CaSPACare
Living well. Living locally.

FEBRUARY 2025
SOUTH PORT

*subject to change

LIBRARY SERVICES AVAILABLE

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9:30 AM MORNING TV SHOWS 10:00 AM MORNING TEA CHAT GROUP 11:00 AM PAMPERING 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM FLOOR GAMES 3 PM WALKING GROUP INDOOR OR OUTDOOR WALKING 4 PM TABLE GAMES 5 PM DINNER FINE DING MUSIC EXPERIENCE 6 PM SATURDAY NIGHT AT THE MOVIES
2 9:30 AM LIVESTREAM MORNING MASS 10:00 AM TOOLBOX ACTIVITIES 11:00 AM PAMPERING 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM SINGALONGS (VIA YOUTUBE) 3 PM WATERING GARDEN OR GARDEN WALKS 5 PM DINNER FINE DINNING MUSIC EXPERIENCE 6 PM SUNDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY	3 9:30 AM MORNING TV SHOWS 10:30 AM MUSIC MELODIES (YOUTUBE) 11:00 AM PAMPERING 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM TABLE OR FLOOR GAMES 3 PM GARDEN WALKS 5 PM DINNER FINE DINING EXPERIENCE 6 PM MOVIE MATINEE	4 9:30 AM WELCOME TO THE DAY 9:30 AM SUMAN'S PHYSIO EXERCISES 10:15 AM NEWSPAPER READ WITH QUIZZES OR TRIVIA 10:30 AM PET THERAPY WITH COOKIE 11:15 AM MEMORY LANE REMINISCING 1:30 PM TABLE GAMES 2 :45 PM BINGO 4 PM 1-1 ROOM VISITS	5 9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM IN CHAIR EXERCISES 11:15 AM NEWSPAPER READ WITH TRIVIA OR QUIZZES 1:30 PM ARMCHAIR TRAVEL OR DOCUMENTARY 3 PM CREATIVE ARTS OR OUTDOOR ACTIVITIES 4 PM 1-1 ROOM VISITS	6 9:30 AM WELCOME TO THE DAY 10:00 AM TRIVIA AND QUIZZES 11:00 AM SUMAN'S PHYSIO EXERCISES 1:15 PM GREEK MUSIC OR MOVIE 1:30 PM BUS TRIP 2:15 PM PUPPETS ALIVE 3 :30 PM W.E CHAT GROUP 4 PM 1-1 ROOM VISITS	7 9:30 AM WELCOME TO THE DAY 10:00 AM RESIDENT CHOICE OF ARTIST 11:00 AM ZUMBA GOLD 2 PM HAPPY HOUR 3 PM TOMMY'S SINGALONGS 4 PM 1-1 ROOM VISITS	8 9:30 AM MORNING TV SHOWS 10:00 AM MORNING TEA CHAT GROUP 11:00 AM PAMPERING 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM FLOOR GAMES 3 PM WALKING GROUP INDOOR OR OUTDOOR WALKING 4 PM TABLE GAMES 5 PM DINNER FINE DING MUSIC EXPERIENCE 6 PM SATURDAY NIGHT AT THE MOVIES
9 9:30 AM LIVESTREAM MORNING MASS 10:00 AM TOOLBOX ACTIVITIES 11:00 AM PAMPERING 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM SINGALONGS (VIA YOUTUBE) 3 PM WATERING GARDEN OR GARDEN WALKS 5 PM DINNER FINE DINNING MUSIC EXPERIENCE 6 PM SUNDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY	10 9:30 AM MORNING TV SHOWS 10:30 AM MUSIC MELODIES (YOUTUBE) 11:00 AM PAMPERING 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM TABLE OR FLOOR GAMES 3 PM GARDEN WALKS 5 PM DINNER FINE DINING EXPERIENCE 6 PM MOVIE MATINEE	11 9:30 AM WELCOME TO THE DAY 9:30 AM SUMAN'S PHYSIO EXERCISES 10:15 AM NEWSPAPER READ WITH QUIZZES OR TRIVIA 11:15 AM MEMORY LANE REMINISCING 1:30 PM TABLE GAMES 2 :45 PM BINGO 4 PM 1-1 ROOM VISITS	12 NATIONAL DAY OF JAPAN 9:30 AM WELCOME TO THE DAY 10:30 AM IN CHAIR EXERCISES 11:15 AM NEWSPAPER READ WITH TRIVIA OR QUIZZES 1:30 PM ARMCHAIR TO JAPAN 3 PM BALLOON THERAPY 4 PM 1-1 ROOM VISITS	13 9:30 AM WELCOME TO THE DAY 10:15 AM INTERGENERATIONAL PROGRAM 11:00 AM SUMAN'S PHYSIO EXERCISES 1:15 PM GREEK MUSIC OR MOVIE 1:30 PM BUS TRIP 3 :30 PM W.E CHAT GROUP 4 PM 1-1 ROOM VISITS	14 VALENTINE DAY CONCERT 9:30 AM WELCOME TO THE DAY 10:00 AM RESIDENT CHOICE OF ARTIST 11:00 AM ZUMBA GOLD 2 PM HAPPY HOUR 3 PM VALENTINE DAY CONCERT 4 PM 1-1 ROOM VISITS	15 9:30 AM MORNING TV SHOWS 10:00 AM MORNING TEA CHAT GROUP 11:00 AM PAMPERING 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM FLOOR GAMES 3 PM WALKING GROUP INDOOR OR OUTDOOR WALKING 4 PM TABLE GAMES 5 PM DINNER FINE DING MUSIC EXPERIENCE 6 PM SATURDAY NIGHT AT THE MOVIES

