



**LIBRARY SERVICES  
AVAILABLE**

**CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE**

**SUNDAY      MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY      SATURDAY**



<b>1</b> 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:15 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORDS GAMES 1 :30 PM BINGO 1:30 PM RACHEL'S BUS TRIP ( RICKETTS POINT CAFE ) 3 PM PAMPERING 3:30 PM YOGA WITH ELLEN ( L3 ) 4 :00 PM 1-1 ROOM VISITS	<b>2</b> <b>OYSTER BAR</b> 9:30 AM WELCOME TO DAY 10:00 AM NEWS AND VIEWS 10:30 AM IN CHAIR EXERCISES 10:30 AM RICK & DAVID NEWS AND VIEWS WITH QUIZZES ( L3 ) 11:00 AM 9 LETTER WORD GAME 11:00 AM CHOIR ( L3 ) 1:30 PM TOMMY'S SINGALONGS & HIGH TEA ( L1 ) 1:30 PM KIMBERLYS' ART THERAPY ( LM ) 1:30 PM FLOOR /TABLE GAMES 3 :00 PM DOCUMENTARY 4 :00 PM OYSTER BAR ( BOARDROOM )	<b>3</b> <small>ALBERT PARK PRIMARY CHOIR CONCERT</small> 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:15 AM NEWS AND VIEWS 10:30 AM CATHOLIC COMMUNION ( 1-1 ROOM VISITS ) 11:00 AM CHOIR ( L3 ) 11:00 AM 9 LETTER WORD GAMES 1:00 PM PUPPETS ALIVE ( H3 ) 1:30 PM ALBERT PARK PRIMARY ( CHOIR CONCERT L 2 ) 1:30 PM MENS GROUP ( CINEMA ) 2:00 PM ZUMBA GOLD 3 :00 PM FOOTY TIPPING 4 :00 PM 1-1 ROOM VISITS	<b>4</b> <b>ANGLICAN MASS</b> 9:30 AM WELCOME TO THE DAY 10:00 AM IN CHAIR EXERCISES 10:30 AM ANGLICAN MASS ( CINEMA ) 11:00 AM 9 LETTER WORD GAMES 2 PM TRIVIA 3 :00 PM HAPPY HOUR 3:15 PM LOCHLAN FRIDAY FIESTA 4 :00 PM 1-1 ROOM VISITS	<b>5</b> 9:30 AM WELCOME TO THE DAY 10:30 AM MEMORY LANE REMINISCING MUSIC 11:00 AM SENIOR IN CHAIR EXERCISES 12:00 AM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM FLOOR GAMES WITH GIA ( L1 ) 2 :00 PM MOVIE MATINEE 2:30 PM WALKING GROUPS 3 :00 PM TRIVIA WITH GIA ( L3 ) 3:30 PM FOOTY MATCH OF DAY 5 :00 PM DINNER FINE DINING MUSIC EXPERIENCE 6 :00 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY
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<b>6</b> 9:30 AM LIVESTREAM CHURCH MASS ( BY REQUEST ) 10:00 AMMORNING TEA CHAT 11:00 AM WALKING GROUP 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM SINGALONGS ( VIA YOUTUBE ) 3 :00 PM FOOTY MATCH OF THE DAY 3:30 PM PAMPERING 5:00 PM DINNER FINE DINING MUSIC EXPERIENCE 6 :00 PM SUNDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY	<b>7</b> <b>MOVIE SPECIAL CABARET</b> 9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 10:45 AM NAIDOC INTRODUCTION 11:00 AM 9 LETTER WORD GAME 1:30 PM MEDITATION ( CINEMA ) 1:30 PM SPECIAL MOVIE WITH POPCORN ( CABARET ) 3 :00 PM WALKING GROUP 4 :00 PM 1-1 ROOM VISITS	<b>8</b> 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:15 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORDS GAMES 1 :30 PM BINGO 3 PM PAMPERING 3:30 PM YOGA WITH ELLEN ( L3 ) 4 :00 PM 1-1 ROOM VISITS	<b>9</b> <b>EMERALD HILL HOTEL</b> 9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM IN CHAIR EXERCISES 10:30 AM RICK & DAVID NEWS AND VIEWS WITH QUIZZES ( L3 ) 11:00 AM 9 LETTER WORD GAME 11:00 AM CHOIR ( L3 ) 12:00 PM LOCHLAN'S BUS TRIP ( THE EMERALD HOTEL ) 1:30 PM TOMMY'S SINGALONGS & HIGH TEA ( L1 ) 1:30 PM KIMBERLYS' ART THERAPY ( LM ) 2:00 PM ARMCHAIR TRAVEL 4 :00 PM 1-1 ROOM VISITS	<b>10</b> <b>CATHOLIC MASS</b> 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:15 