

AUGUST 2025

LEVEL 3- HOUSE 7 & 8

*subject to change



**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1
ANGELICAN MASS
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM ANGELICAN MASS
(CINEMA)
11:00 AM 9 LETTER WORD
GAMES (L 4)
1:30 PM FLOOR OR BALLOON
GAMES
3:00 PM LOCHLAN'S FRIDAY
FIESTA (L 4)
3:00 PM HAPPY HOUR
4:00 PM 1-1 ROOM VISITS

2
9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MELODIES
12:00 PM LUNCH FINE DINING MUSIC
EXPERIENCE
1:30 PM MUSIC AND INSTRUMENTS
WITH GIA (L 1)
2:00 PM MOVIE MATINEE
3:00 PM FLOOR /BALLOON GAMES (L 3)
WITH GIA
5:00 PM DINNER FINE DINING MUSIC
EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY
(ON REQUEST)

3
9:30 AM LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE AND CAHT GROUP
11:00 AM SINGALONGS WITH LYRICS
12:00 PM LUNCH FINE DINING MUSIC
EXPERIENCE
1:30 PM MOVIE MATINEE
3:00 PM WALKING GROUP
5:00 PM DINNER FINE DINING MUSIC
EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY

4
MELBOURNE GRAMMAR MUSICAL
CONCERT
9:30 AM WELCOME TO THE
DAY
9:45 AM FOOTY TIPPING
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM IN CHAIR
EXERCISES
1:30 PM MEDITATION
(CINEMA)
1:30 PM MELBOURNE
GRAMMAR MUSICAL CONCERT
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS

5
BOOK CLUB
9:30 AM WELCOME TO THE
DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND
VIEWS
11:00 AM BALLOON OR
BALL GAMES
1:30 PM BOOK CLUB
3:30 PM YOGA
4:00 PM 1-1 ROOM VISITS

6
SINGAPORE INTERNATIONAL
DAY MASTERCHEF SPECIAL
9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM NEWS AND VIEWS
WITH QUIZZES WITH (RICK AND DAVID)
11:00 AM CHOIR (L 2)
12:00 PM LOCHLAN'S OUTING
(EMERALD HOTEL)
1:30 PM TOMMY'S SINGALONG
WITH HIGH TEA (L 1)
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1:30 PM COMMUNITY VISITORS
1:30 PM MASTERCHEF
(SINGAPORE CUISINE)
3:00 PM MUSIC AND MOVEMENT
WITH MILICA
4:00 PM 1-1 ROOM VISITS

7
AGED CARE EMPLOYEE DAY
INTERGENERATIONAL PROGRAM
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:30 AM CATHOLIC COMMUNION
(1-1 ROOM VISITS)
10:15 AM INTERGENERATIONAL
PROGRAM
11:00 AM CHOIR
1:00 PM PUPPETS ALIVE (L 1 H 3)
1:15 PM ZUMBA
1:30 PM MEN'S GROUP
(CINEMA)
2:00 PM OCTABAND BALL THERAPY
3:00 PM BINGO
4:00 PM 1-1 ROOM VISITS

8
INTERGENERATIONAL PROGRAM
9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND VIEWS
10:45 AM ALBERT PARK
PRIMARY
INTERGENERATIONAL
PROGRAM
1:30 PM FLOOR OR
BALLOON GAMES
3:00 PM LOCHLAN'S FRIDAY
FIESTA (L 4)
3:00 PM HAPPY HOUR
4:00 PM 1-1 ROOM VISITS

9
PAUL IN CONCERT
9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MELODIES
12:00 PM LUNCH FINE DINING MUSIC
EXPERIENCE
1:30 PM PAUL IN CONCERT (L 2)
2:00 PM MOVIE MATINEE
3:00 PM ARTS AND CRAFTS (L 4)
WITH GIA
5:00 PM DINNER FINE DINING MUSIC
EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY
(ON REQUEST)

10
9:30 AM LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE AND CAHT GROUP
11:00 AM SINGALONGS WITH LYRICS
12:00 PM LUNCH FINE DINING MUSIC
EXPERIENCE
1:30 PM MOVIE MATINEE
3:00 PM WALKING GROUP
5:00 PM DINNER FINE DINING MUSIC
EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY

