



**LIBRARY SERVICES
AVAILABLE**

LEVEL 3- HOUSE 7 & 8

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE


SUNDAY

1
9:30 AM LIVESTREAM CHURCH (UPON REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM SINGALONGS WITH LYRICS
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
2:00 PM MOVIE MATINEE
3:30 PM WALKING GROUP
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES
FOOTY MATCH OF THE DAY (BY REQUEST)
NETFLIX AVAILABLE ALL DAY

MONDAY

2
LADIES GROUP ITALIAN NATIONAL DAY
9:30 AM WELCOME TO THE DAY
9:45 AM FOOTY TIPPING
10:15 AM NEWS AND VIEWS
11:00 AM SENIOR IN CHAIR
1:30 PM MEDITATION (CINEMA)
 1:30 PM LOCHLAN'S STAY ON BUS TRIP
1:30 PM LADIES GROUP (L2)
1:30 PM ITALIAN NATIONAL DAY CELEBRATIONS 
3:00 PM KNITTING GROUP
4 PM 1-1 ROOM VISITS

TUESDAY

3
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:15 AM NEWS AND VIEWS
11:00 AM BALLOON THERAPY 
1:00 PM RACHEL'S BUS TRIP (CINEMA)
3:00 PM ARMCHAIR TRAVEL
4:00 PM 1-1 ROOM VISITS

WEDNESDAY

4
9:30 AM WELCOME TO THE DAY
10:30 AM RICK AND DAVID'S NEWS AND VIEWS WITH QUIZZES
11:00 AM CHOIR (L2)
1:30 PM COMMUNITY VISITORS
1:30 PM TOMMY'S SINGALONGS WITH HIGH TEA (L1)
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM MASTERCHEF ITALIAN CUISINE (CREAMY PASTA CARBONARA)
3:00 PM WALKING GROUP INDOOR/OUTDOOR/COMMUNITY
4:00 PM 1-1 ROOM VISITS
4:00 PM OYSTER BAR (BOARDROOM)

THURSDAY

5
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:30 AM CATHOLIC COMMUNION (1-1 ROOM VISITS)
11:00 AM CHOIR
1:00 PM PUPPETS ALIVE (L1 H3)
1:15 PM ZUMBA GOLD
1:30 PM MEN'S GROUP (CINEMA)
2:30 PM KING'S CRAFT
4:00 PM 1-1 ROOM VISITS

FRIDAY

6
ANGLICAN MASS
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES OR QUIZZES
10:30 AM ANGLICAN MASS (CINEMA)
11:00 AM SENIOR IN CHAIR EXERCISES (VIA YOUTUBE)
1:30 PM WALKING GROUP INDOOR/OUTDOOR/COMMUNITY
3:00 PM LOCHLAN'S FRIDAY FIESTA (L4)
3:00 PM HAPPY HOUR
4:00 PM 1-1 ROOM VISITS

SATURDAY

7
9:30 AM MORNING TV SHOWS
10:00 AM MUSICAL MELODIES
11:00 AM SENIORS IN CHAIR EXERCISES (VIA YOUTUBE)
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM MUSICAL INSTRUMENTS (WITH GIA L1)
2:30 PM WALKING GROUP
3:00 PM FLOOR GAMES (WITH GIA L3)
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE MOVIES FOOTY MATCH OF DAY (ON REQUEST)
NETFLIX AVAILABLE ALL DAY

8
9:30 AM LIVESTREAM CHURCH (UPON REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM SINGALONGS WITH LYRICS
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
2:00 PM MOVIE MATINEE
3:30 PM WALKING GROUP
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES
FOOTY MATCH OF THE DAY (BY REQUEST)
NETFLIX AVAILABLE ALL DAY

9
PUBLIC HOLIDAY
KING'S BIRTHDAY
10:00 AM MORNING TV SHOWS
11:00 AM MUSICAL MOMENTS
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM KING'S BIRTHDAY CELEBRATIONS (LIVE STREAMING)
3:00 PM PAMPERING OR TABLE GAMES
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM MONDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

10
KING'S BIRTHDAY
CELEBRATIONS
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:15 AM NEWS AND VIEWS
11:00 AM BALLOON OR BALL THERAPY
1:30 PM FLOOR GAMES
3:00 PM KING'S BIRTHDAY CELEBRATIONS
4:00 PM 1-1 ROOM VISITS

11
FLOWER ARRANGING
9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM RICK AND DAVID'S NEWS AND VIEWS WITH QUIZZES 
11:00 AM CHOIR (L2)
12:00 PM EMERALD HILL PUB EXCURSION (LOCHLAN) 
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONG'S WITH HIGH TEA (L1)
1:30 PM FLOWER ARRANGING
3:00 PM WALKING GROUP INDOOR/OUTDOOR/COMMUNITY
4:00 PM 1-1 ROOM VISITS


