

DECEMBER 2024 SOUTH PORT

*subject to change



LIBRARY SERVICES AVAILABLE

SATURDAY

9:30 AM MORNING TV SHOWS

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY

9:30 AM LIVESTREAM MORNING CHURCH LIVESTREAM (BY REQUEST) 10:00 AM TOOLBOX ACTIVITIES 11:00 AM PAMPERING 12 PM LUNCH FINE DINING EXPERIENCE MUSIC 1:30 PM SINGALONGS WITH LYRICS (VIA YOUTUBE) 3 PM GARDEN WALKS 4 PM TABLE GAMES OR COLOURING IN

5 PM DINNER FINE DINING EXPERIENCE

6 PM SUNDAY NIGHT AT THE MOVIES

NETFLIX AVAILABLE ALL DAY

MONDAY

9:30 AM MORNING TV SHOWS 10:30 AM MUSIC MELODIES (VIA YOUTUBE) 11:00 AM PAMPERING 12 PM LUNCH FINE DINING **EXPERIENCE MUSIC** 1:30 PM TABLE OR FLOOR **GAMES** 3 PM ARTS & CRAFTS 5 PM DINNER FINE DINING **EXPERIENCE** 6 PM MOVIE MATINEE

TUESDAY

9:30 AM WELCOME TOM THE DAY 9:30 AM SUMAN'S PHYSIO **EXERCISES** 10:15 AM NEWSPAPER READ AND QUIZZES OR TRIVIA 11:00 AM RESIDENT CHOICE OF ARTIST 1:30 PM FLOOR OR TABLE GAMES

2:45 PM BINGO

4 PM 1-1 ROOM VISITS

9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM IN -CHAIR **EXERCISES** 11:15 AM NEWSPAPER READ AND QUIZZES 1:30 PM MASTERCHEF 3 PM GARDENING **OROUTDOOR ACTIVITY**

4 PM 1-1 RROM VISITS

WEDNESDAY

9:30 AM WELCOME TO THE 10:00 AM INTERGENTAIONAL PROGRAM 11:15 AM SUMAN'S PHYSIO **EXERCISES** 1:15 PM MEMORY LANE THERAPY 2:30 PM PUPPETS ALIVE 3:30 AM W.E CHAT GROUP 4 PM 1-1 ROOM VISITS

THURSDAY

9:30 AM WELCOME TO THE DAY 10:00 AM INTERGENERATIONAL **PROGRAM** 11:00 AM ZUMBA GOLD 2 PM HAAPY HOUR 3 PM SINGALONGS WITH LYRICS VIA YOUTUBE 4 PM 1-1 ROOM VISITS

FRIDAY

10:00 AM MORNING TEA CHAT 11:00 AM PAMPERING 12:00 PM LUNCH FINE DINING **EXPERIENCE** 1:30 PM FLOOR GAMES 3 PM OUTDOOR OR INDOOR WALKSING 4 PM TABLE GAMES 5 PM DINNER FINE DINING MUSIC **EXPEREINCE**

9:30 AM LIVESTREAM MORNING CHURCH_ LIVESTREAM (BY REQUEST) 10:00 AM TOOLBOX ACTIVITIES 11:00 AM PAMPERING 12 PM LUNCH FINE DINING **EXPERIENCE MUSIC** 1:30 PM SINGALONGS WITH LYRICS (VIA YOUTUBE) 3 PM GARDEN WALKS 4 PM TABLE GAMES OR COLOURING IN 5 PM DINNER FINE DINING EXPERIENCE 6 PM SUNDAY NIGHT AT THE MOVIES

NETFLIX AVAILABLE ALL DAY

9:30 AM MORNING TV SHOWS 10:30 AM MUSIC MELODIES (VIA YOUTUBE) 11:00 AM PAMPERING 12 PM LUNCH FINE DINING **EXPERIENCE MUSIC** 1:30 PM TABLE OR FLOOR GAMES 3 PM ARTS & CRAFTS 5 PM DINNER FINE DINING EXPERIENCE

