

SEPTEMBER 2025

LEVEL 1- HOUSE 3 MSU

*subject to change



**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 AM WELCOME TO THE DAY 9:45 AM MEMORY LANE MUSIC (VIA YOUTUBE) 11:00 AM BALLOON OR BALL THERAPY 1:30 PM VOILETTA AND ANETTE SINGALONGS 3:00 PM STORY TIME AND ARTIST EXPRESSION 4:00 PM 1-1 ROOM VISITS	2 9:30 AM WELCOME TO THE DAY 9:45 AM MUSICAL MELODIES (VIA YOUTUBE) 11:00 AM RECEPTIVE MUSIC THERAPY 1:30 PM MASTERCHEF (CUPCAKES DECORATIONS) 3:00 PM DOCUMENTARY (PLANT EARTH) 4:00 PM 1-1 ROOM VISITS	3 9:30 AM LIFESTYLE HUDDLE MEETING 10:15 AM MUSIC RELAXATION 11:00 AM ZUMBA GOLD 1:30 PM MATCHING CARD GAMES 3:00 PM EMBRACE SENSES 4:00 PM 1-1 ROOM VISITS	4 9:30 AM WELCOME TO THE DAY 10:15 AM GROUP INSTRUMENTS PLAYING 10:30 AM CATHOLIC COMMUNION (1-1 ROOM VISITS) 1:30 PM KIMBERLY'S SENSORY ART THERAPY 3:00 PM SENSORY TOY DANCING THERAPY 4:00 PM 1-1 ROOM VISITS	5 <small>FATHER'S DAY CONCERT</small> 9:30 AM WELCOME TO THE DAY 10:30 AM IN CHAIR EXERCISES 10:30 AM ANGLICAN MASS (CINEMA) 11:00 M MUSIC THERAPY WITH MOVEMENT 1:30 PM ARMCHAIR TRAVEL 1:30 PM FATHERS DAY CONCERT (L3) 3 PM HAPPY HOUR 4:00 PM 1-1 ROOM VISITS	6 9:30 AM MORNING TV SHOWS 10:30 AM MEMORY LANE MUSIC 11:00 AM SENIOR IN CHAIR EXERCISES 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM CREATIVE ARTS WITH GIA (L1) 2:30 PM WALKING GROUP 3:00 PM FLOOR OR BALLOON GAMES (WITH GIA L4) 3:30 PM PAMPERING 5:00 PM DINNER FINE DINING MUSIC EXPERIENCE 6:00 PM SATURDAY AT THE MOVIES NETFLIX AVAILABLE ALL DAY
7 9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST) 19:00 AM MORNING CHAT GROUP 11:00 AM WALKING GROUP 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM MUSICAL MOMENTS 3:30 PM PAMPERING 5:00 PM DINNER FINE DINING MUSIC EXPERIENCE 6:00 PM SUNDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY	8 9:30 AM WELCOME TO THE DAY 9:45 AM MEMORY LANE MUSIC (VIA YOUTUBE) 11:00 AM BALLOON OR BALL THERAPY 1:30 PM VOILETTA AND ANETTE SINGALONGS 3:00 PM PAMPERING OR WALKING 4:00 PM 1-1 ROOM VISITS	9 9:30 AM WELCOME TO THE DAY 9:45 AM MUSICAL MELODIES (VIA YOUTUBE) 11:00 AM RECEPTIVE MUSIC THERAPY 1:30 PM MASTERCHEF (CHOCOLATE FONDUE) 3:00 PM ARMCHAIR TRAVEL 4:00 PM 1-1 ROOM VISITS	10 9:30 AM WELCOME TO THE DAY 10:15 AM MUSIC AND MOVEMENT 11:00 AM ZUMBA GOLD 1:30 PM OTABAND BALL THERAPY 1:30 PM COMMUNITY VISITORS 3:00 PM MEMORY BOX 4:00 PM 1-1 ROOM VISITS	11 <small>CATHOLIC MASS</small> 9:30 AM WELCOME TO THE DAY 10:15 AM MUSIC RELAXATION 10:30 AM CATHOLIC MASS (CINEMA) 1:30 PM KIMBERLY'S SENSORY ART THERAPY 3:00 PM SINGALONGS SHARING SESSION 4:00 PM 1-1 ROOM VISITS	12 9:30 AM WELCOME TO THE DAY 10:30 AM SENIOR IN CHAIR EXERCISES 11:00 M MUSIC THERAPY WITH MOVEMENT 1:30 PM BALLOON /FLOOR GAMES 3 PM HAPPY HOUR 4:00 PM 1-1 ROOM VISITS	13 9:30 AM MORNING TV SHOWS 10:30 AM MEMORY LANE MUSIC 11:00 AM SENIOR IN CHAIR EXERCISES 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM MUSIC AND INSTRUMENTS WITH GIA (L1) 2:30 PM WALKING GROUP 3:00 PM FLOOR OR BALLOON GAMES (WITH GIA L3) 3:30 PM PAMPERING 5:00 PM DINNER FINE DINING MUSIC EXPERIENCE 6:00 PM SATURDAY AT THE MOVIES NETFLIX AVAILABLE ALL DAY
14 9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST) 19:00 AM MORNING CHAT GROUP 11:00 AM WALKING GROUP 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM MUSICAL MOMENTS 3:30 PM PAMPERING 5:00 PM DINNER FINE DINING MUSIC EXPERIENCE 6:00 PM SUNDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY	15 9:30 AM WELCOME TO THE DAY 9:45 AM MEMORY LANE MUSIC (VIA YOUTUBE) 11:00 AM BALLOON OR BALL THERAPY 1:30 PM VOILETTA AND ANETTE SINGALONGS 3:00 PM PAMPERING OR WALKING 4:00 PM 1-1 ROOM VISITS	16 9:30 AM WELCOME TO THE DAY 9:45 AM MUSICAL MELODIES (VIA YOUTUBE) 11:00 AM RECEPTIVE MUSIC THERAPY 1:30 PM MASTERCHEF (MANGO SAGO) 3:00 PM DOCUMENTARY (DOLPHIN REEF) 4:00 PM 1-1 ROOM VISITS	17 <small>SENIOR FESTIVAL INCURSION</small> 9:30 AM LIFESTYLE HUDDLE MEETING 10:15 AM MUSIC AND INSTRUMENTS 11:00 AM ZUMBA GOLD 11:30 AM SENIOR INCLUSION PROGRAM 1:30 PM SENSORY TOY DANCING THERAPY 1:30 PM SENIOR FESTIVAL INCURSION PROGRAM 3:00 PM ENCOUNTER WITH PUPPETS 4:00 PM 1-1 ROOM VISITS	18 9:30 AM WELCOME TO THE DAY 10:15 AM MUSIC AND MOVEMENT 10:30 AM CATHOLIC COMMUNION (1-1 ROOM VISITS) 1:30 PM KIMBERLY'S SENSORY ART THERAPY 3:00 PM INTERACTIVE STORY TELLING 4:00 PM 1-1 ROOM VISITS	19 9:30 AM WELCOME TO THE DAY 10:30 AM SENIOR IN CHAIR EXERCISES 11:00 M MUSIC THERAPY WITH MOVEMENT 1:30 PM BALLOON /FLOOR GAMES 3 PM HAPPY HOUR 4:00 PM 1-1 ROOM VISITS	20 9:30 AM MORNING TV SHOWS 10:30 AM MEMORY LANE MUSIC 11:00 AM SENIOR IN CHAIR EXERCISES 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM FLOOR GAMES WITH GIA (L2) 2:30 PM WALKING GROUP 3:00 PM CREATIVE ARTS (WITH GIA L4) 3:30 PM PAMPERING 5:00 PM DINNER FINE DINING MUSIC EXPERIENCE 6:00 PM SATURDAY AT THE MOVIES NETFLIX AVAILABLE ALL DAY