12
INTERGENERATIONAL PROGRAM **FRANK IN CONCERT**
CATHOLIC MASS **PHILIPPINES INDEPENDENCE DAY**
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:15 AM INTERGENERATIONAL PROGRAM
10:30 AM CATHOLIC MASS (CINEMA)
11:00 AM CHOIR
1:15 PM ZUMBA GOLD
1:30 PM MEN'S GROUP (CINEMA)
1:30 PM FRANK IN CONCERT (L1)
3:00 PM BINGO
3:00 PM PHILIPPINES INDEPENDENCE DAY (L1)
4:00 PM 1-1 ROOM VISITS

13
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES OR QUIZZES
11:00 AM SENIOR IN CHAIR EXERCISES (VIA YOUTUBE)
1:30 PM WALKING GROUP INDOOR /OUTDOOR/COMMUNITY
3:00 PM LOCHLAN'S FRIDAY FIESTA (L4)
3:00 PM HAPPY HOUR
4:00 PM 1-1 ROOM VISITS

14
9:30 AM MORNING TV SHOWS
10:00 AM MUSICAL MELODIES
11:00 AM SENIORS IN CHAIR EXERCISES (VIA YOUTUBE)
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM VIOLETTA SINGALONGS (L1 H3)
2:00 PM WALKING GROUP
3:00 PM TABLE GAMES
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE MOVIES FOOTY MATCH OF DAY (ON REQUEST)
NETFLIX AVAILABLE ALL DAY

15
9:30 AM LIVESTREAM CHURCH (UPON REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM SINGALONGS WITH LYRICS
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
2:00 PM MOVIE MATINEE
3:30 PM WALKING GROUP
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES
FOOTY MATCH OF THE DAY (BY REQUEST)
NETFLIX AVAILABLE ALL DAY

16
OMEGA VIOLINIST
9:30 AM WELCOME TO THE DAY
9:45 AM FOOTY TIPPING
10:15 AM NEWS AND VIEWS
11:00 AM SENIOR IN CHAIR
1:30 PM MEDITATION (CINEMA)
1:30 PM OMEGA VIOLINIST (L2)
2:00 PM OMEGA VIOLINIST (L2)
3:00 PM BOOK CLUB
4 PM 1-1 ROOM VISITS

17
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:15 AM NEWS AND VIEWS
11:00 AM BALLOON OR BALL THERAPY 
1:30 PM RACHEL'S BUS TRIP (RICKETTS POINT CAFE)
3:00 PM ARMCHAIR TRAVEL
4:00 PM 1-1 ROOM VISITS

18
LIFESTYLE FOCUS GROUP
MEETING
9:30 AM WELCOME TO THE DAY
10:30 AM RICK AND DAVID'S NEWS AND VIEWS WITH QUIZZES
11:00 AM CHOIR (L2)
1:00 PM LIFESTYLE FOCUS GROUP MEETING
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM TOMMY'S SINGALONGS WITH HIGH TEA (L1)
1:30 PM MASTERCHEF (SPICY NOODLES PORK CASHEWS)
3:00 PM WALKING GROUP INDOOR/OUTDOOR/COMMUNITY
4:00 PM 1-1 ROOM VISITS
4:00 PM OYSTER BAR (BOARDROOM)

19
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:30 AM CATHOLIC COMMUNION (1-1 ROOM VISITS)
11:00 AM CHOIR
1:15 PM ZUMBA GOLD
1:30 PM MEN'S GROUP (CINEMA)
2:30 PM BINGO
4:00 PM 1-1 ROOM VISITS

20
SHOPPING TROLLEY
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES OR QUIZZES
11:00 AM SHOPPING TROLLEY
11:00 AM SENIOR IN CHAIR EXERCISES (VIA YOUTUBE)
1:30 PM WALKING GROUP INDOOR/OUTDOOR/COMMUNITY
3:00 PM LOCHLAN'S FRIDAY FIESTA (L4)
3:00 PM HAPPY HOUR
4:00 PM 1-1 ROOM VISITS

21
WORLD'S MUSIC DAY CONCERT
9:30 AM MORNING TV SHOWS
10:00 AM MUSICAL MELODIES
11:00 AM SENIORS IN CHAIR EXERCISES (VIA YOUTUBE)
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM WORLD'S MUSIC DAY WITH DAVE (L2)
2:30 PM WALKING GROUP
3:00 PM FLOOR GAMES (WITH GIA L4)
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE MOVIES FOOTY MATCH OF DAY (ON REQUEST)
NETFLIX AVAILABLE ALL DAY