6 PM MOVIE MATINEE

10 9:30 AM WELCOME TOM THE DAY 9:30 AM SUMAN'S PHYSIO **EXERCISES** 10:15 AM NEWSPAPER READ AND QUIZZES OR TRIVIA 11:00 AM RESIDENT CHOICE OF ARTIST 1:30 PM FLOOR OR TABLE **GAMES** 2:45 PM BINGO 4 PM 1-1 ROOM VISITS

119:30 AM WELCOME TO THE 12 DAY 10 AM IN -CHAIR **EXERCISES** 11:15 AM NEWSPAPER **READ AND QUIZZES** 1:30 PM GREEK MOVIE OR MUSIC 3 PM GARDENING OROUTDOOR **ACTIVITY** 4 PM 1-1 RROM VISITS

13 9:30 AM WELCOME TO THE DAY 10:00 AM MUSICAL MELODIES 11:15 AM SUMAN'S PHYSIO EXERCISES 1:15 PM MEMORY LANE THERAPY 3:30 AM W.E CHAT GROUP 4 PM 1-1 ROOM VISITS

CHRISTMAS PARTY 9:30 AM WELCOME TO THE DAY 10:00 AM MUSICAL **MELODIES** 11:00 AM ZUMBA GOLD 2 PM RESIDENT AND

RESIDENT AND RELATIVE

RELATIVE CHRISTMAS PARTY

PLANET SHAKERS CHRISTMAS CONCERT

6 PM SATURDAY NIGHT AT THE

MOVIES

NETFLIX AVAILABLE ALL DAY

9:30 AM MORNING TV SHOWS 10:00 AM MORNING TEA CHAT GROUP 11:00 AM PAMPERING 12:00 PM LUNCH FINE DINING EXPERIENCE 1:30 PM PLANETSHAKERS CHURCH CHRISTMAS CHOIR CONCERT 3 PM OUTDOOR OR INDOOR WALKSING 4 PM TABLE GAMES 5 PM DINNER FINE DINING MUSIC **EXPEREINCE** 6 PM SATURDAY NIGHT AT THE MOVIES

NETFLIX AVAILABLE ALL DAY

LIVESTREAM (BY REQUEST) 10:00 AM TOOLBOX ACTIVITIES 11:00 AM PAMPERING 12 PM LUNCH FINE DINING EXPERIENCE MUSIC 1:30 PM SINGALONGS WITH LYRICS (VIA YOUTUBE) 4 PM TABLE GAMES OR COLOURING IN 5 PM DINNER FINE DINING EXPERIENCE

9:30 AM MORNING TV SHOWS 9:30 AM LIVESTREAM MORNING CHURCH 10:30 AM MUSIC MELODIES (VIA YOUTUBE) 11:00 AM PAMPERING 12 PM LUNCH FINE DINING **EXPERIENCE MUSIC** 1:30 PM TABLE OR FLOOR GAMES 3 PM ARTS & CRAFTS 5 PM DINNER FINE DINING **EXPERIENCE** 6 PM SUNDAY NIGHT AT THE MOVIES 6 PM MOVIE MATINEE NETFLIX AVAILABLE ALL DAY

9:30 AM WELCOME TOM THE DAY 9:30 AM SUMAN'S PHYSIO **EXERCISES** 10:15 AM NEWSPAPER READ AND QUIZZES OR TRIVIA 11:00 AM RESIDENT CHOICE OF ARTIST 1:30 PM FLOOR GAMES

2:45 PM BINGO

4 PM 1-1 ROOM VISITS

9:30 AM LIFESTYLE HUDDLE 18 MEETING 10:30 AM IN -CHAIR **EXERCISES** 11:15 AM NEWSPAPER READ AND QUIZZES 1:30 PM DOCUMENTARY 3 PM GARDENING **OROUTDOOR ACTIVITY** 4 PM 1-1 RROM VISITS

