

SEPTEMBER 2025

LEVEL 4- HOUSE 9&10

*subject to change



**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY



MONDAY

1 *MELBOURNE GRAMMAR CONCERT*
9:30 AM WELCOME TO THE DAY
10:45 AM NEWS AND VIEWS WITH QUIZZES
11:00 AM 9 LETTER WORD GAMES
1:30 PM MEDITATION (CINEMA)
1:30 PM MELBOURNE GRAMMAR CONCERT (L3)
1:30 PM CLASSICAL COMPOSER
3:00 PM FLOOR GAMES
4:00 PM 1-1 ROOM VISITS

TUESDAY

2
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:45 AM NEWS AND VIEWS WITH QUIZZES
11:00 AM 9 LETTER WORD GAME
1:30 PM BINGO
3:00 PM PAMPERING
3:30 PM YOGA (L3)
4:00 PM 1-1 ROOM VISITS

WEDNESDAY

3
9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM DANCE AND MOVEMENT
11:00 AM 9 LETTER WORD GAMES
11:00 AM CHOIR (L2)
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM COMMUNITY VISITORS
1:30 PM TOMMY'S SINGALONGS WITH HIGH TEA
1:30 PM SINGALONG SESSION
1:30 PM LOCHLAN'S BUS TRIP
3:00 PM DOCUMENTARY
3:15 PM WALKING GROUP WITH MILICA (L1)
4:00 PM 1-1 ROOM VISITS

THURSDAY

4
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:15 AM INTERGENERATIONAL PROGRAM (L3)
10:30 AM OCTABAND BALL THERAPY
10:30 AM CATHOLIC COMMUNION (1-1 ROOM VISITS)
11:00 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
1:15 PM BASKETBALL THERAPY
1:30 PM MEN'S GROUP (CINEMA)
2:00 PM ZUMBA GOLD
3:15 PM PAMPERING
4:00 PM 1-1 ROOM VISITS

FRIDAY

5 *FATHERS DAY CONCERT* *ANGLICAN MASS*
9:30 AM WELCOME TO THE DAY
10:00 AM IN-CHAIR EXERCISES (VIA YOUTUBE)
10:30 AM ANGLICAN MASS (CINEMA)
10:45 AM GALILEE REGIONAL CATHOLIC SCHOOL INTERGENERATIONAL PROGRAM (L3)
10:45 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAMES
1:30 PM FATHERS DAY CONCERT (L3)
2 PM TRIVIA (VIA YOUTUBE)
3:00 PM HAPPY HOUR
3:15 PM LOCHLAN'S FRIDAY FIESTA
4:00 PM 1-1 ROOM VISITS

SATURDAY

6
9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE REMINISCING MUSIC
11:00 AM SENIOR IN CHAIR EXERCISES
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM CREATIVE ARTS WITH GIA (L2)
2:00 PM MOVIE MATINEE
3:00 PM FLOOR OR BALLOON OR GAMES WITH GIA
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

7

9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM MORNING TV SHOWS
11:00 AM WALKING GROUPS
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM SINGALONGS WITH LYRICS (VIA YOUTUBE)
3:00 PM PAMPERING
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

8

OMEGA VIOLINIST
9:30 AM WELCOME TO THE DAY
10:45 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAMES
1:30 PM MEDITATION (CINEMA)
1:30 PM MASTERCHEF
2:00 PM OMEGA VIOLINIST (L2)
3:00 PM SINGALONGS
4:00 PM 1-1 ROOM VISITS

9

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:45 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAMES
1:30 PM BINGO
3:00 PM PAMPERING
3:30 PM YOGA (L3)
4:00 PM 1-1 ROOM VISITS

10

9:30 AM WELCOME TO THE DAY
10:30 AM DANCE AND MOVEMENT
11:00 AM 9 LETTER WORD GAMES
11:00 AM CHOIR (L2)
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM COMMUNITY VISITORS
1:30 PM TOMMY'S SINGALONGS WITH HIGH TEA
1:30 PM SINGALONG SESSION
3:00 PM DOCUMENTARY
3:15 PM WALKING GROUP WITH MILICA (L1)
4:00 PM OYSTER BAR (BOARDROOM)