11
9:30 AM WELCOME TO THE DAY
9:45 AM FOOTY TIPPING
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM IN CHAIR EXERCISES
1:30 PM MEDITATION
(CINEMA)
1:30 PM POETRY
2:00 PM OMEGA VIOLINIST
(L 2)
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS

12
WILLIAMSTOWN BEACH
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND VIEWS
11:00 AM BALLOON OR BALL
GAMES
1:30 PM RACHEL'S BUS TRIP
(WILLIAMSTOWN BEACH)
1:30 PM ARMCHAIR TRAVEL
3:30 PM YOGA
4:00 PM 1-1 ROOM VISITS

13
OYSTER BAR
9:30 AM WELCOME TO THE DAY
10:30 AM NEWS AND VIEWS
WITH QUIZZES WITH (RICK AND DAVID)
11:00 AM CHOIR (L 2)
1:30 PM TOMMY'S SINGALONG
WITH HIGH TEA (L 1)
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1:30 PM COMMUNITY VISITORS
1:30 PM CREATIVE ARTS
3:00 PM MUSICAL AND INSTRUMENTS
3:15 PM WALKING GROUP
WITH MILICA
4:00 PM OYSTER BAR
(BOARDROOM)
4:00 PM 1-1 ROOM VISITS

14
CATHOLIC MASS
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:30 AM CATHOLIC MASS
(CINEMA)
10:15 AM NEWS AND VIEWS
11:00 AM CHOIR
1:15 PM ZUMBA
2:00 PM SENSORY TOY
DANCING THERAPY
3:00 PM BINGO
4:00 PM 1-1 ROOM VISITS

15
9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND VIEWS
10:45 AM IN CHAIR
EXERCISE (VIA YOUTUBE)
11:00 AM SHOPPING
TROLLEY
1:30 PM FLOOR OR BALLOON
GAMES
3:00 PM HAPPY HOUR
4:00 PM 1-1 ROOM VISITS

16
9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MELODIES
12:00 PM LUNCH FINE DINING MUSIC
EXPERIENCE
1:30 PM FLOOR OR BALLOON GAMES
WITH GIA (L 1)
2:00 PM MOVIE MATINEE
3:00 PM TRIVIA (L 3)
WITH GIA
5:00 PM DINNER FINE DINING MUSIC
EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY
(ON REQUEST)

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SATURDAY

17

9:30 AM LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE AND CAHT GROUP
11:00 AM SINGALONGS WITH LYRICS
12:00 PM LUNCH FINE DINING MUSIC
EXPERIENCE
1:30 PM MOVIE MATINEE
3:00 PM WALKING GROUP
5:00 PM DINNER FINE DINING MUSIC
EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY

18

EMERALD HILL
AFTERNOON TEA
9:30 AM WELCOME TO THE DAY
9:45 AM FOOTY TIPPING
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM IN CHAIR EXERCISES
1:30 PM MEDITATION
(CINEMA)
1:30 PM CREATIVE ARTS
1:30 PM EMERALD HILL
AFTERNOON TEA
(BOARDROOM)
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS

19

FLOWER ARRANGING
9:30 AM WELCOME TO THE
DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND VIEWS
11:00 AM BALLOON OR BALL
GAMES
1:30 PM FLOWER
ARRANGING
3:30 PM YOGA
4:00 PM 1-1 ROOM VISITS

20

LIFESTYLE FOCUS GROUP
MEETING
9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM NEWS AND VIEWS
WITH QUIZZES WITH
(RICK AND DAVID)
11:00 AM CHOIR (L2)
1:30 PM TOMMY'S SINGALONG
WITH HIGH TEA (L1)
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1:30 PM LIFESTYLE FOCUS GROUP
2:00 PM POETRY
3:00 PM GROUP INSTRUMENTS PLAYING
WITH MILICA
4:00 PM 1-1 ROOM VISITS

