM NEWS AND VIEWS 10:30 AM IN CHAIR EXERCISES

11:00 AM 9 LETTER WORD GAMES

1:30 PM KIMBERLY'S ART THERAPY (LM)

2 PM RESIDENT CHOICE OF MOVIE

4 PM 1-1 ROOM VISITS

12

DAY 9:30 AM GESSY'S PHYSIO **EXERCISES**

10:30 AM CATHOLIC MASS

(CINEMA)

10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD

GAME

11:00 AM CHOIR (L3)

■ 2 PM RESIDENT AND RELATIVE CHRISTMAS PARTY

9:30 AM WELCOME TO THE

13 9:30 AM WELCOME TO THE

DAY 10:00 AM IN CHAIR

EXERCISES

10:30 AM NEWS AND

VIEWS

11:00 AM 9 LETTER WORD

GAME

2 PM TRIVIA **VIA YOUTUBE**

3 PM HAPPY HOUR

4 PM 1-1 ROOM VISITS

PLANET SHAKERS CHURCH CHRISTMAS CONCERT

9:30 AM MORNING TV SHOWS 10:30 AM COFFEE AND CHAT 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1 PM TOOLBOX ACTIVITIES 2 PM AFTERNOON WALKS 3 PM PLANETSHAKERS CHURCH CHRISTMAS CONCERT(L1) 5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM SATURDAY NIGHT AT THE MOVIES

NETFLIX AVAILABLE ALL DAY

9:30 AM MORNING TV SHOWS

10:30 AM COFFEE AND CHAT

9:30 AM LIVESTREAM CHURCH MASS (LIVESTREAM) BY REQUEST 10:00 AM COFFEE AND CHAT 11:00 AM GARDEN WALKS 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM SINGALONGS WITH LYRICS (YOUTUBE) 3:30 PM PAMPERING 5 PM DINNER FINE DINING MUSIC EXPERIENCE

6 PM SUNDAY NIGHT AT THE MOVIES

NETFLIX AVAILABLE

ALL DAY

16 9:30 AM WELCOME TO THE 17 DAY

> 10:00 AM NEWS AND VIEWS

11:00 AM 9 LETTER WORD GAME

1:30 PM MASTERCHEF 2:45 PM ARMCHAIR

TRAVEL 4 PM 1-1 ROOM VISITS 9:39 AM WELCOME TO THE DAY 18 9:30 AM GESSY'S PHYSIO

EXERCISES

11:00 AM 9 LETTER WORD GAME

2 PM BINGO

3 PM MEMORY LANE THERAPY GENERAL KNOWLEDGE

> OR MUSIC TRIVIA 3:15 PM YOGA (L3) 4 PM 1-1 ROOM VISITS

9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM IN CHAIR EXERCISES 11:00 AM 9 LETTER WORD GAMES 1:30 PM RACHEL'S BUS TRIP 1:30 PM KIMBERLY'S ART THERAPY (LM)

1:30 PM TOMMY'S SINGALONG WITH HIGH TEA (L1)

2 PM FOOD APPRECIATION MEETING (BOARDROOM) 2 PM DOCUMENTARY

> 4 PM OYSTER BAR (BOARDROOM)

9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:30 AM GREEK MASS

> (CINEMA) 10:30 AM CATHOLIC VISITOR 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME

11:00 AM CHOIR (L3) 1:30 PM MENS GROUP

(CINEMA)

2 PM ZUMBA GOLD 3 PM PAMPERING

4 PM 1-1 ROOM VISITS

20

9:30 AM WELCOME TO THE DAY 10:00 AM IN CHAIR EXERCISES 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME 2 PM TRIVIA

3 PM LOCHLAN'S FRIDAY FIESTA & HAPPY HOUR

4 PM 1-1 ROOM VISITS

12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1 PM TOOLBOX ACTIVITIES 2 PM AFTERNOON WALKS 3 PM PAMPERING 5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY



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DECEMBER 2024 LEVEL 4- HOUSE 9 & 10