11

CATHOLIC MASS

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:30 AM SENSORY TOY DANCING THERAPY
10:30 AM CATHOLIC MASS (CINEMA)
11:00 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
1:15 PM RHYTHMIC DANCE
1:30 PM MEN'S GROUP (CINEMA)
2:00 PM ZUMBA GOLD
3:15 PM PAMPERING
4:00 PM 1-1 ROOM VISITS

12

9:30 AM WELCOME TO THE DAY
10:00 AM IN-CHAIR EXERCISES (VIA YOUTUBE)
10:45 AM GALILEE REGIONAL CATHOLIC SCHOOL INTERGENERATIONAL PROGRAM (L3)
11:00 AM 9 LETTER WORD GAMES
2:00 PM TRIVIA
3:00 PM HAPPY HOUR
3:15 PM LOCHLAN'S FRIDAY FIESTA
4:00 PM 1-1 ROOM VISITS

13

9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE REMINISCING MUSIC
11:00 AM SENIOR IN CHAIR EXERCISES
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM MUSIC AND INSTRUMENTS WITH GIA (L1)
2:00 PM MOVIE MATINEE
3:30 PM WALKING GROUPS
3:00 PM FLOOR GAMES WITH GIA (L3)
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

14

9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM MORNING TV SHOWS
11:00 AM WALKING GROUPS
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM SINGALONGS WITH LYRICS (VIA YOUTUBE)
3:00 PM PAMPERING
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

15

9:30 AM WELCOME TO THE DAY
10:45 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAMES
1:30 PM MEDITATION (CINEMA)
1:30 PM CLASSICAL COMPOSER
3:00 PM BONUS TRIVIA
4:00 PM 1-1 ROOM VISITS

16

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:45 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM BINGO
3:00 PM PAMPERING
3:30 PM YOGA (L3)
4:00 PM 1-1 ROOM VISITS

17

SENIOR FESTIVAL INCURSION *FIRE BRIEFING*
9:30 AM LIFESTYLE HUDDLE MEETING
10:00 AM RHYTHMIC DANCE
10:45 AM FIRE BRIEFING
11:00 AM SENIOR FESTIVAL INCLUSION PROGRAM
11:15 AM 9 LETTER WORD GAMES
11:00 AM CHOIR (L2)
12:00 PM EMERALD HILL LUNCHEON WITH LOCHLAN
1:30 PM SENIOR FESTIVAL INCURSION ALL LEVELS
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM COMMUNITY VISITORS
1:30 PM TOMMY'S SINGALONGS WITH HIGH TEA
1:30 PM GROUP INSTRUMENTS PLAYING
3:00 PM DOCUMENTARY
3:15 PM WALKING GROUP WITH MILICA (L1)
4:00 PM 1-1 ROOM VISITS

18

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:15 AM INTERGENERATIONAL PROGRAM (L3)
10:30 AM DANCE AND MOVEMENT
10:30 AM CATHOLIC COMMUNION (1-1 ROOM VISITS)
11:00 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
1:15 PM ARTS AND CRAFTS
1:30 PM MEN'S GROUP (CINEMA)
2:00 PM ZUMBA GOLD
3:15 PM PAMPERING
4:00 PM 1-1 ROOM VISITS

19

LIFESTYLE FOCUS GROUP MEETING
9:30 AM WELCOME TO THE DAY
10:00 AM IN-CHAIR EXERCISES (VIA YOUTUBE)
10:45 AM GALILEE REGIONAL CATHOLIC SCHOOL INTERGENERATIONAL PROGRAM (L3)
11:00 AM SHOPPING TROLLEY
11:00 AM 9 LETTER WORD GAMES
1:30 PM LIFESTYLE FOCUS GROUP MEETING
2:00 PM TRIVIA
3:00 PM HAPPY HOUR
3:15 PM LOCHLAN'S FRIDAY FIESTA
4:00 PM 1-1 ROOM VISITS

20

9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE REMINISCING MUSIC
11:00 AM SENIOR IN CHAIR EXERCISES
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM FLOOR GAMES WITH GIA (L2)
2:00 PM MOVIE MATINEE
3:00 PM CREATIVE ARTS WITH GIA
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