AM NEWS AND VIEWS 10:30 AM CATHOLIC MASS ( CINEMA ) 11:00 AM CHOIR ( L3 ) 11:00 AM 9 LETTER WORD GAMES 1:30 PM MENS GROUP ( CINEMA ) 2:00 PM ZUMBA GOLD 3 :00 PM FOOTY TIPPING 4 :00 PM 1-1 ROOM VISITS	<b>11</b> <b>MAX TTHE MAGICIAN</b> 9:30 AM WELCOME TO THE DAY 10:00 AM IN CHAIR EXERCISES 11:00 AM 9 LETTER WORD GAMES 1:30 PM MAX THE MAGICIAN ( L3 ) 2 PM TRIVIA 3 :00 PM HAPPY HOUR 3:15 PM LOCHLAN FRIDAY FIESTA 4 :00 PM 1-1 ROOM VISITS	<b>12</b> 9:30 AM WELCOME TO THE DAY 10:30 AM MEMORY LANE REMINISCING MUSIC 11:00 AM SENIOR IN CHAIR EXERCISES 12:00 AM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM CREATIVE ARTS WITH GIA ( L2 ) 2 :00 PM MOVIE MATINEE 2:30 PM WALKING GROUPS 3 :00 PM FLOOR GAMES WITH GIA ( L 4 ) 3:30 PM FOOTY MATCH OF DAY 5 :00 PM DINNER FINE DINING MUSIC EXPERIENCE 6 :00 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY
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<b>13</b> 9:30 AM LIVESTREAM CHURCH MASS ( BY REQUEST ) 10:00 AMMORNING TEA CHAT 11:00 AM WALKING GROUP 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM SINGALONGS ( VIA YOUTUBE ) 3 :00 PM FOOTY MATCH OF THE DAY 3:30 PM PAMPERING 5:00 PM DINNER FINE DINING MUSIC EXPERIENCE 6 :00 PM SUNDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY	<b>14</b> <b>BASTILLE DAY</b> <small>OMEGA VIOLINIST</small> 9:30 AM WELCOME TO THE DAY 10:00 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORD GAMES 1:30 PM MEDITATION ( CINEMA ) 1:30 PM MASTERCHEF 2 :00 PM OMEGA VIOLINIST ( L2 ) 3 :00 PM BASTILLE DAY CELEBRATIONS 4 :00 PM 1-1 ROOM VISITS	<b>15</b> 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:15 AM NEWS AND VIEWS 11:00 AM 9 LETTER WORDS GAMES 1:30 PM RACHEL'S BUS TRIP (STAY ON BUS TRIP ) 1 :30 PM BINGO 3 PM PAMPERING 3:30 PM YOGA WITH ELLEN ( L3 ) 4 :00 PM 1-1 ROOM VISITS	<b>16</b> <b>OYSTER BAR</b> 9:30 AM WELCOME TO DAY 10:00 AM NEWS AND VIEWS 10:30 AM IN CHAIR EXERCISES 10:30 AM RICK & DAVID NEWS AND VIEWS WITH QUIZZES ( L3 ) 11:00 AM 9 LETTER WORD GAME 11:00 AM CHOIR ( L3 ) 1:30 PM TOMMY'S SINGALONGS & HIGH TEA ( L1 ) 1:30 PM ANGLICAN VISITOR 1:30 PM KIMBERLYS' ART THERAPY ( LM ) 1:30 PM FLOOR /TABLE GAMES 3 :00 PM DOCUMENTARY 4 :00 PM OYSTER BAR ( BOARDROOM )	<b>17</b> <small>LIFESTYLE FOCUS GROUP MEETING</small> 9:30 AM WELCOME TO THE DAY 9:30 AM GESSY'S PHYSIO EXERCISES 10:15 AM NEWS AND VIEWS 10:30 AM CATHOLIC COMMUNION ( CINEMA ) 11:00 AM CHOIR ( L3 ) 11:00 AM 9 LETTER WORD GAMES 1:30 PM MENS GROUP ( CINEMA ) 1:30 PM LIFESTYLE FOCUS GROUP MEETING 2:00 PM ZUMBA GOLD 3 :00 PM FOOTY TIPPING 4 :00 PM 1-1 ROOM VISITS	<b>18</b> 9:30 AM WELCOME TO THE DAY 10:00 AM IN CHAIR EXERCISES 11:00 AM 9 LETTER WORD GAMES 2 PM TRIVIA 3 :00 PM HAPPY HOUR 3:15 PM LOCHLAN FRIDAY FIESTA 4 :00 PM 1-1 ROOM VISITS	<b>19</b> 9:30 AM WELCOME TO THE DAY 10:30 AM MEMORY LANE REMINISCING MUSIC 11:00 AM SENIOR IN CHAIR EXERCISES 12:00 AM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM MUSICAL INSTRUMENTS WITH GIA ( L1 ) 2 :00 PM MOVIE MATINEE 2:30 PM WALKING GROUPS 3 :00 PM BALLOON THERAPY WITH GIA ( L3 ) 3:30 PM FOOTY MATCH OF DAY 5 :00 PM DINNER FINE DINING MUSIC EXPERIENCE 6 :00 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY
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# JULY 2025