9:30 AM WELCOME TO THE 10:00 AM REMINSCING OR SHARING LIFE STORIES 11:15 AM SUMAN'S PHYSIO **EXERCISES** 1:15 PM GREEK MOVIE / MUSIC 1:30 PM BUS TRIP 3:30 AM W.E CHAT GROUP 4 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY 10:00 AM TRIVIA / QUIZZES 11:00 AM ZUMBA GOLD 2 PM HAPPY HOUR 3 PM TOMMY'S **SINGALONG**

4 PM 1-1 ROOM VISITS

9:30 AM MORNING TV SHOWS 10:00 AM MORNING TEA CHAT GROUP 11:00 AM PAMPERING 12:00 PM LUNCH FINE DINING **EXPERIENCE** 1:30 PM FLOOR GAMES 3 PM OUTDOOR OR INDOOR WALKSING 4 PM TABLE GAMES 5 PM DINNER FINE DINING MUSIC **EXPEREINCE**

6 PM SATURDAY NIGHT AT THE MOVIES

NETFLIX AVAILABLE ALL DAY



DECEMBER 2024 SOUTH PORT

SUNDAY MONDAY **TUESDAY**

WEDNESDAY

FRIDAY

SATURDAY

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EXPERIENCE

6 PM MOVIE MATINEE

9:30 AM WELCOME TOM THE

DAY 9:30 AM SUMAN'S PHYSIO

10:30 AM PET THERAPY WITH RENEE & COOKIE

EXERCISES

11:00 AM RESIDENT CHOICE OF ARTIST

1:30 PM FLOOR GAMES 2:45 PM BINGO

4 PM 1-1 ROOM VISITS

CHRISTMAS DAY PUBLIC HOLIDAY

9:30 AM MORNING TV SHOWS 10 AM CHRISTMAS CAROLS 12 PM CHRISTMAS LUNCH WITH A FINE

> **EXPERIENCE MUSIC** 1:30 PM CHRISTMAS

DINING

MOVIE 3 PM GARDEN WALKS 5 PM CHRISTMAS DINNER WITH A FINE DINING EXPERIENCE

6 PM CHRISTMAS MOVIE

NETFLIX AVAILABLE ALL DAY

PUBLIC HOLIDAY

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9:30 AM WELCOME TO THE DAY 10:00 AM MUSICAL MELODIES 12 PM LUNCH FINE DINING **EXPEREINCE**

THURSDAY

1 :15 PM GREEK MOVIE / MUSIC

3:30 AM PAMPERING 5 PM DINNER FINE DINING **EXPEREINCE MUSIC** 6 PM RESIDENT CHOICE OF

MOVIE NETFLIX AVAILABLE ALL DAY 27 9:30 AM WELCOME TO

THE DAY 10:00 AM TRIVIA /

QUIZZES 11:00 AM ZUMBA GOLD

2 PM HAPPY HOUR

3 PM TOMMY'S SINGALONG

GROUP

4 PM LIFESTYLE FOCUS

9:30 AM MORNING TV SHOWS 10:00 AM MORNING TEA CHAT

11:00 AM PAMPERING 12:00 PM LUNCH FINE DINING

EXPERIENCE

1:30 PM FLOOR GAMES 3 PM OUTDOOR OR INDOOR WALKSING

4 PM TABLE GAMES 5 PM DINNER FINE DINING MUSIC

EXPEREINCE 6 PM SATURDAY NIGHT AT THE

MOVIES NETFLIX AVAILABLE ALL DAY

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6 PM MOVIE MATINEE

NEW YEARS EVE

9:30 AM WELCOME TOM THE DAY 9:30 AM SUMAN'S PHYSIO EXERCISES 10:15 AM NEWSPAPER READ AND QUIZZES OR TRIVIA

11:00 AM RESIDENT CHOICE OF ARTIST 2 PM NEW YEARS PARTY

4 PM 1-1 ROOM VISITS

WE WISH YOU A AND HAPPY NEW YEAR



