

# AUGUST 2025

## LEVEL 1- HOUSE 1,2 &3

\*subject to change



**LIBRARY SERVICES  
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**



**1** **ANGLICAN MASS**  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS & QUIZZES  
10:30 AM ANGLICAN MASS (CINEMA)  
11:00 AM SHOPPING TROLLEY  
1:15 PM MUSICAL MELODIES  
3:00 PM HAPPY HOUR  
4:00 PM 1-1 ROOM VISITS

**2**  
9:30 AM MORNING TV SHOWS  
10:30 AM MEMORY LANE MUSIC  
11:00 AM SENIOR IN CHAIR EXERCISES  
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE  
1:30 PM MUSIC AND INSTRUMENTS WITH GIA (L1)  
2:30 PM WALKING GROUP  
3:00 PM FLOOR OR BALLOON GAMES (WITH GIA L3)  
3:30 PM FOOTY MATCH OF THE DAY  
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE  
6:00 PM SUNDAY NIGHT AT THE MOVIES  
NETFLIX AVAILABLE ALL DAY

**3**  
9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)  
10:00 AM MORNING CHAT GROUP  
11:00 AM WALKING GROUPS  
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE  
1:30 PM MUSICAL MOMENTS  
3:00 PM FOOTY MATCH OF THE DAY  
3:30 PM PAMPERING  
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE  
NETFLIX AVAILBALE ALL DAY

**4** **MELBOURNE GRAMMAR MUSICAL CONCERT**  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS WITH QUIZZES  
10:30 AM MUSIC WITH INSTRUMENTS OR MOVEMENT  
1:30 PM BINGO  
1:30 PM MELBOURNE GRAMMAR MUSICAL CONCERT (L3)  
3:00 PM PAMPERING OR WALKING  
4:00 PM 1-1 ROOM VISITS

**5**  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:00 AM GESSY'S PHYSIO EXERCISES (L2 H4)  
10:30 AM WORD GAMES AND QUIZZES  
1:15 PM RESIDENT CHOICE OF ARTIST  
2:45 PM YOGA  
3:15 PM MUSIC AND MOVEMENT  
4:00 PM 1-1 ROOM VISITS

**6** **EMERALD HOTEL EXCURSION**  
9:30 AM LIFESTYLE HUDDLE  
MEETING  
10:30 AM NEWS AND VIEWS  
11:00 AM CHOIR (L2)  
11:15 AM ZUMBA GOLD (H3)  
12:00 PM LOCHLAN'S EXCURSION (EMERALD HOTEL)  
1:30 PM TOMMY'S SINGALONGS  
1:30 PM KIMBERLY'S ART THERAPY  
1:30 PM COMMUNITY VISITORS  
3:00 PM RHYTHMIC DANCE THERAPY  
4:00 PM 1-1 ROOM VISITS

**7** **AGED CARE EMPLOYEE DAY INTERGENERATIONAL PROGRAM**  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:45 AM CHARACTER BALLOON THERAPY (H1 & 2)  
10:15 AM INTERGENERATIONAL PROGRAM (L3)  
10:30 AM CATHOLIC COMMUNION (1-1 ROOM VISITS)  
11:00 AM CHOIR (L3)  
1:30 PM MENS GROUP (CINEMA)  
1:30 PM MUSICAL & INSTRUMENTS  
3:00 PM COLOURS OF EMOTION  
4:00 PM 1-1 ROOM VISITS

**8** **INTERGENERATIONAL PROGRAM**  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS & QUIZZES  
10:45 AM ALBERT PARK PRIMARY SCHOOL INTERGENERATIONAL PROGRAM (L3)  
1:15 PM SINGALONGS WITH LYRICS  
3:00 PM HAPPY HOUR  
4:00 PM 1-1 ROOM VISITS

**9** **PAUL IN CONCERT**  
9:30 AM MORNING TV SHOWS  
10:30 AM MEMORY LANE MUSIC  
11:00 AM SENIOR IN CHAIR EXERCISES  
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE  
1:30 PM PAUL IN CONCERT (L2)  
2:30 PM WALKING GROUP  
3:00 PM ARTS AND CRAFT WITH GIA (L4)  
3:30 PM FOOTY MATCH OF THE DAY  
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE  
6:00 PM SUNDAY NIGHT AT THE MOVIES  
NETFLIX AVAILABLE ALL DAY

**10**  
9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)  
10:00 AM MORNING CHAT GROUP  
11:00 AM WALKING GROUPS  
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE  
1:30 PM MUSICAL MOMENTS  
3:00 PM FOOTY MATCH OF THE DAY  
3:30 PM PAMPERING  
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE  
NETFLIX AVAILBALE ALL DAY

**11** **OMEGA VIOLINIST**  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM MUSIC WITH INSTRUMENTS OR MOVEMENT  
1:30 PM VIOLETTA AND ANNETTE SINGALONGS (H3)  
1:30 PM BINGO  
2:00 PM OMEGA VIOLINIST (L2)  
3:00 PM PAMPERING OR WALKING  
4:00 PM 1-1 ROOM VISITS

**12**  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:00 AM GESSY'S PHYSIO EXERCISES (L2 H4)  
10:30 AM WORD GAMES AND QUIZZES  
1:30 PM RACHEL'S BUS TRIP (WILLIAMSTOWN BEACH)  
1:15 PM MEMORY LANE MUSIC (YOUTUBE)  
2:45 PM YOGA  
3:15 PM MUSIC AND MOVEMENT  
4:00 PM 1-1 ROOM VISITS

**13** **OYSTER BAR**  
9:30 AM WELCOME TO THE DAY  
10:30 AM NEWS AND VIEWS  
11:00 AM CHOIR (L2)  
11:15 AM ZUMBA GOLD (H3)  
1:30 PM TOMMY'S SINGALONGS (H1 & 2)  
1:30 PM KIMBERLY'S ART THERAPY (LM)  
1:30 PM COMMUNITY VISITORS  
3:00 PM OCTABAND BALL THERAPY  
4:00 PM OYSTER BAR (BOARDROOM)  
4:00 PM 1-1 ROOM VISITS

**14** **CATHOLIC MASS**  
9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:45 AM OCTABAND BALL THERAPY  
10:30 AM CATHOLIC MASS (CINEMA)  
11:00 AM CHOIR (L3)  
1:00 PM PUPPETS ALIVE (H3)  
1:30 PM MUSIC AND MOVEMENT  
3:00 PM OCTABAND BALLOON THERAPY  
4:00 PM 1-1 ROOM VISITS

**15** **9:30 AM WELCOME TO THE DAY**  
10:00 AM NEWS AND VIEWS & QUIZZES  
1:15 PM MUSICAL MELODIES  
3:00 PM HAPPY HOUR  
4:00 PM 1-1 ROOM VISITS

**16**  
9:30 AM MORNING TV SHOWS  
10:30 AM MEMORY LANE MUSIC  
11:00 AM SENIOR IN CHAIR EXERCISES  
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE  
1:30 PM FLOOR OR BALLOON GAMES WITH GIA (L1)  
2:30 PM WALKING GROUP  
3:00 PM TRIVIA WITH GIA (L3)  
3:30 PM FOOTY MATCHES  
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE  
6:00 PM SUNDAY NIGHT AT THE MOVIES  
NETFLIX AVAILABLE ALL DAY