## LEVEL 4- HOUSE 9 & 10

\*subject to change



**LIBRARY SERVICES  
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

### SUNDAY

20

9:30 AM LIVESTREAM CHURCH MASS  
( BY REQUEST )  
10:00 AM MORNING  
TEA CHAT  
11:00 AM WALKING GROUP  
12:00 PM LUNCH FINE DINING  
MUSIC EXPERIENCE  
1:30 PM SINGALONGS  
( VIA YOUTUBE )  
3:00 PM FOOTY MATCH OF THE DAY  
3:30 PM PAMPERING  
5:00 PM DINNER FINE DINING  
MUSIC EXPERIENCE  
6:00 PM SUNDAY NIGHT AT THE  
MOVIES  
NETFLIX AVAILABLE ALL DAY

### MONDAY

21

**EMERALD HILL  
AFTERNOON TEA**  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM 9 LETTER WORD GAMES  
11:00 AM 9 LETTER WORD GAME  
1:30 PM MEDITATION  
( CINEMA )  
1:30 PM EMERALD HILL  
AFTERNOON TEA  
( BOARDROOM )  
1:30 PM CLASSICAL COMPOSER  
3:00 PM TRIVIA  
4:00 PM 1-1 ROOM VISITS

### TUESDAY

22

9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO  
EXERCISES  
10:15 AM NEWS AND VIEWS  
11:00 AM 9 LETTER WORDS  
GAMES  
1:30 PM BINGO  
3 PM PAMPERING  
3:30 PM YOGA WITH ELLEN  
( L3 )  
4:00 PM 1-1 ROOM VISITS

### WEDNESDAY

23

**STAY ON BUS  
HOT CHIPS AT THE BEACH**  
**INTERGENERATIONAL  
MASTERCHEF PROGRAM**  
9:30 AM LIFESTYLE HUDDLE MEETING  
10:30 AM IN CHAIR EXERCISES  
10:30 AM RICK & DAVID NEWS AND VIEWS  
WITH QUIZZES ( L3 )  
11:00 AM 9 LETTER WORD GAME  
11:00 AM CHOIR ( L3 )  
1:30 PM LOCHLAN'S BUS TRIP  
STAY ON BUS ( HOT CHIPS AT THE BEACH )  
1:30 PM TOMMY'S SINGALONGS &  
HIGH TEA ( L1 )  
1:30 PM INTERGENERATIONAL MASTERCHEF  
PROGRAM ( L3 )  
1:30 PM COMMUNITY VISITORS  
1:30 PM KIMBERLYS' ART THERAPY  
( LM )  
2:00 PM DOCUMENTARY  
( A BALLERINA'S TALE )  
4:00 PM 1-1 ROOM VISITS

### THURSDAY

24

**INTERGENERATIONAL PROGRAM**  
9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO EXERCISES  
10:15 AM NEWS AND VIEWS  
10:15 AM INTERGENERATIONAL  
PROGRAM ( L3 )  
10:30 AM CATHOLIC MASS  
( CINEMA )  
11:00 AM CHOIR ( L3 )  
11:00 AM 9 LETTER WORD GAMES  
1:30 PM MENS GROUP  
( CINEMA )  
2:00 PM ZUMBA GOLD  
3:00 PM FOOTY TIPPING  
4:00 PM 1-1 ROOM VISITS