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SUNDAY

21 **KIDKO PERFORMING ARTS MUSIC CONCERT**
9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
19:00 AM MORNING CHAT GROUP
11:00 AM WALKING GROUP
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM MUSICAL MOMENTS
2:00 PM KIDKO PERFORMING ARTS MUSICAL (L1)
3:30 PM PAMPERING
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

MONDAY

22
9:30 AM WELCOME TO THE DAY
9:45 AM MEMORY LANE MUSIC (VIA YOUTUBE)
11:00 AM BALLOON OR BALL THERAPY
1:30 PM VOILETTA AND ANETTE SINGALONGS
3:00 PM STORY TIME AND ARTIST EXPRESSION
4:00 PM 1-1 ROOM VISITS

TUESDAY

23
9:30 AM WELCOME TO THE DAY
9:45 AM MUSICAL MELODIES (VIA YOUTUBE)
11:00 AM RECEPTIVE MUSIC THERAPY
1:30 PM MASTERCHEF (FRUIT SALAD BOWL)
3:00 PM ARMCHAIR TRAVEL
4:00 PM 1-1 ROOM VISITS

WEDNESDAY

24
9:30 AM WELCOME TO THE DAY
10:15 AM MUSIC AND MOVEMENT
11:00 AM ZUMBA GOLD
1:30 PM OTABAND BALL THERAPY
3:00 PM MEMORY BOX
4:00 PM 1-1 ROOM VISITS

THURSDAY

25
9:30 AM WELCOME TO THE DAY
10:15 AM MUSIC AND INSTRUMENTS
10:30 AM CATHOLIC COMMUNION (1-1 ROOM VISITS)
1:30 PM KIMBERLY'S SENSORY ART THERAPY
3:00 PM SINGALONGS SHARING SESSION
4:00 PM 1-1 ROOM VISITS

FRIDAY

26 **AFL GRAND FINAL DAY PUBLIC HOLIDAY**
9:30 AM MORNING TV SHOWS
10:15 AM GARDEN WALKS
11:00 AM MUSICAL MOMENTS (VIA YOUTUBE)
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM PAMPERING
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM FRIDAY NIGHT MOVIES
NETFLIX AVAILABLE ALL DAY

SATURDAY

27 **AFL GRAND FINAL**
9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE MUSIC
11:00 AM SENIOR IN CHAIR EXERCISES
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM FLOOR GAMES WITH GIA (L1)
2:30 PM AFL GRAND FINAL MATCH LIVE ON CHANNEL 7
2:30 PM WALKING GROUP
3:00 PM TRIVIA (WITH GIA L3)
3:30 PM PAMPERING
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SATURDAY AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

28

9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
19:00 AM MORNING CHAT GROUP
11:00 AM WALKING GROUP
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM MUSICAL MOMENTS
3:30 PM PAMPERING
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

29

9:30 AM WELCOME TO THE DAY
9:45 AM MEMORY LANE MUSIC (VIA YOUTUBE)
11:00 AM BALLOON OR BALL THERAPY
1:30 PM VOILETTA AND ANETTE SINGALONGS
3:00 PM PAMPERING OR WALKING
4:00 PM 1-1 ROOM VISITS

30

9:30 AM WELCOME TO THE DAY
9:45 AM MUSICAL MELODIES (VIA YOUTUBE)
11:00 AM RECEPTIVE MUSIC THERAPY
1:30 PM MASTERCHEF
2:45 PM YOGA
3:00 PM DOCUMENTARY (ANIMALS AND BEAUTIFUL PEOPLE)
4:00 PM 1-1 ROOM VISITS