21

WORLD SENIOR CITIZEN'S DAY
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:30 AM CATHOLIC COMMUNION
(1-1 ROOM VISITS)
10:15 AM INTERGENERATIONAL
PROGRAM
11:00 AM CHOIR
1:00 PM PUPPETS ALIVE (L1 H3)
1:15 PM ZUMBA
1:30 PM WORLD'S SENIORS
CITIZEN DAY CONCERT (L1)
2:00 PM RHYTHMIC DANCE
3:00 PM BINGO
4:00 PM 1-1 ROOM VISITS

22

INTERGENERATIONAL PROGRAM
9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND VIEWS
10:45 AM ALBERT PARK
PRIMARY STUDENTS
INTERGENERATIONAL
PROGRAM
1:30 PM FLOOR OR BALLOON
GAMES
3:00 PM HAPPY HOUR
4:00 PM 1-1 ROOM VISITS

23

9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MELODIES
12:00 PM LUNCH FINE DINING MUSIC
EXPERIENCE
1:30 PM CREATIVE ARTS
WITH GIA (L2)
2:00 PM MOVIE MATINEE
3:00 PM FLOOR /BALLOON GAMES
(L4) WITH GIA
5:00 PM DINNER FINE DINING MUSIC
EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY
(ON REQUEST)

24

9:30 AM LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE AND CAHT GROUP
11:00 AM SINGALONGS WITH LYRICS
12:00 PM LUNCH FINE DINING MUSIC
EXPERIENCE
1:30 PM MOVIE MATINEE
3:00 PM WALKING GROUP
5:00 PM DINNER FINE DINING MUSIC
EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY

25

9:30 AM WELCOME TO THE
DAY
9:45 AM FOOTY TIPPING
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM IN CHAIR
EXERCISES
1:30 PM MEDITATION
(CINEMA)
1:30 PM FLOOR GAMES
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS

26

NATIONAL DOGS
DAY
PET THERAPY
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:15 AM NEWS AND VIEWS
11:00 AM BALLOON OR BALL
GAMES
10:30 AM PET THERAPY
WITH COOKIE
1:30 PM RACHEL'S BUS
TRIP (COMO HOUSE)
1:30 PM DOCUMENTARY
3:30 PM YOGA
4:00 PM 1-1 ROOM VISITS

27

9:30 AM WELCOME TO THE DAY
10:30 AM NEWS AND VIEWS
WITH QUIZZES WITH
(RICK AND DAVID)
11:00 AM CHOIR (L2)
1:30 PM TOMMY'S SINGALONG
WITH HIGH TEA (L1)
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1:30 PM INTERGENERATIONAL
MASTERCHEF (MUFFINS)
3:00 PM SONG AND STORY SHARING
3:15 PM WALKING GROUP
WITH MILICA
4:00 PM 1-1 ROOM VISITS

28

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:30 AM CATHOLIC
COMMUNION
(1-1 ROOM VISITS)
10:15 AM NEWS AND VIEWS
11:00 AM CHOIR
1:15 PM ZUMBA
2:00 PM OCTABAND BALL
THERAPY
3:00 PM BINGO
4:00 PM 1-1 ROOM VISITS

29

9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND
VIEWS
10:45 AM IN CHAIR
EXERCISE (VIA YOUTUBE)
1:30 PM FLOOR OR
BALLOON GAMES
3:00 PM HAPPY HOUR
4:00 PM 1-1 ROOM VISITS

30

9:30 AM MORNING TV SHOWS
10:30 AM MUSICAL MELODIES
12:00 PM LUNCH FINE DINING MUSIC
EXPERIENCE
1:30 PM MUSIC AND INSTRUMENTS
WITH GIA (L1)
2:00 PM MOVIE MATINEE
3:00 PM CREATIVE ARTS (L3)
WITH GIA
5:00 PM DINNER FINE DINING MUSIC
EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY
(ON REQUEST)

31

9:30 AM LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM COFFEE AND CAHT GROUP
11:00 AM SINGALONGS WITH LYRICS
12:00 PM LUNCH FINE DINING MUSIC
EXPERIENCE
1:30 PM MOVIE MATINEE
3:00 PM WALKING GROUP
5:00 PM DINNER FINE DINING MUSIC
EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY
FOOTY MATCH OF THE DAY