### FRIDAY

25

**CHRISTMAS IN JULY**  
9:30 AM WELCOME TO THE DAY  
10:00 AM IN CHAIR EXERCISES  
11:00 AM 9 LETTER WORD  
GAMES  
11:00 AM SHOPPING TROLLEY  
1:30 PM CHRISTMAS  
IN JULY CONCERT  
FEATURING  
GOLDEN GIRLS ( L1 )  
3:00 PM HAPPY HOUR  
3:15 PM LOCHLAN FRIDAY FIESTA  
( XMAS THEME SPECIAL )  
4:00 PM 1-1 ROOM VISITS

### SATURDAY

26

9:30 AM WELCOME TO THE DAY  
10:30 AM MEMORY LANE  
REMINISCING MUSIC  
11:00 AM SENIOR IN CHAIR EXERCISES  
12:00 AM LUNCH FINE DINING  
MUSIC EXPERIENCE  
1:30 PM TABLE OR FLOOR GAMES  
WITH GIA ( L2 )  
2:00 PM MOVIE MATINEE  
2:30 PM WALKING GROUPS  
3:00 PM TRIVIA WITH GIA ( L4 )  
3:30 PM FOOTY MATCH OF DAY  
5:00 PM DINNER FINE  
DINING MUSIC EXPERIENCE  
6:00 PM SATURDAY NIGHT AT THE  
MOVIES  
NETFLIX AVAILABLE ALL DAY

27

**KIDKO PERFORMING ARTS  
MUSICAL CONCERTS**  
9:30 AM LIVESTREAM CHURCH MASS  
( BY REQUEST )  
10:00 AM MORNING  
TEA CHAT  
11:00 AM WALKING GROUP  
12:00 PM LUNCH FINE DINING  
MUSIC EXPERIENCE  
1:30 PM SINGALONGS  
( VIA YOUTUBE )  
2:00 PM KIDKO PERFORMING ARTS  
MUSICAL CONCERTS ( L1 )  
3:00 PM FOOTY MATCH OF THE DAY  
3:30 PM PAMPERING  
5:00 PM DINNER FINE DINING  
MUSIC EXPERIENCE  
6:00 PM SUNDAY NIGHT AT THE  
MOVIES  
NETFLIX AVAILABLE ALL DAY

28

**LINE DANCING CLASSES**  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM 9 LETTER WORD  
GAMES  
11:00 AM 9 LETTER WORD  
GAME  
1:30 PM MEDITATION  
( CINEMA )  
1:30 PM MASTERCHEF  
2:00 PM LINE DANCING CLASSES  
WITH SAMMY ( L2 )  
3:00 PM WALKING GROUP  
4:00 PM 1-1 ROOM VISITS

29

9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO  
EXERCISES  
10:15 AM NEWS AND VIEWS  
10:30 AM PET THERAPY  
WITH COOKIE  
11:00 AM 9 LETTER WORD GAME  
11:00 AM 9 LETTER WORDS GAMES  
1:30 PM BINGO  
3 PM PAMPERING  
3:30 PM YOGA WITH ELLEN  
( L3 )  
4:00 PM 1-1 ROOM VISITS

30

**OYSTER BAR**  
**GRANT'S PICNIC**  
**FOOD FOCUS GROUP**  
**SHERBROOKE**  
9:30 AM WELCOME TO DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM IN CHAIR EXERCISES  
10:30 AM RICK & DAVID NEWS AND VIEWS  
WITH QUIZZES ( L3 )  
10:30 AM RACHEL'S BUS TRIP  
( GRANT'S PICNIC SHERBROOKE )  
11:00 AM 9 LETTER WORD GAME  
11:00 AM CHOIR ( L3 )  
1:00 PM FOOD FOCUS GROUP MEETING  
1:30 PM COMMUNITY VISITOR  
1:30 PM TOMMY'S SINGALONGS &  
HIGH TEA ( L1 )  
1:30 PM KIMBERLYS' ART THERAPY  
( LM )  
1:30 PM FLOOR /TABLE GAMES  
3:00 PM MUSIC THERAPY WITH ELYSE  
4:00 PM OYSTER BAR  
( BOARDROOM )

31

9:30 AM WELCOME TO THE DAY  
9:30 AM GESSY'S PHYSIO EXERCISES  
10:00 AM MUSIC THERAPY  
WITH ELYSE  
10:30 AM CATHOLIC MASS  
( CINEMA )  
11:00 AM CHOIR ( L3 )  
11:00 AM 9 LETTER WORD GAMES  
1:30 PM MENS GROUP  
( CINEMA )  
2:00 PM ZUMBA GOLD  
3:00 PM MUSIC THERAPY  
WITH ELYSE  
3:00 PM FOOTY TIPPING  
4:00 PM 1-1 ROOM VISITS