**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

22

9:30 AM LIVESTREAM CHURCH
(UPON REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM SINGALONGS
WITH LYRICS
12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE
2:00 PM MOVIE MATINEE
3:30 PM WALKING GROUP
5:00 PM DINNER FINE DINING
MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES
FOOTY MATCH OF THE DAY
(BY REQUEST)
NETFLIX AVAILABLE ALL DAY

23

EMERALD HILL
AFTERNOON TEA

9:30 AM WELCOME TO THE DAY
9:45 AM FOOTY TIPPING
10:15 AM NEWS AND VIEWS
11:00 AM SENIOR IN CHAIR
1:30 PM MEDITATION
(CINEMA)
1:30 PM EMERALD HILL
AFTERNOON TEA
(BOARDROOM)
1:30 PM POETRY
3:00 PM KNITTING GROUP
4 PM 1-1 ROOM VISITS

24

PET THERAPY
HOLLYWOOD COLLECTIONS

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND VIEWS
11:00 AM BALLOON OR
BALL THERAPY
1:30 PM FLOOR GAMES
3:00 PM HOLLYWOOD
COLLECTIONS
4:00 PM 1-1 ROOM VISITS

25

PIMM'S DELIGHT COCKTAIL
9:30 AM LIFESTYLE HUDDLE MEETING

10:30 AM RICK AND DAVID'S
NEWS AND VIEWS
WITH QUIZZES
11:00 AM CHOIR (L2)
12:00 PM LOCHLAN'S BUS TRIP
SOUTH MELBOURNE MARKET
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1:30 PM TOMMY'S SINGALONGS
WITH HIGH TEA (L1)
1:30 PM PIMM'S DELIGHT COCKTAIL
3:00 PM WALKING GROUP
INDOOR/OUTDOOR/COMMUNITY
4:00 PM 1-1 ROOM VISITS

26

INTERGENERATIONAL PROGRAM
RESIDENT AND RELATIVE MEETING

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:00 AM TRAM EXCURSION TO
SEALIFE MELBOURNE AQUARIUM
10:15 AM INTERGENERATIONAL
PROGRAM
10:30 AM CATHOLIC COMMUNION
(1-1 ROOM VISITS)
11:00 AM CHOIR
1:00 PM ZUMBA GOLD
1:30 PM RESIDENT AND RELATIVE
MEETING
1:30 PM MEN'S GROUP
(CINEMA)
3:00 PM BINGO
4:00 PM 1-1 ROOM VISITS

27

FOOD FOCUS GROUP
MEETING

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM WORD GAMES OR
QUIZZES
11:00 AM SENIOR IN CHAIR
EXERCISES (VIA YOUTUBE)
1:00 PM FOOD FOCUS GROUP
MEETING
1:30 PM WALKING GROUP
INDOOR /OUTDOOR/COMMUNITY
3:00 PM LOCHLAN'S FRIDAY
FIESTA (L4)
3:00 PM HAPPY HOUR
4:00 PM 1-1 ROOM VISITS

28

9:30 AM MORNING TV SHOWS
10:00 AM MUSICAL MELODIES
11:00 AM SENIORS IN CHAIR
EXERCISES
(VIA YOUTUBE)
12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE
1:30 PM FLOOR GAMES
(WITH GIA L2)
1:30 PM VIOLETTA SINGALONGS
(L1 H3)
2:30 PM WALKING GROUP
3:00 PM TRIVIA
(WITH GIA L4)
5:00 PM DINNER FINE DINING
MUSIC EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE MOVIES
FOOTY MATCH OF THE DAY
(ON REQUEST)
NETFLIX AVAILABLE ALL DAY

29

KIDKO PERFORMING ART
MUSICAL CONCERT

9:30 AM LIVESTREAM CHURCH
(UPON REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM SINGALONGS
WITH LYRICS
12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE
2:00 PM KIDKO PERFORMING
OF ART MUSICAL (L1 H1)
2:00 PM MOVIE MATINEE
3:30 PM WALKING GROUP
5:00 PM DINNER FINE DINING
MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE
MOVIES
FOOTY MATCH OF THE DAY
(BY REQUEST)
NETFLIX AVAILABLE ALL DAY

30

LADIES GROUP

9:30 AM WELCOME TO THE
DAY
9:45 AM FOOTY TIPPING
10:15 AM NEWS AND VIEWS
11:00 AM SENIOR IN CHAIR
1:30 PM MEDITATION
(CINEMA)
1:30 PM LADIES GROUP
(L2)
1:30 PM CAFE VISITS
3:00 PM KNITTING GROUP
4 PM 1-1 ROOM VISITS