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23 9:30 AM LIVESTREAM MORNING MASS 10:00 AM TOOLBOX ACTIVITIES 11:00 AM PAMPERING 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM SINGALONGS (VIA YOUTUBE) 3 PM WATERING GARDEN OR GARDEN WALKS 5 PM DINNER FINE DINNING MUSIC EXPERIENCE 6 PM SUNDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY	**24** RESIDENT AND RELATIVE MEETING 9:30 AM MORNING TV SHOWS 10:30 AM MUSIC MELODIES (YOUTUBE) 11:00 AM PAMPERING 12 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM RESIDENT AND RELATIVE MEETING 3 PM GARDEN WALKS 5 PM DINNER FINE DINING EXPERIENCE 6 PM MOVIE MATINEE	**25** 9:30 AM WELCOME TO THE DAY 9:30 AM SUMAN'S PHYSIO EXERCISES 10:15 AM NEWSPAPER READ WITH QUIZZES OR TRIVIA 11:15 AM MEMORY LANE REMINISCING 1:30 PM TABLE GAMES 2 :45 PM BINGO 4 PM 1-1 ROOM VISITS	**26** 9:30 AM WELCOME TO THE DAY 10:30 AM IN CHAIR EXERCISES 11:15 AM NEWSPAPER READ WITH TRIVIA OR QUIZZES 1:30 PM ARMCHAIR TRAVEL OR DOCUMENTARY 3 PM BALLOON THERAPY 4 PM 1-1 ROOM VISITS	**27** 🚌 9:30 AM WELCOME TO THE DAY 10:15 AM INTERGENERATIONAL PROGRAM 11:00 AM SUMAN'S PHYSIO EXERCISES 1:15 PM GREEK MUSIC OR MOVIE 1:30 PM BUS TRIP 3 :30 PM W.E CHAT GROUP 4 PM 1-1 ROOM VISITS	**28** 9:30 AM WELCOME TO THE DAY 10:00 AM RESIDENT CHOICE OF ARTIST 11:00 AM ZUMBA GOLD 2 PM HAPPY HOUR 3 PM TOMMY'S SINGALONGS 4 PM 1-1 ROOM VISITS