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SUNDAY

21
KIDKO PERFORMING ARTS CONCERT
9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM MORNING TV SHOWS
11:00 AM WALKING GROUPS
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM SINGALONGS WITH LYRICS (VIA YOUTUBE)
2:00 PM KIDKO MUSICAL CONCERT (L1)
3:00 PM PAMPERING
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

MONDAY

22
GRAND FINAL CELEBRATIONS EMERALD HILL AFTERNOON TEA
9:30 AM WELCOME TO THE DAY
10:45 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAMES
1:30 PM MEDITATION (CINEMA)
1:30 PM EMERALD HILL AFTERNOON TEA (BOARDROOM)
1:30 PM GRAND FINAL CELEBRATIONS AND PRESENTATIONS (L2)
3:00 PM SINGALONGS
4:00 PM 1-1 ROOM VISITS

TUESDAY

23
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:45 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAME
1:30 PM BINGO
3:00 PM PAMPERING
3:30 PM YOGA (L3)
4:00 PM 1-1 ROOM VISITS

WEDNESDAY

24
FOOTY MANIA CONCERT ST SILAS MASS ANGLICAN MASS
9:30 AM WELCOME TO THE DAY
10:30 AM DANCE AND MOVEMENT
11:00 AM 9 LETTER WORD GAMES
11:00 AM CHOIR (L2)
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM FOOD FOCUS GROUP MEETING
1:30 PM ST SILAS ANGLICAN MASS (HONG KONG)
1:30 PM COMMUNITY VISITORS
1:30 PM FOOTY MANIA CONCERT WITH TOMMY & HIGH TEA (L1)
1:30 PM SINGALONG SESSION
3:00 PM DOCUMENTARY
3:15 PM WALKING GROUP WITH MILICA
4:00 PM OYSTER BAR (BOARDROOM)

THURSDAY

25
DON MC QUEEN POETRY
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:30 AM RHYTHMIC DANCE
10:30 AM CATHOLIC COMMUNION (1-1 ROOM VISITS)
11:00 AM 9 LETTER WORD GAME
11:00 AM CHOIR (L3)
1:15 PM INTERACTIVE STORY TELLING WITH CREATIVE GROUP SESSION
1:30 PM DON MC QUEEN POETRY (L2)
1:30 PM MEN'S GROUP (CINEMA)
2:00 PM ZUMBA GOLD
3:15 PM PAMPERING
4:00 PM 1-1 ROOM VISITS

FRIDAY

26
GRAND FINAL PUBLIC HOLIDAY
9:30 AM MORNING TV SHOWS
11:00 AM IN-CHAIR EXERCISES (VIA YOUTUBE)
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM MOVIE MATINEE
3:00 PM GRAND FINAL MATCH
2:00 PM TRIVIA (VIA YOUTUBE)
3:00 PM HAPPY HOUR
4:00 PM INDOOR WALKING
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM FRIDAY NIGHT MOVIES
NETFLIX AVAILABLE ALL DAY

SATURDAY

27
9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE REMINISCING MUSIC
11:00 AM SENIOR IN CHAIR EXERCISES
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM FLOOR OR BALLOON GAMES WITH GIA (L1)
2:00 PM MOVIE MATINEE
3:00 PM TRIVIA (L3)
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

28

9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM MORNING TV SHOWS
11:00 AM WALKING GROUPS
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM SINGALONGS WITH LYRICS (VIA YOUTUBE)
3:00 PM PAMPERING
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

29 GARDENING

9:30 AM WELCOME TO THE DAY
10:45 AM NEWS AND VIEWS
11:00 AM 9 LETTER WORD GAMES
1:30 PM MEDITATION (CINEMA)
1:30 PM GARDENING (L2)
1:30 PM MASTERCHEF
3:00 PM SINGALONGS
4:00 PM 1-1 ROOM VISITS

30 PET THERAPY

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO EXERCISES
10:45 AM NEWS AND VIEWS
10:30 AM PET THERAPY WITH COOKIE
11:00 AM 9 LETTER WORD GAME
1:30 PM BINGO
3:00 PM PAMPERING
3:30 PM YOGA (L3)
4:00 PM 1-1 ROOM VISITS



Certificate Template



**AFL Grand
Final Day**