SUNDAY

MONDAY **TUESDAY**

WEDNESDAY

FRIDAY **THURSDAY**

SATURDAY

9:30 AM MORNING TV SHOWS

10:30 AM COFFEE AND CHAT

12 PM LUNCH FINE DINING

MUSIC EXPERIENCE

1 PM TOOLBOX ACTIVITIES

2 PM AFTERNOON WALKS

3 PM PAMPERING

5 PM DINNER FINE DINING

MUSIC EXPERIENCE

6 PM SATURDAY NIGHT AT THE

9:30 AM LIVESTREAM CHURCH MASS (LIVESTREAM) BY REQUEST 10:00 AM COFFEE AND CHAT 11:00 AM GARDEN WALKS 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1.30 PM SINGALONGS WITH LYRICS (YOUTURE) 3:30 PM PAMPERING

5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM SUNDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND

VIEWS 11:00 AM 9 LETTER WORD

GAME

1:30 PM NUTCRACKER **BALLET SHOW**

(LIVESTREAMING) 3 PM ARMCHAIR TRAVEL

4 PM 1-1 ROOM VISITS

24

9:39 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 11:00 AM 9 LETTER WORD GAME 2 PM BINGO B PM MEMORY LANE THERAPY GENERAL KNOWLEDGE OR MUSIC TRIVIA 3:15 PM YOGA (L3)

4 PM 1-1 ROOM VISITS

CHRISTMAS DAY **PUBLIC HOLIDAY**

25

9:30 AM CHRISTMAS MASS LIVESTREAM 11:00 AM GARDEN WALKS 12 PM CHRISTMAS LUNCH WITH A FINE DINING MUSIC EXPERIENCE

1:30 PM CHRISTMAS CAROLS SINGALONGS WITH LYRICS (YOUTUBE) 3:30 PM PAMPERING

5 PM CHRISTMAS DINNER WITH A FINE **DINING MUSIC**

EXPERIENCE 6 PM CHRISTMAS MOVIE NETFLIX AVAILABLE ALL DAY

PUBLIC HOLIDAY

26

9:30 AM MORNING TV SHOWS 10:30 AM COFFEE AND CHAT 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1 PM TRIVIA (VIA YOUTUBE) 2 PM AFTERNOON WALKS 3 PM PAMPERING 5 PM DINNER FINE DINING MUSIC EXPERIENCE 6 PM MOVIE MATINEES NETFLIX AVAILABLE ALL DAY

279:30 AM WELCOME TO THE DAY 10:00 AM IN CHAIR EXERCISES 10:30 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAME 1:30 PM LIFESTYLE FOCUS

> GROUP (LM) 2 PM TRIVIA 3 PM LOCHLAN'S FRIDAY FIESTA & HAPPY HOUR

4 PM 1-1 ROOM VISITS

MOVIES NETFLIX AVAILABLE ALL DAY

9:30 AM LIVESTREAM CHURCH MASS (LIVESTREAM) BY REQUEST 10:00 AM COFFEE AND CHAT 11.00 AM GAPDEN WALKS 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM SINGALONGS WITH LYRICS (YOUTUBE) 3:30 PM PAMPERING 5 PM DINNER FINE DINING MUSIC **EXPERIENCE** 6 PM SUNDAY NIGHT AT THE MOVIES

NETFLIX AVAILABLE

ALL DAY

9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND

VIEWS

11:00 AM 9 LETTER WORD GAME

> 1:30 PM CLASSICAL COMPOSER

2:45 PM ARMCHAIR

TRAVEL 4 PM 1-1 ROOM VISITS 31 NEW YEARS EVE



DAY 9:30 AM GESSY'S PHYSIO **EXERCISES** 11:00 AM 9 LETTER WORD

9:39 AM WELCOME TO THE

GAME

2 PM NEW YEARS PARTY

3:15 PM YOGA (L3) 4 PM 1-1 ROOM VISITS

WE WISH YOU A AND HAPPY NEW YEAR







